

# Tower Hamlets

## Digital support map



- 1 Digital drop-in sessions and Databank**  
Whitechapel Idea Store, E1 1BU  
Wednesdays 2.15-3.45pm
- 2 Digital drop-in sessions and Databank**  
Chrip Street Idea Store, E14 6BT  
Tuesdays 2.15-3.45pm
- 3 Digital skills and ICT courses**  
Whitechapel and Chrip Street Idea Stores  
Visit your nearest Idea Store for details.  
Or contact 020 7364 5665 if you need extra support.  
<https://www.ideastore.co.uk/learning/skills-for-life/digital-skills>  
learnerservices@towerhamlets.gov.uk
- 4 Digital skills support**  
Island House Community Centre, E14 3PG  
By appointment, call 020 7531 0312
- 5 Digital drop-in sessions**  
SAMA Centre, 544 Roman Road, E3 5ES  
Thursdays 10.30am-12.30pm  
Contact: 07983803181
- 6 Drop-in session (for residents known to the Community Learning Disability Service)**  
Create Community Hub, E1 ODT  
Wednesdays 1.30-3.30pm  
Contact: 020 7364 6950
- 7 IT suite and free 1-2-1 digital skills support**  
WorkPath Employment and Skills Centre,  
By appointment, call 020 7364 1122, 07759135049  
workpath.training@towerhamlets.gov.uk
- 8 IT suite (for Universal Credit customers)**  
100 Leman Street, E1 8EU  
13-29 Settles Street, E1 1JW  
Monday to Saturday, 10am-5pm
- 9 Poplar Harca digital skills courses**  
St Pauls Way Centre, E3 4AJ  
Teviot Centre, E14 6QD  
Feldy, Aberfeldy Square, E14 OXA  
Contact: 0207 510 0500  
[poplarharca.co.uk/get-involved/employment-training/](http://poplarharca.co.uk/get-involved/employment-training/)
- 10 Digital drop-in sessions**  
The Hive Employment & Training  
East India Dock Road, E14 OEA  
Contact: 0207 510 0500  
thehivetraining@poplarharca.co.uk



- 11 Digital drop-in sessions (LinkAge Plus 50+)**  
Sundial Centre, E2 7RU  
Wednesdays 11am-12noon  
Contact: 0203 828 3928
- 12 Digital drop-in sessions (LinkAge Plus 50+)**  
St Hilda's, Sonali Gardens, E1 OAG  
Tuesdays 10-11am  
By appointment, call 020 7265 9292
- 13 Digital drop-in sessions (LinkAge Plus 50+)**  
Neighbours in Poplar, St Matthias  
Community Centre, E14 OAE  
11:30am - 12:30pm  
Contact: 020 7531 0190
- 14 Digital drop-in (LinkAge Plus 50+)**  
Age UK East London, Caxton Hall, E3 2EE  
Wednesdays 10am-1pm  
Contact: 0208 981 7124 (option 2)
- 15 Digital drop-in (LinkAge Plus 50+)**  
Toynbee Hall, Community Centre,  
28 Commercial St, E1 6LS  
Tuesdays 5-6pm  
Contact: 020 7392 2913

**Free digital skills support and access to digital devices (for Clarion residents)**  
Clarion Futures Digital  
Contact: 0300 500 8000, [digital@clarionhg.com](mailto:digital@clarionhg.com)

**Free digital support helpline from Citizens Online:** 0808 196 5883

**Free online accessibility support helping from AbilityNet:** 0800 048 7642

**Vodafone Digital Skills Helpline (open to all):** 0800 987 4110

**Discounted refurbished devices**  
Get Online @ Home  
[getonlineathome.org](http://getonlineathome.org)  
0800 090 1297, 03719 100 100

**Cheaper broadband packages (social tariffs) from local providers – Call to check eligibility**  
Community Fibre: 0808 196 6262  
Hyperoptic: 0203 318 3209  
Virgin Media: [virginmedia.com/broadband/low-income-families](http://virginmedia.com/broadband/low-income-families) (any queries call 0345 454 1111)