[](http://www.towerhamlets.gov.uk/lgnl/education_and_learning/childcare_and_early_years_educ/childcare_and_early_years_educ.aspx)



Parenting & Adult Education

Directory

# Welcome:

UPDATED 5th JANUARY 2021

*Spring Term January - March 2021* V3

The Integrated Early Years Service’s (IEYS) Parenting and Adult Education (PAE) team work within all Children’s Centres and in partnership with local schools, community centres and private, voluntary and independent settings (PVIs). Our work is to coordinate courses and programmes for families with children pre-birth – 11 years old. We focus on parenting, adult learning, ESOL, employability and much more.

Our courses and programmes delivery is on a termly basis, but, in certain cases we may start ad-hoc provision based on the need of service users. Our service delivery is in partnership with training providers and organizations, many of which use an eligibility criteria. Further information on this is available in the [*How to apply*](http://www.hemingwayapp.com/#_How_to_Apply?) section.

Our unique service offer includes crèche provision as part of our service delivery. It is important to note that spaces are limited and provided on a first come first served basis. To find out more about any of the programmes and courses and for further information please speak to a member of staff at your local Children’s Centre.

We look forward to working with you and receiving your booking requests.

**Parenting & Adult Education Team**

Integrated Early Years Service

# COVID- 19 Update:

Following recent developments post COVID-19 we have adapted the way we deliver our courses and programmes as per the advice from Government and Public Health. We will be delivering more programmes and courses online and moving towards a blended approach which is a mix of classroom based learning and online. We will have a smaller cohort during each session. All classroom based learning delivery will be in line with social distancing policies.

There will be fewer programmes and courses on offer and we will only be delivering sessions in the Children Centre's that have the appropriate space and capacity. We will however have access to a wider online learning platform which will include a varied range of courses and subjects, to discuss these options further please contact the PAE team.

Where necessary we will aim to offer crèche provision as part of our service offer, but it is important to note that spaces are limited and provided on a first come first served basis. To find out more about what programmes and courses will suit you best and for further information please speak to a member of staff at your local Children’s Centre or contact the PAE team.

In Summary:

· Service on offer will be reduced and only delivered at the Children Centre's that can adhere to social distancing.

· Programmes and courses offered will be online, blended (mix of classroom and online) and a few essential classroom based services with limited creche.

· Fewer programmes and courses for Spring Term with reduced capacity across them all.

· All sessions will have Covid-19 safety measures in place which include protection and control checks before accessing.

· Access to a wider online learning platform which includes a varied subject and course offer.

# Parenting Programmes:

Below is a list of information for all scheduled parenting programmes. If you would like to apply for any of the programmes, please follow the instructions on the [*How to apply* section](http://www.hemingwayapp.com/#_How_to_Apply?).

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Programme: | Delivery Type: | Venue: | Crèche: | Duration: | Start Date: | Session Day & Times | End Date: |
| SFSC (Strengthening Families Strengthening Communities) | Online | MO - CC | No | 4 Weeks | 3rd February 2021 | Tuesday  10:00am-12:00pm | 3rd March 2021 |
| SFSC (Strengthening Families Strengthening Communities) | Online | OC - CC | No | 4 Weeks | 23rd February 2021 | Tuesday  10:00am-12:00pm | 23rd March 2021 |
| ~~\*Positive Change~~ | ~~Classroom Based~~ | ~~JS - CC~~ | ~~Yes~~ | ~~11 Weeks~~ | ~~14~~~~th~~ ~~January 2021~~ | ~~Thursday~~  ~~10:00am-12:00pm~~ | ~~1~~~~st~~ ~~April 2021~~ |
| ~~Children’s and Young Peoples Mental Health~~ | ~~Blended~~ | ~~OV - CC~~ | ~~Yes~~ | ~~12 Weeks~~ | ~~14~~~~th~~ ~~January 2021~~ | ~~Thursdays~~  ~~9:30am 12:00pm~~ | ~~22~~~~nd~~ ~~April 2021~~ |
| ~~Safeguarding & Prevent~~ | ~~Blended~~ | ~~JS - CC~~ | ~~Yes~~ | ~~8 Weeks~~ | ~~25~~~~th~~ ~~January 2021~~ | ~~Monday~~  ~~9:30am-12:00pm~~ | ~~22~~~~nd~~ ~~March 2021~~ |
| Internet Safety | Online | MO - CC | No | 1 Week | 25th March 2021 | Thursday  1:00pm-3:00pm | - |
| Internet Safety | Online | WA - CC | No | 1 Week | 23rd March 2021 | Tuesday  1:00pm-3:00pm | - |
| Internet Safety | Online | JS - CC | No | 1 Week | 16th March 2021 | Tuesday  1:00pm-3:00pm | - |
| Internet Safety | Online | ME - CC | No | 1 Week | 11th March 2021 | Thursday  1:00pm-3:00pm | - |

