Pritchard's Road Day Centre
Marian Place
London
E2 9AX

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How to find us

Pritchard's Road Day Centre
Marian Place
London
E2 9AX

Nearest Tube Station: Bethnal Green (Central Line)
Nearest Station: Cambridge Heath Road
Buses: 26, 48, 55, 243, D6
Introduction

The group provides a space for Bengali men to develop skills, build confidence and self-esteem, and move forward in their recovery.

The group supports members in identifying needs and goals specific to their individual recovery.

What we expect from you

- How a commitment to the group by attending regularly.
- To engage fully in what the group provides.
- Inform the group facilitator or your link worker if you are not able to attend.
- To abide by the PRDC Code of Respect.

What can I progress on to?

- We can support you to attend college to do an ESOL course to help improve your English.
- Access other groups and facilities within the centre.
- Access other community resources relevant to your identified needs and goals.

What we do

- We meet once a week offering members the opportunity to interact socially with other members of the Bengali community.
- Share experiences, and learn coping strategies from each other.
- Support individuals to access vocational support as well as educational opportunities.
- Keep fit through walks and sports such as cricket.
- Visit museums, cafes, and markets.
- Have group discussions and at times invite guest speakers to the group.