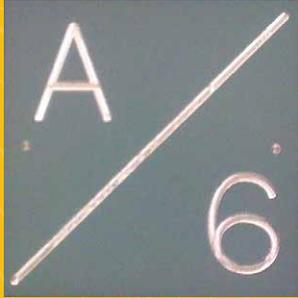


## What to do

The aim of orienteering is to use the map to find your way to a series of locations, in the correct order. Each location is shown on the map as a numbered circle.



To help you find them a description of each is displayed on the answer sheet.

At each location there is a control marker. When you find the marker, make a note on the answer sheet of the number and letter that appear on it.

You can attempt the course on your own or as a team – try timing each person or team and see who completes the course the fastest!

### Setting the map

A key skill in orienteering is setting the map. This means turning the map until the symbols on the map line up with the corresponding features on the ground.

This helps to ensure you set off in the right direction. Use tracks and paths to navigate to the controls.

### Map Symbols

Use the key and map symbols to help you understand and read the map.

### Do you have a smartphone?

You can use the free 'SnapNav' Orienteering APP to record your course time. Your time will be recorded online and you can compare it with other peoples.

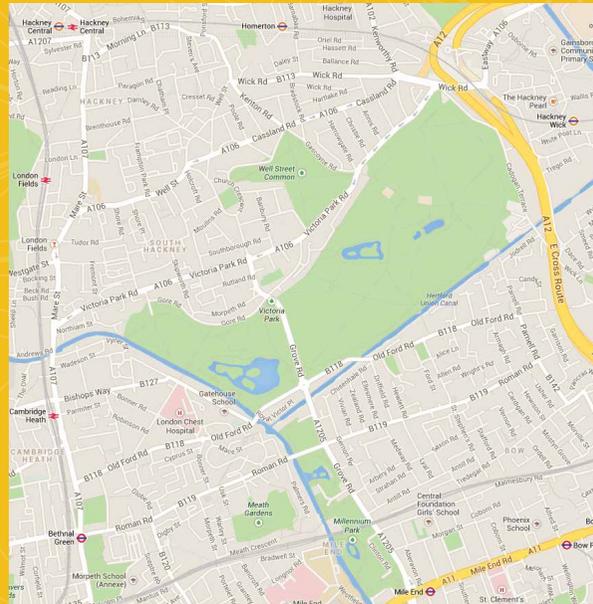
Use the APP to scan the start triangle at the start and finish, and scan each control marker as you find them.

Simply download the APP from: [www.snapnav.co.uk](http://www.snapnav.co.uk)

You can also use the APP to find out about other orienteering opportunities in your area.



## How to get to Victoria Park



### By Road

There is a car park in the eastern end of the park on Cadogan Terrace and a new lido car park on Grove road.

### By Bus

To the park – 277, 425, 388. Near the park – 8, 33, D6  
Visit [www.tfl.gov.uk](http://www.tfl.gov.uk) for timetables.

### By Tube

Mile End – Central Line, District Line, Hammersmith and City Line.  
Then a 10 minute walk to Crown Gates (see maps) on Grove Road or take bus 277, 425 towards Hackney.

### By Train

Hackney Wick on London Overground (Orange Line).  
Then a 5 minute walk on Wallis Road, cross over pedestrian bridge, enter to Victoria Park 15 minute walk following footpath straight on until reach Crown Gates.

Victoria Park is one of London's most important historic parks and its oldest public park. It has been used by millions of Londoners for nearly 170 years as a place of healthy recreation, sports, play and relaxation.



# NAVIGATE VICTORIA PARK

Permanent Orienteering for London

Medium Course ●●○





Number	Description	Code
Start	Hub building	
1	Gate	
2	Tree	
3	Fallen tree	
4	Bench	
5	Post	
6	Bench	
7	Bench	
8	Fallen tree	
9	Shelter	
10	Bench	
11	Fallen tree	
12	Fallen tree	
13	Bench	
14	Bench	
15	Bench	
16	Tree	
Finish	Hub building	

### ISSOM symbols also including:

- Memorial stone or sculpture
- Pole
- × Felled or standing dead tree
- ✦ Boulder field
- Boulder
- Play objects
- ▭ Flower bed
- ▭ Bare rock/crag

### Features not to be crossed:

- ▭ High crag
- ▭ Fence
- ▭ Wall
- ▭ Hedge
- ▭ Canal
- ▭ Building
- ▭ Out of bounds



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Survey and cartography by Tom Edelsten, [Forest.Fire.TE@gmail.com](mailto:Forest.Fire.TE@gmail.com), Summer 2013. Possession of this map does not imply right of access for orienteering or any other purpose. The representation of a track or path does not indicate a right of way.



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