

COUNCIL NEWS



Support from your council to help with cost-of-living crisis

SEE PAGES 4-5

CHILDREN AND YOUNG PEOPLE



'Fantastic' GCSE and A-level results

SEE PAGES 12-13

CELEBRATING OUR BOROUGH



Thousands enjoy summer festivals

SEE PAGES 24-25

ISSUE TWENTY-SIX // SEPTEMBER 2022



OU REASTEND



Praise for local heroes

Sakariye and Zakariya help save lives in fire – see page 7

Mulberry

Academy Shoreditch



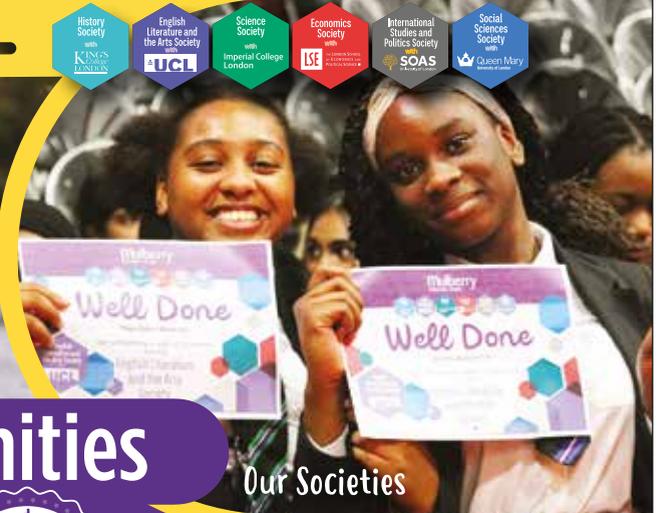
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OUR EAST END

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

A message from the Mayor of Tower Hamlets

It has been just over 100 days since I became your Mayor once again, but no time has been wasted in getting to grips with the issues that are affecting you the most.

The recent energy price cap rise announced by Ofgem will no doubt concern many households across the borough, particularly those of you who are already struggling to make ends meet with soaring inflation and the increasing cost-of-living. While the cost-of-living crisis and the price of energy are national issues for the government to sort out, we have not hesitated to help where we can.

Locally, we have taken action to help households here in Tower Hamlets.

In August, I announced a £1m Emergency Energy Fund which will provide grants of up to £200 to those identified as most at risk of not being able to pay their fuel bills.

In July, I announced a new £2.7m relief package which will provide one-off grants of up to £100 to households most impacted by the cost of living crisis.

This extra support we've put in place is in addition to other help that the council already offers for those struggling financially, such as reductions in council tax, the Resident Support Scheme, free primary school meals, school uniform grants and the hundreds of free activities and food for young people that we put on as part of our Summer Events programme.

We have been busy tackling other priority areas too. Last month, I approved plans to bring the management of our seven leisure centres back in-house when the current contract with GLL expires in 2024 and agreed plans for a new £35m leisure centre on the St George's site in Shadwell that will also provide 27 much-needed new council homes, most of which will have three to four bedrooms. These new homes will contribute to my target of delivering 4,000 new homes over the next four years.



As well as new homes, the council has also now formally adopted a new strategic plan which sets out how other areas in my ambitious manifesto will be implemented by the organisation, including additional support for education, local growth and resources for community cohesion.

I have also recently met with union representatives from within the council and outside of it, to explore how we can help support workers through this challenging time. Throughout the history of our borough, working people have always been at the heart of our community and, as such, they will always be at the heart of my agenda in the days that lie ahead as your Mayor.

Finally, just before the new academic year gets into full swing after the summer break, I want to say a huge congratulations to our young people, their families and our schools on the fantastic

GCSE and A Level results that we saw in August. You are an inspiration to others and an example of what can be achieved through dedication and hard work.

Giving our young people the best education possible to help them gain the qualifications they need to open the door to new opportunities in life, is hugely important and will always be a key priority for me as your Mayor. I will continue to increase support for our young people by reinstating the Education Maintenance Allowance and offering university bursaries, and many other initiatives outlined in my manifesto.

Lutfur Rahman
Mayor of Tower Hamlets

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Don't be afraid to ask for help

COST OF LIVING

If you are worrying about the cost of living crisis, you are not alone – but there are several simple things you can do to reduce your bills and save money.

Citizens Advice East End is seeing more people reaching out for financial help and advice due to the cost of living crisis.

Citizens Advice is a national charity which points people to the right help and support they need for



We can help you explore if you are entitled to any benefits or financial support.

their issue, including offering advice on pensions, consumer rights, housing, benefits, debts and money management.

Ali Hali, team leader at Tower Hamlets, said: "At Citizens Advice East End we are seeing an increase in Tower Hamlets residents struggling to cope with the financial pressures from the cost of living crisis.

"More residents are relying on foodbanks, are struggling to pay their energy bills and other necessities, and are worried about managing debts.

"Since January 2022, we have already provided Tower Hamlets residents with more than £15,000 in fuel vouchers.

"If you are struggling financially, we can help you explore if you are entitled to any benefits or financial support to help you maximise your income.

"Citizens Advice can also provide you with specialist debt advice if you are struggling to manage your debts.

"We can provide fuel vouchers valued at £49 each if you are

Top tips to help you save money this winter:

1. Turn appliances off rather than leaving them on standby mode.
2. Turning off lights when not in use can save money on energy bills annually. Switching the lights off even just for a few seconds saves more energy than leaving them on.
3. A running tap can waste six litres of water every minute. Make sure you turn it off when brushing your teeth or washing your face.
4. Replacing an inefficient shower head can save a household of four people £70 off their gas bills and £115 off water bills.
5. Fill up the kettle only as much as you need to, use a bowl to wash the dishes and reduce your washing machine use by once a week.

struggling to pay your energy bills. This is assessment based and available if you have a pre-payment meter.

"We can also provide advice on how you can be more energy efficient and explore other available discounts for energy bills. We can make applications to a range of charities and organisations for furniture, white

goods or small money grants if you are struggling to afford basic household essentials."

- To make an enquiry please call 0203 8555 4472, Monday to Friday between 10am and 4pm.
- For more tips on how to save money, follow Citizens Advice East End on: Instagram @eastendcab or Twitter: @EastEnd_CAB

Mental health support also available to you



Cllr Gulam Kibria Choudhury is encouraging people to seek help

Help and support is being made available to those dealing with additional stress in the cost of living crisis.

Cllr Gulam Kibria Choudhury, Cabinet Member for Health, Wellbeing and Social Care, has outlined some of the support available.

He said: "The cost of living crisis is understandably causing a real impact on people's wellbeing as they face growing concerns about whether they will be able to afford the rising bills.

"This is a worrying time for many, and the council puts equal importance on people's mental health as on their financial and physical health.

"If you are worried, please make sure you talk to a friend, colleague or family member.

"Talking through a problem can really help you feel supported and alleviate some of your concerns.

"You are never alone and sharing your concerns is not burdening someone else – they would much rather hear your problems than see you suffer in silence."

There are a number of ways you can get mental health support in Tower Hamlets.

Tower Hamlets Talking Therapies provides a range of psychological therapies and counselling services. The service is provided by East London NHS Foundation Trust in partnership with Mind in Tower Hamlets and Newham. You can reach them on 020 8475 8080.

Mind in Tower Hamlets and Newham is a community mental health charity that provides advice and support to anyone with a mental health or emotional issue. They also provide free counselling for Tower Hamlets residents. You can reach them on 020 7510 4247/4248 or email info@mithn.org.uk.

Inspire Mental Health Consortium delivers new mental health, recovery and wellbeing services to improve the outcomes and life chances for people living with mental health problems in Tower Hamlets.

For more information call 0330 053 8122 or email enquiry@inspire-wellbeing.org.uk.

If you or someone you care about is experiencing a mental health crisis you can call 0207 771 5807.

The mental health crisis line is available 24 hours a day and callers will be given support and advice from mental health professionals.



Cllr Saied Ahmed (centre) at a council-run holiday activity club which gave children a free meal, part of the cost of living crisis support on offer

Mayor follows up cost-of-living pledge with £3.7m in new support packages

The council is stepping in to support residents through the cost-of-living crisis.

Several support packages have been launched, including a £1m

energy fund, and a £2.7m relief package.

FOOD stores have also opened throughout the borough and the council has provided free food for

children during its Summer Events programme.

Mayor of Tower Hamlets, Lutfur Rahman, said: "While this should be a matter for government to solve,

we cannot wait any longer. People should know they have a Mayor and a council on their side, and that is why we are putting in extra funding for those who are most impacted."

Cheaper food to be made available for residents

There are seven 'FOOD Stores' available to residents, thanks to a partnership with Family Action and Burdett FC.

In return for a weekly membership fee of £3.50 you will be able to pick up £20 to £30 worth of groceries – including fresh fruit and vegetables, store cupboard staples and household items when available. FOOD Stores are spread across the borough in

Whitechapel, Bethnal Green, Mile End, Lansbury, Poplar, Bromley North and Shadwell, and members will be linked up to their nearest site with availability.

You will also be helped to access advice services for support in areas including debt, benefits access, housing and more.

Mayor of Tower Hamlets, Lutfur Rahman, said: "All of Tower Hamlets' residents deserve healthy,

affordable food. FOOD Stores showcase all that is best about our borough - communities coming together to ensure that everyone is fed, regardless of their background. I am proud to oversee the opening of these stores, and look forward to working more closely with them."

• **To become a member email TheFoodStore@towerhamlets.gov.uk with your name, address, postcode and phone number.**

Charities' contacts

- **Citizen's Advice Bureau**
0203 8555 4472, 10am to 4pm weekdays
- **Government's benefit checker**
gov.uk/benefits-calculators
- **Family Action**
020 7364 3491
- **Fair Money Advice**
020 3475 8811
- **Island Advice Centre**
020 7987 9379
- **Toynbee Hall Advice Service**
020 7392 2953
- **Account 3 (welfare and debt advice)**
020 7739 7720
- **Mind**
020 7510 4247/4248
- **Tower Hamlets Talking Therapies**
020 8475 8080

Energy fund

The council has also set up a £1m Emergency Energy Fund.

The fund will hand out grants of up to £200 to our most vulnerable residents, who are shown through council data to be at the most severe risk of being unable to pay their fuel bills. Around £200,000 has already been earmarked for pensioners.

Eligible residents will receive further details by the end of September.



Relief package

The council has set up a £2.7m cost of living relief package.

Households who have benefits-related eligibility for free school meals will receive a £100 per child payment, while a £100 per child payment will also be made available to other households deemed at most risk of poverty.

A total of 17,500 grant payments of £100 are set to be paid, with some households eligible for multiple grant payments.



Tower Hamlets, don't tell everyone!



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A group of young men who helped evacuate people from Bentworth Court after an explosion and fire were thanked by Mayor Lutfur Rahman, centre

Heroes save people's lives after huge explosion in block of flats

COMMUNITY NEWS

Three young men have been praised for rescuing residents from a fire at Bentworth Court, Bethnal Green.

More than 100 firefighters were called to the scene of the blast which sadly left one man in hospital in a critical condition.

Sakariye Digaale, Zakariya Ibrahim and Saeed were walking to The Young Black Men Project at a nearby youth centre in Granby Hall when the explosion happened.

Saeed, 18, said: "We didn't realise

“

We knew that us entering the building was a risk but it was a risk we were willing to take to hopefully save more lives.

where the explosion had come from. Glass showered me and I saw a wooden beam hit the floor next to me. We didn't go in straight away as we didn't know if there was going to be a second explosion."

