



Characteristics of Carers in Tower Hamlets

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Summary

The 2011 Census identified 19,356 residents in the borough who provide unpaid care. This briefing provides analysis of their characteristics, including age, gender, ethnicity and health. Key findings:

- Tower Hamlets has one of the lowest proportions of residents providing unpaid

care nationally. In 2011 **7.6 per cent of Tower Hamlets residents provided unpaid care**. This is lower than the percentage of those providing care in London (8.4 per cent) and England (10.3 per cent). However, the proportion of residents providing care has fallen from 8.6 per cent in 2001.

- **Reflecting the significant increase in the borough's population the number of unpaid carers has increased by 15.7 per cent from 16,725 in 2001 to 19,356 in 2011.**
- **Stepney Green has the highest proportion of carers, 9.6 per cent** of the population and Canary Wharf the lowest, 5.5 per cent.
- **In terms of provision, 56.5 per cent of carers are providing 1 – 19 hours of care per week.** Compared to the London and England average Tower Hamlets has a higher proportion of residents providing more than 50 hours (25.4 per cent).
- **Tower Hamlets has a higher proportion of younger residents than London and England who are providing care.** Almost 39 per cent of those providing care are aged 16 -34 compared to 21.4 per cent in London and 14.1 per cent in England. Approximately 29.4 per cent of all carers are aged 35 – 49. Tower

Hamlets (28.8 per cent) has lowest proportion than the national and regional averages of residents aged 50 and over providing care compared to London (46.3 per cent) and England (57.3 per cent).

- **Almost 3 per cent of unpaid carers are aged 0 to 15. This is just above averages for the London (2.5 per cent) and England (2.1 per cent).** Only 1.1 per cent of all residents aged 0 -5 are providing care. This is similar to the average for London and England.
- Approximately **8.6 per cent of those providing unpaid care are aged 65 and over compared to 16.3 per cent in London and 22 per cent in England.** Around 10.7 per cent of all residents aged 65 and over are carers.
- **The highest proportion of hours of unpaid care provided is 1 – 19 (56.6%) hours followed by 50 + hours (25.4%) and lastly 20 - 49 hours (18.1%).**
- **Around 56 per cent of those providing care are women and 44 per cent men.** This is slightly lower than the national and regional average. In London and England almost 58 per cent of carers are women.
- **Around 66 per cent of those providing more than 50 hours per week are also women.**
- The proportion of males providing between 20 - 49 hours of unpaid care is

higher than the London and England averages.

- In Tower Hamlets **42.9 per cent of carers are Bangladeshi and 32.8 per cent are White British.**
- Around one third of Bangladeshi carers and one third of White British carers are providing 50 hours or more of care a week.
- Reflecting the fall in the size of the White British population locally, **the percent of White British carers has fallen from 41 per cent in 2001 to 32.8 per cent.**
- Tower Hamlets has a higher proportion of carers with bad or very bad health than the wider borough population. **Almost 9 per cent of carers have bad or very bad health compared to 6.4 per cent in London and 6.6 per cent in England.**
- **Around 43.5 per cent of carers with bad or very bad health are providing 50 hours or more of care.**
- In 2011 Tower Hamlets had an employment rate of almost 58 per cent. **Only 48 per cent of carers in the borough are in employment compared to 56 per cent in London.**
- **4,120 carers in the borough are in receipt of the Carers Allowance (CA), of which 74 per cent of female.**

1. About this briefing

The 2011 Census contains a wealth of data about diversity within the population including data on country of birth. Data on where residents are born provide important intelligence on the size of first generation migrant groups and this briefing explores what these figures reveal about the borough's population.

This briefing is one of a series of Census topic reports (being produced by the Corporate Research Unit) and follows recent reports on ethnicity, country of birth and language in Tower Hamlets. These reports are available on the [LBTH intranet](#).

The 2011 Census asked respondents to say whether they looked 'after or give help or support to family members, friends, neighbours or others because of long-term physical or mental ill health or disability, or problems related to old age. Respondents were also asked to indicate the number of hours of unpaid care they provided each week. The question has remained unchanged since the 2001 Census.

14 Do you look after, or give any help or support to family members, friends, neighbours or others because of either:

- long-term physical or mental ill-health/disability?
- problems related to old age?

↻ Do not count anything you do as part of your paid employment

No

Yes, 1 - 19 hours a week

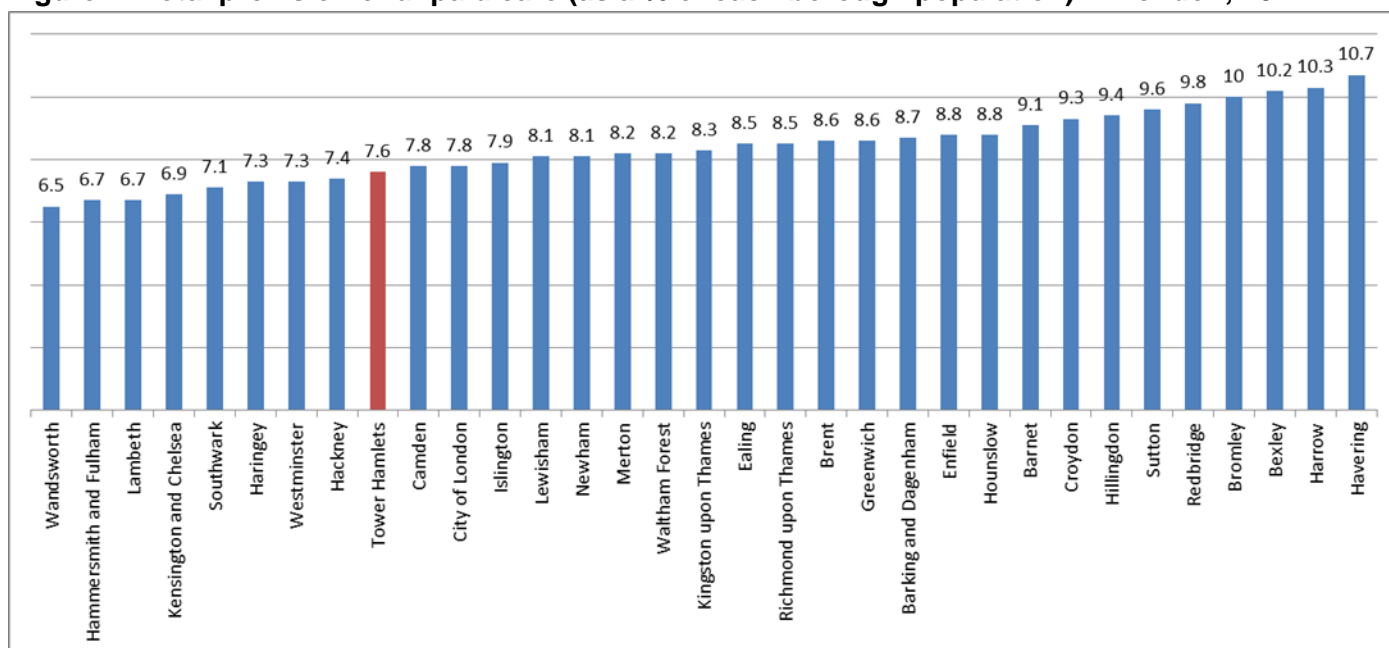
Yes, 20 - 49 hours a week

Yes, 50 or more hours a week

2. Unpaid carers

According to the 2011 Census there are 19,356 residents providing unpaid care in Tower Hamlets. This accounts for about 7.6 per cent of the borough's population. This is slightly lower than Newham's (8.0 per cent) and marginally higher than Hackney's (7.3 per cent) carer population. Tower Hamlets has a lower proportion of residents providing unpaid care than London (8.4 per cent) and England (10.3 per cent). In London Havering (10.7 per cent) has the highest proportion of its population providing unpaid care and Wandsworth (6.5 per cent) has the lowest.

