

# Market Position Statement Appendix

London Borough of Tower Hamlets **December 2013** 

EQUALITY FRAMEWORK FOR LOCAL GOVERNMENT EXCELLENT





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# Who this document is for

This Appendix contains supplementary information to the main Market Position Statement which provides an overview of the current and future demand for social care support in the London Borough of Tower Hamlets.

A significant amount of this information comes from our Joint Strategic Needs Assessment (JSNA). The JSNA is updated periodically to provide a more detailed analysis of health and wellbeing in Tower Hamlets. You can view the JSNA resource at www.towerhamlets.gov.uk/jsna.

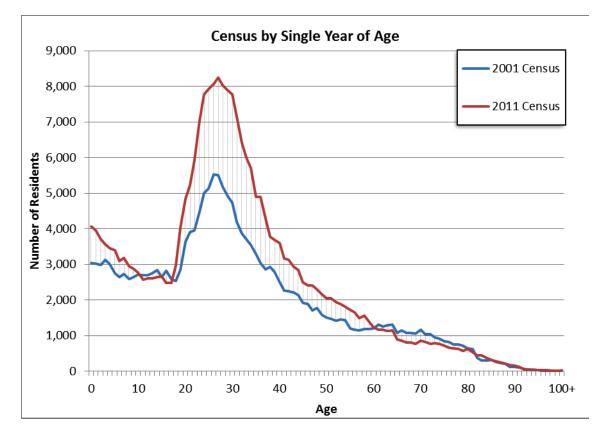
The detail in the analysis is the latest available at the time of publication and will be updated when more up to date information of a significant nature is available.



# Population Population – general population

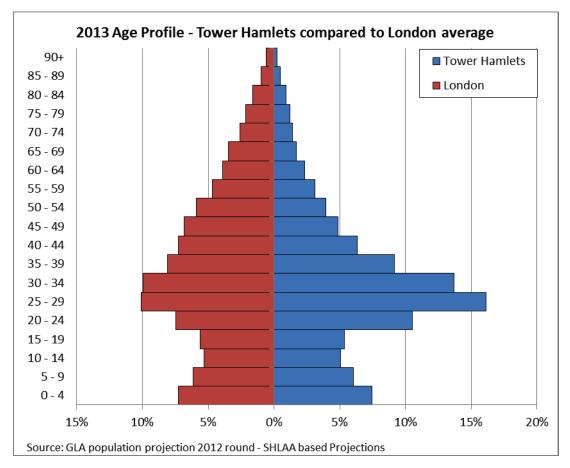
The Greater London Authority (GLA) Population Projections place the current population of Tower Hamlets at 266,100<sup>1</sup> residents.

LBTH experienced the highest growth rate between the 2001 Census to the 2011 Census across all of England and Wales. Growth exceeded 29% over this period, with the increases concentrated in the younger working age population (ages 25 to 39), though there were also increases in 40 to 60 age group and those aged under 10.



#### Chart 1. Change in population from 2001 Census to 2011 Census

<sup>1</sup> http://data.london.gov.uk/datastore/applications/custom-age-range-creator-tool-gla-population-projections-borough



#### Chart 2. 2013 Age Profile - Tower Hamlets compared to London average

#### Population – older residents – trends 2001 - 2011<sup>2</sup>

- The number of residents aged over 65 in Tower Hamlets fell from 18,362 in the 2001 Census to 15,500 in 2011. This is a reduction of 15.6% (2,862 residents), the largest in London except for Barking & Dagenham.
- The borough followed the national and London trends in having more women than men in the older age groups (over 65) with women outnumbering men by 2 to 1 for those aged 90+ (compared with 2.6 to 1 for London) reflecting gender differences in average life expectancy.
- In the older population aged 65+, London showed significantly lower growth (1.5%) than nationally (10.9%), however, both Inner London and the Olympics host boroughs saw decreases of -2.3% and -8.7% respectively. The change in this age group reflected the direction of change in Tower Hamlets, though this was more marked with the over 65 population reducing by 15.6% (2,862 residents).
- Within the over 65 age group, LBTH saw reductions in those aged 65 to 79 of 3,164 residents (a fall of 21.9%), but an increase in those aged over 80 which increased by 302 residents (an increase of 7.7%).

<sup>&</sup>lt;sup>2</sup> For further information, please email the Corporate Research Unit at cru@towerhamlets.gov.uk

Within the over 65 cohort, LBTH did diverge from the Inner London and Olympics host borough trends. The number of those aged 65 to 79 reduced by 3.5% in Inner London and by 10.9% in the host boroughs, but Tower Hamlets saw a significantly greater reduction of 21.9% (3,164 residents). This contrasts with the figures for those over 80, where LBTH actually saw an increase of 302 residents (+7.7%) compared with growth of 1.32% in Inner London and a reduction across the host boroughs of 2.4%.

#### Population - older residents – population projections

Over the next nearly 20 years, the GLA predicts that the increase of population will grow by 30% from 266,100 (in 2013) to 345,400 (in 2030), an increase of 79,200 people. The greatest increase (57,600) is expected in the population aged 18 – 64 years, with an anticipated increase of 30% (note people aged 90+ will increase by 157%, from 600 to 1,700).

The table below shows a rise in population for all age groups over 65 by 2030. The rise in population for the oldest elderly is much steeper than for other age groups; this population is most likely to be in need of social care services.