Sakariye, 18, added: "My friend Mohamed Rahman was banging on all the doors with his fist and went up to the sixth floor.

"We knew that us entering the building was a risk but it was a risk we were willing to take to hopefully save more lives."

Mayor Lutfur Rahman welcomed the young men to Mulberry Place to thank them for their bravery.

He said: "The young men demonstrated all that is good in our borough, and in humanity - courage, care, respect and concern for their fellow human beings.

"I saw first hand the community spirit that runs deep in Tower Hamlets rush to the surface, as it has done for generations - whether fighting fascism in Cable Street or chasing the English Defence League out of our borough - and will continue to do so while there are young men and women like

Sakariye, Zakariya and Saeed living here.

"I am truly grateful and have so much respect and pride in these young men.

"They have done themselves, their families, their community and their borough proud."

Initial reports incorrectly said mains gas caused the explosion,

but an investigation has since found that gas seeping from a store of industrial-strength chemicals caused the blast.

Tower Hamlets Homes, which manages the building, is working closely with the council to manage the recovery of the building, care for displaced residents and arrange their temporary accommodation.



Sakariye Digaale and Zakariya Ibrahim

Families thrilled with houses built especially for those with disabilities

HOUSING

Local families have moved into their newly-built council homes, some of which have been adapted to support families living with disabilities.

The five, three-bedroom homes in Sidney Street, Stepney Green, were built on the site of an underused library building. All have gardens and two are adapted for families living with disabilities.

Residents Elvis Aham Adome and Madina Alhassan recently moved in with their three children, one of whom uses a wheelchair.

Elvis said: "The adaptations include wider doorways, which means we can help our son to move about in his wheelchair, a lift to the first floor and hoists in the bathroom and bedroom. These will all help us to provide care for our son as he gets older."

Lutfur Rahman, Mayor of Tower Hamlets, said: "The housing crisis is the greatest issue facing Tower Hamlets today. There is an acute shortage of social homes and too many residents live in overcrowded homes."

The two adapted properties are part of the council's flagship Project 120 initiative, which brings together occupational health specialists, architects and the council's housing team to design social homes that meet the specific needs of residents living with disabilities.

Each adapted home has an internal lift, a wet room on the first floor and hoists fitted in the bedroom to allow a person living with disabilities to fully utilise their homes.

Another mum, who asked to be kept anonymous, and her two children have also recently moved in. Her five-year-old son uses a wheelchair.

She said: "For the first time in his life, my son has independence from me.

"He has come on so much in the short time since we moved in. He



absolutely loves whizzing around, just like any child of his age.

"My son is non-verbal, and since we moved in he has even started communicating some of his needs

for the first time.

"He doesn't usually settle in places that he doesn't know but he has clearly been at home here since the first day and when he went outside

into the garden for the first time, I could see the happiness on his face.

"I already know that this is going to be a lovely home where both of my children can grow up."

Register your interest for affordable homes

So far, 354 people have signed up to a register to help them find affordable houses quicker.

Tower Hamlets Council launched the Intermediate Housing Register in October last year.

Residents on the register get

the first chance to express interest in any new London Living Rent, Shared Ownership and other intermediate housing schemes built in the borough.

For the first three months homes are listed, only local people, and

those who have worked in the borough for at least six months, who are registered, will get details of the properties.

After that, if Tower Hamlets residents have not bought or rented the homes, they will be opened up to

the general public.

• If you would like to find out more information on the scheme, and to sign up to the Intermediate Housing Register, visit towerhamlets.gov.uk/intermediatehousingregister

Poplar Riverside build reaches its highest point



The new development on the River Lea

A major new waterside neighbourhood on the banks on the River Lea in Poplar has celebrated a recent milestone with the topping out of the first 219 affordable homes.

The development, by Poplar HARCA and St William, is expecting its first residents in autumn 2023. The affordable homes will form a key part of the first phase of the development, which will deliver 643 homes across four buildings.

Poplar Riverside is one of east London's major regeneration projects, providing more than 2,800 new homes on a brownfield site.

There will be a 2.5-acre public park with a playground, a supermarket,

shops and pub on the site.

Paul Hopkins, Managing Director at St William, said: "Through the partnerships we've formed with Tower Hamlets and Poplar HARCA, we will increase the supply of high-quality affordable homes for this part of the capital while creating an inclusive mixed-use community."

Babu Bhattacharjee, Director of Communities and Neighbourhoods at Poplar HARCA, said: "The shared ownership and social homes Poplar Riverside will create will make a massive difference to local families and we know how excited our community is to see what this development has to offer."

Ambitious plans set out to build 4,000 affordable homes

HOUSING

Four-thousand affordable homes are set to be built, under new proposals which have been unveiled by the council.

Cllr Kabir Ahmed, Cabinet Member for Regeneration, Inclusive Development and Housebuilding, has pledged to help residents buy new houses in the borough with the ambitious affordable housebuilding scheme.

He said: "Now, more than ever, we need a housebuilding programme that empowers the residents of Tower Hamlets.

"For too long, rents have been allowed to rocket unchecked, house prices have continued to rise and residents who have lived in our borough for generations have been driven out of Tower Hamlets to areas with no family, friends or connections. No more.

"As the council's Cabinet Member for Regeneration, Inclusive Development and Housebuilding, I am excited to work with Mayor Lutfur Rahman on an ambitious housebuilding and regeneration programme that will provide decent, affordable homes for the people of our borough.

"We have pledged to build 4,000 affordable homes, 1,000 every year during our time in office.

"At our last cabinet meeting, the Mayor pledged to build 27 new council homes as part of the



Cllr Kabir Ahmed has pledged the council will build 1,000 homes a year

£35million redevelopment of the St. George's Leisure Centre in Shadwell – and this is just the beginning."

He added that the council will also continue to look after those living in the borough through the cost-of-living crisis, with a £3million fund to help over 26,000 residents most in need with their bills.

Cllr Ahmed said: "Similarly, on August 1, the Mayor announced a

£1million package in response to the predicted increase of the Energy Price Cap, which could reach as much as £5,000 next year. This will benefit at least 7,000 households, with £200 payments and £200 equivalents for pensioners.

"We will be a council that looks after all its residents, and ensures they are protected against the worst consequences of the cost of living

crisis.

"Together, we can rebuild our borough and rebuild our future, and make Tower Hamlets a place that works for everyone, regardless of their background."

• You can read more about what action Tower Hamlets Council is taking to help its residents through the cost of living crisis on p4 and p5.

School applications are now open



Don't miss the deadlines for admission to secondary, primary and nursery schools.

Secondary admissions For children born between 1 September 2011 and 31 August 2012	31 October 2022
Primary admissions For children born between 1 September 2018 and 31 August 2019	15 January 2023
Nursery admissions For children born between 1 September 2019 and 31 August 2020	16 February 2023

Complete your application online at www.eadmissions.org.uk

For information about how to apply, scan the QR code or visit towerhamlets.gov.uk/schooladmissions

school.admissions@towerhamlets.gov.uk
0207 364 5006



Secondary Transfer School Visiting Dates for Admission to Year 7 in 2023



We advise that you check the individual schools website for up to date information.

School	Open mornings	Open evenings
Bishop Challoner Catholic Boys' School www.bishopchallonerfederation.towerhamlets.sch.uk	Saturday 17 September, 10am- 12pm. Tuesday 20 & Tuesday 27 September, arrive promptly for a 9.30am start	Tuesday 13 September, 6-8pm
Bishop Challoner Catholic Girls' School www.bishopchallonerfederation.towerhamlets.sch.uk	Saturday 17 September, 10am- 12pm. Tuesday 20 & Tuesday 27 September, arrive promptly for a 9.30am start.	Tuesday 13 September, 6-8pm
Bow School www.bow-school.org.uk	Monday 12, Wednesday 14, Monday 26, Thursday 29 September & Tuesday 4, Thursday 6 October, at the following times: Tour 1: 9-9.45am, Tour 2: 11.15am- 12pm, Tour 3: 4-4.45pm	Tuesday 20 September, 4.30pm <small>Tours 1 & 2 must be booked in advance. Details of the booking arrangements can be found on the school website. Tour 3 is an after school tour which does not need to be booked in advance.</small>
Canary Wharf College Crossharbour www.canarywharfcollege.co.uk	Wednesday 5 October, 9am	Tuesday 4 October, 5pm
Central Foundation Girls' School www.central.towerhamlets.sch.uk	Thursday 29, Friday 30 September & Monday 3, Wednesday 5, Thursday 6, Friday 7 October, 9.30-10.30am	Tuesday 4 October, 4.30-6.30pm
George Green's School www.georgegreens.com	Monday 26 to Friday 30 September, 9.15-10.15am Places are limited and must be booked in advance by emailing tmorgan@georgegreens.com.	Wednesday 28 September, 4-6.30pm
Langdon Park School www.langdonparkschool.co.uk	Tuesday 13 to Friday 16 September, 9.15-10.15am	Thursday 29 September, 5.30-7.30pm
London Enterprise Academy www.londonenterpriseacademy.org	Monday 3 to Friday 14 October, 9-11am	Thursday 29 September & Tuesday 4 October, 4-6.30pm
Morpeth School www.morpethschool.org.uk	Tuesday 13, Thursday 15, Monday 19, Wednesday 28 September & Monday 10, Friday 14 October, 9.30-11.15am	Wednesday 5 October, 4-7pm <small>Informal drop-in sessions: Wednesday 21, Friday 29 September & Wednesday 12, Tuesday 18 October, 9.30-10.30am. Book online to attend a drop-in session: www.morpethschool.org.uk/2166/admissions-2023. (There is no need to book in advance to attend an Open Morning.)</small>
Mulberry Academy London Dock www.mulberrylondondock.org	TBC – please check the school website	Tuesday 4 October, 4pm & 5pm (two slots, please register on website)
Mulberry Academy Shoreditch www.mulberryacademysshoreditch.org	Monday 19 to Thursday 22, Monday 26 to Thursday 29 September & Monday 3 to Thursday 6 October, 9.15-10.30am	Thursday 6 October, 4-6pm
Mulberry School for Girls www.mulberryschoolforgirls.org	Monday 19 to Wednesday 21 September, 9.30-10.30am	Tuesday 27 September, 4-6pm
Mulberry Stepney Green www.mulberrystepneygreen.org	Friday 9, Thursday 15, Tuesday 20, Thursday 29 September & Friday 7, Tuesday 11, Thursday 20 October, 9-11am	Wednesday 21 September, 4-6pm
Mulberry University Technical College (UTC) www.mulberryutc.org		Thursday 20 October, Thursday 19 January & Thursday 16 March, 4.30-6.30pm
Oaklands School www.oaklands.towerhamlets.sch.uk	Thursday 22, Tuesday 27 September & Monday 3, Friday 14, Wednesday 19 October, 9.20-10.30am	Wednesday 28 September, 4-6.30pm
Stepney All Saints CofE Secondary School www.stepneyallsaints.school	Thursday 15, Wednesday 21 September & Tuesday 4 October, 9.30-11am	Monday 26 September, 4.30-6.30pm <small>Register online to attend at www.stepneyallsaints.school</small>
St Paul's Way Trust School www.spwt.net	Monday 19 to Wednesday 21 September, 9.15-11am	Thursday 22 September, 4-6.30pm
Swanlea School www.swanlea.co.uk	Wednesday 21, Friday 23, Monday 26, Thursday 29 September, 9.15-10.15am.	Wednesday 5 October, 4-6.30pm <small>Family Fun Day: Saturday 17 September, 11am-3pm</small>
Wapping High School www.wappinghigh.org	Wednesday 21, Wednesday 28 September & Wednesday 5 October, 9-10am	Wednesday 21 September, 4.30-6.30pm

Students celebrate 'excellent' results in A Levels and GCSEs

YOUNG PEOPLE AND FAMILIES

Students across Tower Hamlets celebrated excellent results in their GCSEs, A Levels and Level 3 vocational qualifications this year, despite the disruptions they have faced during the Covid-19 pandemic.