Figure 1: Total provision of unpaid care (as a % of each borough population) in London, 2011

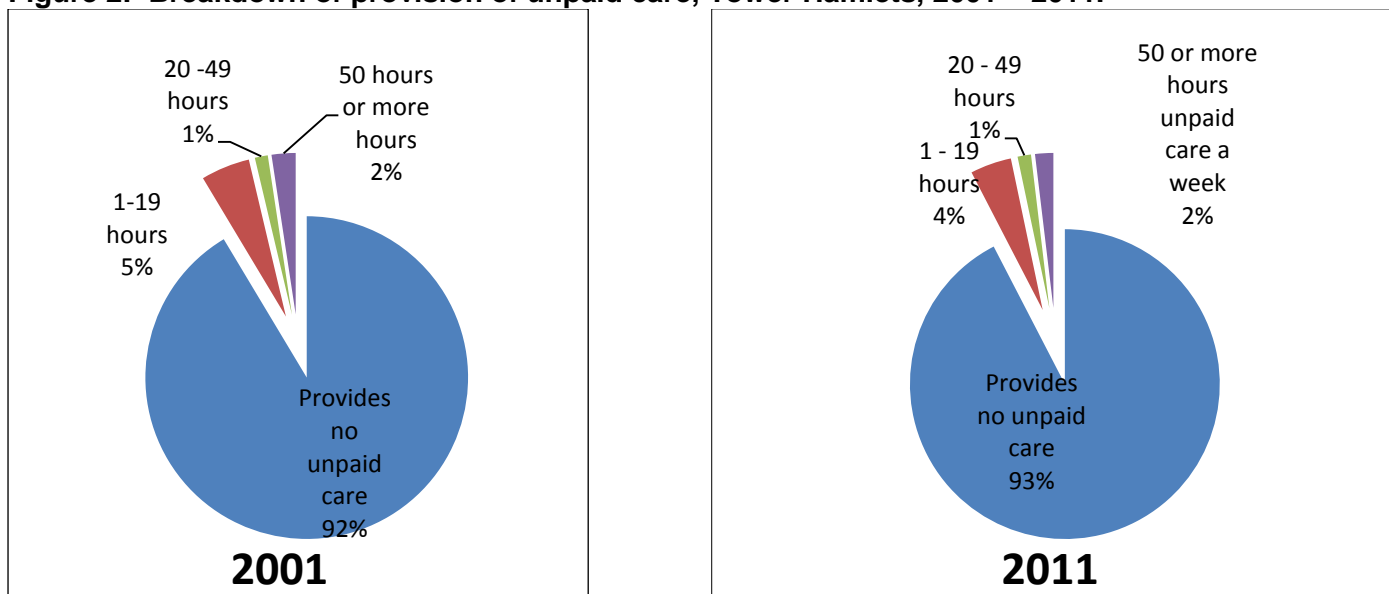


Source: 2011 Census (KS301EW)

Tower Hamlets is one of 10 local authorities nationally providing the least care overall, nine of which are London boroughs¹.

3. Change 2001 - 2011

Figure 2: Breakdown of provision of unpaid care, Tower Hamlets, 2001 – 2011.



Source: 2001 Census (S025) and 2011 Census (KS301EW)

Reflecting the significant increase in the borough population, the number of unpaid carers has increased by 15 per cent since 2001. However, the proportion of the borough’s population providing care has fallen from 8.6% in 2001 to 7.6 per cent of the borough population in 2011.

4. Distribution of carers

London has the lowest percentage of unpaid carers². This is most likely because of its younger age population, the transient nature of the population and differences in household composition. These characteristics are also mirrored in the Tower Hamlets population. Table 1 shows the numbers and proportion of residents providing unpaid care in each ward in Tower Hamlets. St. Dunstan’s has the highest proportion of carers, with 9.8 per cent (1,151 residents) providing care and Canary Wharf the lowest proportion, 5.5 percent (687 residents).

¹ 2011 Census Analysis: Unpaid care in England and Wales, 2011 and comparison with 2001, February 2013

² 2011 Census Analysis: Unpaid care in England and Wales, 2001 and comparison with 2001, February 2013.

