



OCTOBER 2022

Music, workshops, heritage, and more form the mainstay of varied programme of events and activities to mark Black History Month.

THevents TowerHamletsEvents O TowerHamletsNow #THBHM www.towerhamlets.gov.uk/blackhistorymonth





Arts and crafts	Market
🖞 Comedy	Music
Dance	Online event
Exhibition	Dia Photography
Family	🖳 Talk
Film	😼 Theatre
History	🚰 Workshop



Celebrating arts, culture and history THevents TowerHamletsEvents O TowerHamletsNow #THBHM www.towerhamlets.gov.uk/blackhistorymonth

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Fragments Festival Gala Event x Kush Films – Studio 17: The Lost Reggae Tapes + Q&A and Reggae Party

30 September

Friday, 6.45pm

Genesis Cinema, 93-95 Mile End Road, E14UJ

Admission: £10 (£4 for party only)

Kush Films in association with the Genesis Cinema presents a special Fragments Film Festival Gala Screening + Q&A of Studio 17: The Lost Reggae Tapes in celebration of Jamaica's 60th Year Independence Anniversary and Black History Month. This historic film tells the compelling story of the Chins - The Chinese Jamaican family behind "Studio 17". Located in downtown Kingston, Studio 17 became a legendary recording studio right at the heart of the music revolution that began after Jamaican independence from Great Britain in 1962. Shot in Jamaica, New York, Hamburg and London the film includes interviews with; Jimmy Cliff, Lee "Scratch" Perry, Dave Stewart, Sly Dunbar, Ali Campbell, Ernest Ranglin, Carl Malcolm, Lord Creator, Bunny Lee, King Jammy, Jimmy London,



Lester Sterling, Rico Rodriguez, Clive Chin, Pat Chin, Maxi Priest, Lester Sterling and many more.

The feature will be followed by a Q&A with director Mark James & Producers Reshma B and Waël Kabbani and our reggae party in Bar Paragon with DJ Lee (Black Star Liner Sound) & upcoming DJ: Floww and a guest live performance for Ash-I Walker.

 www.genesiscinema.co.uk
 www.instagram.com/ genesiscinema
 www.facebook.com/ genesiscinema
 www.twitter.com/genesiscinema

SUN 2

BLACK HISTORY MONTH OCTOBER 2022

Songwriting Masterclasses and Showcase with Jordon O

Masterclass 1:

2 October

Sunday, 12.30-1.30pm

Masterclass 2:

9 October

Sunday, 12.30-1.30pm Masterclass 3:

Masterclass 3

11 October

Tuesday, 6-7pm

(showcase at 7pm)

Poplar Union, 2 Cotall Street, Poplar, E14 6TL

Admission: £15 for 3 x masterclasses, £8 drop in

Join singer-songwriter Jordon O for a series of songwriting masterclasses to unlock your inner lyricist and create your own unique sound in a celebration of Black History Month.

Music is such a vital part of our lives and through exploration of issues that are hugely important to young people, these masterclasses will help you gain new skills to write your own tunes as well as providing you a stage to perform them for the very first time in a live showcase



at the end of the course.

Masterclass 1: An introduction to songwriting, exploring themes that are relevant to your lives, learning to express your stories through music

Masterclass 2: Learning specific songwriting techniques, putting them into practice to begin writing your own tunes

Masterclass 3: Choose the piece you have written that you want to showcase and make it performance ready

Showcase: You will be invited to showcase your work for family and friends for the premiere of your song writing journey!

www.poplarunion.com

Supported by Tower Hamlets Council

Mwalimu Express Sunday Sessions

2 October

Sunday, 2pm

Rich Mix, 35-47 Bethnal Green Road, E1 6LA

Admission: Free

Mwalimu Express, London's original African music and culture adventure, presents Errol Linton's 'Blues Vibe'. The UK's greatest Blues man, Errol Linton coming at va from the deep South/ Sarf London, Brixton to be precise. Errol's fizzing reggae infused Blues is like no other. What a harmonica player, what a heady smokey voice, what an electrifying vibe the outstanding Errol Linton embraces us with. He is also a brilliant portrait painter and has been leading painting workshops for the Rich Mix Resonates series. He is the complete artist and he completes our groovy Sunday family session for the young at heart and the young in years.

SUN 2



 www.richmix.org.uk/events/ mwalimu-express-sunday
 www.instagram.com/ richmixlondon
 www.facebook.com/richmix

www.twitter.com/richmix

Africa vs Caribbean Comedy Show



2 October

Sunday, 7.15pm

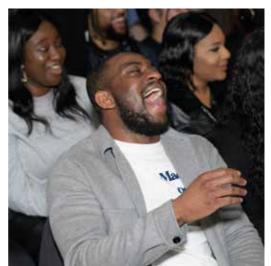
Rich Mix, 35-47 Bethnal Green Road, E1 6LA

Admission: £20 Age: 18+

Celebrating Black History Month by bringing you some of the biggest names in Afro-Caribbean comedy. Come out and support your nation in this fun stand-up stand-off!

Team Africa

- A Dot Comedian
- Victor Daniels
- Abs The Truth
- Lateef Lovejoy



2

Team Caribbean

- Peter Francis
- Darran Griffiths
- 🔵 Sista Reen
- Roman Harris

Hosted by Junior Booker

 www.richmix.org.uk/events/ africa-vs-caribbean-comedy-show
 www.instagram.com/ richmixlondon
 www.facebook.com/richmix

www.twitter.com/richmix

BLACK HISTORY MONTH OCTOBER 2022



We Are **Black Journos** presents: If Beale Street Could Talk + panel discussion

3 October

Monday, 6.15pm

Genesis Cinema, 93-95 Mile End Road, E1 4UJ

Admission: £8.50 All Tower Hamlets residents can claim free tickets to the screening on the day, on a first come first served basis

