

# Early Years Consultation

## Full list of Services



### Children's Centre services:

This is a list of the Children's Centre services we think are most popular and that you are likely to have used:

#### Education

- School-ready play and early learning for under-5s: e.g. Stay and Play, transition play session, little talkers
- Work-ready courses and support for parents/carers: parent's forum, job seekers plus, pathways into employment.
- Other courses e.g. child-care, Raising Happy Babies, first aid, Made of Money, food hygiene and crèche for children

#### Health

- Midwifery support: ante and post-natal
- Health Visitor support: child health clinics: 2 year integrated review
- Physical activities for children e.g. Climb, Run and Have Fun, Active Babies or Stay and Play
- Healthy eating, dental health and dietician
- Collecting healthy start vitamin drops

#### Family Support

- Support for parents facing challenges, accessing early learning for two year old places
- Assistance for families with e.g. housing issues
- Links to other agencies Circle housing, women's trust counselling, benefits support

### List of services we currently offer

This is a list of services that are currently offered by Children's Centres across the borough. Not all Children's Centres offer exactly the same services. We want to offer universal services to everyone. We may need to reduce the overall number of these services to meet the saving. Your response can change the situation. It's important you let us know which services are most important to you:

- Active Babies
- Broader employment offer
- Broader health offer
- Climb, Run and Have Fun
- Collecting healthy start vitamin drops
- Creative play

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- Dance and movement
- Dental health
- Dietician
- Forest School
- Gardening
- Health visitors
- Healthy Early Years
- Immunisation
- Learning and development
- Midwives
- Parent forum
- Physical stay and play
- Stay and Play
- Story time
- Thames Music
- Tiny ballet
- Toy library
- Two year integrated review

### Focussed services for a specific purpose

- Baby Club
- Baby massage
- Dietician
- Early learning for two year olds
- Employment offer
- Family support work
- Fathers' stay and play
- First aid
- Food hygiene
- Gateway midwives
- Health offer
- Health visitors
- Healthy Early Years
- Job seekers plus
- Little chefs
- Little Talkers
- Made of Money
- Midwives
- Parent's forum
- Parenting programmes

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- Pathways into employment
- Raising Happy Babies
- Stay and play at home
- Targeted stay and play
- Toilet training
- Transition sessions
- Young parents groups

### Specialist services

- Benefits support
- Circle housing
- Dietician
- Domestic violence
- Educational Psychology support
- Employment offer
- Family Nurse Partnership
- Family support work
- Gateway midwives
- Health offer
- Health visitors
- Homelessness support
- Housing support
- Little Explorers (children with disability)
- Midwives
- Speech and Language
- Women's trust counselling

### Future services

One way to make savings is to ensure that a smaller range of the most popular universal services are available from each of the 12 Children's Centres. Services that meet particular needs may not be required in every Children's Centre. Another way of making savings is to focus these specialist services in the areas of greatest need. The other alternative is to reduce staff or to cut services drastically.

We believe that working more effectively with our partners will mean that they will be able to supply additional services for users. These would initially be in relation to Health and Employment.

### Aim for new health services

To ensure that all children and their families have access to high quality, 'joined up' services and opportunities in order to optimise physical, social, emotional and

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cognitive development and improve life-long health and wellbeing and mitigate the effects of socio-economic deprivation.

### Objectives:

- Develop partnerships and integrated service models across universal and specialist services and across sectors (including health, childcare, education, social care voluntary and community sectors) in order to improve accessibility, quality and effectiveness
- Strengthen community engagement in service development to ensure services are responsive to needs
- Strengthen health promotion and education across all services ('making every contact count') to support healthy behaviours and habits and reduce the risk of preventable harms with a particular focus on the 6 'high impact areas' for early years (see below):
- Strengthen community and peer led networks to support children and families, including improving the home learning environment
- Improve the early identification (including pre-birth) of disabilities and health conditions, developmental delays, adverse social conditions (including neglect, abuse and domestic violence) and other additional needs in order to ensure that children receive timely and effective specialist services and support as required
- Develop a holistic integrated assessment framework with a lead professional aligned with a child's needs and appropriate referral pathways
- Improve the take up of services and opportunities that will promote the child's social, emotional, cognitive and physical development, e.g. children's centres, pre-school education, nurseries, play groups etc.
- Strengthen services to support parent's literacy, numeracy and employability, mental health and wellbeing, access to appropriate housing and other wider services. All these areas contribute significantly to school readiness at age 5 and to breaking the link between poverty and deprivation and later progress and attainment.