



## Then what happens?

The EP will stay in touch with you and you will agree together when it would be helpful for the EP to visit again. The EP will help you to apply for an Education, Health and Care needs assessment if necessary. When your child starts at nursery the EP will share information with the setting to help your child have a good start.

You can contact the service directly at:

Town Hall  
Mulberry Place  
5 Clove Crescent  
London  
E14 2BG

Tel: 020 7364 4323  
Fax: 020 7364 3099

Tower Hamlets  
Educational Psychology Service

## How can an Educational Psychologist help my child?

Information for parents of children under 5



### What is an EP?

An Educational Psychologist, or EP for short, is someone who has been specifically trained to understand how children behave and learn.

### Why is my child being referred to an EP?

A professional who is working with your child has told the Educational Psychology Service about your child with your consent. This means that the professional believes that your child may have special educational needs (SEN).

These needs might relate to your child's:

- ⊙ Play skills
- ⊙ Communication skills
- ⊙ Relationships with others
- ⊙ Emotional development
- ⊙ Physical and/or sensory development

The EP's role is to help identify your child's strengths and needs and the hopes you have for your child.

It is possible that your child is also known to an EP through your local Children's Centre.



### Where will I meet the EP?

The EP will make contact with you so you can decide together where is best to meet. The EP usually comes to the family home but sometimes meetings are held elsewhere. For example, if your child attends nursery a meeting might take place there.

### What will happen when I meet the EP?

The EP will ask you some questions about your child, including what he or she enjoys doing and about any concerns that you have about how your child is doing. The EP might want to observe your child playing or to spend some time playing with your child. The EP may get in touch and share information with other professionals working with your child, for example a speech and language therapist.