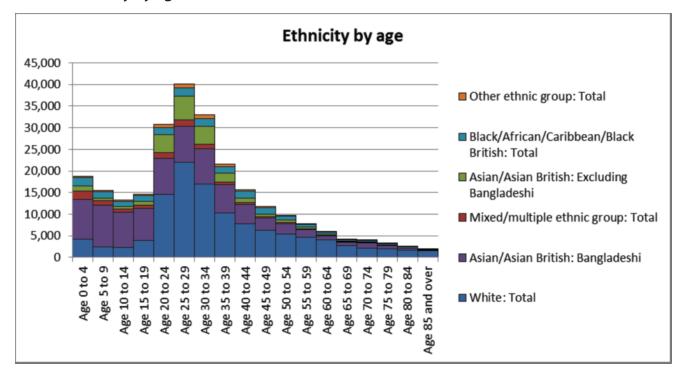
|                                 | 2013 current<br>figure | 2015 figures<br>and % change | 2020 figures<br>and % change | 2025 figures<br>and % change | 2030 figures<br>and % change |
|---------------------------------|------------------------|------------------------------|------------------------------|------------------------------|------------------------------|
| People aged 65-69               | 4,600                  | 4,900<br>7%                  | 5,700<br>24%                 | 6,700<br>46%                 | 7,800<br>70%                 |
| People aged 70-74               | 3,700                  | 3,500<br>-5%                 | 4,200<br>14%                 | 4,900<br>32%                 | 5,700<br>54%                 |
| People aged 75-79               | 3,200                  | 3,200<br>0%                  | 2,900<br>-9%                 | 3,600<br>13%                 | 4,100<br>28%                 |
| People aged 80-84               | 2,400                  | 2,400<br>0%                  | 2,500<br>4%                  | 2,400<br>0%                  | 2,900<br>21%                 |
| People aged 85-89               | 1,300                  | 1,400<br>8%                  | 1,600<br>23%                 | 1,800<br>39%                 | 1,700<br>31%                 |
| People aged 90<br>and over      | 600                    | 700<br>17%                   | 1,000<br>67%                 | 1,300<br>117%                | 1,700<br>183%                |
| Total population<br>65 and over | 15,900                 | 16,300<br>3%                 | 18,000<br>13%                | 20,600<br>30%                | 23,900<br>50%                |

#### Table 1. Potential population growth of older people in Tower Hamlets<sup>3</sup>

<sup>3</sup> http://data.london.gov.uk/datastore/applications/custom-age-range-creator-tool-gla-population-projections-borough

### Ethnicity

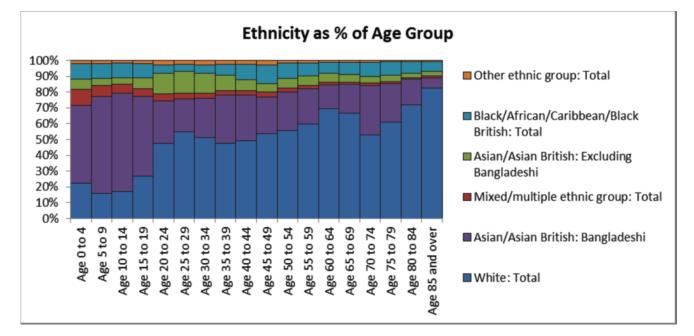
The chart below shows the variation in ethnicity by age.



#### Chart 3. Ethnicity by age

The chart below shows that the proportion of people who are white generally increases with age. For the population aged 85+, over 80% are white.