Genesis Cinema and We Are Black Journos present a special Black History Month screening of award-winning If Beale Street Could Talk, directed by Barry Jenkins (Moonlight) and based on the eponymous novel by James Baldwin. This screening will be followed by a panel discussion with filmmakers and producers Kashif Boothe and Musonda Chola, led by We Are Black Journos founder and BBC journalist Hannah Ajala. In early 1970s Harlem, daughter and wifeto-be Tish vividly recalls the passion,



respect and trust that have connected her and her artist fiancé Alonzo Hunt. who goes by the nickname Fonny. Friends since childhood, the devoted couple dream of a future together, but their plans are derailed when Fonny is arrested for a crime he did not commit.

www.genesiscinema.co.uk O www.instagram.com/ genesiscinema www.facebook.com/ genesiscinema ywww.twitter.com/genesiscinema

Supported by Tower Hamlets Council

Celebrating Black History Month with Tower Hamlets' Carers

5-26 October

Wednesdays, 1.30-2.30pm The Carers Centre, 21 Bayford Square, Commercial Road, E1 0SG

Admission: Free

An effervescent African Traditional Dance and Drumming Workshop for our much valued Carers who live in the Borough of Tower Hamlets. Unpaid Carers look after family members, partners and/ or friends who need help due to illness, frailty, disability, mental health problem or addiction, most of whom cannot cope without their Carer's support.

This is an African ART of Dance Workshop, designed to give a bit of respite to the Carers. Participants will learn different dance routines, movements and the history associated with each dance. This is a fun filled, exciting and lively dance workshop to celebrate this year's Black History Month through dance, African history and awareness. It will energise, enlighten and will be a spur and kick-start for isolated Carers and those who have retreated into their home, are lonely and/or lack the confidence to socialise.



The project will be delivered by ADANTA, an award winning African Culture and Dance Troupe. They are dedicated to the preservation, education and appreciation of traditional African dance, music, theatre, and culture.

Sessions take place every Wednesday in October. The last workshop will be used by the participants to show Tower Hamlets' community the dance routines and drumming they learnt. This is a wonderful way to bring our community together.

www.minorityfinancialinclusion.
 org/black-history-month
 www.facebook.com/
 minorityfinancialinclusion
 www.twitter.com/
 MinorityFinanc2

Supported by Tower Hamlets Council 11

WED 5

BHM Workshop – 'Time for Change: Action Not Words'

5-26 October

Wednesdays, 5-7pm

St. Peter's North Community Centre, 80 Pritchard's Road, E2 9AP

Admission: Free

A series of workshops for females only, using creativity to explore mindfulness during Black History Month focusing on this year's theme of 'Time for Change: Action Not Words'. Further Information and sign-up details are available on their website.

www.trappedinzoneone.com/ workshops



Our philosophy is to build strong partnership with community groups and organisations and support our artists, whether it's their first steps in the art world or if they're established already.

WED 5

Amplifying Youth Voices



5, 12, 19 and 26 October

Wednesdays, 5-8pm

Spotlight, 30 Hay Currie Street, E14 6GN

Admission: Free

During Black History Month Spotlight have teamed up with L.E.G.A.C.Y to run a series of workshops amplifying young people's voices around what Black History Month & the theme 'Time for Change: Actions not Words' means to you. We will be running a series of workshops leading up to creating an event in October Half Term. If you want to get involved contact **Taku@ wearespotlight.com** to find out more.

These are open for any young person to attend.

Workshops run each Wednesday in October.

WED 5



AMPLIFYING Youth Voices

OPEN TO 11-19 YR OLDS

Spotlight is a youth service like no other. We're here to help you have fun, find new skills and try new things – and our youth work team is always on hand to support you with anything that might be going on in your life.

(Also it's all free, and who doesn't like free stuff).

Ready to get started? Visit the website to see some of the big things you could be getting up to...

Supported by Tower Hamlets Council

www.wearespotlight.com/ programme

Power and Glory 🧾 🧑

6-29 October

Monday-Friday, 9am-7pm Saturday, 10am-4pm

Brady Arts Centre, 192-196 Hanbury Street E1 5HU

Admission: Free

Alternative Arts presents a collection of the most dynamic and diverse contemporary black photographers exploring history and identity with a series of stunning images inspired by womanhood, carnival, courage, gender equality, climate change, survival and freedom. The show is a celebration of black culture, demonstrating new perspectives in photography.

www.alternativearts.org.uk

Artists include:

Kenny Alabi, Fatima Ali, Asiko, Chris Batantu, Rio Blake, Samantha Brown, Raymond Daley, George Dyer, Jacqui Ennis Cole, Tzion Essel, Marlan Henry, Elsie Kibue-Ngare, Wamaitha Ng'ang'a, Angela Ogunfojuri, Olufemi Olaiya, Keleenna Onyeaka, Dola Posh and Shainy Vilo



Angela Ogunfojuri - 'Dual_1'



Olufemi Olaiya - 'Adenas Brothers'

Mwalimu Express



6-27 October

Thursdays, 11am-12.30pm Rich Mix. 35-47 Bethnal Green Road.

Rich Mix, 35-47 Bethnal Green Road, E1 6LA

Admission: Free

Want to be part of a supportive, creative network but don't know where to start? This could be just the thing for you.

This autumn, as part of our new programme Rich Mix Resonates, we'll be working with long-standing partners Mwalimu Express to provide inclusive, intergenerational spaces for older and/or isolated members of the community.

Mwalimu Express is London's original African adventure of live music, games, and food. Together, we will be cooking up a series of games, music and art workshops leading up to Mwalimu Express events in October, November and December. The workshops will look at some key themes:

Play – Seth and the Oware Society will lead workshops exploring Oware game, the oldest board game in the world. It is a compelling game of numbers and strategy – learn to play or hone your skills.



Music – Mwalimu Express DJ Rita will explore musical connections from an African perspective leading to a soundscape of songs, memories, and new connections. Listen, chat and enjoy.

Art – Get involved in painting sessions with exciting artists, in collaboration with the Rich Mix team.

Participants are welcome to come along on their own, or as part of a group. All sessions are open to befrienders, friends or family of those who are taking part.