# Parenting Programmes: *continued…*

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Programme: | Delivery Type: | Venue: | Crèche: | Duration: | Start Date: | Session Day & Times | End Date: |
| Internet Safety | Online | CS-CC | No | 1 Week | 9th March 2021 | Tuesday  1:00pm-3:00pm | - |
| Internet Safety | Online | AP-CC | N0 | 1 Week | 29th March 2021 | Monday  1:00pm-3:00pm | - |

Courses striken through have now been cancelled and postponed until further notice due to current lockdown measures which restrict classroom based activities. As and when we have these rescheduled, learners will be informed, those who have applied already will remain on the waiting lists. If you would like to access an online course during this period and to find out what else is on offer, please contact your local Children Centre or the PAE team.

\*Please note when booking onto these parenting programmes, you will need to apply via the Children’s Centre's and you will need to complete a Parenting Referral Form. Information on the type of referral form required is available below on the [*How to apply* section](http://www.hemingwayapp.com/#_How_to_Apply?).

# Parenting Programmes: *continued…*

The information provided below gives you a brief overview on each programme. This is to enable you to decide which programme is best suited for you to apply for, based on your needs.

**Internet E-Safety**

This workshop provides practical advice and safety tips to help parents manage their child’s online world. Raise awareness of ways that children/young people can become vulnerable whilst online. How to deal with cyberbullying, sexual exploitation or becoming involved in gang related/extremist activity.

**Positive Change**

Programme is for mothers who have experienced domestic abuse. It supports mums to build on their relationship with their children. Raise awareness of conflict within their home. Classes will give mothers the opportunity to meet and share with other mums who have had similar experiences. You will explore the impact of conflict and strengthen the bond between you and your family.

**Triple PPP**

Programme is for parents of children between the ages 1-12-year-old. Classes enable parents to share common concerns about their parenting and dealing with their children’s behaviour. You will learn effective positive parenting strategies. Gain skills to manage common child behaviour's and issues. Learn how to understand and promote your child’s development and gain support from other parents.

**SFSC**

Programme is for parents with children 0-18 years old and is designed to promote effective behaviour management with children. As well as encouraging community involvement with parents. You will learn new skills for communicating with children. You will discuss and practice positive discipline and setting boundaries. You will explore ways to reduce conflict and challenge behaviour. You will also learn about child development.

**Safeguarding & Prevent**

Programme looks at safeguarding legislation. Roles of different agencies. Signs and symptoms of different types of abuse and how to respond to concerns. How to how to keep children safe on-line. Acceptable use of policies with e-learning and ways of building children’s resilience and enabling them to protect themselves.

**Children and Young Peoples Mental Health**

Programme will look at mental health, mental ill-health, resilience and self-esteem. How cultural and social attitudes have changed over time towards mental health. Factors which may affect children and young people’s mental health. Behaviours that may or show a concern. Specific mental health conditions that children may experience and the impact of mental health concerns.

# Adult Education:

Below is a list of information for all scheduled adult learning courses. If you would like to apply for any of the programmes, please follow the instructions on the [*How to apply* section](http://www.hemingwayapp.com/#_How_to_Apply?).