This is the first year since 2019 that students have been assessed through examinations.

Last year, students were assessed in a different way due to the Covid pandemic with different grade boundaries, so grade comparisons to last year do not compare like with like.

In Tower Hamlets, almost three quarters (74.4 per cent) of students gained an A*-C grade in their A Levels – an increase from 2019.

The proportion of students that achieved A* grades (6.9 per cent) is nearly double 2019 levels.

Students also received results for Level 3 vocational qualifications. 98.5 per cent of entries achieved Passes and above.

The proportion of Tower Hamlets BTEC entrants achieving at least a Distinction* or above increased by 12.1 percentage points compared to 2019.

A total of 87 per cent of students achieved grades 9-4 in their GCSE

English (equivalent to the old A* to C grades), an improvement of two per cent compared to 2019. In maths GCSE, 79 per cent of students achieved grades 9-4, up four per cent on the comparable figure in 2019.

Lutfur Rahman, Mayor of Tower Hamlets, said: "Education is a top priority for the council and these achievements demonstrate the excellence in Tower Hamlets schools.

"I am so proud of the young people in our borough who work hard and inspire those around them.

"I'd like to say a particular thank you to the education staff who have supported students to accomplish

these excellent outcomes."

Cllr Maium Talukdar, Deputy Mayor and Cabinet Member for Education, Youth and Lifelong Learning, said: "Congratulations to all the students who received their results.

"Whatever they choose to do next, I wish them well in their future plans.

"We will stand by all our young people and remain committed to our pledges of university grants and Education Maintenance Allowance (EMA) to support them in writing the next chapter of their lives."

Dimitrije aims to go to Oxford or Cambridge



Dimitrije Cato received his GCSE results.

He said: "I did really well.

"I'm over the moon and proud of myself.

"I achieved seven 9s, an 8 and a 7.

"I'm going to study French, history, maths and Latin at A Level and I aim to go on to Oxbridge.

"I've enjoyed being St Paul's Way Trust School. There's a good work ethic here."

Sharmin surprised by her fantastic grades



Sharmin Aktar achieved A grades in English and sociology and a B in religious studies in her A Levels.

She said: "Compared to what I thought I'd get, I've done well. I struggled to study during the pandemic. At first I didn't have a laptop and had to do everything on my phone but my teachers helped me to buckle down and get through. My hard work and diligence has paid off and I have celebrated with my family."

Amal hoping to apply to study medicine



Amal Yussuf achieved an A grade in chemistry as well as B grades in biology and maths.

She hopes to get a job as a healthcare assistant before she applies to King's College to study medicine next year.

Amal said: "I'm very happy with my results.

"Studying and learning online was quite hard during the pandemic and I lost motivation at times."

Nancy very pleased with her high grades



Nancy Poyntz received her GCSE results.

She said: "I did pretty well.

"I received a mix of grades 9 and 8."

"I'm so pleased.

"I'm going to study literature, geography and philosophy at A Level."

Sara can fulfill dream of working with kids



Sara Saeeda Sultana achieved three distinctions in BTEC Health and Social Care and will study primary education at the University of Greenwich.

She said: "I want to be a teacher and have always wanted to work with children. Now, I am on my way to achieving my dream."

"Studying for my exams during the pandemic was difficult as the school wasn't open for several months. Thankfully, our teachers gave us lots of support."

Great support from school for Yaqub



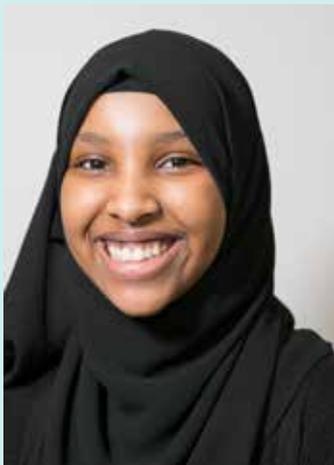
Yaqub Miah received his GCSE results.

He said: "I did very well. I got 9s in six subjects and an 8 in science."

"I'll study for my A Levels either here at St Paul's Way Trust, or at Stepney All Saints."

"I received lots of support from my teachers who have helped me become more confident. I even learnt a lot during the pandemic. The teachers made learning online easy for me."

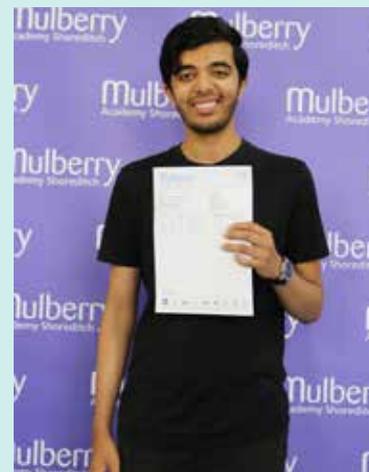
Nadia will be going to Cambridge University



Nadia Hussein, the previous Deputy Young Mayor and Youth Cabinet Member for Community, will be studying Asian and Middle eastern Studies at Cambridge. She studied Geography (A) English Lit (A*) and Sociology (A*) at St Pauls Way Trust.

She said: "It's an incredible opportunity and a long term dream of mine after visiting in Year 4 with my class. I know this isn't just for me, but for so many other young women in Tower Hamlets that think 'I wonder if I could?'"

Radid thanks school and teachers for help



Radid Sarker achieved an A* in maths, A's in further maths and computer science and a B in physics in his A Levels.

He is now off to the University of Manchester to study physics and maths.

He said: "I'm really happy with my results and thankful to my school and teachers who helped a lot with online lessons during the Covid-19 pandemic and catch-up sessions afterwards."

"I also received lots of support at home."

History at Cambridge University for Daawood



Daawood Islam, the previous Deputy Young Mayor and Youth Cabinet Member for Social Economic Growth will study History at Cambridge.

He achieved A* in History, A* in Politics and A in English Literature at Oaklands.

He said: "This is as much for me as it is for my family."

"I wanted to do something great and I know this is perhaps just the start."

"I hope to really make myself and others proud."

Arhan really happy with great results



Arhan Amin, who completed his A Levels, said: "Studying during the pandemic was really hard, however, our teachers helped a lot."

"I am really happy with my grades – A's in computer science and maths, and B's in physics and further maths."

"I will be taking up an offer to study computer science at Queen Mary University."

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Thursday 15th

Monday 19th

Wednesday 28th

Open Mornings October 2022

9.30am to 11.15am:

Monday 10th

Friday 14th

Open Evening October 2022

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NO BOOKING REQUIRED

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September, 9.30am – 10:30am

Wednesday 12th and Tuesday 18th
October, 9.30am – 10:30am

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SCAN ME



Better hygiene scores for Tower Hamlets businesses

JOBS AND ECONOMY

Three-quarters of eateries that have been reinspected after taking part in a council training course have seen their hygiene rating improve.

All businesses which sell food are regularly inspected by the Food Standards Agency and are given a star score depending on how the



We will continue to offer this support, which will help us reach more businesses

food is managed, prepared, stored and handled, and the cleanliness of the premises.

Five stars is 'very good' and four stars is 'good'. Three stars means the hygiene standards are 'generally satisfactory'.

In Tower Hamlets, currently 10 per cent of all food businesses have a rating of three stars or less.

To tackle this, the council provided a food hygiene training course to teach and support those whose businesses had three stars or less and those awaiting inspection.

In total, 39 businesses completed the training.

So far, 24 have been reinspected after the training and 79 per cent saw an improvement in their hygiene rating.

The final inspections were held by an Environmental Health Officer from Tower Hamlets Council and the council paid the £195 reinspection

fee as part of the course.

The course is provided as part of the Thriving High Streets Three (THS3) Fund.

The fund was created to support the recovery of the borough's high streets and markets from the effects of Covid-19, and offers a package of support for local businesses and market traders.

The application for Thriving High Streets Four (THS4) was secured on 18 July and will launch later this year with an additional £289,000 investment from the council.

THS4 will see two of the programmes from THS3 return. The Business Support and Training programme saw existing business and market traders in the borough complete training in varied fields such as marketing, sales and finance.

A total of 71 businesses completed the training under THS3.

The food hygiene training course will also return under THS4.

Cllr Abu Talha Chowdhury, Cabinet Member for Jobs, Skills and Growth, said: "I'm pleased that so many local business owners have benefited from the Thriving High Streets Three Fund.

"We are aware of the challenges our local businesses face and know that helping to tackle these issues is key to building a strong economy.

"With Thriving High Streets Four, we will continue to offer this additional support, which will help us reach more businesses in the borough, drive more footfall to our high streets and renew our excitement for our local offering."

- For more information about Thriving High Streets Four, email highstreets@towerhamlets.gov.uk
- You can see the ratings for all businesses at <https://ratings.food.gov.uk/>

Hygiene course is a real recipe for success



Mohibul Islam, owner and chef at Fusion Kitchen, was pleased to see his hygiene rating increase to five stars after completing the training course

A Bethnal Green businessman is delighted after the food hygiene training course helped him achieve a five-star rating for his restaurant and takeaway.

Mohibul Islam, business manager and owner at Fusion Kitchen, was born in Bangladesh and came to England when he was twelve, where

he grew up in the borough and went to Tower Hamlets College, now New City College. He had run his business for three years before Covid-19 hit.

With the challenges the pandemic brought, the company struggled and he fell behind.

Mohibul said: "When I got three stars, I said we have to get five stars

for my customers.

"I just wanted to know what I needed to work on and what I needed to do in order to get a five-star rating."

After completing the course, Mohibul was pleased to have been given a five-star rating at the re-inspection, which he hopes will help his restaurant and takeaway

business.

Mohibul said: "It's a good opportunity for everyone, all businesses. I personally think it helped me a lot. The council is doing a great thing and we should take advantage of the opportunity to use it in our sector.

"I believe everyone should take this opportunity."



Current stall holders Marc Herbet, left, and Mohammad Salem, right, encourage everyone to give being a market trader a try with the council-sponsored workshop

Market trader workshop will help people set up own stalls

Residents who want to start their own market stall in the borough and become a street market trader can join a five-day workshop.

Anyone interested must sign up for the workshop, which is free and run by Rebel Business School.

The workshop, which will be hosted at The Shadwell Centre, will teach budding entrepreneurs the key business skills needed to launch a successful market stall.

Over the five days, participants will learn how to get started as a market trader, minimise risk and debt, initiate sales, set their business up online, present their products, and gain an understanding of legal structures and accounting basics.

The workshop will run from Monday 12 to Friday 16 September from 10am to 3pm daily, with a lunch

break.

A recording will be made available afterwards for those who can't attend.

Current market traders are encouraging others to open a stall in the borough.

Marc Herbet is the latest in his family to run a stall in East London – there has been a Herbet stall since the 1920s.

Marc took over his father's fruit and veg stall at Globe Town Market in 2012.

Marc said: "You're always meeting new people. Each day is never really the same. It doesn't really feel like work sometimes.

"I get a lot of customers that live alone or their children have moved out of the area or their husband or wife has passed away and they come up to get a bit of fresh produce and

they have a little chat and it makes everyone feel a bit better."

Marc also shared his best advice for anyone starting out: "Just persevere with it. You need to gain people's trust.

"If you're selling a perishable product, it needs to be fresh and once people realise that you're selling a good item, they'll come back.