- www.richmix.org.uk/events/
 mwalimu-express-meet-ups
 alex.brown@richmix.org.uk
- www.instagram.com/ richmixlondon
- www.facebook.com/richmix
- www.twitter.com/richmix

THU 6

Photography Storytelling Course



6, 13, 20 and 27 October

Thursdays, 11am

Poplar Union, 2 Cotall Street, Poplar, E14 6TL

Admission: £3 per session/ £10 for 4 sessions

Join this new series of 'Stories We Tell' photography course during Black History Month to develop your photography skills.

Participants will be encouraged to bring objects, discuss their significance with the rest of the group and shoot images with the objects to enhance the findings of the discussions in a creative and artistic way. Personal objects, memory, loss and faith are potential subjects that will emerge.

Each session of the course will focus on a differing theme ensuring a wonderful exploration of our world around us. Finally, all participants will create a collaborative piece of artwork to celebrate their explorations.



Session 1: Still life photography: exploring identity and heritage through objects

Session 2: Fashion photography: capturing cultural fashion

Session 3: Buildings. Exploring East London and how places have transformed through the years

Session 4: People and places, capturing the diversity of East London

www.poplarunion.com/event/ photography-storytelling-course

Nyumbani



6 October

Thursday, 7pm

Rich Mix, 35-47 Bethnal Green Road, E1 6LA

Admission: £15

"They can take our flesh but they can't take our spirit! In this space we will never die!"

It's 1929. The war is over, immigration is changing the face of Britain, and a community space for the African and Caribbean population is being formed – The Nyumbani Lounge, a home away from home. Follow a group of unlikely individuals, made up of activists, lawyers, nurses and those on the fringes of society, as they make their mark in Central London.

Please note: this piece contains strong language, racist language, drug addiction and graphic or explicit violence.

 www.richmix.org.uk/events/ nyumbani
 www.instagram.com/ richmixlondon
 www.facebook.com/richmix

www.twitter.com/richmix

Grandad Anansi



7 and 8 October

Friday, 10.30am-1.30pm Saturday, 11am-2pm

Half Moon Theatre, 43 White Horse Road, E1 0ND

Admission: £7

An uplifting tale of love, courage and letting go written by award-winning children's author Elayne Ogbeta.

Abi and her Grandad tell each other Anansi folktales. They play games as they work together in the garden among the beautiful flowers and tasty vegetables. As they plant memories, they share secrets and develop a bond that nothing can break. Grandad is as smart and mischievous as the wily Anansi legend. Can he find a way to tell his granddaughter about his plans to return to Jamaica, his beloved homeland?

Join our intrepid characters in this humorous and heartfelt intergenerational adventure, as they step into the unexpected. With evocative live music, Grandad Anansi is an uplifting tale of love, courage and letting go.



Written by award-winning children's author Elayne Ogbeta, Grandad Anansi is the latest co-production from Half Moon and Z-arts, the award-winning team behind Dust, winner of the 2022 Off West End Theatre Award for Best Theatre for Children Aged 5-11.

www.halfmoon.org.uk/events/ grandad-anansi

Happy Feet



8 October

Saturday, 4.30-6.30pm Rich Mix, 35-47 Bethnal Green Road, E1 6LA

Admission: Free

Come and have fun, learning some new moves in a contemporary Black British dance workshop! Neon Performing Arts are delivering a comprehensive oneday dance workshop, based on African and contemporary dance styles. Free of charge!! All levels of dance and all nationalities are welcome. The workshop will be divided into two sessions. From each session, participants will learn a comprehensive dance routine, with insight into the history and culture of the respective styles.

This will be a fun and active way to celebrate Black History Month.



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Tower Hamlets offers a selection of email newsletters to keep you up to date on a variety of topics. If you haven't already subscribed to our monthly Event Highlights Ebulletin you can sign up to this or any others **here**.

Supported by Tower Hamlets Council

 www.houseofneon.org
 www.instagram.com/ neonperformingarts

Born of good intentions: Black Victorian Children in a Barnardo's Home

10 October

Monday, 7pm

Zoom

Admission: £5

A look at Dr Barnardo's Victorian homes where he took in poor Black children. Come and hear the story of the first Black children in the UK to be placed in care and fostered. Who were they? What happened to them? How did they come to England? Why were they here in the first place? Hear how some of the children suffered and led horrendous lives and how they sometimes turned their lives around.



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To book tickets:

www.avrilswalksandtalks.co.uk/ product-page/born-of-goodintentions-black-victorian-childrenin-a-barnardo-s-home

- www.avrilswalksandtalks.co.uk
- O www.instagram.com/
- avrilswalksandtalks
- www.twitter.com/avrilwalkstalks

Acting Up! The Dancers Takeover



14 October

Friday, 7.15pm

Rich Mix, 35-47 Bethnal Green Road, E1 6LA

Admission: £15 Ages: 18+

BBC's Sir Ashley J returns to host the hit improvised comedy game show: ACTing Up

This time the dancers are taking over – and not just any dancers, dancers from Boy Blue! Teaming up with Kenrick Sandy MBE & Mikey J Asante MBE of Olivier Award winning dance company Boy Blue bring together two teams of dancers to battle it out, creating themed routines, scenes, songs and much more based on your suggestions and with NO rehearsal!

The battles will be umpired by DJ B-Radz, hosted by Ashley J and judged by YOU, the audience.

Live Improv + Dance = Comedy Madness!!

Come laugh, shout and celebrate 21 years of Boy Blue and join us for an afterparty hosted by Rawheed Entertainment.