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Course: | Delivery Type: | Venue: | Crèche: | Duration: | Assessment Date: | Start Date: | Session Day & Times: | End Date: |
| ~~\*Childcare L1~~ | ~~Blended~~ | ~~OV-CC~~ | ~~Yes~~ | ~~7 Weeks~~ | ~~18~~~~th~~ ~~January 2021~~ | ~~25~~~~th~~ ~~January 2021~~ | ~~Monday~~  ~~9:00am-12:00pm~~ | ~~15~~~~th~~ ~~March 2021~~ |
| ~~Childcare L1~~ | ~~Blended~~ | ~~OC-CC~~ | ~~Yes~~ | ~~7 Weeks~~ | ~~29~~~~th~~ ~~January 2021~~ | ~~5~~~~th~~ ~~February 2021~~ | ~~Friday~~  ~~9:30am-12:00pm~~ | ~~26~~~~th~~ ~~March 2021~~ |
| ~~Heath & Social Care L1~~ | ~~Blended~~ | ~~JS-CC~~ | ~~Yes~~ | ~~7 Weeks~~ | ~~25~~~~th~~ ~~February 2021~~ | ~~4~~~~th~~ ~~March 2021~~ | ~~Thursday~~  ~~9:30am-12:00pm~~ | ~~29~~~~th~~ ~~April 2021~~ |
| Helping in School L2 | Online | MG-CC | No | 22 Weeks | 12th January 2021 | 19th January 2021 | Tuesdays  9:30am-2:30pm | 13th July 2021 |
| Helping in School L3 | Online | MG-CC | No | 22 Weeks | 14th January 2021 | 21st January 2021 | Thursdays  9:15am-2:30pm | 15th July 2021 |
| \*Community Interpreting L2 | Online | AP-CC | No | 20 Weeks | 29th January 2021 | 5th February 2021 | Fridays  10:00am-12:00pm | 9th July 2021 |
| Maths (GCSE Equivalent) | Online | MG-CC | No | 23 Weeks | 13th January 2021 | 20th January 2021 | Wednesday  12:00pm-3:00pm | 20th July 2021 |
| English (GCSE Equivalent) | Online | MA-CC | No | 23 Weeks | 14th January 2021 | 21st January 2021 | Thursday  9:30am-12:00pm | 21st July 2021 |
| Employability and Aspiration | Online | CW-CC | No | 3 Weeks | - | 6th January 2021 | Wednesday 10:00am-11:30am | 10th March 2020 |

Courses striken thruogh have now been cancelled and postponed until further notice due to current lockdown measures which restrict classroom based activities. As and when we have these rescheduled, learners will be informed, those who have applied already will remain on the waiting lists. If you would like to access an online course during this period and to find out what else is on offer, please contact your local Children Centre or the PAE team.

\*Please note when booking onto these adult education courses,you will need to ensure you meet course entry requirements and an eligibilty criteria to qualify for free funding. Further information is available on the [*How to apply*](#_How_to_Apply?)  [section](#_Early_Words_Together).

# Adult Education: *continued…*

The information provided below gives you a brief overview on each course. This is to enable you to decide which course is best suited for you to apply for, based on your needs.

**Employability and Aspiration**

Short workshops on gaining and understanding employment setting protocols. Discuss career plans and how to achieve goals and targets

**Community Interpreting**

Aimed at learners who speak fluent English and another community language. Learners who want to develop their linguistic skills and knowledge to develop a career as a community interpreter. Levels on offer are 1, 2 and 3.

**Safeguarding**

The purpose of this qualification is to increase learner’s knowledge and awareness of the Prevent Duty and safeguarding. This includes online safety. By completing this qualification, learners will develop knowledge of safeguarding in an environment where they have a duty of care. Levels on offer are 1 and 2

**Health & Social Care**

Health and Social Care qualifications provide learners with the knowledge and skills needed to work with some of society’s most vulnerable people including the elderly, children, and adults with learning difficulties.