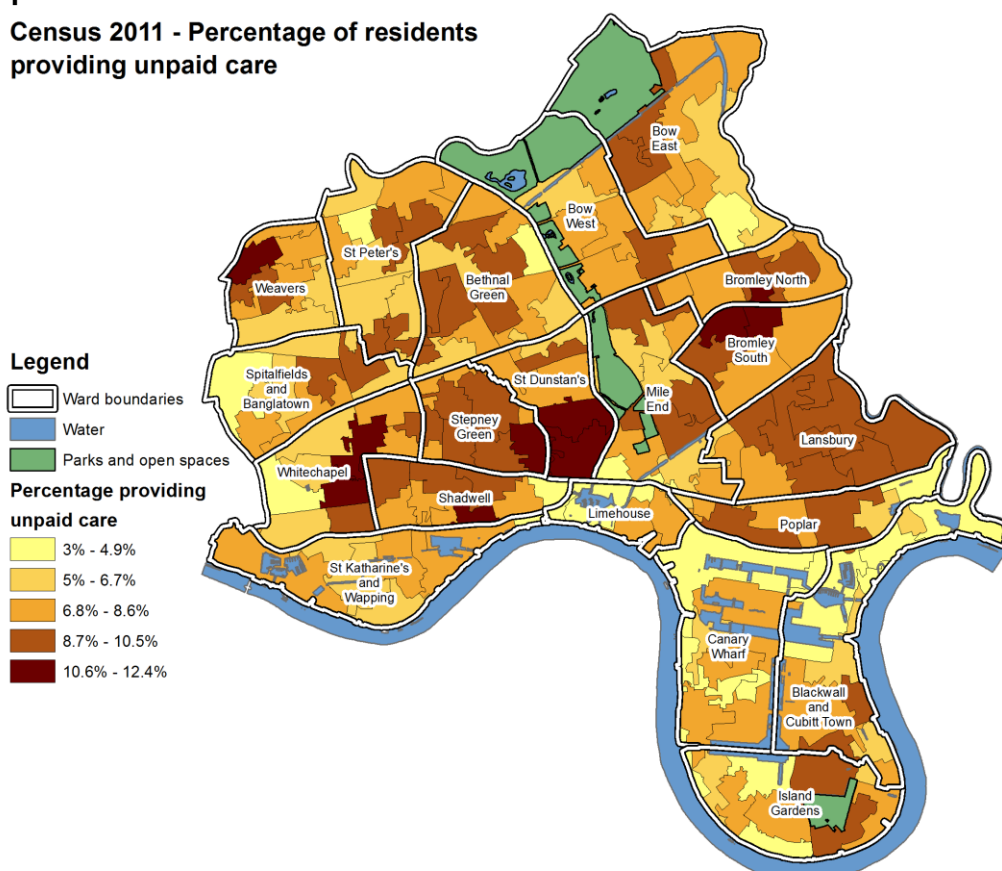
Table 1: Unpaid Carers by Ward, 2011

Ward Name	Carers	Ward Pop	%
Bethnal Green	1,472	19,308	7.6
Blackwall and Cubitt Town	783	13,531	5.8
Bow East	1,091	14,781	7.4
Bow West	1,004	12,939	7.8
Bromley North	813	9,354	8.7
Bromley South	735	8,677	8.5
Canary Wharf	687	12,500	5.5
Island Gardens	903	14,220	6.4
Lansbury	1,336	14,859	9.0
Limehouse	361	6,117	5.9
Mile End	1,261	16,532	7.6
Poplar	594	6,957	8.5
Shadwell	1,111	12,654	8.8
Spitalfields and Banglatown	876	12,578	7.0
St Dunstan's	1,151	11,799	9.8
St Katharine's and Wapping	675	10,581	6.4
St Peter's	1,353	18,376	7.4
Stepney Green	1,073	11,258	9.5
Weavers	960	12,885	7.5
Whitechapel	1,117	14,190	7.9
Total	19,356	254,096	7.6

Source: 2011 Census (LC3304EW)

Map 1

Census 2011 - Percentage of residents providing unpaid care



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Map 1 shows the distribution of carers in the borough by lower super output area (LSOA). In parts of the borough the proportion of unpaid carers increased to more than the England average. The LSOAs with the highest percentage of care, 10.6 % - 12.4%, are located in the wards of Weavers, Whitechapel, Shadwell, Stepney Green, St. Dunstan's and Bromley North and Bromley South. The Indices of Multiple Deprivation are currently being revised and updated by the Office for National Statistics. Further analysis will be undertaken to establish whether there is a linkage to the most deprived LSOAs in the borough and the concentration of unpaid carers.

5. Provision of hours of care

Table 2: Provision of hours of care in Tower h

	Tower Hamlets (No.)	Tower Hamlets	Newham	Hackney	London	England
Residents providing unpaid care	19,356	100.0	24,604	17,948	689,973	5,430,016
% of carers providing 1 to 19 hours a week	10,931	56.5	53.2	59.8	63.1	63.6
% of carers providing 20 to 49 hours a week	3,510	18.1	21.1	17.2	15.3	13.3
% of carers providing 50 or more hours a week	4,915	25.4	25.7	23.0	21.6	23.1

Source: 2011 Census (KS301EW)

Tower Hamlets has a higher of proportion of carers who are providing more than 50 hours of care per week than London (21.6 per cent) and England (23.1 per cent) average. Table 2 shows a higher proportion of residents are providing 20 to 49 hours per week, 18.1 per cent in Tower Hamlets compared to 15.3 per cent in London and 13.3 per cent in England. This is also just below above the average for Hackney (17.2 per cent) and lower than that for Newham.

Table 3: Provision of unpaid care by breakdown of hours (as a % of carer population)

Area	Total unpaid care		Provides 1 to 19		Provides 20 to 49		Provides 50 or	
	Number of carers	% of total population	number	%	number	%	number	%
Havering	25,214	100.0	16,094	63.8	3,285	13.0	5,835	23.1
Harrow	24,620	100.0	15,889	64.5	3,947	16.0	4,784	19.4
Bexley	23,522	100.0	14,752	62.7	3,051	13.0	5,719	24.3
Bromley	31,012	100.0	21,274	68.6	3,439	11.1	6,299	20.3
Redbridge	27,291	100.0	17,182	63.0	4,405	16.1	5,704	20.9
Sutton	18,298	100.0	12,436	68.0	2,242	12.3	3,620	19.8
Hillingdon	25,905	100.0	16,563	63.9	3,816	14.7	5,526	21.3
Croydon	33,683	100.0	22,063	65.5	4,750	14.1	6,870	20.4
Barnet	32,320	100.0	21,487	66.5	4,586	14.2	6,247	19.3
Enfield	27,624	100.0	17,299	62.6	4,131	15.0	6,194	22.4
Hounslow	22,310	100.0	13,897	62.3	3,623	16.2	4,790	21.5
Barking and Dagenham	16,201	100.0	8,637	53.3	2,941	18.2	4,623	28.5
Greenwich	22,014	100.0	13,085	59.4	3,519	16.0	5,410	24.6
Brent	26,610	100.0	15,813	59.4	4,938	18.6	5,859	22.0
Ealing	28,773	100.0	17,668	61.4	5,033	17.5	6,072	21.1
Richmond upon Thames	15,802	100.0	11,816	74.8	1,605	10.2	2,381	15.1
Kingston upon Thames	13,288	100.0	9,331	70.2	1,611	12.1	2,346	17.7
Waltham Forest	21,273	100.0	12,887	60.6	3,426	16.1	4,960	23.3
Merton	16,327	100.0	10,531	64.5	2,408	14.7	3,388	20.8
Lewisham	22,521	100.0	13,931	61.9	3,502	15.5	5,088	22.6
Newham	24,604	100.0	13,094	53.2	5,191	21.1	6,319	25.7
Islington	16,311	100.0	10,044	61.6	2,505	15.4	3,762	23.1
Camden	17,306	100.0	11,551	66.7	2,437	14.1	3,318	19.2
City of London	576	100.0	455	79.0	51	8.9	70	12.2
Tower Hamlets	19,356	100.0	10,931	56.5	3,510	18.1	4,915	25.4
Haringey	18,887	100.0	11,812	62.5	2,904	15.4	4,171	22.1
Hackney	17,948	100.0	10,734	59.8	3,094	17.2	4,120	23.0
Westminster	15,878	100.0	9,916	62.5	2,536	16.0	3,426	21.6
Southwark	20,725	100.0	12,531	60.5	3,446	16.6	4,748	22.9
Kensington and Chelsea	10,978	100.0	7,472	68.1	1,552	14.1	1,954	17.8
Hammersmith and Fulham	12,334	100.0	7,936	64.3	1,867	15.1	2,531	20.5
Lambeth	20,477	100.0	13,035	63.7	3,172	15.5	4,270	20.9
Wandsworth	19,985	100.0	13,132	65.7	2,876	14.4	3,977	19.9
London	689,973	100.0	435,278	63.1	105,399	15.3	149,296	21.6
England	5,430,016	100.0	3,452,636	63.6	721,143	13.3	1,256,237	23.1

Source: 2011 Census

In London the City of London has the highest proportion of residents providing 1 - 9 hours of care (79 per cent) and Newham (53.1 per cent) has the lowest proportion of carers. In terms of residents providing between 20 and 49 hours, Newham (21.1 per cent) has the highest proportion and the City of London (8.9 per cent) the lowest. (See Table 3).