FR 14



Entry to the afterparty is included in the price of your ticket. Only want to join the afterparty?

 www.richmix.org.uk/events/ acting-up-the-dancers-takeover
 www.instagram.com/ richmixlondon

- www.facebook.com/richmix
- www.twitter.com/richmix

FRI 14

Friday Sessions: Soul Café Black History Month Special

14 October

Friday, 7pm

Poplar Union, 2 Cotall Street, Poplar, E14 6TL

Admission: Free

Jordan O will be hosting a Soul Café special this Black History Month, showcasing young and upcoming artists in the intimate surroundings of our café. Featuring singer-songwriter, Kadi, and spoken word artist, Toyah Demi.

www.poplarunion.com/event/ friday-sessions-soul-cafe-withjordan-o-friends



Subscribe to our email newsletter to receive updates about what's happening at Poplar Union!

www.poplarunion.com

SAT 15

BLACK HISTORY MONTH OCTOBER 2022

Black



History and Mental Health in Tower Hamlets

15 October

Saturday, 10.30am-4pm

Tower Hamlets Local History Library & Archives, 277 Bancroft Road E1 4DQ

Admission: Free, booking required

All-day workshop exploring the connections between Black history and mental health. All are welcome to join Tower Hamlets African and Caribbean Mental Health Organisation (THACMHO) for an all-day workshop exploring the connections between Black history and mental health, including pop-up exhibitions and highlights from Tower Hamlets Local History Library & Archives on display.

Registration 10.30am Morning session 11am-1pm Lunch 1-2pm Afternoon session 2-4pm

The morning session focusses on the pioneering community development work that took place in the 1980s, with guest speaker Archibald McAllister sharing his experience as a Development



Worker for the Tower Hamlets African and Caribbean Association (THACA). Following a Caribbean buffet lunch, the afternoon will focus on mental health, with a presentation on the THACMHO story and a panel discussion on mental health support work in contemporary Tower Hamlets.

Please note this event will be filmed. There is free on-street parking nearby.

To book:

www.eventbrite.co.uk/e/blackhistory-mental-health-in-towerhamlets-tickets-415855032597

SAT 15

Centre Stage BHM Special with The Grand Union Orchestra

15 October

Saturday, 6pm

Poplar Union, 2 Cotall Street, Poplar, E14 6TL

Admission: £5/£7 OTD

Centre Stage and The Grand Union Orchestra partner up to provide an eclectic night of live music, spoken word and more in celebration of Black History Month, with African & Caribbean food!

www.poplarunion.com/event/ centre-stage-bhm-special-withthe-grand-union-orchestra



About Centre Stage

Centre Stage is a live music & artist development platform. Founded by FFP in 2018 with support from its partners, Centre Stage has become one of the go-to places to network and enjoy the best in live acts, jams, and entertainment, with a special focus on providing opportunity for the youth in Tower Hamlets & London.

SUN 1



presents: Have I got News for You!

16 October

B.365

Sunday, 1pm

Poplar Union, 2 Cotall Street, Poplar, E14 6TL

Admission: £3

In this interactive drama workshop, you'll be playing the role of a reporter, gathering and compiling information provided by your facilitator extraordinaire, Arnie Hewitt.

You will learn about amazing people and their journeys through life, from Henrietta Lacks to Marcus Rashford, putting all this information together to create a news piece, sharing their stories and all their achievements, imagining it was being reported on for the first time.

This is a drama workshop, has a focus on BHM and inspirational figures, young people's voices, understanding the impact of mental health and wellbeing through stories, and media role play.

Suitable for ages: 8-11 years



www.poplarunion.com/event/b-365-presents-have-i-got-news-foryou

Supported by Tower Hamlets Council



TUE 18

BLACK HISTORY MONTH OCTOBER 2022

The Three Dumas and The Enduring Power of Representation

18 October Tuesday, 6.30-8.45pm

20 October

Thursday, 6-8.45pm

Brady Arts Centre, 192-196 Hanbury Street, E1 5HU

Admission: Free

Alexandre Dumas, author of 'The Three Musketeers' and many other works, his father General Thomas Dumas of the French Dragoons and his grandfather The Maquis Alexandre Antoine Davy de la Palleterie, collectively known in this presentation as The Three Dumas, each experienced their full share of both triumph and tragedy.

Through peering deeper into their rarely acknowledged lives we will show through a drama-documentive film how their amazing escapades and experiences became the foil for some of Alexandre Dumas greatest literary works.



This will be followed by a talk from renowned historian Robin Walker (Thursday 20th only) called "When We Ruled". This will discuss what might be if young minds had known of them and other 'giants' of Black African decent, such as Robert Smalls, Frederick Douglas, Elijah McCoy, George Washington Carver and countless others untold.

Purple Moon presents: Essentially Black

19 October

Wednesday, 4pm

Poplar Union, 2 Cotall Street, Poplar, E14 6TL

Admission: Pay what you feel

Adapted for a younger audience from the sell-out show at Soho Theatre, Essentially Black looks at what happens when race and elite universities collide, and asks who truly has the right to protest in a time when representation and authenticity are being called into question.

2016. The Rhodes Must Fall movement has come to Oxford University, and students Jess and Lydia are at the heart of it. Neither are white, and surviving at an elite University whilst Black is no easy task. Jess is leading a campaign to get a statue of Cecil Rhodes removed from campus. Lydia is trying to challenge and decolonise the curriculum they are taught. Their mission is to get their university to be as inclusive and accepting as possible – so why does it feel like they're fighting on their own?

Supporting Workshop (5pm-6pm)

Essentially Black comes with a

WED 19



professionally facilitated post-show workshop, that gives audiences the opportunity to unpack the themes of the show in a safe and creatively held space.

"Laugh out loud moments whilst dealing with a difficult and important story".

"Timely and Gripping."

"Thoughtful and Comical in Equal Measures."

"All actors work well to power the story forward."

4 Stars, Water Rats Review

www.poplarunion.com/event/ purple-moon-presents-essentiallyblack

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THU 20

BLACK HISTORY MONTH OCTOBER 2022

POP-Corn presents:

20 October

Thursday, 8pm

Poplar Union, 2 Cotall Street, Poplar, E14 6TL

Admission: Free

It begins on the streets. It ends here. Based on actual events, this powerful drama stars Samuel L Jackson as California high school basketball coach Ken Carter. Accepting the job on an unpaid, volunteer basis, Carter holds his players to a high academic standard, going so far as to bench his entire team, despite their undefeated status, until they pull their grades up. Ashanti, Rick Gonzales, Rob Brown, Debbi Morgan costar.