**Helping in Schools (TA)**

A short course to explore how literacy and numeracy is fundamental in primary schools. How to manage behaviour. Develop knowledge and understanding that all those working in a school and college will need. Cover areas such as children and young people’s development, safeguarding, communication, equality and diversity. Understanding the school and college context.

**Childcare**

This qualification is to help learners to build the knowledge and skills needed when working with children and young people from pre-birth to 19 years of age. It covers a diverse range of job roles and occupational areas working in children’s settings including early years and social care. Levels on offer are 1 and 2. Level 3 requires learners to apply for an Advanced Learner Loan.

**Maths Functional Skills**

GCSE equivalent accredited qualification for those learners who are looking to gain their maths accreditation. Levels on offer are 1 and 2.

**English Functional Skills**

GCSE equivalent accredited qualification for those learners who are looking to gain English accreditation. Levels on offer are 1 and 2.

**Customer Service**

This qualification provides the underpinning knowledge required by employees to work in a range of customer service roles. Learners will get essential knowledge on how to carry out tasks such as managing information and supporting events. Levels on offer are 1 and 2.

**Business Admin**

This qualification covers a wide range of administrative functions. For individuals looking to develop their skills and knowledge to work in an office. Levels on offer are 1 and 2.

**Challenging Behaviour**

This qualification covers a syllabus on various behaviour management techniques and practices used across the work force in all sectors.

# ESOL - English for Speakers of Other Languages:

Below is a list of information for all scheduled ESOL courses. If you would like to apply for any of the courses, please follow the instructions on the [*How to apply* section](http://www.hemingwayapp.com/#_How_to_Apply?).

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Session Title | Delivery Type: | Venue: | Crèche: | Duration: | Assessment Date: | Start Date: | Session Day & Times: | End Date: |
| ESOL | Online | CS-CC | No | 10 Weeks | - | 11th January 2021 | Tuesday 1:00pm-3:00pm | 22nd March 2021 |
| ~~ESOL~~ | ~~Classroom~~ | ~~MA-CC~~ | ~~Yes~~ | ~~10 Weeks~~ | ~~6~~~~th~~ ~~January 2021~~ | ~~13~~~~th~~ ~~January 2021~~ | ~~Wednesday 9:30am-11:00am~~ | ~~24~~~~th~~ ~~Mach 2021~~ |
| ~~ESOL~~ | ~~Classroom~~ | ~~OC-CC~~ | ~~Yes~~ | ~~10 Weeks~~ | ~~7~~~~th~~ ~~January 2021~~ | ~~14~~~~th~~ ~~January 2021~~ | ~~Thursday 9:30am-11:00am~~ | ~~25~~~~th~~ ~~March 2021~~ |
| ~~ESOL~~ | ~~Classroom~~ | ~~CW-CC~~ | ~~Yes~~ | ~~10 Weeks~~ | ~~8~~~~th~~ ~~January~~ | ~~15~~~~th~~ ~~January 2021~~ | ~~Friday 9:30am-11:00am~~ | ~~26~~~~th~~ ~~March 2021~~ |
| Pre-Entry ESOL | Online | JS - CC | No | 12 Weeks | - | 14th January 2021 | Thursday 9:30am- 11:30am | 11th February 2021 |
| \*ESOL for Integration | Online | IOD-CC | No | 8 Weeks | 11th January 2020 | 18th January 2021 | Monday 12:00pm-2:00pm | 22nd March 2021 |
| Conversation Club | Online | WA-CC | No | 8 Weeks | - | 26th January 2021 | Tuesdays  10:00am-11:30am | 23rd March 2021 |

Courses stiken through in red have now been cancelled and postponed until further notice due to current lockdown measures which restrict classroom based activities. As and when we have these rescheduled, learners will be informed, those who have applied already will remain on the waiting lists. If you would like to access an online course during this period and to find out what else is on offer, please contact your local Children Centre or the PAE team.