6. Age of unpaid carers

Table 4: Age of carers, 2011

Age	Tower Hamlets		London		England	
	Number	%	Number	%	Number	%
All Ages	19,356	100	689,973	100	5,430,016	100
Age 0 to 15	567	2.9	17,381	2.5	111,423	2.1
Age 16 to 24	2,795	14.4	54,577	7.9	302,356	5.6
Age 25 to 34	4,737	24.5	93,741	13.6	473,891	8.7
Age 35 to 49	5,681	29.4	204,950	29.7	1,420,318	26.2
Age 50 to 64	3,915	20.2	207,171	30.0	1,929,420	35.5
Age 65 and over	1,661	8.6	112,153	16.3	1,192,608	22.0

Source: 2011 Census (LC3304EW)

Table 4 provides a breakdown by age groups of residents providing care in the borough compared to that of London and England. Compared to London and England Tower Hamlets has higher proportions of carers in the younger age groups. Just over 17 per cent of carers are aged 0 – 24, compared to 10.3 per cent in London and 7.7 per cent in England. The largest group providing care are residents aged 35 – 49, who are 29.4 per cent of the total population of unpaid carers. However nationally and regionally older residents are more likely to be providing unpaid care. In London 46.3 per cent of unpaid care is provided by residents aged 50 and over and in England this increases to 57.5 per cent. In Tower Hamlets 28.8 per cent of residents providing care are aged 50 and over.

Table 5: Unpaid Carers as a proportion of the total population, 2011

Age	Tower Hamlets			London	England
	Usual resident population	Unpaid carer population	Unpaid carers as % of total population	%	%
All ages	254,096	19,356	7.6	8.4	10.2
Age 0 to 15	50,143	567	1.1	1.1	1.1
Age 16 to 24	42,781	2,795	6.5	5.4	4.8
Age 25 to 34	73,185	4,737	6.5	5.8	6.6
Age 35 to 49	48,995	5,681	11.6	11.2	12.6
Age 50 to 64	23,422	3,915	16.7	17.6	20.2
Age 65 and over	15,570	1,661	10.7	12.4	13.8

Source: 2011 Census

Whilst 7.6 per cent of the borough population are providing care, analysis by age group shows that this increase to 27.4 per cent of all residents aged 50 and over. Some 10.7 per cent of all residents aged 65 and over are providing unpaid care. However, this is still lower than both the London and England averages. Around 30 per cent of all Londoners aged 50 and over are providing unpaid care compared to 34 per cent in England.

Table 6: Age of carers in Tower Hamlets, Hackney, Newham, London and England, 2011

Area	All Ages	Age 0 to 15	%	Age 16 to 24	%	Age 25 to 34	%	Age 35 to 49	%	Age 50 to 64	%	Age 65 and over	%
Hackney	17,948	618	3.4	2,039	11.4	3,412	19.0	5,713	31.8	4,334	24.1	1,832	10.2
Newham	24,604	740	3.0	3,241	13.2	5,580	22.7	7,547	30.7	5,201	21.1	2,295	9.3
Tower Hamlets	19,356	567	2.9	2,795	14.4	4,737	24.5	5,681	29.4	3,915	20.2	1,661	8.6
London	689,973	17,381	2.5	54,577	7.9	93,741	13.6	204,950	29.7	207,171	30.0	112,153	16.3
England	5,430,016	111,423	2.1	302,356	5.6	473,891	8.7	1,420,318	26.2	1,929,420	35.5	1,192,608	22.0

Source: 2011 Census (LC3304EW)

In the neighbouring boroughs of Newham and Hackney residents aged 35 – 49 are the largest group of carers, 30.7 per cent and 31.8 per cent respectively.

Table 7: Hours of provision of Care : 1 – 19 Hours

Area	All Ages	Age 0 to 15	%	Age 16 to 24	%	Age 25 to 34	%	Age 35 to 49	%	Age 50 to 64	%	Age 65 and over	%
Hackney	10,734	488	4.5	1,430	13.3	2,216	20.6	3,269	30.5	2,518	23.5	813	7.6
Newham	13,094	571	4.4	2,269	17.3	3,178	24.3	3,796	29.0	2,465	18.8	815	6.2
Tower Hamlets	10,931	446	4.1	1,910	17.5	2,925	26.8	3,032	27.7	1,984	18.2	634	5.8
London	435,278	13,737	3.2	39,236	9.0	60,552	13.9	127,348	29.3	137,998	31.7	56,407	13.0
England	3,452,636	90,171	2.6	219,853	6.4	300,162	8.7	917,535	26.6	1,341,380	38.9	583,535	16.9

Source: 2011 Census (LC3304EW)

Of the 10,931 residents providing between 1 and 19 hours of care 27.7 per cent are aged 35 - 49. In the neighbouring boroughs of Newham and Hackney there are slightly higher proportions of residents in this age group (29 per cent and 30.5 per cent respectively). In London and England older residents (those aged 50 -64) are more likely to be providing up to 19 hours of care per week (31 per cent and 38.9 per cent respectively).

Table 8: Unpaid care: 20 - 49 Hours

Area	All Ages	Age 0 to 15	%	Age 16 to 24	%	Age 25 to 34	%	Age 35 to 49	%	Age 50 to 64	%	Age 65 and over	%
Hackney	3,094	63	2.0	344	11.1	600	19.4	1,071	34.6	701	22.7	315	10.2
Newham	5,191	74	1.4	588	11.3	1,347	25.9	1,704	32.8	1,100	21.2	378	7.3
Tower Hamlets	3,510	55	1.6	508	14.5	901	25.7	1,088	31.0	676	19.3	282	8.0
London	105,399	1,841	1.7	9,075	8.6	16,871	16.0	33,534	31.8	29,106	27.6	14,972	14.2
England	721,143	11,142	1.5	47,962	6.7	74,098	10.3	199,118	27.6	237,760	33.0	151,063	20.9

Source: 2011 Census (LC3304EW)

Reflecting the borough trend, residents providing between 20 – 49 hours are mostly those aged 35 – 49 (31%). This is generally in line with the London average of 31.8%. Tower Hamlets also has a higher proportion of residents aged 16 – 24 (14.1 per cent) providing this level of care per week compared to Newham (11.3 per cent), Hackney (11.1 per cent) London (8.6 per cent) and England (6.7 per cent).

