

GO WILD IN TOWER HAMLETS



GET INVOLVED HOW YOU CAN HELP WILDLIFE IN TOWER HAMLETS

There are lots of ways to get involved in wildlife conservation in the borough, with something to suit everyone, regardless of age or ability. Here are a few suggestions:

- Plant nectar-rich flowers for bees – even a small planter or window box
- Put up a bird box or bee box
- If you have a garden, create a pond, meadow or native hedge
- Avoid using pesticides or peat-based composts
- Be a conservation volunteer at Cemetery Park, Mudchute or the Regent's Canal
- Make records of the wildlife you see and send them to the Biodiversity Officer
- Feed birds with a bird table or hanging feeder (not on the ground as this attracts rats)
- Join a wildlife organisation
- Come to a walk or talk



To find out more about wildlife in Tower Hamlets, how you can help, and what events are on, see the Tower Habitats website www.towerhabitats.org or contact the Biodiversity Officer at tower.habitats@towerhamlets.gov.uk or by phone on 020 7364 7478

Download our Local Biodiversity Action Plan at <https://www.towerhabitats.org/wp-content/uploads/2020/09/TowerHamletsLocalBiodiversityActionPlan2019-24.pdf>

Though Tower Hamlets is a densely built-up inner London borough, there is a wealth of wild plants and animals in our parks and open spaces.

The map highlights some of the best places to experience nature. On the back page, you'll find suggestions for how you can get involved and help wildlife, and where to find out more.

So why not get out and go wild now?

01 Tower Hamlets Cemetery Park

Our largest woodland, interspersed with flower-rich meadows. A great place to see birds and butterflies

02 Mile End Park

Walk for over a mile between flowery meadows, woods and lakes

03 East India Dock Basin

A great place for water birds, with hundreds of ducks in the winter and always a chance of a rarity

04 Spitalfields City Farm

Alongside the farm animals, the rare Great Crested Newt and other amphibians live in and around the ponds

05 Stepney City Farm

A mix of nature and farm animals make this a great place for kids

06 Weavers Woodland Walk

Stroll through the trees to escape the city and see birds and woodland wild flowers

07 Mudchute

The biggest city farm in London with a great range of wildlife habitats as well as some very rare breeds of farm animals

08 Victoria Park

Our biggest open space with some lovely old trees. The two lakes have lots of ducks and other water birds

09 Regent's Canal

The Lower Regents Coalition, who look after the canal between Limehouse and Mile End, have installed floating planters to improve habitat for waterbirds and fish

10 Wapping Canal

Rafts of floating wetland vegetation have been installed to attract ducks, geese and swans

11 Meath Gardens

The Friends group has created lots of new wildlife habitats. Don't miss the fantastic old Black Poplar tree

12 Bow Creek

Walk beside the tidal section of the River Lea and see ducks and wading birds on the mud, with views across the water to Bow Creek Ecology Park in Newham

13 St Anne's Churchyard, Limehouse

The churchyard is home to a fine old Black Poplar tree, Britain's rarest native timber tree, which gave Poplar district its name