\*Please note when booking onto this ESOL course you will have to provide proof you are a resident of Tower Hamlets and live in E1. This course is only for E1 Tower Hamlet residents. Further information is available on the [*How to apply*](http://www.hemingwayapp.com/#_How_to_Apply?) [section](http://www.hemingwayapp.com/#_Early_Words_Together).

# ESOL - English for Speakers of Other Languages: *continued…*

**ESOL**

ESOL stands for English for Speakers of Other Languages. It’s aimed at non-native English speakers looking to take up a new language or confirm their skills. If you would like to improve your speaking, listening and writing skills but struggle, ESOL is the best starting point. Levels on offer are E1, E2, E3 and L1. Please note the level for each course is set following results from the assessments.

**ESOL for Integration**

Non accredited ESOL with a focus on cultural integration tied in with enrichment activities to help support the development of speaking, listening and writing. Scope to develop and progress onto accredited further learning.

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**Conversation Club**

Conversation Club will provide language practice to parents/carer's who couldn’t access ESOL classes (due to long waiting list or COVID-19 restrictions). Sessions will provide English practice and some basic English teaching together with quite a lot of orientation, cultural input. We encourage communication in the group and provide advice to parents about support and services provided by IEYS and TH council. Along with developing English skills this course will fight isolation and ease the building of network in the community.

**Pre- Entry ESOL**

Pre-Entry ESOL is the most basic entry level ESOL aimed at those learners with no or very little knowledge and understanding of speaking, listening and writing English. This course is an introduction level enabling learners to access entry level courses. ESOL stands for English for Speakers of Other Languages. It’s aimed at non-native English speakers looking to take up a new language or confirm their skills. If you would like to improve your speaking, listening and writing skills but struggle with English now, Pre-Entry ESOL is the best starting point.

# How to Apply:

All our programmes and courses are delivered in partnership with other training providers and organisations. As a result of which for some courses there may be a set application process, a selection criteria or entry requirements which you will need to meet to be eligible. For details on eligibility please see the detailed chart below.

To access any of our parenting programmes you will need to meet the criteria in section 1 in **Blue:**

**Section 1**

|  |  |  |
| --- | --- | --- |
| **Tower Hamlets Resident** | **Have a Child Pre Birth – 11 Years Old** | **Registered with a Children’s Centre** |

All our parenting programmes are free to attend providing you live in Tower Hamlets and have a child pre-birth - 11 years old. Parenting programmes highlighted with a \* will require you to **consent to completing a Referral Form** at the Children’s Centre which is **mandatory**.

All adult education & ESOL courses are fully funded, providing you meet all the criteria in **Blue** in section 1 & 2 in addition to **one** of the set criteria’s below in **Orange**

**Section 2**

|  |  |  |  |
| --- | --- | --- | --- |
| **Lived in the UK/EU 3 Years or More** | **Unemployed** | **Household Income less than £20,000 Per Annum** | **In receipt of Out of Work Benefits.** |

Please note for higher level programmes you are also required to meet entry requirements which are course dependent and vary accordingly. To discuss this further please contact your local Parenting Adult Education Coordinator.

# How to Apply: *continued…*

Do you meet the relevant criteria above for your selected programme/course?

|  |  |
| --- | --- |
| **YES** | Follow instructions below on how to apply for your chosen programme or course. |
| **NO** | Contact the PAE team to discuss your individual circumstances and receive further guidance & support. |

**How to Apply:**

**Attend your local Children’s Centre and book your name onto the course?**

Once you attend a Children’s Centre, a member of the team will take your EIS ID number and add you onto the relevant programme/course booking waiting list. In the instance this is a parenting programme, you will be required to provide consent to complete a Parenting Referral Form. Staff at the centres will confirm your personal details now to ensure our information is up to date and you will also have the opportunity to highlight any support needs. Please don’t forget to mention if you will need the use of crèche.

**How will I know I have been offered a place?**

A member of staff from the IEYS team will contact you two weeks before the programme/course assessment or start date to invite you in and confirm your place on the course.