"Samuel L Jackson is superb." Paul Ross, News of the World

www.poplarunion.com/event/ pop-corn-presents-coach-cater





Song of Africa 🖁 Workshops



21-22 October

Friday-Saturday, 7-8.30pm St John on Bethnal Green, 200 Cambridge Heath Road E2 9PA Refreshments provided

24-25 October

Monday-Tuesday, 1-6pm The Tramshed, 29 Digby St E2 OLS Refreshments provided

26-27 October

Thursday, 1-6pm St Margaret's House, 15 Old Ford Road E2 9PL

Admission: Free

This event is part of a programme of practical participatory workshops culminating in a public performance, exploring the musical cultures of the African diaspora in Tower Hamlets. Much-loved Grand Union musicians of African heritage will lead the programme, all of whom are celebrated exponents of their art and perfectly placed to tell stories of migration through drumming and chant, Latin American and Caribbean music, and jazz.

Creative workshop sessions open to all young musicians aged 12-21 of any



2]

cultural background, and playing any instrument, whether Western or global.

Focussing particularly on North Africa and Central Africa as well as West and Southern Africa, they will be led by Grand Union's authentic experts born or brought up in these musical cultures. They will pass on some of their music and techniques, and encourage the students to improvise and/or create their own pieces in response.

Participants will have the opportunity to take part in a special concert on 29 October at St John on Bethnal Green.

www.grandunion.org.uk www.instagram.com/ grandunionorchestra

Supported by Tower Hamlets Council

FRI 21

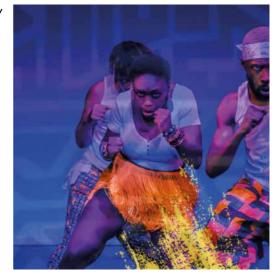
AfroDance Xplosion Legends (Showcase)

21-22 October

Friday-Saturday, 7.30pm Rich Mix, 35-47 Bethnal Green Road, E1 6LA

Admission: £20

Experience the vast cultural richness of music and dance from the global African diaspora! The AfroDance Xplosion 2022 Legends showcase is a celebration of legendary pioneers of dance from the African diaspora. The showcase will include live and digital performances of different dance styles including Umfundalai, Dancehall, Afro-Caribbean, traditional African dance from the Ivory Coast and much more.



www.richmix.org.uk/events/ afrodance-xplosion-2022-legendsshowcase

- www.instagram.com/ richmixlondon
- www.facebook.com/richmix
- www.twitter.com/richmix

FRI 21



21 October

Friday, 10am-4pm

Poplar Union, 2 Cotall Street, Poplar, E14 6TL

Admission: £15/£12

Join writer and director, Sonny Nwachukwu, and movement director, Ffion-Campell Davies, for a one day workshop exploring the connections between movement and words. Learn about the relationship between body and voice and explore ways in working inclusively through a creative process.

Open to creatives from the global majority working across dance, theatre, choreopoem, poetry, writing, directing, dramatherapy, physical theatre and beyond.

The workshop may explore themes around, discussions about racism, discrimination, disability, gender and mental health. Through an inclusive and supportive environment the workshop may also examine the Black body experience/white spaces/otherness



as well as decolonisation/generational trauma vs societal violence. Working inclusively throughout, this workshop is facilitated with care and attention to the people taking part.

"Gateway Arts is always reaching out to include as many people as possible and showcase the widest variety of creative exploration." Past participant

www.poplarunion.com/event/ moving-words-workshop-withsonny-nwahuckwu

SAT 22

BLACK HISTORY MONTH OCTOBER 2022

Arawelo's Women of Culture



22 October

Saturday, 6-9pm

Mayfield Wellbeing Hub, 202 Mayfield House, Cambridge Heath Road, E2 9LJ

Admission: Free

An event celebrating local Black and Somali history, involving, and sharing Somali achievements and work museum. This celebratory and fun event will include an exhibition showcasing a sixmonth Somali youth-led project, focusing on crime. Event showcasing the culture and history of the Somali community, including Somali food and refreshments, Somali dancing, poetry, and mini museum.

To book:

https://book.timetospare.com/e/ r342LyMcqSzlkpDkfjCN

www.wit.org.uk



Since 2004 Women's Inclusive Team has been supporting the Black and ethnic minority communities in Tower Hamlets through youth programmes, women's empowerment projects, mental health support and our food bank and community kitchen.

Supported by Tower Hamlets Council

SAT 22

BLACK HISTORY MONTH OCTOBER 2022

AfroDance Xplosion Legends (Workshops)

22 October

Saturday, 11am-4.30pm

Rich Mix, 35-47 Bethnal Green Road, E1 6LA

Admission: £60

Age: Dancers must be a minimum of 16 years old.

Come experience the legacy of legendary dance pioneers from Africa and the African diaspora through these fantastic workshops.

11am-12.30pm – Contemporary African Dance from the Ivory Coast with Georges Momboye

The Afro-contemporary style covers a very diverse reality, since this dance leaves room for creativity and multiple influences. Georges Momboye's technique explores dance through traditional African movements.

12.45-2.15pm – Afro House with Danzel Thompson-Stout

Soulfulness, percussive compositions, and a profoundly touching emotional intensity characterises Afrohouse. Come vibe with us! Danzel Thompson-Stout, a native of Allentown, PA is a performer, choreographer, and educator of Afro-



American dance forms.

2.30-4.30pm – Afro Caribbean Dance with Caroline Muraldo and Steve Cornwall.

This class will be an eye-opening exploration of the traditional Jamaican dance forms from which dancehall grew and developed, paying tribute to what came before.

