

All About _____

You could put a photo of your child here or they could draw a picture of themselves.

My Unique Child

How you can use this book

Now that your child is going to begin childcare, playgroup or school you can use this book to tell staff anything you would like them to know.

Where ever your child is going it is important that staff know all about them so that they can make sure that they can provide the care and education that is best for them.

Enjoy making this book together

There are headings on some of the pages but you can add your own pages if you want to. There are also some ideas of the kinds of information you may like to include but just include what you think it is important. You can put photos and drawings in too.

Very definitely let your child help you to decide what needs to be put in.

You will have the opportunity to talk to staff about anything that is confidential that you don't want to put in this book.

Parents will use this book in different ways. The most important thing is that staff can appreciate your child's uniqueness!

Caring for my child

This page is about your child's feelings.

How will staff know how your child is feeling?

Do they have any worries or concerns?

What calms them? What motivates or excites them?

What helps them to feel secure and confident?

How do they feel about starting in a new place?

Family and other special people

This page is about family and friends.

What do you like your child to be called?

Are they already friends with another child in the group or class?

Are there other special people in their life – perhaps a close grandparent or a childminder?

Are there any family pets?

Individual needs

This page is about how best to help your child and what helps them to be independent.

Does your child have any individual ways of communicating – perhaps special words, sounds, gestures or signs?

Are there any staff will need to support your child with moving, eating or toileting?

Does your child have any medical needs staff need to know about?

Do they have any allergies?

Interests, likes and dislikes

This page is about what your child likes/dislikes, recent experiences they have had and any particular interests they have.

Have there been any special events in the family – a new baby or a celebration?

Have they been on a trip or a holiday?

Does your child have any favourite foods or strong dislikes?

Are there any particular activities they enjoy – swimming, cooking, making things?