**What should I do if I have not received a call or been offered a place?**

If you do not receive a call it may mean you do not have a place on the course due to our long waiting lists, nonetheless you will remain on the waiting list until we deliver the course again and you will be contacted then. You can contact the PAE team to discuss further and to check your status.

**What happens if I turn up to a programme/course without booking or confirmation?**

It is your responsibility to ensure that you have a place before you arrive at one of our programmes/courses. Our venues hold a specific number of people and these are allocated via our booking system. If they are overfilled, we are in breach of Health and Safety Regulations. So, people turning up on the day without prior booking may be turned away.

# How to Apply: *continued…*

**Waiting list**

For all our programmes/courses we have a waiting list. If you are not offered a place for your preferred date, you will remain on the list until the next date becomes available. In certain cases, places may become available due to cancellations and we will make every effort to contact you to book you in. Please note in cases where we have long waiting lists, we make every effort to arrange more programmes/courses to meet the needs of our families.

**Refreshments**

Refreshments are not provided as part of our programmes/courses. But, certain venues have their own arrangements. We request families to make their own arrangements in relation to refreshments for themselves and their children (if they are placed in the crèche).

**Parking**

The venues we use do not have parking facilities. All our centres may have resident/pay-and-display on-street parking. Please plan well ahead when travelling to the venues.

**Disclaimer:**

Please note in certain cases, where we do not have enough suitable learners applying, we may change the date, times or cancel if necessary.

All our courses are delivered in partnership with other organistaions and stakeholders; we are not responsible for the course delivery style, content and outcomes but we ensure this is compliant with LBTH standards through our Quality Assurance process.

# Venue Information and Contact Details

Below is a list of addresses and contact details for all the Children’s Centre venues in Tower Hamlets.

|  |  |  |
| --- | --- | --- |
| Venue Key Code: | Venue Address: | Venue Contact Details: |
| AP-CC | Around Poplar Children’s Centre, 115 Three Colt Street, London E14 8AP | 020 7364 0540 |
| CS-CC | Chrisp Street Children’s Centre, 23-27 Market Way, London E14 6AH | 020 7364 2856 |
| IOD-CC | Isle of Dogs Children’s Centre, Millwall Park, Stebondale Street, London E14 3BX | 020 7364 1179 |
| MA-CC | Marner Children’s Centre, Devas Street, London E3 3LL | 020 7364 3534 |
| ME-CC | Mile End Children’s Centre, 9 Bede Square, Joseph Street, off Bow Common Lane, London E3 4GY | 020 7364 7557 |
| OV-CC | Overland Children’s Centre, 60 Parnell Road, London E3 2RU/ Olga Site, 25 Medway Road, London E3 5DS | 020 7364 1925/ 3100 |
| JS-CC | John Smith Children’s Centre, 90 Stepney Way, London E1 2EN | 020 7364 0537 |
| OC-CC | Ocean Children’s Centre, Whitehorse Road, London E1 0ND/ Shadwell Site 418-412 Cable Street, London E1 0AF | 020 7364 6605/0544 |
| WA-CC | Wapping and Bigland Children’s Centre, 15 Richard Street, London E1 2JP | 020 7364 0423 |
| MG-CC | Meath Gardens Children’s Centre, 1 Smart Street, London E2 0SN | 020 7364 0349 |
| MO-CC | Mowlem Children’s Centre, Wadeson Street London E2 9DL | 020 7364 7935 |
| CW-CC | Collingwood Children’s Centre, St Bartholomew Gardens, Buckhurst Street, London E1 5QT | 020 7364 0539 |

If you would like to discuss our courses or to receive information and advice, please contact the

Parenting Adult Education Team:

**Zubair Ahmed (East Cluster Lead)**

020 7364 2240

077 7338 4947

[zubair.ahmed@towerhamlets.gov.uk](mailto:zubair.ahmed@towerhamlets.gov.uk)

**Syeda Pasha (West Cluster Lead)**

020 7364 0421

079 8427 7662

[syeda.pasha@towerhamlets.gov.uk](mailto:syeda.pasha@towerhamlets.gov.uk)