"Keep optimistic, stay positive, give it a go and, hopefully, it'll pay off."

Mohammad Salem has worked in Tower Hamlets for 10 years and has had his falafel wrap stall on Whitechapel Road market for five years.

He said: "I get a lot of customers, especially from the hospital. They text their order and come down to collect it. Some customers come from Spain or Italy.

"I enjoy my job because of the customers.

"They like my food and they enjoy it when they come here.

"When I go on holiday, they say don't go for more than one or two weeks!"

• You can find out more and sign up at <https://therebelschool.com/tower-hamlets/>.



Keep optimistic, stay positive, give it a go and, hopefully, it'll pay off.

Support for school leavers to reach their aims

Help is at hand for young people considering their options after receiving their A Level or GCSE results.

Careers Young Workpath works with young people aged between 13 and 19, or up to age 25 if they have a special educational need or

disability (SEND).

It provides careers information, advice and guidance about the next steps available to young people to help them reach their goals, and the options available to them.

For young people who received their GCSE or A Level results but are

not sure what to do next, the service offers careers interviews in person, over the phone or via video.

For young people no longer in education, the service can support them in making choices about their future, including getting into education, university,

training or work. The team will also help young people find jobs and apprenticeships, and support with application forms, CVs and interview techniques.

• Email: youngworkpath@towerhamlets.gov.uk or call 0800 3581 2410 or 0207 364 1401.



Barrels of raw sugar in the yard of George Clarke and Son circa 1910

Sugar, slavery and shipping

HISTORY

Feeding the Hamlets: Exploring the histories of food production in the East End is a new exhibition at Tower Hamlets Local History Library & Archives.

Sugar, slavery and shipping are issues explored as part of the exhibition, which is on display until February 2023.

More than 3,000 ships carrying slaves set out from London's ports between 1699 and the abolition of the slave trade in 1807 and more than 100,000lb of raw cane sugar was imported from the Caribbean on their vessels.

The forced labour of enslaved Africans generated profits for the merchants of Wapping and Stepney, even if they did not own plantations themselves.

The West India Import Dock

The slave trade shaped a number of developments in East London during this time.

Nathaniel Phillips, who lived in Mile End Old Town between 1749 and 1765, owned two sugar plantations in

Jamaica.

His son was among London's powerful shipping and sugar merchants who sought to follow the example of the East India Company and build a dedicated dock for the Caribbean trade.

The West India Committee wanted a purpose-built dock complex that would provide faster, more efficient unloading and processing of imported goods and tighter warehouse security than the overstretched, overcrowded Port of London could provide.

The West India Import Dock was eventually completed in 1804, though the complex was not wholly completed until 1809, two years after abolition.

The sugar bakers

The sugar-refining industry grew exponentially over the 18th century in tandem with the import of raw cane sugar. Germans from the region of Hanover, having perfected a process called 'sugar baking', migrated to London, settling in the East End close to the source of supply.

Their 'sugar houses' were established in places such as

Wellclose Square, Alie Street and Whitechapel High Street from as early as 1725.

There continued to be a sizeable German community locally until the First World War.

Sugar baking required long hours and appalling working conditions. Accidents including scalding and explosions were common, as the sugar was boiled in open pans and chemicals were added while workers were stripped to the waist to endure the heat. The sugar was made into cone-shaped loaves, which were bought by grocers and sold on to affluent consumers in the City of London and beyond.

Sugar was taxed so highly by the Crown that despite the booming local industry, it was not commonplace in the East End diet until the 20th century.

20th century sugar and syrup

By the 1870s, the production of sugar from smaller German sugar houses was in decline. Henry Tate of Liverpool had been in the sugar business since 1859, buying the rights to the granulated sugar cube in

1875. Abraham Lyle & Sons opened a refinery in Plaistow in 1883, selling their famous Lyle's Golden Syrup in green tins from 1885 in grocery stores all over Britain.

In 1921, after both founders had died, the companies merged to form Tate & Lyle. The most well-known refinery was in Silvertown, Newham. This factory had a long history of employing East End residents, especially women from the Isle of Dogs during the Second World War.

George Clarke's Sugar Works was based in Broadway Works on Alpha Grove in Millwall. Many local men were employed to lift and shift these barrels of heavy sugar. The company made products including syrup and treacle, using raw cane sugar supplied from nearby West India Docks.

The factory survived both world wars and was redeveloped in the 1950s. However, the sale of the company soon followed and it was taken over by Tate & Lyle in 1964. Specialising in granulated brown sugar as well as Lyle's Golden Syrup, Tate and Lyle's Alpha Grove factory expanded in the 1980s and continued

Thousands enjoy summer of fun events

YOUNG PEOPLE AND FAMILIES

Thousands of families enjoyed free activities over the summer holidays.

Organised by Tower Hamlets Council and partner organisations, events included arts and crafts, music, sport, dance, festivals, adventure play, biking, street art, farm tours, woodwork and more.

Cllr Iqbal Hossain, Cabinet Member for Culture and Recreation, said: "Leisure and physical activities are proven to enrich lives, improve mental wellbeing and build confidence.

"Our summer programme gave

everyone a chance to bounce back to wellbeing after the Covid-19 pandemic by making the most of our leisure facilities, beautiful parks and outdoor spaces."

An estimated 14,500 people took part in more than 600 activities which were offered to families throughout the school holidays, with most free of charge and some including a free, healthy meal.

As well as hosting free events, the council has invested £10m as part of its parks capital programme, which includes improving play facilities to encourage families to visit and enjoy the borough's outdoor spaces, especially on long summer days.



More than 600 activities took place for families over the summer holidays, including donkey rides, messy play, arts and crafts, music, sport and more





KNOW YOUR COUNCIL

BETHNAL GREEN EAST



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Tower Hamlets Council has a system of governance in which the elected mayor, **Lutfur Rahman** (Aspire, right), has personal responsibility and executive powers. Mayor Rahman is responsible for determining and delivering a wide range of policies and priorities. He is advised by his cabinet of councillors and by council officers.



*** The members of the Cabinet are:**

Deputy Mayor and Cabinet Member for Education and Lifelong Learning (Statutory Deputy Mayor) - Cllr Maium Talukdar

- Resources and the Cost of Living - Cllr Saied Ahmed**
- Regeneration, Inclusive Development and Housebuilding - Cllr Kabir Ahmed**
- Safer Communities - Cllr Ohid Ahmed**
- Environment and the Climate Emergency - Cllr Kabir Hussain**
- Health, Wellbeing and Social Care - Cllr Gulam Kibria Choudhury**
- Jobs, Skills and Growth - Cllr Abu Talha Choudhury**
- Equalities and Social Inclusion - Cllr Suluk Ahmed**
- Culture and Recreation - Cllr Iqbal Hossain**

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Paralympic and Olympic legacy: a park for everyone

CELEBRATING OUR BOROUGH

2012 was a landmark year as the world's spotlight shone on London for the Olympic and Paralympic Games.

Ten years after the London 2012 Olympic and Paralympic Games, that legacy lives on at Queen Elizabeth Olympic Park - now a world-leading destination for sport,

entertainment, culture, education and relaxation, and a global centre for enterprise.

Many of the Paralympic and Olympic events took place at the Queen Elizabeth Olympic Park in Stratford, near Tower Hamlets.

Great Britain secured a fantastic 65 medals in the London 2012 Olympics Games and 120 Paralympic medals.

Millions enjoyed watching the action, and now they can continue to

enjoy the park.

A total of 1,000 local children learn to swim at the London Aquatic Center each week, there have been more than 200 major sporting and cultural events held on the Park since 2012, and there are more than six million visits a year to the Park and venues.

The venues have been designed to be accessible for everyone.

There is step-free access, hard-

standing surfaces, regular seating, and accessible Blue Badge car parking for each of the venues.

The venues have accessible toilets and changing facilities including baby changing facilities, induction loops and audio assistive systems.

The Park Mobility service is available for visitors with mobility and/or visual impairment.

• Find out more at queenelizabetholympicpark.co.uk



Have your say on private rentals in Tower Hamlets

A LISTENING COUNCIL

Share your views on private renting in Tower Hamlets and help shape future plans and proposals.

With Generation Rent, Tower Hamlets is running a pilot consultation with private renters in the borough.

The council wants to understand what problems you have, so it can improve communications and make sure you are aware of your rights and how it can help you.

The survey will also inform the council's analysis of the local housing market.

By taking part you'll help improve the lives of private tenants who, like

you, rent in Tower Hamlets.

The survey takes around 10 minutes to complete.

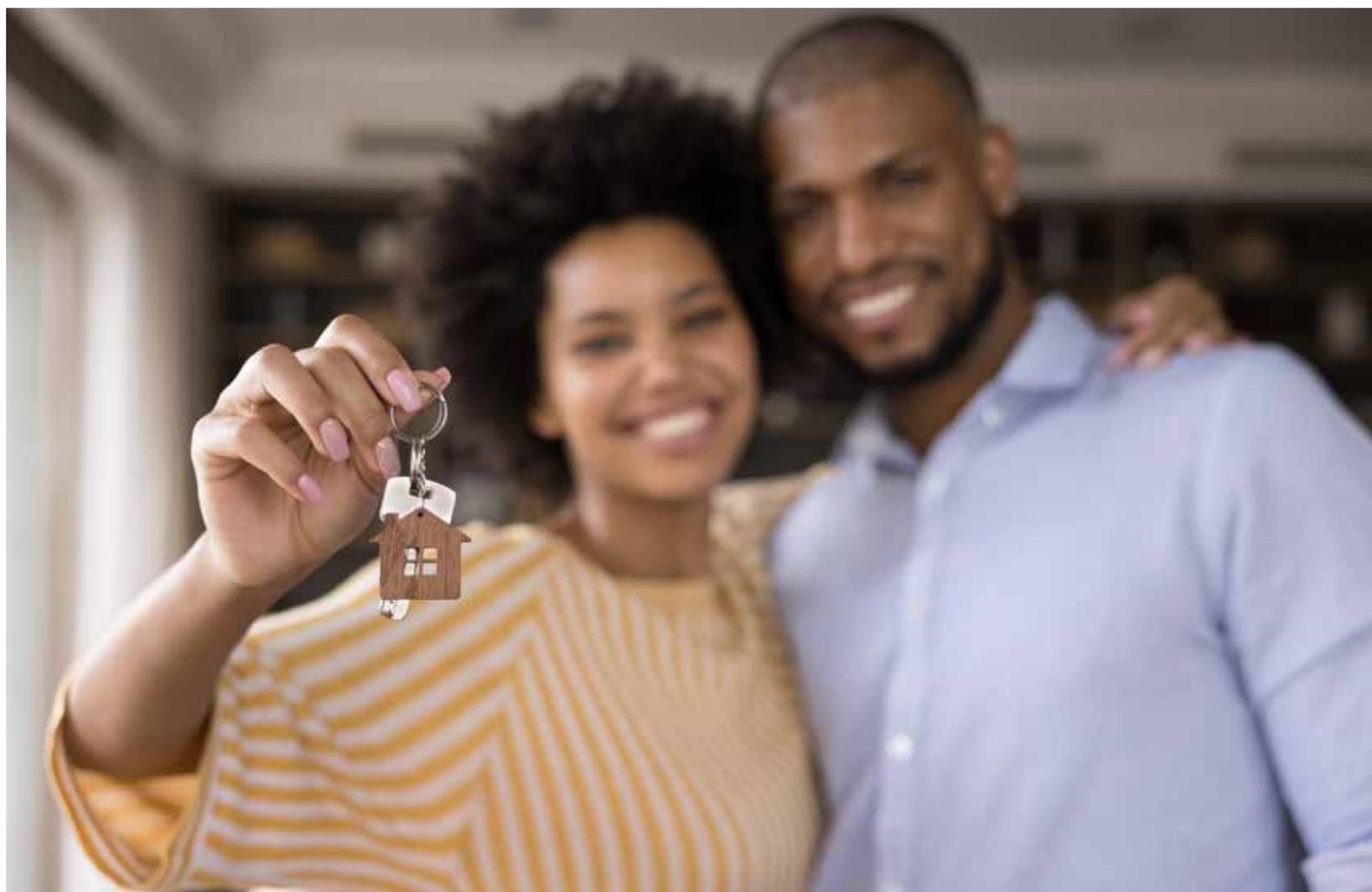
Any information collected will only be used by the council's Housing Team and Generation Rent, and will not be shared with other services or anyone else outside the council.

