

Tips for Parents

What are **My Profile** and **My Plan** forms?

These forms are used to ensure your child is placed at the centre of planning and support.

My Profile

- This form is used to gather and share information about your child.
- When we meet we will be using this profile to help our discussion.
- The writing in the boxes tells you the sorts of things that we will be thinking about.
- Please take time to think about these things before the meeting.

My Plan

- This form will record the areas agreed to focus on to support your child's learning and development.
- It will also outline the way in which support will be provided by everyone involved.
- Your child's progress will be reviewed regularly and dates for review meetings will be agreed with you.

When these forms have been completed with you, everyone supporting your child will be able to refer to these. They can be updated at any time, in discussion with you, to reflect any changes and developments.

My Profile

Name:

Date of Birth:

Date completed:

What people appreciate about me:

- Everyone at the meeting will be asked to say some things that they appreciate or really like about your child.
- It can be anything about them that makes you smile – it might be about their character or personality, something that you do together, something about the way they play, their relationships – it can be anything that is special and important to you about your child.

How I communicate and interact:

- This will describe how your child tells you things, understands and gets on with people
- Do they look when you point or look at things with you?
- Do they point?
- Do they use gesture?
- How do they say hello?
- Do they have words and phrases?
- Are they putting words together?
- Do they understand 'yes' and 'no'?
- Can they follow instructions?
- Do they know routines, like mealtimes and bedtimes?
- How do you know what they want?
- Are they interested in other people?
- Do they watch adults and children to find out what to do?
- What do they do when they are upset

Me
A place for a photo

Things I like:

- What does your child like doing at home and in their early years setting?
- What excites them and keeps them interested?
- Do they like messy play or other sensory play like noise makers, lights or being very physical?
- Do they like playing with something in a particular way?

Things I need and how to support me:

- What are the sorts of things that adults can do or provide in the early years setting that help your child join in and learn?
- Is there anything medical that everyone needs to be aware of – like an allergy or the need to wear glasses?

Name:

My Plan

Date:

Aspirations: What do you hope for your child in the future and what do you think your child might hope for?

Outcomes: What do we all think they should be doing in a year or two as they work towards the aspirations?

What I need to learn.....

- Here it will say small steps for your child to help them work towards the outcomes. These steps should be achievable over the next 6 to 10 weeks.

During this time your child will be experiencing and learning lots of other things that are planned for all the children in the setting.

How to help me.....

- This will describe what everyone, at home and in the early years setting, will do to support your child's learning. This might be ways of supporting your child, specific activities, language for adults to use or resources.

Actions:

- Here there will be other things that we need to do. For example – make a referral to a service such as speech and language therapy; get a hearing test; make a resource like a photo book; make sure that their glasses come in and go home each session. It will say who is going to do them.

Name:

My Plan - Review

Date:

I have learnt to.....

- What has your child learnt from the specific things that were planned?
- Did your child achieve the planned steps?
- Did they make any other progress?
- Did they exceed the expectations?
- Were some things partly met?

What helped me.....

- What were the things that really helped their learning?
- What went well?
- Did anything need changing?