#### Chart 4. Ethnicity as % of age group



#### Table 2: Ethnicity by Age

| Micategories: Ethnic group24,0069,7367,8335,8364,1404,0502,4071,30White: Royin Structure14,8195,4334,5437,8334,5432,4942,4912,4931,3931,393White: Royin Structure14,8197,9334,5433,9433,9432,9431,3931,3931,393White: Royin Structure1,3132,9333,9333,9333,9333,9333,9333,9333,9333,9333,9333,933White: Royin Structure1,3232,9332,9332,9332,9332,9332,9331,9333,9333,933White: Royin Structure1,3332,9332,9332,9332,9332,9332,9332,9333,9333,933White: Royin Structure1,3362,3332,3332,3332,3332,3332,3332,3332,3332,3332,333White: Royin Structure2,3332,3332,3332,3332,3332,3332,3332,3332,3332,333White: Royin Structure2,3332,3332,3332,3332,3332,3332,3332,3332,3332,333White: Royin Structure2,3332,3332,3332,3332,3332,3332,3332,3332,3332,333White: Royin Structure2,3332,3332,3332,3332,3332,3332,3332,3332,3332,3332,3332,333White: Royin Str  | Ethnic Group by Age                                      | All<br>categories:<br>Age | Age<br>50 to 54 | Age<br>55 to 59 | Age<br>60 to 64 | Age<br>65 to 69 | Age<br>70 to 74 | Age<br>75 to 79                                  | Age<br>80 to 84 | Age<br>85 and<br>over |
|---|--|---------------------------|-----------------|-----------------|-----------------|-----------------|-----------------|--|-----------------|-----------------------|
| 114,8194,6584,0742,7511,9241,9241,732Britich79,2314,5423,9243,4942,3921,8241,7071,583Britich3,8632092291,791521,7113073Britich3,86320922917915217113073Britich3,8632092291791521717673Britich953382053382051327373Britich95338503382051327373Britich9243157832051327176Britich2,837743126613323147676Britich2,94181748174817373Britich2,9511429191917373Britich2,953611429214917373Britich2,95361123967143917373Britich2,94269591024323342373Britich2,94269591024324247474Britich2,943695177126737474Britich2,943695177126747474Britic  | All categories: Ethnic group                             | 254,096                   | 9,736           | 7,823           | 5,863           | 4,140           | 4,029           | 3,204  | 2,407           | 1,790                 |
| British79,2314,5423,9243,4942,3921,8071,5331,5333,863209229179152171130733,15506735003982051971077331,550673500398205197707331,5506735003982051281177631,5506735003982055258382331,55067350039820513872767631,55074174787278767631,55074174747476767640074074747476767641740747474747676417507437474747676417457437447474767641745743744747476764174474474474747676417447447474747676417447474747476764174474747474767641744747474747676417447474 <td>White: Total</td> <td>114,819</td> <td>5,433</td> <td>4,658</td> <td>4,074</td> <td>2,751</td> <td>2,124</td> <td>1,954</td> <td>1,732</td> <td>1,480</td>  | White: Total   | 114,819                   | 5,433           | 4,658           | 4,074           | 2,751           | 2,124           | 1,954  | 1,732           | 1,480                 |
| 3,863     209     229     179     157     130     73       175     9     5     3     2     1     0     0     73       175     93     500     398     205     117     00     0     76       31,550     673     500     398     205     128     117     76       10,360     673     500     398     205     58     38     23       10,509     741     749     76     13     23     15     12       2,961     67     74     76     73     23     15     15       2,961     67     74     76     74     76     76     76       2,961     67     74     74     76     74     76     76       2,961     74     74     74     74     76     77     76       3,053     61     36     73     74     74     76     71   |  | 79,231                    | 4,542           | 3,924           | 3,494           | 2,392           | 1,824           | 1,707  | 1,583           | 1,361                 |
| 175     9     5     3     2     1     0     0     0       31,550     673     500     398     205     128     117     76       10,360     243     157     83     52     58     38     23       10,360     243     157     83     52     58     38     23       10,360     241     31     26     13     23     15     12       1,509     41     31     26     13     23     15     12       2,961     67     42     14     91     14     14     5       2,961     67     142     14     91     14     5     5       3,053     61     36     123     143     91     5     5       13,053     61     36     123     143     91     5     5       13,053     162     123     143     91     14     5     5   | White: Irish   | 3,863                     | 209             | 229             | 179             | 152             | 171             | 130  | 73              | 47                    |
| 31,550     673     500     398     205     128     177     76       10,360     243     157     83     52     58     38     23       10,360     243     74     31     26     13     23     23       2,837     74     31     26     13     23     15     12       1,509     41     31     26     13     23     12     12       1,509     61     34     24     14     9     7     3       2,901     67     42     14     9     7     1     3       3,053     61     36     23     23     1     3     3       3,053     61     36     124     14     16     5     3       104,50     124     55     14     30     1     1     1       2,312     63     125     124     14     1     1     1       2,442 <td< td=""><td>White: Gypsy or Irish Traveller</td><td>175</td><td>6</td><td>5</td><td>c</td><td>2</td><td>-</td><td>0</td><td>0</td><td>-</td></td<> | White: Gypsy or Irish Traveller                          | 175                       | 6               | 5               | c               | 2               | -               | 0  | 0               | -                     |
| 10,36024315783525838232,837743126132315122,837743126132315121,509414814914831,5096167421491482,96167362914391482,9636136291,23961483,0536136291,239614483,05361361,23961,43910459104,5012,9502,2501,2329671,439104592,31245954913442061,11125712,31245954913442061,13125712,31245951076145942717266,7871621076145971726728,13772,3551,7598887611,267783888,10918318312768767678788,1091831831296869697676788,10918113910963177078788,10918113910963617678788,   | White: Other White                                       | 31,550                    | 673             | 500             | 398             | 205             | 128             | 117  | 76              | 71                    |
| 2,837     74     31     26     13     23     15     12     12       1,509     41     48     14     9     7     1     3       2,961     67     42     14     9     14     8     3       2,961     67     42     14     9     14     8     3       3,053     61     36     29     14     9     14     8     3       10,4501     2950     1,232     967     1,438     910     459       10,4501     2950     2,550     1,232     967     1,438     910     459       23,124     595     491     344     206     171     125     71       23,124     595     491     349     206     171     125     71       23,124     595     491     240     126     126     71     71       23,124     595     147     246     71     71     71  | Mixed/multiple ethnic group: Total                       | 10,360                    | 243             | 157             | 83              | 52              | 58              | 38   | 23              | 22                    |
| 1,50941481497132,9616742149914833,05361362914991453,0536136291,239671,438910459104,5012,9502,2501,2329671,43891045923,1245954913442061711257123,124595491344206171125712,3124595491344206171125712,3124595491344206171125712,3124595491614534242,44269624730701102,4426962473070178581,3772,3551,7598887611,26778581,3772,3551,7598887611,26778581,3772,3551,7598887611,26778581,09183183127685878189,7661811391096341291915,78618113910963412919   | Mixed/multiple ethnic group:White<br>and Black Caribbean | 2,837                     | 74              | 31              | 26              | 13              | 23              | 15   | 12              | 14                    |
| 2,961     67     42     14     9     14     8     3       3,053     61     36     29     21     14     14     5       13,053     61     36     29     29     21     24     5       104,501     2,950     2,550     1,232     967     1,438     910     45       23,124     595     491     344     206     171     125     71       23,124     595     491     344     206     171     125     71       6,787     162     491     344     206     171     125     71       2,442     669     62     47     30     33     71     74       2,442     690     62     47     30     70     74     74       2,442     690     610     71     74     74     74     74       2,412     640     73     74     74     74     74     74  <  | Mixed/multiple ethnic group:White<br>and Black African   | 1,509                     | 41              | 48              | 14              | 6               | 7               | <del>.                                    </del> | ŝ               | 2                     |
| 3,053     61     36     29     21     14     5       104,501     2,950     2,250     1,232     967     1,438     910     459       23,124     595     491     344     206     171     125     71       23,124     595     491     344     206     171     125     71       6,787     162     107     61     45     242     34     24       6,787     162     107     61     45     34     24       12,412     69     62     47     30     171     125     71       13,17     2,355     1,759     888     761     1,267     78     38       18,137     2,355     1,759     888     761     1,267     78     38       18,109     183     127     68     78     78     38     38       18,109     183     129     78     78     78     38     38   | Mixed/multiple ethnic group: White and Asian             | 2,961                     | 67              | 42              | 14              | 6               | 14              | 80   | £               | -                     |
| 104,501     2,950     2,250     1,232     967     1,438     910     459       23,124     595     491     344     206     171     125     71       6,787     162     107     61     45     42     34     24       6,787     162     107     61     45     42     34     24       6,787     162     107     61     45     34     24     71       2,442     69     62     47     30     30     17     10     74       81,377     2,355     1,759     888     761     1,267     785     388       8,109     183     183     127     68     781     785     388       8,109     183     183     127     68     781     785     388       8,109     183     129     68     781     785     388       8,109     183     129     68     783     785     78  | Mixed/multiple ethnic group: Other Mixed                 | 3,053                     | 61              | 36              | 29              | 21              | 14              | 14   | 5               | 5                     |
| 23,124     595     491     344     206     171     125     71       6,787     162     107     61     45     42     34     24       2,442     69     62     47     30     30     17     10       2,442     69     62     47     30     30     17     10       81,377     2,355     1,759     888     761     1,267     785     388       81,377     2,355     1,759     888     761     1,267     785     388       8,109     183     127     68     58     751     785     785       5,786     181     139     109     63     61     29     79  | Asian/Asian British: Total                               | 104,501                   | 2,950           | 2,250           | 1,232           | 967             | 1,438           | 910  | 459             | 163                   |
| 6,787     162     107     61     45     42     34     24       2,442     69     62     47     30     30     17     10       81,377     2,355     1,759     888     761     1,267     785     388       81,377     2,355     1,759     888     761     1,267     785     388       8,109     183     183     127     68     58     45     18       5,786     181     139     109     63     61     29     19   | Asian/Asian British: Excluding Bangladeshi               | 23,124                    | 595             | 491             | 344             | 206             | 171             | 125  | 71              | 49                    |
| 2,442     69     62     47     30     30     17     10       81,377     2,355     1,759     888     761     1,267     785     388       8,109     183     183     127     68     58     45     18       5,786     181     139     109     63     61     29     18   | Asian/Asian British:Indian                               | 6,787                     | 162             | 107             | 61              | 45              | 42              | 34   | 24              | 9                     |
| 81,377     2,355     1,759     888     761     1,267     785     388       8,109     183     183     127     68     58     45     18       5,786     181     139     109     63     64     29     18  | Asian/Asian British: Pakistani                           | 2,442                     | 69              | 62              | 47              | 30              | 30              | 17   | 10              | 9                     |
| 8,109     183     127     68     58     45     18       5,786     181     139     109     63     41     29     19   | Asian/Asian British: Bangladeshi                         | 81,377                    | 2,355           | 1,759           | 888             | 761             | 1,267           | 785  | 388             | 114                   |
| 5,786 181 139 109 63 41 29 19   | Asian/Asian British: Chinese                             | 8,109                     | 183             | 183             | 127             | 68              | 58              | 45   | 18              | 26                    |
|   | Asian/Asian British: Other Asian                         | 5,786                     | 181             | 139             | 109             | 63              | 41              | 29   | 19              | 11                    |