Table 9: Unpaid care: 50 + Hours

Area	All Ages	Age 0 to 15	%	Age 16 to 24	%	Age 25 to 34	%	Age 35 to 49	%	Age 50 to 64	%	Age 65 and over	%
Hackney	4,120	67	1.6	265	6.4	596	14.5	1,373	33.3	1,115	27.1	704	17.1
Newham	6,319	95	1.5	384	6.1	1,055	16.7	2,047	32.4	1,636	25.9	1,102	17.4
Tower Hamlets	4,915	66	1.3	377	7.7	911	18.5	1,561	31.8	1,255	25.5	745	15.2
London	149,296	1,803	1.2	6,266	4.2	16,318	10.9	44,068	29.5	40,067	26.8	40,774	27.3
England	1,256,237	10,110	0.8	34,541	2.7	99,631	7.9	303,665	24.2	350,280	27.9	458,010	36.5

Source: 2011 Census (LC3304EW)

Older residents are mostly providing more than 50 hours of care per week. In Tower Hamlets 40.7 per cent of residents providing this level of care are aged 50 and over. However, this is lower than London (54.1 per cent) and England (64.4 per cent). Around 15.2 per cent of residents in the borough providing more than 50 hours are aged 65 and over compared to 27.3 per cent in London and 36.5 per cent in England. This is also lower than Newham (17.4 per cent) and Hackney (17.1 per cent).

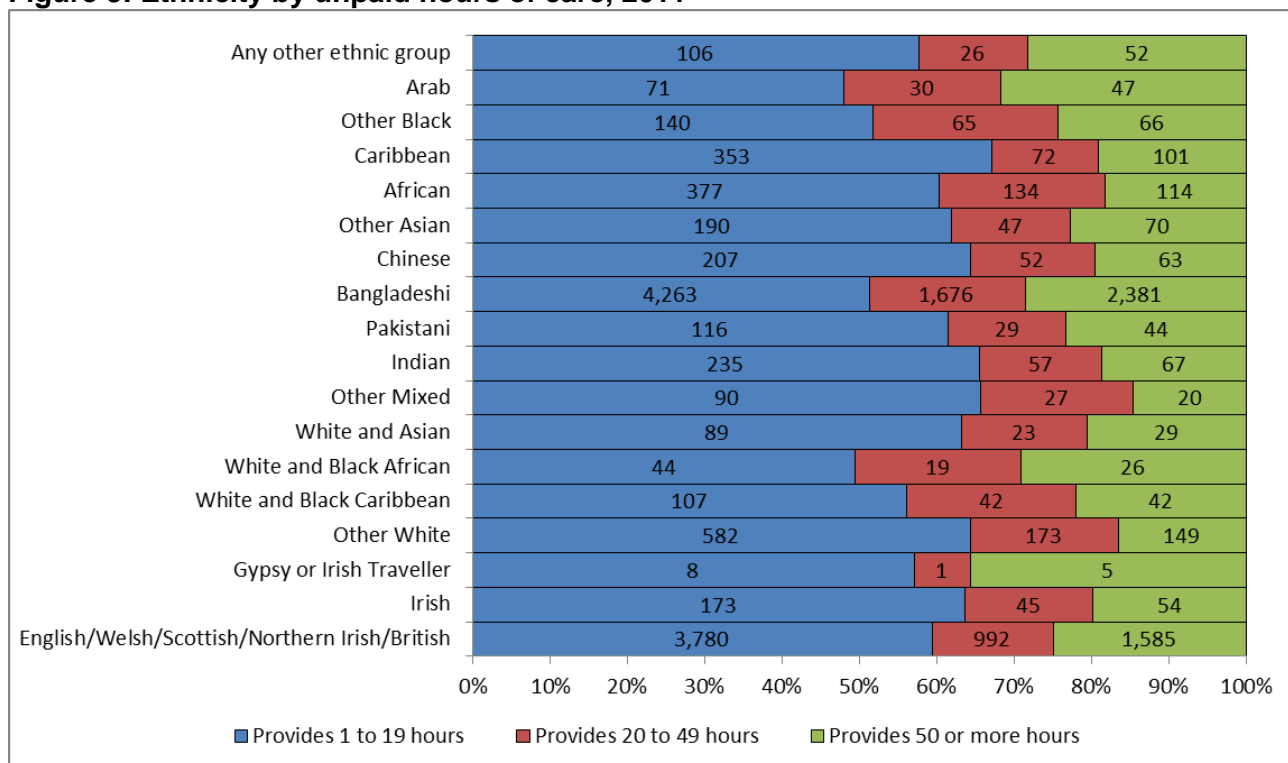
7. Unpaid carers by ethnic group

Figure 3 below provides an ethnic group breakdown of those providing unpaid care and the hours of care provided. Around 42.9 per cent (8,320) of those providing unpaid care are Bangladeshi group. This is the largest ethnic group of carers and is much greater than the neighbouring boroughs of Newham (12.6%) and Hackney 3.5%) and exceeds both London (3.1%) and England (0.7%) averages.

Of 19,356 carers, White British make up 6,357 (32.8 per cent) and is the next largest group to provide unpaid care. This is higher than Newham (23.6 per cent), lower than Hackney (34.1 per cent) and far below the London and England averages of 52.2 per cent and 85.6 per cent respectively.

Around 2,381 (29 percent) Bangladeshi carers are providing more than 50 hours of care and 29 per cent (1,585) of White British carer are providing 50 hours of care.

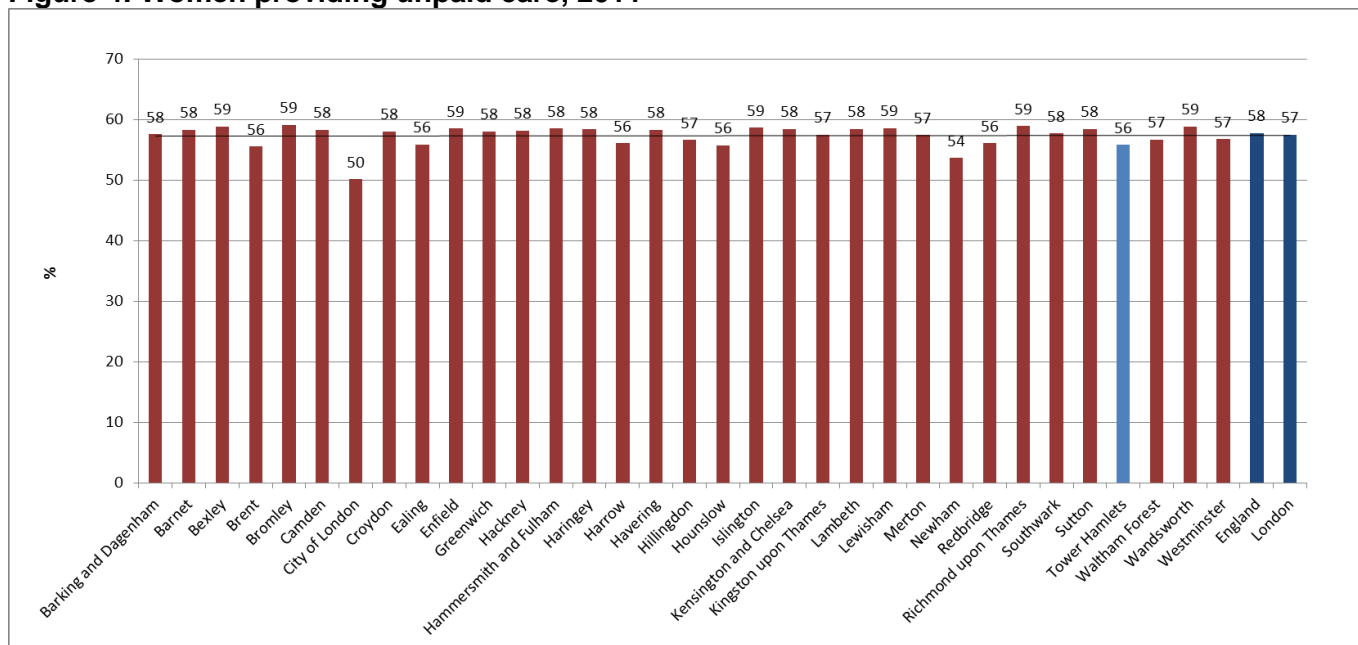
Figure 3: Ethnicity by unpaid hours of care, 2011