Completion of the survey is entirely optional, your personal data

will be confidential and used only for the purposes outlined here.

Please do not complete this survey if you are a homeowner, landlord or council/housing association tenant.

- **If you want to take part in the consultation, you can do so on our consultation portal at <https://talk.towerhamlets.gov.uk/private-renters-survey>**



Share your thoughts on Tower Hamlets Homes

We want to hear your views on Tower Hamlets Homes.

Tower Hamlets Homes (THH) is a not-for-profit company set up in 2008 to deliver high quality housing services for residents living in 21,000 homes in East London, including 9,000 leasehold homes and 12,000 tenanted homes.

The company delivers its services for Tower Hamlets Council, which owns the homes. THH manages the tenancies and leases on behalf of the council.

A key part of the new Mayor's manifesto is a commitment to holding a consultation on bringing Tower Hamlets Homes back

in-house.

This is not due to concerns about THH's performance.

The council now has a proposed timetable for a consultation which will include residents, leaseholders, and key stakeholders. It is currently planned for an eight-week period over autumn.

The results of this consultation will help to inform the recommendations of a report to the council's cabinet in the spring when elected members will be asked to decide on the way forward.

- **We will continue to keep you up to date on these matters as they progress.**

Thousands enjoy All Points East and In the Neighbourhood

YOUNG PEOPLE AND FAMILIES

Victoria Park played host to nine days of music and community events.

Thousands of people enjoyed the All Points East (APE) festival, with headliners including The Gorillaz, Tame Impala, The National and Disclosure.

Local performers and community groups then took part in the In the Neighbourhood festival - a free community event which uses the APE infrastructure.

Clr Iqbal Hossain, Cabinet Member for Culture and Recreation, said: "It was fantastic to have Victoria Park chosen as the venue for this prestigious festival once again.

"Every year, All Points East boosts our local businesses, and shows everyone what a fantastic, dynamic place Tower Hamlets is.

"Keeping the noise and ASB levels low was one of our top priorities this year and we are pleased to have achieved this.

"Alongside APE, we are also able to hold the In the Neighbourhood community event.

"It was lovely to see so many people joining in the fun, making friends and enjoying our beautiful park."

Thousands enjoyed the All Points East festival and In the Neighbourhood community event. Photos courtesy of Sophie Jouvenaar, Sharon Lopez and Khali Photography





Mulberry

Academy London Dock

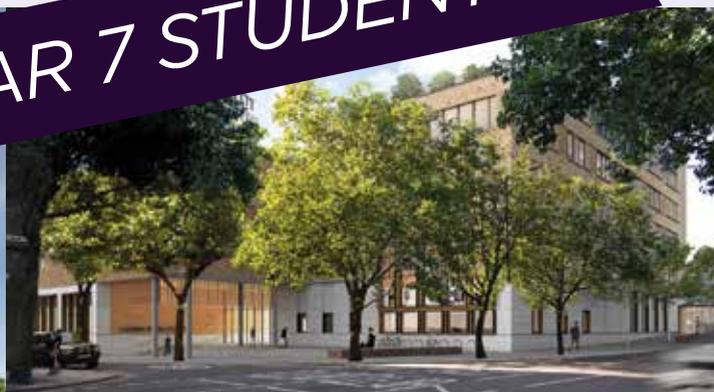
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Ofsted Inspection Report
31st January 2022

Sixth Form

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Wednesday 16th November 2022

4.00pm-6.00pm



Academic excellence

We aim to take students out of their comfort zone so they become resilient in the pursuit of knowledge and understanding.



Planned programme of enrichment

We understand the importance of developing a broad range of transferable skills alongside excellent academic outcomes.



Established UCAS and Oxbridge programme

We have a well-developed, early application and Oxbridge programme, tailored to the individual needs of each student.



Trips and residential visits

We value learning outside the classroom: residential trips to Wales, Lake District and Rome are popular amongst our students.



Broad and balanced curriculum

We offer many curriculum choices from Sports and Arts to Business and Humanities. The school is a specialist in Maths, Science and Computing.

**Mulberry Stepney Green
Maths, Computing and Science College**
Ben Jonson Road, London E1 4SD

☎ 020 7790 6361

✉ mail@mulberrystepneygreen.org

🌐 www.mulberrystepneygreen.org

Part of the

Mulberry
Schools Trust

Help make Bethnal Green sparkle with community clean

CLEAN AND GREEN

A clean-up event to bring the community together and bring back the pride to Bethnal Green is being held on 1 October.

As part of a wider initiative to make Bethnal Green the best area it can be, the council will be hosting a family-friendly clean-up and awareness-raising event.

This event is taking place alongside the council's routine work to keep the borough clean.

Cllr Kabir Hussain, Cabinet Member for Environment and the Climate Emergency, said: "It will be wonderful to see the community come together and help keep our

lovely Bethnal Green clean.

"The council is working hard to keep our borough clean, with regular street cleansing, fly tip clearing, and graffiti removal.

"However, in such a busy area, we also need our residents and businesses to do their part to support our efforts and dispose of their waste properly.

"We want to see everyone working together to bring the sparkle back to Bethnal Green and hope this event inspires the community to continue to look after their area."

It is also hoped that the clean-up will invigorate the local community, boosting the area's businesses and fostering a sense of pride in Bethnal Green. This should encourage local

people and visitors to take better care of it too, by not dropping litter, vandalising, leaving graffiti or fly tipping.

John Ryan, from the Bethnal Green-based arts and community centre Oxford House, said: "This event is a great opportunity to support your local community and work together to keep Bethnal Green clean. Oxford House supports the clean-up and encourages residents to do their bit to help."

Businesses in the area who want to take part will be given litter pickers and graffiti cleaning equipment.

Residents don't need to bring any special equipment as litter pickers and anything else they need will be provided on the day.

- The clean up is from 10am to 4pm on 1 October from Bethnal Green market, with organised litter picks at 11am and 2pm. See the council's website and social media for more information.



We want to see everyone working together to bring the sparkle back to Bethnal Green

Do you want to be a recycling champion?



Recycling champions, like Lene Milaa pictured above, spread the word about reducing, reusing and recycling

Meet Lene Milaa - a Mile End resident with a passion for recycling.

Lene is one of more than 50 residents of Tower Hamlets who has signed up to be a recycling champion.

This is a new programme started by the council which encourages local residents to spread the word about reducing, reusing and recycling across the borough and take action on the climate emergency.

Lene said: "I joined up to meet like-minded people and hopefully we can come up with a plan to encourage our neighbours to understand the importance of recycling. So many people don't see the connection between recycling, reusing and cutting down, and clean air for the future and our kids."

Recycling champions can get involved with events and workshops,

putting up recycling posters on notice boards, inviting recycling officers to community events, sharing leaflets, and contributing to local recycling projects.

Lene said: "The easiest way to contribute to a cleaner world is by using the recycling facilities the council provides. The purple bins are right outside our houses and blocks so it can't really get more convenient

than that. There are many other ways to recycle, for example by taking our flimsy plastic and crisp packets to the larger supermarkets. Recycling means less depletion of the planet's resources and encourages a culture of care for the environment, rather than use once then throw away."

- To become a recycling champion, please visit towerhamlets.gov.uk/Recyclingchampions



The school gates at Stephen Hawking Primary School have been covered in ivy to filter damaging particulates emitted by road traffic

New green walls to improve air quality near our schools

New 'living walls' are being introduced to help reduce pollution and improve air quality at several local schools.

The school gates at Stephen Hawking Primary School in Limehouse have been covered in ivy to filter damaging particulates



Children in Tower Hamlets have up to five per cent less lung capacity than the national average because of air pollution and we cannot let this continue.

emitted by road traffic in the area and to bring pupils closer to nature.

Cllr Kabir Hussain, Cabinet Member for Environment and the Climate Emergency, visited the school, which is dedicated to raising the standard of educational achievement for children with learning, health, and care needs.

The living green wall was installed in June with funding from Tower Hamlets Council's Local Infrastructure Fund, which aims to improve neighbourhoods.

Cllr Hussain said: "Projects like this help protect children's lungs and ensure they can breathe cleaner air.

"Children in Tower Hamlets have up to five per cent less lung capacity than the national average because of air pollution and we cannot let this continue.

"Initiatives like this are just one way we are trying to make a difference."

School Business Manager, Lisa Payne, said: "Stephen Hawking School is situated in a pollution

hot spot which is concerning as our pupils are some of the most vulnerable children in the borough, and many suffer with complex respiratory conditions.

"The council awarding us the pollution wall will help reduce dangerous particles our children could be breathing, making our playgrounds safer for the children and staff.

"Building on from this great start and promoting further use of the outside area, we will be fundraising for a sensory wall and more natural green spaces to promote children's and staff's wellbeing.

"A connection to nature will enhance our children's lives, especially those with life-limiting conditions and help promote positive mental health."

The council's Environmental Health and Trading Standards service has organised green wall installations at Cyril Jackson Primary School, in Limehouse, Old Palace Primary School, in Bow, and Bygrove Primary in Poplar.

Living walls fact box

- Green walls are also known as living walls, vertical gardens or ecowalls.
- They're vertical structures with different plants and greenery attached to them.
- Around 25 per cent of carbon emissions made by human activity are absorbed by plants.
- Just 1m2 of living wall extracts 2.3 kg of CO2 per year from the air and produces 1.7 kg of oxygen.
- Plants and microbes in the soil absorb harmful chemicals and convert them into compounds which plants feed on.

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10 Student

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Chair of Governors

“I like the school because we are inspired to be the best we can be in everything we do.”

Year 8 Student



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Leisure facilities to be improved after millions of pounds invested

HEALTHIER LIVES

Tower Hamlets Council has announced further investment in leisure services, along with taking direct control of their running.

At a cabinet meeting, plans were approved to bring the management of seven leisure centres in-house when the current contract with leisure provider GLL expires in April 2024.

Focus will be placed on operating a service that benefits hard-to-reach communities, such as BAME women and SEND children, to promote healthy living and wellbeing.

As leisure centres continue to close across the country, Tower Hamlets

Council is bucking the trend by investing in them.

Tiller Leisure Centre reopened in January after a refit to improve the swimming pool, gym and exercise studio, and York Hall's swimming and changing facilities reopened in July following a £1.03m refurbishment.

Other facilities receiving upgrades include Mile End Leisure Centre, John Orwell Sports Centre and Whitechapel Leisure Centre.

The creation of a new £35m leisure centre on the St George's site in Shadwell was agreed at cabinet, providing more, better quality facilities alongside new housing for residents to contribute to the Mayor's target of providing 4,000 new homes in the next four years.

Cllr Iqbal Hossain, Cabinet Member for Culture and Recreation, said: "Following the Covid-19 pandemic, prioritising residents' physical and mental health is of even greater importance.