<sup>1</sup> http://data.london.gov.uk/datastore/applications/custom-age-range-creator-tool-gla-population-projections-borough

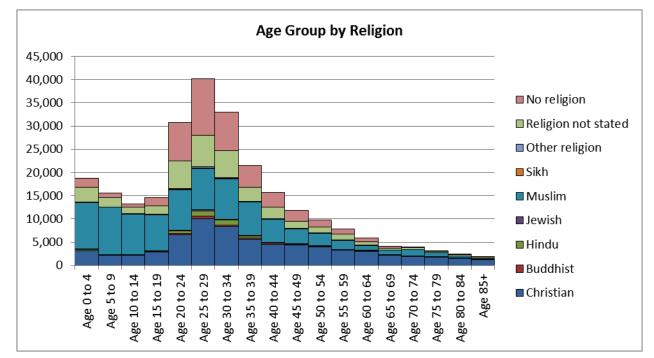
| Ethnic Group by Age                                | All<br>categories:<br>Age | Age<br>50 to 54 | Age<br>55 to 59 | Age<br>60 to 64 | Age<br>65 to 69 | Age<br>70 to 74 | Age<br>75 to 79 | Age<br>80 to 84 | Age<br>85 and<br>over |
|--|---------------------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------------|
| All categories: Ethnic group                       | 254,096                   | 9,736           | 7,823           | 5,863           | 4,140           | 4,029           | 3,204           | 2,407           | 1,790                 |
| Black/African/Caribbean/Black British:Total        | 18,629                    | 933             | 616             | 400             | 319             | 359             | 276             | 172             | 112                   |
| Black/African/Caribbean/Black British: African     | 9,495                     | 390             | 248             | 196             | 117             | 119             | 71              | 49              | 39                    |
| Black/African/Caribbean/Black British: Caribbean   | 5,341                     | 411             | 296             | 152             | 151             | 196             | 170             | 66              | 52                    |
| Black/African/Caribbean/Black British: Other Black | 3,793                     | 132             | 72              | 52              | 51              | 44              | 35              | 24              | 21                    |
| Other ethnic group: Total                          | 5,787                     | 177             | 142             | 74              | 51              | 50              | 26              | 21              | 13                    |
| Other ethnic group: Arab                           | 2,573                     | 72              | 56              | 24              | 16              | 6               | 5               | m               | -                     |
| Other ethnic group: Any other ethnic group         | 3,214                     | 105             | 86              | 50              | 35              | 41              | 21              | 18              | 12                    |

### Religion

Tower Hamlets has the highest percentage of Muslim residents in England – 35% compared with a national average of 5%. Conversely, the borough has the lowest proportion of Christian residents in England: 27% compared with a national average of 59%.

Since 2001, the most significant changes in the borough's faith profile include a fall in the proportion of Christian residents (39 to 27%) and a rise in the percentage with no religion (14 to 19%) – these changes reflect national trends over the same period. In Tower Hamlets, there was also a rise in the percentage who did not state their religion from 7 to 15%. The proportion of Muslim residents has shown little change over the period (36 vs. 35%).<sup>4</sup>

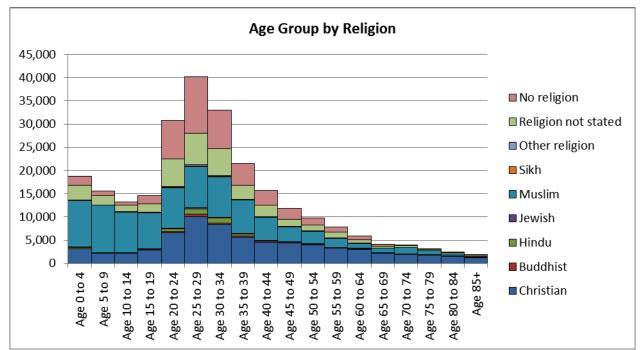
The 2011 Census recorded the proportion of Christian residents generally increasing in the older age ranges. For the 1,790 residents aged 85+, almost 70% are Christian. The next largest proportion, 12%, did not state their religion, whilst 9% are Muslim.