Source: 2011 Census (DC2301EW)

8. Gender of carers

Figure 4: Women providing unpaid care, 2011



Source: 2011 Census (

Tower Hamlets has a carers’ population where females provide a larger amount of unpaid care than males, 55.8 per cent females and 44.2 per cent males. This is lower than the London (57.5 per cent) and England (57.8 per cent) averages. In the neighbouring boroughs of Hackney and Newham also have a higher proportion of women providing unpaid care.

In London boroughs were 59 per cent of carers are women include Bexley, Ealing, Lewisham and Wandsworth.

Table 10: Unpaid care by gender, 2011

Sex	Hackney	%	Newham	%	Tower Hamlets	%	London	%	England	%
All persons	17,893	100	24,554	100	19,277	100	687,383	100	5,409,433	100
Males	7,492	41.9	11,392	46.4	8,524	44.2	292,419	42.5	2,285,192	42.2
Females	10,401	58.1	13,162	53.6	10,753	55.8	394,964	57.5	3,124,241	57.8

Source: 2011 Census (LC3301EW)

Table 11: Unpaid care by gender by hours of provision, 2011

Sex	Provides unpaid care: Total	%	Provides 1 to 19 hours unpaid care a week	%	Provides 20 to 49 hours unpaid care a week	%	Provides 50 or more hours unpaid care a week	%
All persons	19,277	100	10,867	100	3,496	100	4,914	100
Males	8,524	44	5,322	49	1,526	44	1,676	34
Females	10,753	56	5,545	51	1,970	56	3,238	66

Source: 2011 Census (LC3301EW)

Overall, women also provide more hours of care than men, increasing from 51 per cent of women providing 1 -19 hours per week to 66 per cent of carers providing more than 50 hours.

Table 12: Women providing unpaid care by hours of provision, 2011

Area	Provides unpaid care: Borough Total	%	Provides unpaid care: Female Total	%	Provides 1 to 19 hours unpaid care a week	%	Provides 20 to 49 hours unpaid care a week	%	Provides 50 or more hours unpaid care a week	%
Barking and Dagenham	16,181	100	9,309	58	4,824	30	1,686	10	2,799	17
Barnet	32,256	100	18,789	58	11,983	37	2,700	8	4,106	13
Bexley	23,515	100	13,831	59	8,536	36	1,839	8	3,456	15
Brent	26,571	100	14,755	56	8,341	31	2,676	10	3,738	14
Bromley	30,968	100	18,289	59	12,239	40	2,093	7	3,957	13
Camden	17,104	100	9,972	58	6,353	37	1,422	8	2,197	13
City of London	569	100	285	50	220	39	22	4	43	8
Croydon	33,635	100	19,520	58	12,348	37	2,778	8	4,394	13
Ealing	28,633	100	15,995	56	9,461	33	2,671	9	3,863	13
Enfield	27,576	100	16,132	59	9,806	36	2,436	9	3,890	14
Greenwich	21,885	100	12,698	58	7,277	33	1,996	9	3,425	16
Hackney	17,893	100	10,401	58	5,945	33	1,770	10	2,686	15
Hammersmith and Fulham	12,248	100	7,160	58	4,472	37	1,096	9	1,592	13
Haringey	18,860	100	11,005	58	6,704	36	1,618	9	2,683	14
Harrow	24,563	100	13,769	56	8,507	35	2,233	9	3,029	12
Havering	25,198	100	14,694	58	9,268	37	1,946	8	3,480	14
Hillingdon	25,702	100	14,544	57	8,974	35	2,128	8	3,442	13
Hounslow	22,242	100	12,387	56	7,464	34	1,900	9	3,023	14
Islington	16,113	100	9,444	59	5,596	35	1,460	9	2,388	15
Kensington and Chelsea	10,889	100	6,363	58	4,180	38	910	8	1,273	12
Kingston upon Thames	13,203	100	7,589	57	5,161	39	997	8	1,431	11
Lambeth	20,373	100	11,909	58	7,267	36	1,857	9	2,785	14
Lewisham	22,480	100	13,158	59	7,937	35	2,016	9	3,205	14
Merton	16,296	100	9,355	57	5,867	36	1,347	8	2,141	13
Newham	24,554	100	13,162	54	6,413	26	2,685	11	4,064	17
Redbridge	27,277	100	15,296	56	9,245	34	2,460	9	3,591	13
Richmond upon Thames	15,725	100	9,262	59	6,774	43	936	6	1,552	10
Southwark	20,617	100	11,890	58	6,829	33	1,995	10	3,066	15
Sutton	18,285	100	10,681	58	7,067	39	1,360	7	2,254	12
Tower Hamlets	19,277	100	10,753	56	5,545	29	1,970	10	3,238	17
Waltham Forest	21,251	100	12,045	57	7,088	33	1,930	9	3,027	14
Wandsworth	19,728	100	11,608	59	7,401	38	1,700	9	2,507	13
Westminster	15,716	100	8,914	57	5,308	34	1,433	9	2,173	14
England	5,409,433	100	3,124,241	58	1,957,455	36	415,433	8	751,353	14
London	687,383	100	394,964	57	240,400	35	60,066	9	94,498	14

Source: 2011 Census (LC3301EW)

Women in Tower Hamlets are providing more hours of care than the London and England average. Around 17 per cent of female carers are providing 50 or more hours of care per week compared to 14 per cent in London and England. Other London boroughs with similar rates are Barking and Dagenham and Newham. Around 29 per cent of women are providing 1 -19 hours of care per week

