

Appendix B Employment Support Services

There are work and training options available. Employment is an effective way of improving personal wellbeing and beginning to move out of poverty. In the context of these reforms it is also the most effective way of avoiding the adverse effects of the benefit cap which could result in families becoming more overcrowded, having to move to smaller accommodation and having less money for basic essentials.

In the first instance please consider Jobcentre Plus for advice on finding work. The GOV.Uk website; www.gov.uk/jobseekers has useful information on applying for jobs, compiling CVs and preparing for interviews.

Poplar Jobcentre Plus

13 Dod Street
E14 7EP
Tel: 0845 604 3719

City Tower Jobcentre Plus

West Tenter Street
E1 8DT
Tel: 0845 604 3719

The Council's Skillsmatch Service is a job brokerage service for the London Borough of Tower Hamlets. Supported by Canary Wharf Group and working with a range of strategic partners, it offers free support to job seekers wishing to secure sustainable employment. Contact details are:

Skillsmatch 8 Heron Quays, Canary Wharf, E14 4JB, Tel: 020 7364 3727 www.towerhamlets.gov.uk

The **voluntary sector** agencies below are just some of the other organisations that can provide local employment support to residents.

Account 3

1-9 Birkbeck Street E2 6JY
Tel: 020 7739 7720
www.account3.org.uk

City Gateway

28 Ensign Street E1 8ND
Tel: 020 3189 0405
www.citygateway.org.uk

Praxis (New Residents Service)

Pott Street E2 OEF
Tel: 020 7729 7985
www.praxis.org.uk

Bromley By Bow Centre

St Leonard's Street E3 3BT
Tel: 020 8709 9737
www.bbhc.org.uk

Stifford TJRS

The Stifford Centre
2-6 Cressy Place E1 3JG
Tel: 020 7790 3632
www.stifford.org.uk

OSCA Somali Employment project

Concordia Community Centre
420- 421 Burdett Rd E3 4AA
Tel 020 7987 5833
www.oceansomali.org.uk

Limehouse Project

Cheadle House
Copenhagen Place E14 7EY
Tel: 020 7538 0075
www.limehouseproject.org.uk

Osmani Trust

Osmani Centre
54 Underwood Road E1 5AW
Tel: 020 7247 8080
www.osmanitrust.org

