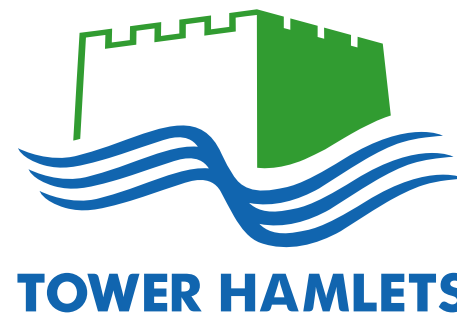




Right Help,
Right Time



We all have disagreements

Sometimes these make us sad or worried or angry.

This can lead to arguments about lots of different things, things that seem important at the time.



about money



about space



about family



about illness



about the children



about chores

Arguments can even turn into shouting and crying and sometimes other people get involved

If you don't want to argue, what can you do?

Stop >> Work it out >> Sort it out



If you want to know more, we can support you and your family to get the right support to help things get better for everyone at home.

The right help at the right time can make all the difference, and we all need it sometimes.

For more information - visit www.towerhamlets.gov.uk/earlyhelpparents
scan the QR code opposite or call in confidence on 020 7364 5006
(Option 2) for a conversation about what you need right now