All these classes are appropriate for dancers with a minimum of 6 months of dance training.

www.richmix.org.uk/events/ afrodance-xplosion-2022-saturdayworkshops

- www.instagram.com/ richmixlondon
- www.facebook.com/richmix
- www.twitter.com/richmix

SAT 22

The Living Room talks Activism



22 October

Saturday, 6.30pm

Rich Mix, 35-47 Bethnal Green Road, E1 6LA

Admission: £8

The Living Room is a nostalgic and celebratory event where speakers get to reminisce on their experiences at the same time as educating us all.

Joined by experienced and young activists, the sofa will seat yet another significant night of conversation in front of a live audience.

This event is part of Rehearsing Utopia, a series micro-commissioned by Rich Mix that invites artists to imagine their visions of the future."



 www.richmix.org.uk/events/theliving-room-talks-activism
 www.instagram.com/ richmixlondon
 www.facebook.com/richmix

www.twitter.com/richmix

AfroDance Xplosion Legends (Workshops)

23 October

Sunday, 11am-5.45pm Rich Mix. 35-47 Bethnal Green Road.

Rich Mix, 35-47 Bethnal Green Road, E1 6LA

Admission: £60

Come experience the legacy of legendary dance pioneers from Africa and the African diaspora through these fantastic workshops.

11.00am-12.30pm Umfundalai Technique: Contemporary African Dance with Dr C. Kemal Nance

Umfundalai is a contemporary African dance technique that comprises its movement vocabulary from dance traditions throughout the African diaspora, including the continent of Africa as well as the Americas. On the shoulders of Katherine Dunham, Kariamu Welsh developed Umfundalai to explore the "essence" of African-informed movement and the ways in which it empowers contemporary choreography. She describes it as "an approach to movement that is wholistic, body centric and organic. ...an open, fluid and porous technique, absorbing new ideas and directions as it evolves."



2

Umfundalai is over 50 years old and is taught in major institutions throughout the US including Temple University, University of Illinois, Morgan State and Oklahoma Universities. Women are encouraged to wear lapas (fabric worn around the waist) and men are encouraged to wear shokatoes (dropcrotched pants) for Umfundalai classes and workshops.

12.45-2.15pm

Jamaican Dancehall with Steve Cornwall. Welcome to Dancehall Masterclass. Let's time travel!

Dancehall was created under an umbrella with reggae, ska, and rocksteady from the 70s to the 90s, and was crucial to the way the style developed into what Dancehall is today.

SUN 23

BLACK HISTORY MONTH OCTOBER 2022

In class, we will acknowledge those who paved the way for dancehall, like Mr. Bogle, Beenie Man & Elephant Man and shine light on the ones bringing us forward to a new era of dancehall such as Ding Dong & LaaLee, Pata Skeng just to name a few.

Classes will be in 4 sections. Starting with a warmup to find your grove, moving across and around the space to create a vibe, in center we build the energy then finally put everything together with choreography that fuses every era of Dancehall.

2.30-4.30pm

Traditional African Dance from the Ivory Coast with Georges Momboye

The traditional African Dance workshop from the Ivory Coast will include learning several of the traditional rhythms from the rich culture of the Ivory Coast. Come enjoy this traditional class with one of the maestros of African Dance in West Africa. This workshop will be accompanied with live music.

4.45-5.45pm Panel Discussion.

The panel and closing will include a line up of teachers/ choreographers and a chance for the participants to discuss and ask questions about the festival. There will also be closing pictures. The panel and discussion is open to all attendees of the festival.

Book for a Weekend Workshop Pass. This will include all 6 workshops!

- www.richmix.org.uk/events/ afrodance-xplosion-2022-sundayworkshops
 www.instagram.com/
- richmixlondon
- www.facebook.com/richmix
- www.twitter.com/richmix

Baby Broadway Gospel

23 October

Sunday, 3.30pm

Poplar Union, 2 Cotall Street, Poplar, E14 6TL

Admission: adults: £9/£7 2-16-year-olds: £5 (under 2s go free)

Baby Gospel is an uplifting family concert of soul, Motown and gospel music, featuring the astonishing vocal talents of London's CK Gospel Choir.

The whole family can enjoy singing and clapping along to hits by Marvin Gaye, Bob Marley, Adele, Jackie Wilson, Pharrell and more - as well as some traditional Gospel songs and nursery rhymes!

CK Gospel Choir are a versatile professional group from London who are united by their love of gospel music and have provided backing for artists such as Beverley Knight, Peter Andre and Alfie Boe.



www.poplarunion.com/event/ baby-broadway-gospel-special



OCTOBER 2022

Duugsi

24 and 26 October

Monday and Wednesday, 6.30pm

Rich Mix, 35-47 Bethnal Green Road, E1 6LA

Admission: £10

Enjoy brand-new theatre performances as part of Somali Week Festival. Presented by Kayd Somali Arts and Culture & Side Eye Productions"Duugsi' is a comedy based on a group of five teens who upon discovering their Islamic studies teacher is missing entertain themselves by telling an anthology of famous Somali urban legends with their own modern twist.

This evening will see the third collaboration between Kayd Somali Arts and Culture and Side eYe in creating a brand-new play for 2022 following on the success from sold-out plays Araweelo, HOME, and Muna Knows It All.

Please note: Some seats for this event will have a restricted view. Seating is unreserved and on a first come first served basis.



2

- www.richmix.org.uk/events/ duugsi
- www.instagram.com/ richmixlondon
- www.facebook.com/richmix
- www.twitter.com/richmix

Story Boarding Workshop with Jade-Marie Joseph

24 October

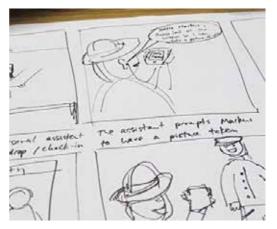
Monday, 7pm

Online

Admission: Free

Every great film starts with a story board...