#### Chart 5. Age group by religion

<sup>4</sup> For further information, please email the Corporate Research Unit at cru@towerhamlets.gov.uk





#### Table 3. Religion by age

| Age                    | All<br>categories:<br>Religion | Christian | Buddhist | Hindu | Jewish | Muslim | Sikh | Other<br>religion | No<br>religion | Religion<br>not<br>stated |
|------------------------|--------------------------------|-----------|----------|-------|--------|--------|------|-------------------|----------------|---------------------------|
| All categories:<br>Age | 254,096                        | 68,808    | 2,726    | 4,200 | 1,283  | 87,696 | 821  | 825               | 48,648         | 39,089                    |
| Age 50 to 54           | 9,736                          | 3,961     | 157      | 82    | 61     | 2,611  | 32   | 48                | 1,543          | 1,241                     |
| Age 55 to 59           | 7,823                          | 3,230     | 121      | 57    | 59     | 1,907  | 14   | 40                | 1,083          | 1,312                     |
| Age 60 to 64           | 5,863                          | 3,043     | 93       | 35    | 73     | 1,050  | 11   | 18                | 817            | 723                       |
| Age 65 to 69           | 4,140                          | 2,237     | 51       | 23    | 61     | 917    | 11   | 4                 | 391            | 445                       |
| Age 70 to 74           | 4,029                          | 1,948     | 32       | 32    | 46     | 1,397  | 4    | 1                 | 226            | 343                       |
| Age 75 to 79           | 3,204                          | 1,777     | 23       | 19    | 59     | 871    | 10   | 7                 | 167            | 271                       |
| Age 80 to 84           | 2,407                          | 1,501     | 15       | 10    | 68     | 449    | 3    | 3                 | 125            | 233                       |
| Age 80 to 84           | 1,790                          | 1,229     | 16       | 2     | 84     | 152    | 3    | 3                 | 96             | 205                       |

### **Language**<sup>5</sup>

The Census records information about the main language used by residents – which is intended to capture a person's first or preferred language. In Tower Hamlets, English and Bengali are the two most commonly used main (first or preferred) languages: **two thirds (66%) of residents use English as their main language and 18% use Bengali** (which includes Sylheti and Chatgaya).

The remaining 16% of residents cite a wide variety of other European and international languages. After English and Bengali, the largest language groups in Tower Hamlets are: Chinese, French, Spanish, Italian and Somali – each used by between 1-2% of the population. In total, **the Census identifies at least 90 different languages (or groups of languages) being used in the borough**.

Tower Hamlets has a relatively high proportion of residents who use a main language other than English: 34% compared with 22% across London and 8% nationally – **the third highest percentage in England**, after both Newham and Brent.

In Tower Hamlets, 117 residents used sign language, 91 of whom used British Sign Language.

#### Tower Hamlets is the 4th most linguistically diverse area in England and Wales.

Tower Hamlets remains unique with regard to its high proportion of Bengali speakers - 18% compared with 3% across Inner London and less than 1% nationally. **Tower Hamlets has the largest number, and proportion of, Bengali speakers in England.** 

The proportion of residents who cite Bengali as their main language is lower than the proportion of the population that are ethnically Bangladeshi (18 vs. 32%) - indicating that **many Bangladeshi residents use either English, or another (non-Bengali) language, as their main language**.

Tower Hamlets ranks highly on the size of its Chinese speaking population. Considered together, residents using Chinese languages comprise 1.7% of the borough's population – the third highest proportion in England.

Among those whose main language was not English the majority (77%) said they could speak English *well* or *very well* and just under one quarter said they have low or no proficiency in spoken English. So while Tower Hamlets has a relatively high proportion of residents using languages other than English, the proficiency data show that **the majority of this group are also fluent in English, highlighting the significant number of bi-lingual residents in the borough.** 

When expressed as a proportion of the whole population, the percentage of the Tower Hamlets population who have poor (or no) fluency in spoken English is 8% – around one in 12 residents – which is the second highest proportion nationally after Newham (9%). This compares with 4% across London and 2% in England.

<sup>&</sup>lt;sup>5</sup> Research Briefing 2013-02, April 2013. For further information, please email the Corporate Research Unit at cru@towerhamlets.gov.uk

The proportion of residents who report low levels of, or no, proficiency in spoken English ranges from 4% in Bow East and Millwall wards up to **11% in the wards of Bethnal Green South, Bromley-by-Bow and Spitalfields & Banglatown**.

Statistics linking language with age are not available. This information will be added to the Market Position Statement in due course.

### Life Expectancy

- The average life expectancy at birth for males in Tower Hamlets born between 2006 and 2010 is currently 76.3 years, and for females it is 80 years, which is lower than the national average of 78.3 years for men and 82.1 years for women.<sup>6</sup>
- Although life expectancy in the borough is below that for the UK, this masks substantial differences between the wards. For males in Bow East and St Dunstans and Stepney Green ward life expectancy at birth over 2006-2010 was 72.3 and 72 years. The corresponding figure for Spitalfields and Banglatown ward was 83.2 years.
- The figures for females show life expectancy falling as low as 78.8 years in Bethnal Green North ward to as high as 94.8 years in Millwall ward. (next highest is 88.6 in Bethnal Green South).

Please see http://www.towerhamlets.gov.uk/lgsl/901-950/916\_borough\_statistics/life\_expectancy.aspx for further information on life expectancy.