9. Health of carers

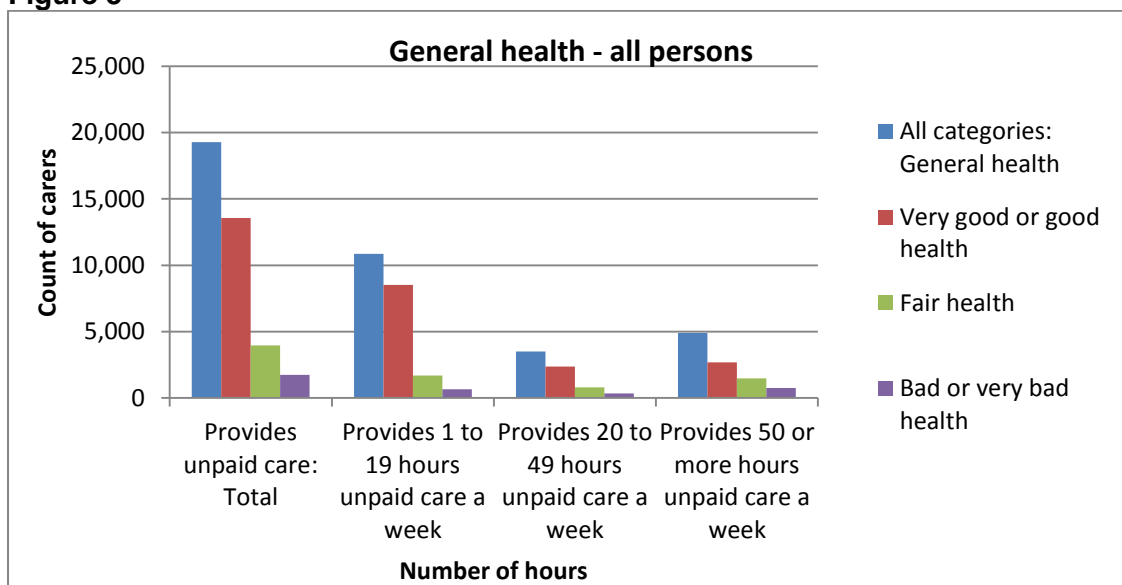
Table 13: Health of unpaid carers, 2011

General Health	Hackney	%	Newham	%	Tower Hamlets	%	England	%	London	%
Total: General health	17,948	100	24,604	100	19,356	100	5,430,016	100	689,973	100
Very good health	5,852	32.6	7,988	32.5	6,162.0	31.8	1,674,171	30.8	226,440	32.8
Good health	6,890	38.4	9,617	39.1	7,462.0	38.6	2,273,790	41.9	284,229	41.2
Fair health	3,775	21.0	5,093	20.7	3,981.0	20.6	1,124,762	20.7	134,981	19.6
Bad health	1,126	6.3	1,511	6.1	1,410.0	7.3	294,759	5.4	35,885	5.2
Very bad health	305	1.7	395	1.6	341.0	1.8	62,534	1.2	8,438	1.2

Source: 2011 Census (DC2301EW)

The majority of the borough's residents have very good or good health (83 per cent) but for those providing care this falls to 68 per cent. Those providing care are also more likely to have bad or very bad health. Some 9 per cent of carers have bad or very bad health compared to 6 per cent in the wider population. This is also significantly higher than London (6.4 per cent) and England (6.6 per cent), and higher than Newham (7.7 per cent) and Hackney (8 per cent).

Figure 5

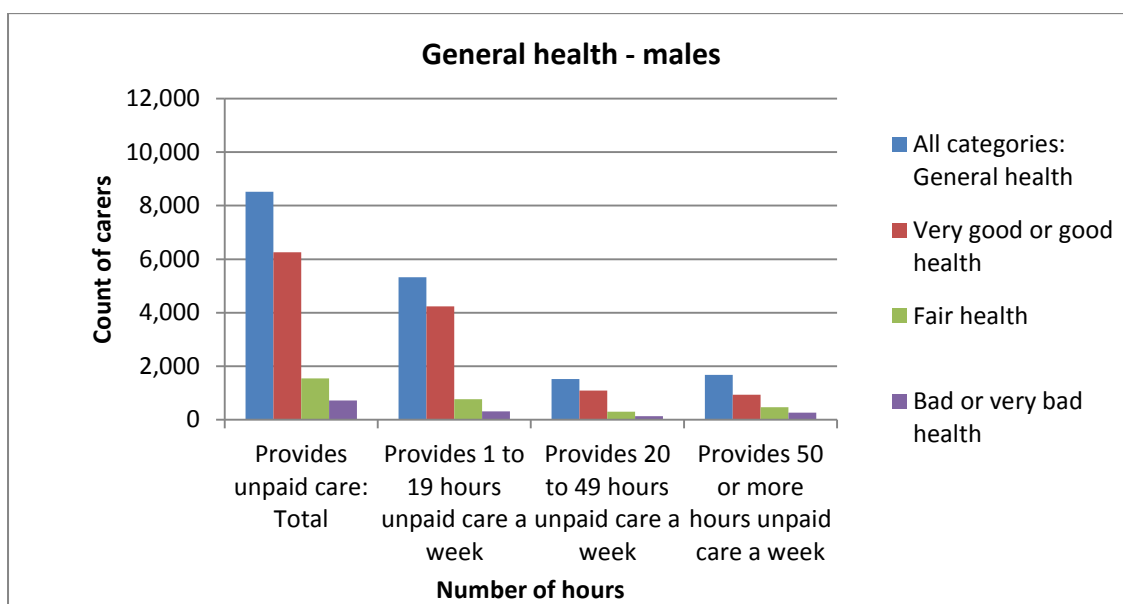


Carer	All categories: General health	%	Very good or good health	%	Fair health	%	Bad or very bad health	%
Total unpaid care	19,277	100	13,559	100	3,973	100	1,745	100
Provides 1 to 19 hours	10,867	56.4	8,516	62.8	1,699	42.8	652	37.4
Provides 20 to 49 hours	3,496	18.1	2,364	17.4	798	20.1	334	19.1
Provides 50 or more hours	4,914	25.5	2,679	19.8	1,476	37.2	759	43.5

Source: 2011 Census (LC3301EW)

Figure 5 shows the health of carers by the level of provision. Carers providing significant levels of care are also more likely to have bad or very bad health. Approximately 19.8 per cent of carers with very good or good health are providing 50 or more hours of care per week, compared 43.5 per cent of with bad or very bad health.