"We will work hard to provide a network of first-rate leisure facilities for local people to enjoy.

"The new build at St George's will offer more than a pool, but a modern leisure centre with fantastic amenities for the community."

The decision to in-source services aligns with the council's leisure strategy, to enable and support local people to live healthier and physically active lives. The council would like to thank GLL for their partnership over the last 18 years and looks forward to

working with them for the remainder of the contract to ensure a smooth transition.



We will work hard to provide a network of first-rate leisure facilities for local people to enjoy.

£1m York Hall pool re-opened

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The swimming pool has been refurbished and made more energy efficient

York Hall swimming pool in Bethnal Green has re-opened following a £1m refurbishment.

Councillors and local hero athletes joined community club swimmers to celebrate the reopening of the pool hall - part of the Grade II listed historic York Hall Leisure Centre built in 1929.

The entire pool tank of the 33 metre pool has been replaced and retiled, keeping in style with the original 1920's design.

New energy efficient lighting

has been installed along with an upgraded air handling system to reduce carbon usage and create a lighter, cleaner and brighter experience for customers.

An accessible hoist has been added to aid swimmers with mobility issues.

Mayor Lutfur Rahman re-opened the pool with Cllr Iqbal Hossain, Cabinet Member for Culture and Recreation, and local athletes Ruqsana Begum and Hayley McLean.

Smile, you're on camera!



Councillors, THEOs, council ASB officers and police with the new state-of-the-art mobile CCTV unit

SAFER TOGETHER

A CCTV van with a 360-degree view is part of a £3.2million investment to prevent crime and anti-social behaviour (ASB).

Funded by the council, the state-of-the-art van is completely mobile, allowing it to be sent to ASB and crime hotspots across the borough.

Inside, a number of cameras watched by trained operatives film a 360-degree view of the area. High definition, zoomed-in images can be sent to the police to support them in bringing criminals to justice.

The cameras also have infra-red and thermal technology, enabling images to be captured in darkness.

The CCTV vehicle is also fitted with speakers and a system allowing the

video to be streamed to the council's control centre and the police.

Councillor Ohid Ahmed, Lead Member for Safer Communities, said: "This CCTV van is the latest part of our armour in the fight against crime and anti-social behaviour. It is a fantastic piece of equipment which will make a real difference to the lives of our communities."

Andy Port, Neighbourhood

Superintendent for Tower Hamlets at Met Police, added: "The police and the London Borough of Tower Hamlets work extremely hard to tackle the crime and anti-social behaviour that matters so much to our communities. This significant investment is one of a number of brilliant examples of our joint commitment to keeping our communities safe."

The van was launched in Chrisp Street Market when Cllr Ahmed joined Tower Hamlets Enforcement Officers (THEOs), local police and the council's ASB officers.

The CCTV van is in addition to a £3.2million upgrade of CCTV across Tower Hamlets, which will see every camera updated with digital technology.

These cameras will capture better quality images, making it easier to share them with police and other partners. So far, 30 cameras have been upgraded as part of the programme, to be completed by autumn 2022.

The council will also be launching knife amnesty bins across the borough, which enable people to dispose of knives safely, taking dangerous weapons off our streets.

New mobile unit makes reporting crime and ASB easier

It is now even easier to report crime and anti-social behaviour (ASB) in Tower Hamlets after the launch of a new Safer Communities Surgery unit.

The unit will act as a base for patrolling officers from local police and Tower Hamlets Council, including Tower Hamlets Enforcement Officers (THEOs).

The mobile space will provide an easily identifiable and accessible place for residents to meet officers, report issues and access information and advice.

Cllr Ohid Ahmed, Cabinet Member for Safer Communities, said: "We want to make sure all of our residents have the opportunity to speak to someone if they have any community safety concerns.

"Whether people need to report a crime or simply want to find out more about how we're working in partnership to tackle ASB, our new Safer Communities Surgery unit provides a safe space for everyone in our borough.

"We know that crime and ASB continue to be a concern for our community.

"I hope our mobile unit will provide



The van is easily identifiable so residents will be able to meet officers and report any issues in their local area

some reassurance for our residents, with more opportunities for people to speak to an officer whenever they need, and at a time and location that's convenient for them."

Inside the vehicle, there is plenty of space where people can meet with police officers to have a

chat and refreshments, or have a conversation in private.

Andy Port, Neighbourhood Superintendent for Tower Hamlets at Met Police, said: "The police and the London Borough of Tower Hamlets work extremely hard to tackle the crime and anti-social

behaviour that matters so much to our communities.

"This significant investment is one of a number of brilliant examples of our joint commitment to keeping our communities safe."

• Report ASB at www.towerhamlets.gov.uk/ASB



Police and council officers took part in a range of patrols, weapon and drug sweeps, and engagement activities during the week

Crackdown on anti-social behaviour across borough during awareness week

More than 400 hours of patrols were carried out by Tower Hamlets Council and police during seven days of activity for Anti-social Behaviour Awareness Week.

This was a result of partnership working from the Met Police, THEOs, Tower Hamlets Homes, Tower Hamlets Neighbourhood Watch, and council officers to target anti-social behaviour (ASB) hotspots and engage with residents.

Officers spoke with almost 1,000 residents and visited 186 local

businesses to highlight what support was on offer for those affected by ASB and encourage them to report issues to the police and council so those areas could be targeted with patrols.

During the week, 16 people were arrested for a range of offences including drugs, burglary, and possession of offensive weapons, 48 stop and searches were carried out and 78 ASB warnings were issued.

Drugs and weapons, including knives and a baseball bat, were also

seized.

Officers made 17 referrals to Tower Hamlets Specialist Substance Misuse Investigations Team (SSMIT) and RESET/Street Link, and spoke with 42 vulnerable people to give them advice and support.

Cllr Ohid Ahmed, Cabinet Member for Safer Communities, said: "We have made a firm commitment to tackle ASB and the activity during this week has proven that we will take action against perpetrators."

"ASB causes a number of problems for our residents and we want to send a clear message that anti-social behaviour will not be tolerated in Tower Hamlets."

"This is a fantastic result for our teams during anti-social behaviour week and we will be continuing to target ASB across our borough."

More patrols and activities targeting ASB will be continuing throughout the year.

• You can report ASB at towerhamlets.gov.uk/ASB

Hundreds visit pop-up police recruitment event

A police recruitment event, jointly organised by Tower Hamlets Council and the Met Police, saw hundreds of residents engage.

Held in Whitechapel, the stall enabled people to get support and advice on signing up to the police service, including information about the recruitment process, pay, benefits and what it is like to be a police officer.

Police officers were joined by members of the council and councillors.

The new Safer Communities Surgery unit also attended.

The event aimed to encourage more people to sign up to be police officers.

• To find out more about joining the Met Police visit met.police.uk/car/careers/



Residents were given information and guidance about joining the police at the stall and got to speak to officers and council staff

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OPEN EVENING

Thursday 20th October 2022
4.30PM – 6.30PM



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Wood Wharf Primary



Welcome to our new primary school

We look forward to welcoming our first Reception class to our new, fully inclusive primary school in the Isle of Dogs from September 2022.

Our vision for Mulberry Wood Wharf Primary is to create an outstanding, fully inclusive primary school that ensures the needs of all children are met and which makes a vibrant and meaningful contribution to residents in the surrounding area.

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If you have questions about our new school, please contact us.

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VISIT OUR WEBSITE

for further details about our fantastic school.

SCAN ME

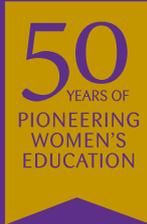


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CONFIDENCE CREATIVITY LEADERSHIP AND A LOVE OF LEARNING

Mulberry School for Girls is a vibrant, high achieving girls' comprehensive school for pupils aged 11 to 18.

Our school is a place where the talents and abilities of girls are nurtured in a safe, creative space and where our pupils can develop their ambitions, creativity, leadership and the power for self-determination.

We believe these attributes will enable our pupils to lead enriched, happy and fulfilled lives, making a contribution to their own community, to British society and to global well-being.



OPEN EVENING

Tuesday 27th September 2022
4pm – 6pm

We look forward to showing you what Mulberry has to offer.
 Open Mornings: Monday 19th to Wednesday 21st September
 9.30am – 10.30am



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Protect yourself with winter jabs

HEALTHIER LIVES

Residents are being urged to check if they are eligible for any jabs this winter and to make sure they book in as soon as possible if they are.

Vaccines are the best protection against a number of serious illnesses, which can not only have a serious effect on our health, but also add significant pressure on our health service.

This year, we are encouraging people to make sure they get their flu and Covid-19 booster vaccines, if they are eligible.

Flu

The best time for you to have your flu jab is in the autumn, which is usually before the flu starts spreading. The flu vaccine will be available in local pharmacies and GPs throughout Tower Hamlets.

Those eligible include:

- 50+ year olds
- People with long-term health conditions
- Pregnant women
- Frontline health and social care workers
- Close contacts of residents with weakened immune systems
- Carers

This year, in addition to our most vulnerable adults, children aged between two and 14 years (Year 9) will be offered a free flu vaccine.

This will be available through schools and children aged between two and three will be contacted via their GP.

To find out more visit: [nhs.uk/conditions/vaccinations/flu-influenza-vaccine/](https://www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/)

Covid-19

Although it may seem as though the Covid pandemic is over, there are still cases in the local community and this is expected to rise over winter due to the colder weather.

Booster vaccines for Covid-19 will also be offered from September for the following groups of people:

- Residents and staff in working in care homes for older adults
- Frontline health and social care workers
- All adults aged 50 and over
- People aged 5 to 49 in a clinical risk group
- People aged 5 to 49 who live with people with immunosuppression
- People aged 16 to 49 who are carers.

People who are eligible for a Covid-19 booster will be contacted.

More than 60,000 illegal cigarettes seized

Illegal tobacco worth more than £28,000 has been seized during a two-day raid as part of the council's commitment to protect our residents from the health hazards of counterfeit and illegal tobacco.

Officers from Tower Hamlets Council's Trading Standards team were joined by sniffer dogs Pippa and Rex to uncover the counterfeit and illicit tobacco from storage containers and shops in the borough.

The biggest haul was found in a container near to Chrisp Street Market, where officers seized 40,000 illicit cigarettes and 23,680 counterfeit cigarettes, as well as hand-rolled and smuggled tobacco.

There are serious consequences on the health of our community if illicit tobacco sales are allowed to continue.