Learn how to create your own with Jade-Marie Joseph! To celebrate Black History Month, Purple Moon Drama have won a bid to create a short film. Our youth board voted and we've decided to create a documentary inspired by the saying: 'The Comeback Is Stronger Than The Setback'. The documentary will look at true and inspiring stories to emphasise how even through tough times, we can always come back stronger. We want to produce real stories from real creatives, predominantly those from marginalised backgrounds. In preparation for the film we are running 3 online workshops free to anyone in our network, taking you through all aspects of film making. Jade-Marie Joseph will be running our first session on Story Boarding. Jade-Marie is an actress and film maker. She created, produced, filmed and edited her documentary 'LIFE: How We Live' in 2013. It went on to then be broadcast on



BBC three fresh. 'LIFE' received acclaim from viewers and was rated as one of the best by the BBC three fresh team. Since then she has gone on to write and had a short play of hers performed at Theatre Peckham's scratch night; now she is currently in the works of writing a new film based on mental health. In this workshop you will learn how to create your own story board for film and have the opportunity to send us a submission to be our film's creator. We're looking for clever concepts that we can make happen over the course of 3 shoot/edit days. Anyone is welcome, even if you're not planning to submit!

To book:

www.eventbrite.co.uk/e/storyboarding-workshop-with-jademarie-joseph-tickets-414047365817

www.purplemoondrama.co.uk

How to Have Fun in 🟹 a Civil War

25 October

Tuesday, 6.30pm

Rich Mix, 35-47 Bethnal Green Road, E1 6LA

Admission: £10

UK Premiere of How to Have Fun in a Civil War, written and performed by Somali playwright Ifrah Mansour. Minnesota-based Somali playwright and performer Ifrah Mansour revisits her childhood memories during the 1991 Somali Civil War to confront violent history with humour and provide a voice for the global refugee stories of children.

How to Have Fun in a Civil War, is a oneact multimedia play, which explores war from an idyllic viewpoint of a seven-yearold Somali refugee girl. The play weaves puppetry, poetry, videos and multiple oral stories taken from community interviews to tell a captivating story about resilience while pushing audience to engage in a healing process that is still raw for survivors of the war.

Written & performed by Ifrah Mansour Directed By Lindsey C. Samples Sound Design By Peter Morrow



25

 www.richmix.org.uk/events/ how-to-have-fun-in-a-civil-war
 www.instagram.com/ richmixlondon

www.facebook.com/richmix

www.twitter.com/richmix

WED 26

BLACK HISTORY MONTH OCTOBER 2022

Shoot day workshop with Aaliyah Mckay

26 October

Wednesday, 7pm

Online

Admission: Free

Ever wondered what happens on the day of a film shoot? Aaliyah Mckay will be giving us an exclusive low down! To celebrate Black History Month, Purple Moon Drama have won a bid to create a short film. Our youth board voted and we've decided to create a documentary inspired by the saying: 'The Comeback Is Stronger Than The Setback' The documentary will look at true and inspiring stories to emphasise how even through tough times, we can always come back stronger.

We want to produce real stories from real creatives, predominantly those from marginalised backgrounds. In preparation for the film we are running 3 online workshops free to anyone in our network, taking you through all aspects of film making. In this workshop, Aliyah Mckay will be giving us an insight into how a shoot day works. Aaliyah is a screen director with a range of experience



across film, factual entertainment, show series and music videos. She works intensely to create forever evolving stories and visuals where culture, imagination and identity meet.

To book:

www.eventbrite.co.uk/e/shootday-workshop-with-aaliyah-mckaytickets-414068017587

www.purplemoondrama.co.uk

Father's Day



27 October

Thursday, 9pm

Genesis Cinema, 93-95 Mile End Road, E1 4UJ

Admission: £7.50

100 free tickets are available for Tower Hamlet's residents on a first come first served basis. Attendees will be able to go to Genesis' box office on the day to claim their tickets.

A grieving mother distances herself from her husband; a criminal introduces his son to a dishonest life; and a young woman cares for a father she never truly loved. Zaninka, a masseuse in her mid 40s, just lost her only son. Mukobwa, mid 20s, faces the dilemma of donating a lobe of her lung to a father with a murky past. Kadogo, a young boy, roams the city with her father, a small-time crook with anger management issues.

Supported by Tower Hamlets Council Part of Raindance Film Festival

www.raindance.org/festival @Raindance



27

2022 marks the 30th anniversary of the Raindance Film Festival, the UK's leading indie film festival, and this vear's edition will be a celebration of 30 years of independent film in the UK. Running 26 October - 5 November, Raindance will revisit some of the most pivotal films from its archive in a series of special screenings. Raindance will also look towards the next 30 years with a programme of fresh, relevant, and radical world premieres as well as a selection of must-see titles cherrypicked from the international film festival circuit.

FR 28

BLACK HISTORY MONTH OCTOBER 2022

Editing workshop with Tsipora St Clair Knights

28 October

Friday, 7pm Online

Admission: Free

So you've finally shot your film, but now what? Learn the principles of editing with Tsipora St Clair Knights. To celebrate Black History Month, Purple Moon Drama have won a bid to create a short film. Our youth board voted and we've decided to create a documentary inspired by the saying: 'The Comeback Is Stronger Than The Setback' The documentary will look at true and inspiring stories to emphasise how even through tough times, we can always come back stronger.

We want to produce real stories from real creatives, predominantly those from marginalised backgrounds. In preparation for the film we are running 3 online workshops free to anyone in our network, taking you through all aspects of film making. In this workshop, Tsipora St Claire Knights will be showing us how editing post production works.



To book:

www.eventbrite.co.uk/e/editingworkshop-with-tsipora-st-clairknights-tickets-414077415697

www.purplemoondrama.co.uk

SAT 29

Grand Union Orchestra and guests – Song of Africa

29 October

Saturday, 7pm

St John on Bethnal Green, 200 Cambridge Heath Road, E2 9PA

Admission: Pay what you can afford. Bar available from 6.30pm (card only)

Musical commemoration of Black History Month.