### **Health and Disability**

Table 4. Key factors that may influence potential changes in demand for health and social care in people aged 65 and over living in Tower Hamlets<sup>78</sup>

|  | 2013 current | 2015 figures | 2020 figures |
|--|--------------|--------------|--------------|
|  | figure       | and % change | and % change |
| People aged 85 and over with a limiting  | 1,211        | 1,388        | 1,530        |
| long-term illness, living alone          |              | 15%          | 26%          |
| People with a limiting long-term illness | 8,690        | 8,818<br>2%  | 9,219<br>6%  |
| People living with dementia              | 1,095        | 1,086<br>-1% | 1,160<br>6%  |
| People unable to manage at least one     | 5,238        | 5,253        | 5,454        |
| personal care task                       |              | 1%           | 4%           |

<sup>&</sup>lt;sup>6</sup> http://www.towerhamlets.gov.uk/lgsl/901-950/916\_borough\_statistics/life\_expectancy.aspx

<sup>&</sup>lt;sup>7</sup> http://poppi.org.uk, as at March 2013

<sup>&</sup>lt;sup>8</sup> Figures for 2025 and 2030 are currently not available on POPPI (as of March 2013). When the most recent census figures become available, POPPI will update to include forecasts for years further into the future and we will add these into the next Market Position Statement update.

| People unable to manage at least one              | 6,411 | 6,438      | 6,693       |
|---|-------|------------|-------------|
| domestic care task                                |       | 1%         | 4%          |
| People providing more than 50 hours care per week | 288   | 280<br>-3% | 256<br>-11% |

Table 5. Predicted population in Tower Hamlets of people age 18-64 with a disability or mental health problem.<sup>9</sup> (Note – there is an under-recording of learning disabilities in Tower Hamlets and the predicted figures are estimated to be higher.)

|  | 2013 current<br>figure | 2015 figures<br>and % change | 2020 figures<br>and % change | 2025 figures<br>and % change | 2030 figures<br>and % change |
|--|------------------------|------------------------------|------------------------------|------------------------------|------------------------------|
| People with a<br>moderate or severe<br>learning disability         | 1,054                  | 1,149<br>9%                  | 1,273<br>21%                 | 1,380<br>31%                 | 1,474<br>40%                 |
| People with moderate physical disability                           | 11,460                 | 12,489<br>9%                 | 14,091<br>23%                | 15,498<br>35%                | 16,706<br>46%                |
| People with a severe physical disability                           | 2,792                  | 3,062<br>10%                 | 3,549<br>27%                 | 4,028<br>44%                 | 4,435<br>59%                 |
| People with a<br>moderate or severe<br>personal care<br>disability | 6,183                  | 6,795<br>10%                 | 7,823<br>27%                 | 8,742<br>41%                 | 9,500<br>54%                 |
| People with a mental<br>health problem                             | 30,576                 | 32,980<br>8%                 | 35,981<br>18%                | 38,221<br>25%                | 40,283<br>32%                |

Figures 1 and 2 overleaf show the distribution of the older people's population in Tower Hamlets in 2011. Figure 3 shows the number of older people living alone. These people are potentially more likely to need to access services.

<sup>&</sup>lt;sup>9</sup> Projecting Adult Needs and Service Information: www.pansi.org.uk

Figure 1: Proportion of population estimates per ward of people age 65+ (2011)

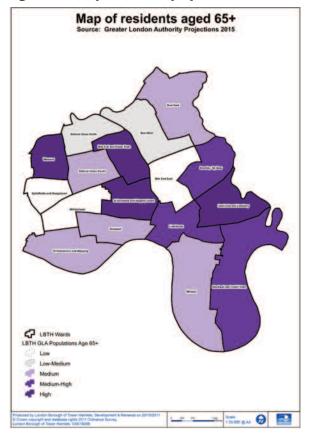
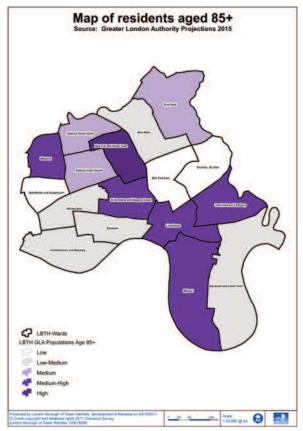


Figure 2. Proportion of population estimates per ward of people age 85+ (2011)



#### Figure 3. Proportion of people over 65 living alone by ward



### Households with a long-term health problem or disability<sup>10</sup>

The majority of residents (83%) in Tower Hamlets reported that they either had very good or good health. This is just below the percentage for London (84%) and just above the percentage for England (82%).

However, 20,840 households in the borough (20.6%) contain at least one person with a long-term health problem or disability, a lower proportion than in London (22.4%) and England (25.7%).

Of these households 5,742 (27.6%) also have dependent children, a higher proportion than in London (22.3%) and England (18.0%). The proportion of households with no dependent children, and that have one person with a long-term health problem or disability is 14.9%. This is lower than London 17.4% and England 21%.

<sup>&</sup>lt;sup>10</sup> 2011 Census: Second Release - Headline Analysis All information is publicly available on the Office for National Statistics website, http://www.ons.gov.uk/. For deeper analysis, please email the Corporate Research Unit at cru@towerhamlets.gov.uk.

More residents in Tower Hamlets than nationally said that their day to day activities were not limited by a long term health problem or disability. In Tower Hamlets 65% said that was the case compared to 65% in London and 56% nationally. This is a function of the age profile of the borough which has a higher proportion of younger residents. The rates per 1,000 residents by age band show that older groups do tend to have worse outcomes on this measure when compared with London and England.