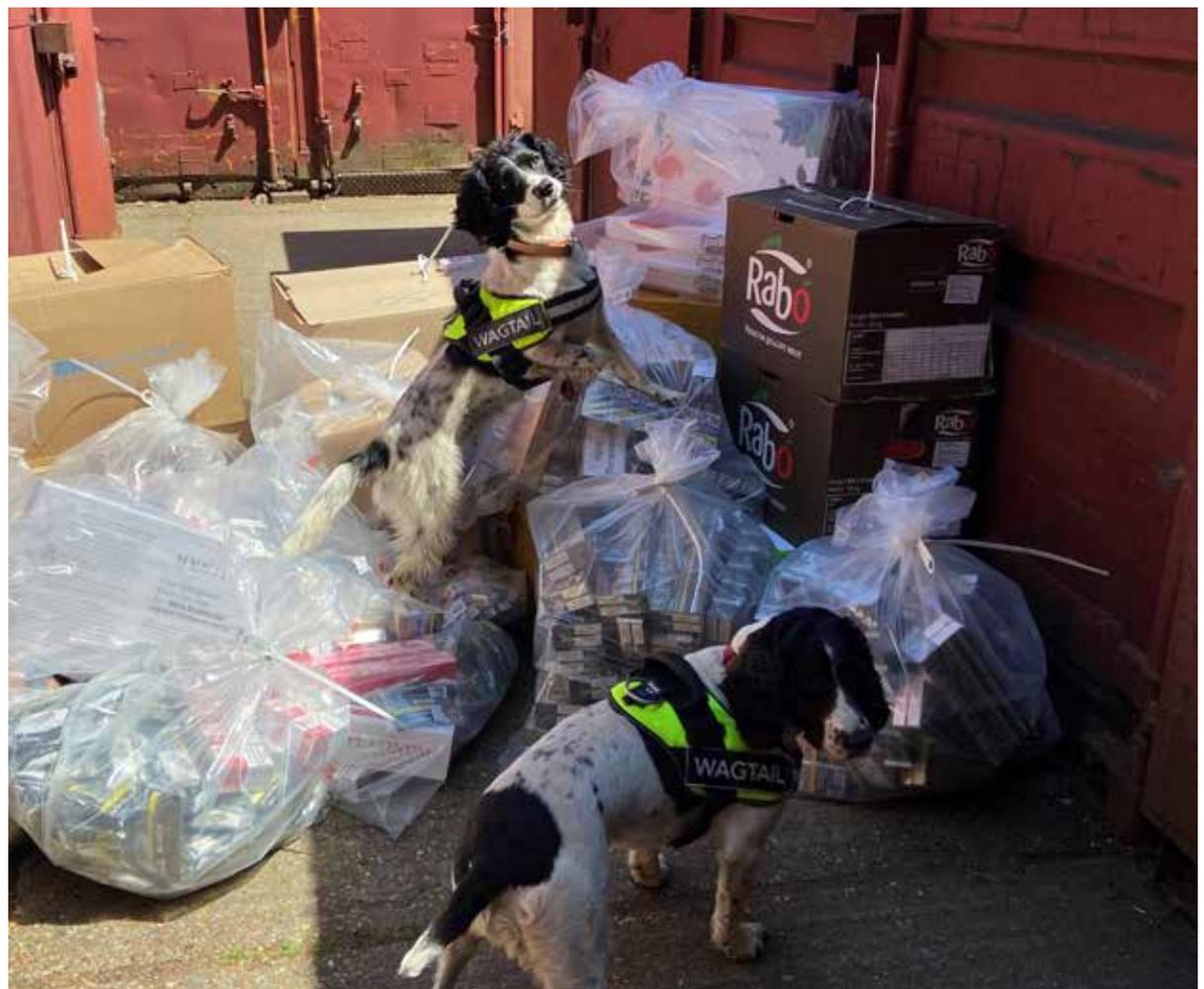
As illicit tobacco is sold very cheaply, it undermines efforts to stop people smoking and encourages young people to take up the habit.

Smoking can cause a number of health issues, including lung cancer, and increases the risk of strokes and heart disease.

Cllr Kabir Hussain, Cabinet Member for Environment and Climate, added: "Illegal and counterfeit tobacco are a real issue in our community, and we must work together to stamp it out.

"I encourage everyone to report any suspected sales to our Trading Standards team so we can take the appropriate action and keep our communities safe."

During the operation, the Trading Standards team also targeted shops illegally selling vape liquid and



Sniffer dogs Pippa and Rex with the haul found in the container

nitrous oxide.

They seized 200 bottles of a type of vaping liquid which is banned in this country due to its strength, and 26 1.5kg cylinders and 250 canisters of nitrous oxide, commonly known as laughing gas.

Nitrous oxide can be very

dangerous when inhaled as it can lead to users suffocating or experiencing permanent nerve damage.

Trading Standards carries out regular raids which target sales of illegal tobacco, nitrous oxide and illegal vaping liquids,

among other things.

- To find out more or to report a business for selling illicit tobacco and other items, visit www.towerhamlets.gov.uk/tradingstandards



Image courtesy of Chris Batantu

Exhibitions, dance, film skills workshops and more for Black History Month

The council is supporting a range of events and activities to showcase the richness of black arts, culture and history during October for Black History Month.

Alternative Arts will present *Power and Glory*, a collection of photos from black photographers which explores history and identity through womanhood, carnival, courage, gender equality, climate change, survival and freedom. The show is a celebration of black culture, demonstrating new perspectives in photography.

A selection of film events from The New Black Film Collective, including *Curious about Colonialism*, *An Immigrant's Tale* from Raindance Film Festival, and Genesis Cinema's *If Beale Street Could Talk* will also be screened.

Dance will feature through Neon Performing Arts' *Happy Feet* workshops, and Minority Financial Inclusion's *African Dance* workshops for carers.

Young people can learn new skills with Purple Moon Drama's film sessions which have the Covid recovery-inspired theme of 'the come back is stronger than the

set-back'.

Young people will have the opportunity to try out a variety of instruments with workshops run by the Grand Union Orchestra.

Poplar Union is holding three events for young people. *Essentially Black* is a new play which examines the black and mixed-race experience at elite universities and is set against the backdrop of the Rhodes Must Fall movement at Oxford University in 2016.

Things I can Laugh About is a theatre show and workshop focusing on young people's mental health and wellbeing. There will also be writing and spoken word masterclasses with Jordon O.

A community-based party to support adult mental health and wellbeing will take place at St Paul's Church. The Women's Inclusive Team is planning a Somali-focused celebration of black history.

You can see the full programme and details on how to book at www.towerhamlets.gov.uk/blackhistorymonth

Help write and perform in a play as part of Season of Bangla Drama

Are you aged between 11-19 and want to take part in one of the borough's biggest theatre festivals this November? A series of 10, free drama workshops will begin on 11 September at the Brady Arts Centre in Whitechapel in which you can help devise the play, 'A Curious Journey Through the Golden Age'. You can also take part in the production, which will be performed on 13 November.

To enrol, please email contact@wawcreativearts.com

Freedom and determination in A Season of Bangla Drama



A season of Bangla returns this November

The annual festival A Season of Bangla Drama returns to venues across the borough from 4 to 27 November.

The festival features a number of plays, including Ayna Arts' *Telegram*, an inspiring story of migration and self-determination from a woman's point of view and Bangla Connection CIC's *Piyar Alir Bhanga Mukh (Shattered Faces of Piyar Ali)* which follows a man during the 1971 genocide in Bangladesh.

How to Make Rice, a play from Sufi Soup, is about a seemingly innocuous method to make rice, which takes the audience through the Bengal famine of 1943-44.

A Broken Dream from Message Cultural Group reflects on how a family crisis, violence and divorce affect children's mental health. Bangladesh Udichi Shilpi Goshti UK Shangsad explore how social injustice, communal hatred, stigma and stereotyping blinds people's judgment in their play *Oggatonama: Identity Unknown*.

Circus from Marble Sinew Ltd tells the tale of a playwright who puts on a controversial show to revitalise his theatre, letting the real audience decide how successful it will be.

Dance, music and poetry feature in *Seasonal Hues*, *The Love Songs* and *Death of an Orange* respectively.

The festival, delivered by Tower Hamlets Council in partnership with Queen Mary University of London Department of English and Drama, and supported by Arts Council England, will include a fringe programme of exhibitions, talks and more.

Visit www.towerhamlets.gov.uk/seasonbangladrama for full details of all the events taking place for the festival.

Exhibitions

Mendoza Mania

A celebration of the life and times of Portuguese Jewish bare knuckle boxer Daniel Mendoza (1764-1836),



Daniel Mendoza

featuring workshops, readings and arts. QR codes on trees in Paradise Gardens will enable visitors to listen to extracts from Mendoza's memoirs and oral histories of local people.

18 September (11am-4pm)
Paradise Gardens, Bethnal Green, Road E2 9LE

The Brady Clubs

Much of the Brady Boys' and Girls' Clubs' 70 year history of mentoring Jewish youth in the East End of London is recorded in photographs many of which will be on display for the first time in 40 years.

Until 28 September (Free admission. Opening hours Mon-Fri 9am-7pm, Sat 10am-4pm)
The Brady Arts and Community Centre, 192-196 Hanbury Street E1 5HU

Power & Glory - Black History Month photography exhibition

Alternative Arts presents a collection of the most dynamic and diverse contemporary black photographers.

6-29 October
Brady Arts Centre, 192-196 Hanbury Street E1 5HU
Free. Open Mon-Fri 9am-6pm, Sat 10am-4pm

Urban Sketchers

As part of the Big Draw and to celebrate 10 years of urban sketching in London, this exhibition showcases around 300 drawings depicting London, sketched and painted on location since 2012. There will also be free sketching demonstrations by volunteers, free sketch walks in nearby parks and urban areas, and communal art works. All art materials provided!



The Big Draw

8-16 October
The Art Pavilion Mile End Park, Clinton Road, E3 4QY

ELP Festival of Print

The exhibition will showcase the broad range of contemporary printmaking, ranging from traditional techniques to experimental processes.

25 November-5 December
The Art Pavilion Mile End Park, Clinton Road, E3 4QY

Portraits by SM Asad

Artist SM Adad presents a large selection of portraits of well-known UK and Bangladeshi performers. On the opening night, 3 November, Asad will create a super-fast real-time painting.

3-27 November
Brady Arts Centre, 192-196 Hanbury Street E1 5HU



Portraits by SM Asad

Festival activities

Air Giants Unfurl

This installation celebrates the wonder and intelligence of nature's designs. Light, colour and sound combine with cutting-edge soft robotics to create an enchanting and ever-changing dreamscape. Stay for as little or as long as you like.

9-10 September (Just turn up between 8am-10.30pm)
Bethnal Green Gardens E2 6FG

Final Farewell from Tara Theatre

Listen to four poignant audio stories about loss, love and resilience through the pandemic, crafted by writer Sudha Bhuchar.

10-11 September (12pm, 1.30pm, 3pm and 4.30pm)
Island Gardens E14 3DW
Free but ticket required. Visit www.bit.ly/gdif-tickets

Dancing City

Two days of outdoor international and UK dance featuring contemporary, ballet, hip hop, parkour, kathak and choreography on stilts.

10-11 September (1-6pm)
Canary Wharf Estate
Performances are free and un-ticketed - just show up.

Roll Play

Featuring feel-good storytelling, three performers blur the boundaries between hip hop, dance and circus with a series of playful scenes challenging identity, status and societal roles, all set to a high energy soundtrack.

9-10 September (1pm and 4pm).
Globe Town Market, Bethnal Green. Full details - www.festival.org

Children & Young People Festival

Music and dance performances written and performed by young people. The event is organised by Udichi Shilpi Goshti UK.

15 October
Brady Arts Centre, 192-196 Hanbury Street E1 5HU

The Writeidea Festival

Back again after three years, the free literary festival returns to a new venue at Bethnal Green Library, in celebration of the library's 100th anniversary.

4-6 November
Bethnal Green Library, Cambridge Heath Rd, Bethnal Green, E2 OHL
Find out more about the fantastic events and activities taking place at www.ideastore.co.uk/writeidea

Music

Saudha Bangla Music Festival

Leading singers of Indian and Bangladeshi origin celebrate the evolution of Bangla music through different genres. Poet T M Ahmed Kaysher will give a brief introduction on the history and background of each genre.

18 September (4.45pm)
Rich Mix, 35-47 Bethnal Green Road, E1 6LA

Classes

Art4U2

Learn to use collage and oil paint to depict the cityscape. The theme for Autumn 2022 is 'scenes of Tower Hamlets'.

21 September until 23 November (various days and times)
Brady Arts Centre, 192-196 Hanbury Street E1 5HU
For further details and prices, email ginnyhawke5@hotmail.co.uk.

