

Tower Hamlets floating support service

Free, confidential, and tailored short-term support for people in Tower Hamlets with a range of support needs. This could include substance misuse, domestic violence, homelessness, tenancy sustainment, mental health, learning difficulties and physical health needs.

About this service

We can support you to develop the skills and confidence you need to have a more fulfilling and independent life. This service is confidential and completely free!

Our floating support workers provide advice on a range of topics, including:

- Homelessness prevention and support,
- Finding and maintaining a home,
- Tenancy sustainment,
- Money and budgeting,
- Benefit claims,
- Debt and rent arrears,
- Employment, training and volunteering,
- Physical and mental health,
- Drug and alcohol problems,
- Relationships and socialising,
- Advice for carers,
- Care and support options in Tower Hamlets.

Who can access the service?

Anyone can access this service, as long as you:

- Are 18 years or older,
- Live in the Tower Hamlets area,
- Need support to overcome or prevent crisis.

How does it work?

1. You are referred for the service by an external service or you complete a self-referral form.
2. We book an appointment to have a chat with you to identify your support needs.
3. We support you to achieve your personal goals and improve your situation and wellbeing.

We can offer you up to six months of ongoing support. Everyone is different, so we can tailor our support to suit you.

How to apply

There are two ways to access this service:

- Contact us or fill in the referral form on our website.

- You can be referred by an agency, professional, family member or friend.

Contact us

Monday to Friday, 9am to 5pm

Email: towerhamletsfs@peabody.org.uk

Call: 0203 828 4916