People aged 65 and over are more likely to report a limiting illness or disability in Tower Hamlets (651 per 1,000) than London or England (53 per 1,000).

| L                         | imited a littl            | e or a lot     |                 |                 |                    |
|---------------------------|---------------------------|----------------|-----------------|-----------------|--------------------|
| Rates per 1,000 residents | All<br>categories:<br>Age | Age 0<br>to 15 | Age 16<br>to 49 | Age 50<br>to 64 | Age 65 and<br>over |
| Tower Hamlets             | 135.0                     | 39.2           | 79.4            | 388.7           | 650.8              |
| London                    | 141.6                     | 34.2           | 75.6            | 240.6           | 531.4              |
| England                   | 176.4                     | 37.4           | 86.5            | 233.5           | 531.3              |
|                           | Limited                   | a lot          |                 |                 |                    |
| Rates per 1,000 residents | All<br>categories:<br>Age | Age 0<br>to 15 | Age 16<br>to 49 | Age 50<br>to 64 | Age 65 and<br>over |
| Tower Hamlets             | 67.9                      | 18.5           | 33.1            | 206.4           | 387.9              |
| London                    | 67.5                      | 14.9           | 31.8            | 113.9           | 277.9              |
| London                    | 83.1                      | 15.4           | 36.5            | 106.5           | 268.7              |
|                           | Limited a                 | little         |                 |                 |                    |
| Rates per 1,000 residents | All<br>categories:<br>Age | Age 0<br>to 15 | Age 16<br>to 49 | Age 50<br>to 64 | Age 65 and<br>over |
| Tower Hamlets             | 67.1                      | 20.7           | 46.3            | 182.3           | 262.9              |
| London                    | 74.1                      | 19.3           | 43.8            | 126.7           | 253.5              |
| England                   | 93.3                      | 22.0           | 50.0            | 127.0           | 262.6              |

| Table 6. Long-term | health | problem   | or disability | by age   |
|--------------------|--------|-----------|---------------|----------|
| Table of Long term | ca.t.  | prosicili |               | ~, ~ g ~ |

In response to the question about long term health problem or disability, 11% of the working age population in Tower Hamlets said that they had a long term health problem or disability, compared to 13% nationally. A number of London boroughs have seen a significant improvement in the incidence of long term health problems amongst residents. Whilst Tower Hamlets had the largest decrease (improvement), there is also evidence of improvement amongst other East London boroughs, Hackney (a decrease of 3.6 percentage points), Barking & Dagenham and Newham (both a reduction of 3.5 percentage points).

In terms of bad or very bad health Tower Hamlets has the 4th highest rate in London, (6%) after Islington (6.4%), Hackney (6.2%) and Barking and Dagenham (6.1%).

The census also included a question which asked whether people had a health problem or disability that had lasted for at least 12 months and limited day to day activities. In Tower Hamlets 4.1% of working age residents (16-64) said they had a long term health problem or disability. For all persons the percentage increased to 6.8%.

With a reduction of 3.7 percentage points, Tower Hamlets has had the largest reduction in the proportion of residents with a limiting long term health problem since 2001.

#### Mental Health Wellbeing – 2009 Tower Hamlets Health & Lifestyle Survey<sup>11</sup>

The survey used questions from the Warwick-Edinburgh Mental Well-Being Scale (WEMWBS) to gain an understanding of mental health of Tower Hamlets.

This approach identified a strong relationship between age and mental health with older residents making up the significant proportion of those who feel "very low". Almost one third (27%) of residents aged 55-64 are in the "very low" category, as are 26% of residents aged 65-74 and 37% of residents aged 75+.

### Unpaid Care<sup>12</sup>

There are over 20,000 people providing unpaid care in Tower Hamlets. 4.3% of residents provide 1- 19 hours per week, 1.4% provide 20-49 hours per week and 1.9% provide 50 hours or more per week. For all three ranges this is at or below the rates for England and Wales (6.5%, 1.4% and 2.4%) and similar to London (5.3%, 1.3% and 1.8%).

In London there has been little change in the last 10 years, with 8.4% of all Londoners providing unpaid care compared to 10.3% nationally.

#### Table 7. Predicted number of carers in Tower Hamlets<sup>13</sup>

|  | 2010 figure | 2015 figures<br>and % change | 2020 figures<br>and % change |
|--|-------------|------------------------------|------------------------------|
| Number of carers (any number of unpaid | 20,746      | 22,883                       | 24,284                       |
| hrs. per week)                         |             | 10%                          | 17%                          |
| Number of carers providing 50 or more  | 5,761       | 6,354                        | 6,744                        |
| hours per week                         |             | 10%                          | 17%                          |

<sup>&</sup>lt;sup>11</sup> Mental health in East London and the City JSNA 2011

<sup>&</sup>lt;sup>12</sup> For further information, please email the Corporate Research Unit at cru@towerhamlets.gov.uk

<sup>&</sup>lt;sup>13</sup> Carers JSNA 2010

# **Commissioned Social Care Activity in Tower Hamlets**

# FACS-eligible services (services provided following assessment)

We are working to provide service usage figures for future updates of the Market Position Statement. In the meantime, please see the borough's Local Accounts page<sup>14</sup>. The Local Account is published annually, and the new version should be out in January 2014.

# Table 8. Distribution of older people by top ten wards as compared to those in receipt of council support

| Ranking | Ward by total<br>population<br>(2011 Census) | Ward by<br>population over<br>65 (2011 Census) | Ward by number<br>of council funded<br>packages of<br>day care<br>(as at Dec 2011) | Ward by number<br>of council funded<br>packages of<br>domiciliary care<br>(as at Dec 2011) |
|---------|--|--|--|--|
| 1       | Millwall<br>24,885                           | Mile End and Globe Town<br>1,450               | Whitechapel  | St Dunstans and<br>Stepney Green   |
| 2       | Blackwall and<br>Cubitt Town<br>24,582       | Blackwall and<br>Cubitt Town<br>1,383          | Limehouse  | East India and<br>Landsbury  |
| 3       | Bromley-by-Bow<br>18,723                     | East India and Lansbury<br>1,327               | St Dunstans and<br>Stepney Green   | East   |
| 4       | Mile End and<br>Globe Town<br>16,965         | Weavers<br>1,291                               | East India and<br>Landsbury  | Bromley by Bow   |
| 5       | Limehouse<br>16,328                          | Bromley-by-Bow<br>1,275                        | Bethnal Green<br>North   | Bethnal Green North  |
| 6       | St. Dunstan's and<br>Stepney Green<br>15,852 | Millwall<br>1,257                              | Bow East   | Bethnal Green South  |
| 7       | Bethnal Green South<br>15,517                | St Dunstans and Stepney<br>Green<br>1,252      | Mile End East  | Whitechapel  |
| 8       | Whitechapel<br>15,058                        | Limehouse<br>1,206                             | Bethnal Green<br>South   | Limehouse  |
| 9       | Mile End East<br>14,675                      | Bow East<br>1,116                              | Bromley by Bow   | Shadwell   |
| 10      | East India and Lansbury<br>14,618            | Bethnal Green South<br>1,107                   | Millwall   | Bow West   |