Figure 6

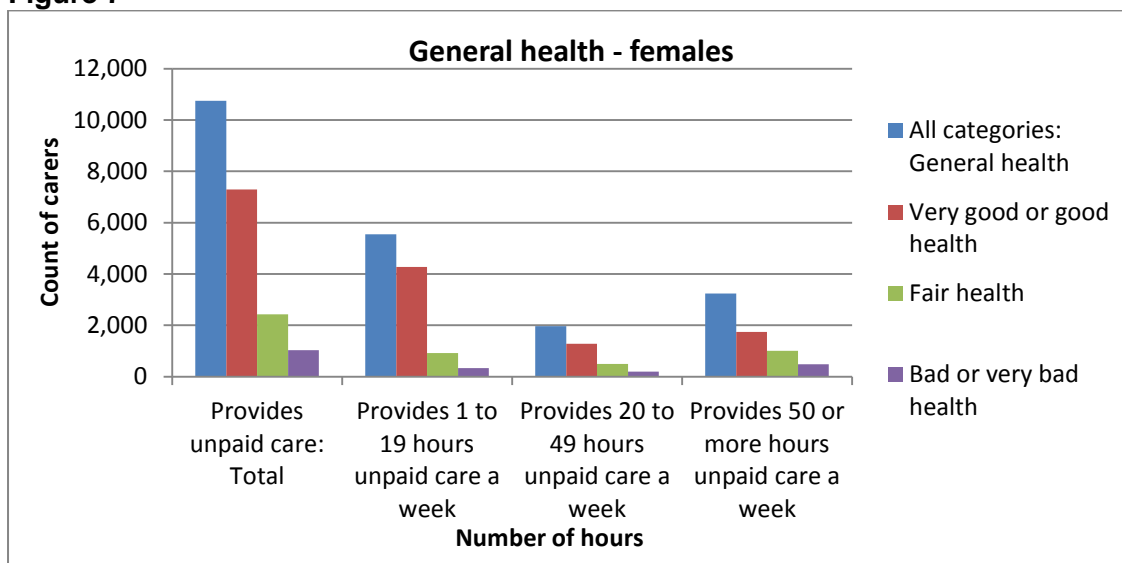


Carer	All categories: General health	%	Very good or good health	%	Fair health	%	Bad or very bad health	%
Total unpaid care	8,524	100.0	6,262	100.0	1,545	100.0	717	100.0
Provides 1 to 19 hours	5,322	62.4	4,237	67.7	772	50.0	313	43.7
Provides 20 to 49 hours	1,526	17.9	1,087	17.4	306	19.8	133	18.5
Provides 50 or more hours	1,676	19.7	938	15.0	467	30.2	271	37.8

Source: 2011 Census (LC3301EW)

Amongst male carers, 73 per cent have very good or good health and 8.4 per cent bad or very bad health. Amongst male carers there are also higher proportions providing significant hours of care per week with bad or bad health. Some 37.8 per cent of carers with bad or very bad health are providing 50 or more hours of care per week.

Figure 7



Carer	All categories: General health	%	Very good or good health	%	Fair health	%	Bad or very bad health	%
Total unpaid care	10,753	100.0	7,297	100.0	2,428	100.0	1,028	100.0
Provides 1 to 19 hours	5,545	51.6	4,279	58.6	927	38.2	339	33.0
Provides 20 to 49 hours	1,970	18.3	1,277	17.5	492	20.3	201	19.6
Provides 50 or more hours	3,238	30.1	1,741	23.9	1,009	41.6	488	47.5

Source: 2011 Census (LC3301EW)

Female carers have poorer health and are providing more hours of carers. Whilst the majority (68 per cent) of female carers reported having good or very good health 9.5 per cent have bad or very bad health. Around 47.8 per cent of female carers with bad or very bad health are providing more than 50 hours of care.

10. Economic Activity of carers

Table 14

	Tower Hamlets No.	%	Hackney %	Newham %	London %	England %
All economic activity	18,789	100	100	100	100	100
Economically active: Total	10,718	57	60	60	62	58
In employment: Total	8,970	48	51	52	56	54
Unemployed	1,748	9	9	8	6	4
All economically inactive	8,071	43	40	40	38	42
Retired	1,891	10	11	11	18	27
Student (including full-time students)	996	5	6	6	4	2
Looking after home or family	3,316	18	13	14	10	8
Long-term sick or disabled	1,006	5	6	4	4	4
Other	862	5	5	5	3	2

Source: 2011 Census (LC6301EW)

In 2011 Tower Hamlets had an employment rate of 57.6 per cent compared to the London rate of 62.4 per cent and 62.1 per cent in England. Approximately 57 per cent of carers are economically active and 43 per cent economically inactive. Only 48 per cent of the borough's carers are in employment, lower the London average of 56 per cent. A higher proportion of the borough's carers are also unemployed 9 percent of carers compared to 6 per cent in London and 4 per cent in England.

Table 15:

Economic Activity	Total Unpaid care	% of Total	Provides 1 to 19 hours	% of Total	Provides 20 to 49 hours	% of Total	Provides 50 or more hours	% of Total
All categories: Economic activity	18,789	100	10,485	55.8	3,455	18.4	4,849	25.8
Economically active: In employment: Total	8,970	100	6,387	71.2	1,500	16.7	1,083	12.1
Economically active: In employment: Employee: Total	7,116	100	5,002	70.3	1,222	17.2	892	12.5
Economically active: Unemployed: Total	1,748	100	1,088	62.2	357	20.4	303	17.3
Economically inactive: Retired	1,891	100	734	38.8	313	16.6	844	44.6
Economically inactive: Student (including full-time students)	996	100	732	73.5	152	15.3	112	11.2
Economically inactive: Looking after home or family	3,316	100	835	25.2	732	22.1	1,749	52.7
Economically inactive: Long-term sick or disabled	1,006	100	381	37.9	208	20.7	417	41.5
Economically inactive: Other	862	100	328	38.1	193	22.4	341	39.6

Source: 2011 Census (DC6301EWIa)

11. Carers Allowance

Carers allowance is a non-contributory allowance given to persons providing unpaid care to those who look after a severely disabled person for at least 35 hours a week, who are not employed, and who are aged 16 or over and not in full-time education. Eligibility for carer's allowance is also based on the person cared for being in receipt of a number of benefits including personal independence payment (PIP) daily living component, disability living allowance (DLA) middle or higher care rate, attendance allowance and the armed forces independence payment.³

In Tower Hamlets there are 4,110 residents aged 18 and over in receipt of carers allowance. The number of residents claiming carers allowance has increased by 20 per cent since 2011 from 3,430. Around 75 per cent of all claimants are female and 25 per cent are male. Even in terms of age, women account for the highest proportion of claimants, with 85 per cent of claimants aged 65 and older being women.

³ Source: Welfare Trends Report 2014

Table 16: Residents in receipt of Carers Allowance by age and gender, May 2014

Age	Male	Female	Total	Male %	Female %	Total %
aged 18-24	70	110	180	39	61	4
aged 25-29	80	310	390	21	79	9
aged 30-34	90	450	540	17	83	13
aged 35-39	120	480	600	20	80	15
aged 40-44	170	440	610	28	72	15
aged 45-49	160	430	590	27	73	14
aged 50-54	150	290	440	34	66	11
aged 55-59	130	300	430	30	70	10
aged 60-64	70	120	190	37	63	5
aged 65 and over	20	120	140	14	86	3
Total	1,060	3,060	4,110	26	74	100

Source: ONS/NOMIS (DWP Benefits, May 2014)

12. Further information

This briefing was produced by the Council's Corporate Research Unit. This report is a summary of available Census data published since July 2012.ⁱ

For more information about the Census results please see

For information about this briefing, please contact the Corporate Research Team at cru@towerhamlets.gov.uk

ⁱ All data in this factsheet has been sourced from ONS NOMIS – Census 2011 data. For further information, please follow this link: https://www.nomisweb.co.uk/census/2011/data_finder

The main Census tables that have been used are:

DC2301EW ('Ethnic group by provision of care by general health' - all usual residents)

KS301EW ('Health and provision of unpaid care' – all usual residents)

LC3304EW ('Provision of unpaid care by age' – all usual residents)

LC3301EW ('Provision of unpaid care by general health by sex by age' – all usual residents in households)

LC6301EW ('Economic activity by provision of unpaid care by general health' – all usual residents)

LC6301EW1a ('Economic activity by provision of unpaid care by general health' – all usual residents - at Local Authority level)