For its 40th Anniversary year, the Grand Union Orchestra commemorates Black History Month with a specially devised show bringing together different generations of musicians and singers to explore and celebrate the influence of diverse African traditions on our society today.



 www.grandunion.org.uk
 www.instagram.com/ grandunionorchestra
 www.facebook.com/ grandunionorchestra
 www.youtube.com/user/ grandunionorchestra

Black Girl

29 October

Saturday, 1pm

Genesis Cinema, 93-95 Mile End Road, E1 4UJ

Admission: £ 12.50

100 free tickets are available for Tower Hamlet's residents on a first come first served basis. Attendees will be able to go to Genesis' box office on the day to claim their tickets.

A Senegalese woman is eager to find a better life abroad. She takes a job as a governess for a French family, but finds her duties reduced to those of a maid after the family moves to the south of France. In her new country, she is constantly made aware of her race and mistreated by her employers.

Supported by Tower Hamlets Council Part of Raindance Film Festival

www.raindance.org/festival@Raindance





Over the past 30 years, UK cinemagoers have come to Raindance and joined us in discovering some of the greatest independent films ever made," says Raindance founder Elliot Grove "What will Raindance's next landmark moment be? Join us in cinemas or via streaming in 2022 and see what you discover!

Black History Month Celebration

29 October

Saturday, 2pm

St Pauls Church, St Stephens Road, Bow E3 5JL

Admission: Free

Celebrating Black History Month is about acknowledging the past, creating a current legacy and passing on the mantle to future generations. This is also a celebration after the traumas of lockdown and within the current economic climate.

Following the past few years of Coronavirus and lockdowns this is an opportunity to spread some happiness and cheer amongst the community. Come along and sign up for a free workshop. Learn how to make bath products, have a head massage with a Reiki Master, a budgeting coach session, decorate your own tote shopping bag, and represent your country flag with beaded bangles and crafts. Learning Month Celebration at St Paul's Church 29th October 2022 at 2pm





Free Interactive Workshops Guest Speakers Candid Conversations Open Mic Contest Karaoke Music and Dance and much more!! SATURDAY 29TH OCTOBER 2022 St Paul's Church, St Stephen's Road, London E3 5JL

Supported by Tower Hamlets Council

a new skill or engaging in an activity is calming and therapeutic. Join the celebration, enjoy the atmosphere and feel inspired. There will be speakers and a candid conversations area, not to mention a sing along Karaoke session with songs from years past and present.

Spirit of the 🤯 🎝 🎚 Village



29 October

Saturday, 1pm

Rich Mix, 35-47 Bethnal Green Road, **E1 6LA**

Admission: £24

Village101 will be championing change-makers and celebrating Black excellence, activism and cultural innovation. Join them for a day of panel discussions, stalls, pop-up performances and a special musical extravaganza.

www.richmix.org.uk/events/ legacy-101-spirit-of-the-village www.instagram.com/ richmixlondon

- www.facebook.com/richmix
- www.twitter.com/richmix





Black-Owned Makers Market



30 October

Sunday, 10am-4pm

Poplar Union, 2 Cotall Street, Poplar, E14 6TL

Admission: Free

This October, as part of Poplar Union's Black History Month celebrations we will be bringing back our Black-Owned Makers Market. Here you will find a variety of black-owned and run startups and businesses from clothing and accessories to the finest health and beauty products..

www.poplarunion.com/event/ black-owned-makers-market



SUN 30



Daughters of the Dust



2 November

Wednesday, 9pm

Genesis Cinema, 93-95 Mile End Road, E1 4UJ

Admission: £7.50

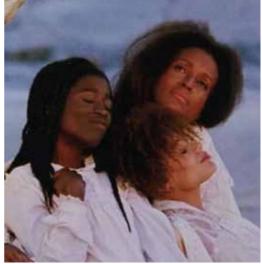
100 free tickets are available for Tower Hamlet's residents on a first come first served basis. Attendees will be able to go to Genesis' box office on the day to claim their tickets.

A languid, impressionistic story of three generations of Gullah women living on the South Carolina Sea Islands in 1902. At the dawn of the 20th century, a family in the Gullah community of coastal South Carolina - former West African slaves who adopted many of their ancestors' Yoruba traditions - suffers a generational split. Young Haagar wants to move to the mainland away from tradition-bound matriarch Nana . Former prostitute Yellow Mary gets a cold shoulder when she returns to the island with her female lover, especially from her sister Viola.

Supported by Tower Hamlets Council Part of Raindance Film Festival

www.raindance.org/festival
 Raindance

NOV



Raindance launched back in 1993 with the World Premiere of What's Eating Gilbert Grape. Tarantino's iconic Pulp Fiction made its UK debut at Raindance in 1994. In 1999, Raindance hosted the UK premiere of ground-breaking found footage mocumentary The Blair Witch Project. We hit the bullseye again in 2000 with the UK premiere of Christopher Nolan's Memento. And in 2004, we presented Park Chanwook's neo-noir thriller Oldboy, a classic of modern South Korean cinema.

Nanny



5 November

Saturday, 6.20pm

Genesis Cinema, 93-95 Mile End Road, E1 4UJ

Admission: £12.50

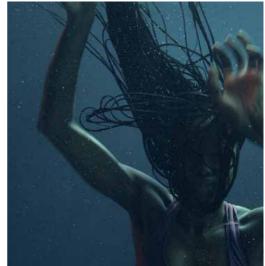
100 free tickets are available for Tower Hamlet's residents on a first come first served basis. Attendees will be able to go to Genesis' box office on the day to claim their tickets.

Aisha, an immigrant nanny is faced with a reality that threatens to shatter her American dream. Aisha is an undocumented nanny working for a privileged couple in New York City. As she prepares for the arrival of the son she left behind in West Africa, a violent presence invades her reality, threatening the American dream she is painstakingly piecing together.

Supported by Tower Hamlets Council Part of Raindance Film Festival

www.raindance.org/festival@Raindance

NOV



Raindance isn't all about discovering now-famous films... a champion of indie cinema in every guise and genre, equally important to us are the underrated, under-theradar films that you might not see anywhere else but here.