<sup>14</sup> http://www.towerhamlets.gov.uk/lgsl/101-150/147\_how\_we\_are\_doing\_in\_social.aspx

### **Learning Disabilities**

#### Table 9. Approximate number of CLDS clients, projected to 2030<sup>15</sup>

|   | 2013  | 2015 figures<br>and % change | 2020 figures<br>and % change | 2025 figures<br>and % change | 2030 figures<br>and % change |
|---|-------|------------------------------|------------------------------|------------------------------|------------------------------|
| People with a<br>moderate or<br>severe learning<br>disability | 1,098 | 1,193<br>9%                  | 1,319<br>20%                 | 1,432<br>30%                 | 1,535<br>40%                 |

### Accommodation

Table 10. Existing provision and projected demand for Sheltered, Leasehold (retirement) and Extra care housing units<sup>16</sup>

|                                 |       | on model<br>(adjusted) | on model<br>(adjusted) | on model<br>(adjusted) |
|---------------------------------|-------|------------------------|------------------------|------------------------|
| Sheltered housing (rent)        | 895   | 858                    | 943                    | 1,295                  |
| Leasehold retirement<br>housing | 0     | 210                    | 231                    | 318                    |
| Extra care (all tenures)        | 161   | 470                    | 517                    | 719                    |
| TOTAL                           | 1,056 | 1,538                  | 1,691                  | 2,323                  |

#### Estimating demand for future services

The table below shows the projected increase in service users to 2025.

#### Table 11. Estimated number of service users projected to 2025<sup>17</sup>

| Age Group            | 2010  | 2015         | 2020         | 2025         |
|----------------------|-------|--------------|--------------|--------------|
| 18-64 years          | 2,880 | 3,220<br>12% | 3,520<br>22% | 3,810<br>32% |
| 65 years and<br>over | 3,500 | 3,665<br>27% | 4,020<br>40% | 4,640<br>61% |

<sup>15</sup> Learning disabilities JSNA 2010-11

<sup>&</sup>lt;sup>16</sup> Older People's Housing Needs Assessment (2010) http://www.towerhamlets.gov.uk/lgsl/701-750/732\_jsna/old\_age.aspx

<sup>&</sup>lt;sup>17</sup> NASCIS RAP Data 2009/10, applied to GLA Population Projections (Our Strategy for Promoting Independence in the London Borough of Tower Hamlets, p.18)

Millwall has the lowest proportion of residents aged 65 and over (4%) and St. Dunstan's and Stepney the highest percentage, 9%.<sup>18</sup>

# Table 12. Percentage of older people choosing care homes outside the borough 2011-12 and2012 - 201319

|  | Overall number<br>of placements<br>2011-12 | Percentage of<br>out-of-borough<br>placements<br>2011-12 | Overall<br>number of<br>placements<br>2011-12 | Percentage of<br>out-of-borough<br>placements<br>2011-12 |
|--|--|--|---|--|
| Residential: Total<br>placements for year          | 60   | 47%  | 80%   | 61%  |
| Residential dementia:<br>Total placements for year | 84   | 30%  | 81%   | 60%  |
| Nursing:<br>Total placements for year              | 98   | 33%  | 41%   | 49%  |
| Nursing dementia:<br>Total placements for year     | 38   | 37%  | 32%   | 31%  |
| Overall average                                    |  | 36%  |   | 50%  |

### **Supporting People**

#### Table 13. Service Summary per Client Group 2012-13



<sup>18</sup> 2011 Census results Population and Household estimates for Tower Hamlets Wards For further information, please email the Corporate Research Unit at cru@towerhamlets.gov.uk

<sup>19</sup> 100% NHS Continuing Health Care funded Nursing & Nursing dementia placements were procured by the NHS (formerly the PCT) and have not been included in Local Authority reporting for 2012-2013. Only Nursing & Nursing dementia placements funded by LBTH with a NHS Funded Nursing Care contribution have been reported on for 2012-2013.

|  | Supporting People Units |                     |       |                               |
|--|-------------------------|---------------------|-------|-------------------------------|
| Client Groups                            | Accommodation<br>Based  | Floating<br>Support | Total | % of Total Units<br>(rounded) |
| Domestic Violence                        | 66                      | 0                   | 66    | 2%                            |
| Drugs & Alcohol                          | 85                      | 0                   | 85    | 2%                            |
| Ex-Offenders                             | 20                      | 0                   | 20    | 1%                            |
| HIV/PD                                   | 0                       | 20                  | 20    | 1%                            |
| Learning Disabilities                    | 52                      | 9                   | 61    | 2%                            |
| Mental Health - AB FS                    | 180                     | 143                 | 323   | 9%                            |
| Mental Health – FS                       | 0                       | 0                   | 0     | 0%                            |
| Mental Health - High Support<br>Services | 40                      | 0                   | 40    | 1%                            |
| Older People - Alarm Services            | 0                       | 618                 | 618   | 17%                           |
| Older People - Frail Elderly             | 220                     | 0                   | 220   | 6%                            |
| Older People<br>- Sheltered Services     | 712                     | 0                   | 712   | 20%                           |
| Single Homeless – Generic                | 0                       | 456                 | 456   | 13%                           |
| Single Homeless – Hostels                | 522                     | 0                   | 522   | 15%                           |
| Single Homeless - Supported<br>Housing   | 185                     | 75                  | 260   | 7%                            |
| Young People Services                    | 141                     | 14                  | 155   | 4%                            |
|  | 2,222                   | 1,335               | 3,557 | <b>100.00%</b><br>(rounded)   |



For more information about the Market Position Statement please contact **Orenda O'Brien Davis** on 020 7364 0277 or email *orenda.obrien-davis@towerhamlets.gov.uk*