Whitechapel Life Drawing Club

Please bring your own materials, however limited basic materials are available. The class is untutored, but advice and experience are available for beginners and intermediate levels. All levels welcome. For prices, please call 07851 727 992

15 September-15 December (Every Thursday, 10am-1pm, term time only.)
Brady Arts Centre, 192-196 Hanbury Street E1 5HU

Half-term

The Brady Project

Following September's exhibition, A Team Arts Education will run a series of free workshops during October half-term based on the photographs and archived material of the Brady Clubs. The work generated will go on display at the Brady Centre at the end of the year. ateamartseducation@gmail.com.

Create-a-borough

Get involved in making a permanent public community art piece from bottle tops.

22-29 October
The Art Pavilion Mile End Park, Clinton Road, E3 4QY
Visit www.artcatcher.co.uk for further details.
Create-a-borough



Fairs

Eco Wedding Show

A wedding show for eco, ethically minded couples who love the planet as well as each other.

23 October
Ecology Pavilion, Mile End Park, 125 Grove Road, Bow, E3 5RP

Urban Makers

Ethical designers will be selling everything from Christmas gifts and decorations, to homewares.

26-27 November and 10-11 December (Opening times 11am - 5pm)
Ecology Pavilion, Mile End Park, 125 Grove Road, Bow, E3 5RP

www.urbanmakers.co.uk



শীতের টিকা নিয়ে নিজে সুরক্ষিত করুন

Protect yourself
with winter jabs

– page 33

এই শীতে আপনি কোন জ্বাব বা টিকা পাওয়ার উপযুক্ত কিনা সে ব্যাপারে খোঁজ নিতে এবং যদি কোন টিকা পাওয়ার উপযুক্ত হন, তাহলে যত তাড়াতাড়ি সম্ভব সেটা নেয়ার জন্য মুকিং নিশ্চিত করার জন্য বারার বাসিন্দাদের প্রতি অনুরোধ করা হয়েছে।

বেশ কয়েকটি গুরুতর অসুস্থতা যা শুধু আপনার স্বাস্থ্যের ওপরই মারাত্মক প্রভাব ফেলতে ফেলে না, সামগ্রিকভাবে আমাদের স্বাস্থ্যসেবার ওপরই উল্লেখযোগ্য চাপ বাড়তে পারে - সেই সব অসুস্থতার বিরুদ্ধে ভ্যাকসিন দিতে পারে সর্বোত্তম সুরক্ষা। এই বছর, আমরা লোকজনকে তাদের ফ্লু এবং কোভিড-১৯ বুস্টার জাব বা টিকাগুলি নিতে উৎসাহিত করছি, যদি তারা এর যোগ্য হন।

ফ্লু সাধারণত ফ্লুর সংক্রমণ ছড়ানোর আগেই, অর্থাৎ শরৎকালই হল আপনার ফ্লু জাব নেয়ার সর্বোত্তম সময়। সেপ্টেম্বরের মাঝামাঝি থেকে, টাওয়ার হ্যামলেটসের সকল কার্মিসি ও জিপিওগুলোতে ফ্লু ভ্যাকসিন পাওয়া যাবে।

- যারা এটি পাওয়ার যোগ্য:
- ৬৫ বা তার চেয়ে বেশি বয়সী
 - দীর্ঘকালীন স্বাস্থ্য সমস্যায় যারা ভুগছেন
 - গর্ভবতী মহিলা
 - ৫০ থেকে ৬৪ বছর বয়সীরা
 - ফ্রন্টলাইন হেলথ এবং সোশ্যাল কেয়ার ওয়ার্কার
 - দুর্বল ইমিউন সিস্টেম বা ডিউসের ঘনিষ্ঠ সাহচর্যে থাকা লোকজন
 - কেয়ারার বা পরিচর্যাকার
- এ বছর, আমাদের সবচেয়ে ঝুঁকিপূর্ণ প্রাথমিকদের পাশাপাশি দুই থেকে ১৪ বছর বয়সী শিশুদেরও (শিক্ষা বর্ষ ৯) বিনামূল্যে ফ্লু ভ্যাকসিন দেওয়া হবে।

এই টিকা ফুলের মাধ্যমে পাওয়া যাবে এবং দুই থেকে বছর বয়সী শিশুদের সাথে তাদের জিপিও মাধ্যমে যোগাযোগ করা হবে।

আরও জানতে ভিজিট করুন: nhs.uk/conditions/vaccinations/flu-influenza-vaccine/

কোভিড-১৯

যদিও এটা মনে হতে পারে যে, কোভিড মহামারি শেষ হয়ে গেছে, তারপরও স্থায়ী কমিউনিটিতে এখনো অনেকই আক্রান্ত হচ্ছে এবং শীতকালের ঠান্ডা আবহাওয়ায় কোভিড সংক্রমণ বাড়তে পারে বলে ধারণা করা হচ্ছে।

কোভিড-১৯ এর জন্য বুস্টার ভ্যাকসিনও সেপ্টেম্বর থেকে নিচে উল্লেখিত গ্রুপের লোকজনকে দেওয়া হবে:

- কেয়ার হোমের বাসিন্দা এবং কর্মী
- ফ্রন্টলাইন স্বাস্থ্য এবং সোশ্যাল কেয়ার কর্মী
- যারা চিকিৎসাগতভাবে অত্যন্ত দুর্বল
- ঝুঁকিপূর্ণ গ্রুপে থাকা ১৬ থেকে ৬৫ বছর বয়সী প্রাথমিক
- ৮০+ বছর বয়সী

শীতকালীন কোভিড-১৯ বুস্টারের জন্য যারা যোগ্য তাদের সাথে যোগাযোগ করা হবে।

Class of 2022 achieve GCSE success across the borough – page 12

টাওয়ার হ্যামলেটসের শিক্ষার্থীরা এ বছরও তাদের জিএসসি-তে দারুণ সাফল্য অর্জন করেছে। কোভিড-১৯ মহামারীর কারণে দুই বছর পর এবার ২০১৯ সালের মত একই প্রক্রিয়ায় পরীক্ষার মাধ্যমে শিক্ষার্থীদের মূল্যায়ন করা হয়। এবার ৮৭ শতাংশ শিক্ষার্থী ইংরেজিতে ৯ - ৪ (পুরনো এ* থেকে সি গ্রেডের সমতুল্য) গ্রেড লাভ করেছে, যা ২০১৯ সালের তুলনায় দুই শতাংশ বেশি। গণিতে ৭৯ শতাংশ ৯-৪ গ্রেড পেয়েছে, যা ২০১৯ সালের চেয়ে চার শতাংশ বেশি।

কাউন্সিলের সংস্কৃতি ও বিদ্যোদান বিষয়ক কেবিনেট মেম্বর, কাউন্সিলর ইকবাল হোসেন (ছবিতে বাঁ থেকে তৃতীয়) এবং স্টেপনি গ্রীণ ওয়ার্ডের কাউন্সিলর আব্দুল ওয়াহিদ (ছবিতে সর্বভাষা) ফল ঘোষণার দিন জিএসসি উত্তীর্ণদের অভিনন্দন জানাতে সেন্ট পলস ওয়েস্টে শিক্ষার্থীদের সাথে যোগ দিয়েছিলেন।



জীবনযাত্রার ব্যয় বৃদ্ধির চলমান সংকটে আপনাকে সাহায্য করবে কাউন্সিল

Council is here to help you through current cost of living crisis – page 5

বারার সকল বাসিন্দাকে জীবনযাত্রার ব্যয় বৃদ্ধির সংকট মোকাবিলা করতে সহায়তা করার জন্য টাওয়ার হ্যামলেটস কাউন্সিল বেশ কয়েকটি উদ্যোগ চালু করেছে।

কোম্পানীগুলো এনার্জী বিল কন্ট্রোল বাড়তে পারে, তার ওপর সরকার নতুন কাপ নির্ধারণ করে দেয়ার প্রেক্ষিতে জ্বালানী অর্থাৎ গ্যাস-বিদ্যুতের বিল বৃদ্ধি পেতে পারে। অক্টোবর মাসে বিলগুলি বছরে ৩৫৮২ পাউন্ড পর্যন্ত বাড়তে পারে, যা আগামী বছরের জানুয়ারিতে ৪,২৬৬ পাউন্ডে উন্নীত হবে এবং এপ্রিল মাসে গিরে তা বেড়ে বছরে ৫ হাজার পাউন্ড হতে পারে।

২০১৯ সাল থেকে আমদানিকৃত গ্যাসের ক্রমবর্ধমান ব্যয় বৃদ্ধির কারণেই গ্যাসের এই মূল্য বৃদ্ধি ঘটছে এবং আশঙ্কা করা হচ্ছে যে, এর ফলে অনেক লোককে জ্বালানী দারিদ্র্যের মধ্যে নিমজ্জিত হতে হবে, কারণ তারা তাদের গ্যাস-বিদ্যুতের বিল পরিশোধ করতে পারবে না।

এবারের শীতে বারার পরিবারগুলোকে সাহায্য করার জন্য টাওয়ার হ্যামলেটস কাউন্সিল বেশ কয়েকটি স্কিম গ্রহণ করেছে। এর মধ্যে অন্যতম একটি হচ্ছে, খাদ্য দারিদ্র্য মোকাবিলা করার লক্ষ্যে জাতীয়জাতিক দাতব্য সংস্থা ফ্যামিলি অ্যান্ড কমিউনিটি এর সাথে অংশীদারিত্বের

মাধ্যমে কাউন্সিল বারার ৭টি ফুড প্যান্ট্রি অর্থাৎ খাবারের ভান্ডারঘর বা ফুডব্যাঙ্ক পরিচালনা করা।

জীবনযাত্রার ব্যয় সংকটের কারণে পরিবারের মুখে খাবার তুলে দিতে ফুড ব্যাংকের ওপর নির্ভরশীল লোকের সংখ্যা অপ্রতিরোধ্য গতিতে বৃদ্ধি পাচ্ছে।

এই ফুড প্যান্ট্রি স্কিমের জন্য কাউন্সিল প্রায় ১ লাখ পাউন্ড বরাদ্দ করেছে, যা লক্ষ্য হচ্ছে তাজা ফল ও শাকসবজি সহ সাশ্রয়ী মূল্যের প্রোসেসিং পণ্য বা খাদ্যসামগ্রী যোগান দেওয়া এবং সহায়তামূলক সেবাখাত-সমূহে এক্সেস লাভের সুযোগ করে দেওয়া।

এ প্রসঙ্গে মেয়র মুহম্মদ রহমান বলেন, “বাসিন্দারা আপনাকে বলছেন যে, তারা তাদের বাচ্চাদের মুখে খাবার তুলে দিতে পারছেন না। ইন্টারনেট সুবিধা বহাল রাখতে গিয়ে তারা প্রয়োজনীয় গৃহস্থালি সরঞ্জামাদি পর্যন্ত বন্ধ রাখছেন এবং ভাইনিং টেবিলে পর্বাৎ খাবার রাখতে না পারায় তারা ফুড ব্যাঙ্ক ব্যবহার করতে বাধ্য হচ্ছেন।” তিনি বলেন, “নিতান্তপ্রয়োজনীয় আইটেমের জন্য লোকজন যাতে ব্যয় করতে পারেন, সেজন্য তাদের পকেটে অতিরিক্ত কিছু অর্থ দেয়ার মাধ্যমে বাসিন্দাদের সহায়তা করতে আমরা এরই মধ্যে ২ দশমিক ৭ মিলিয়ন পাউন্ডের ওয়েলফেয়ার

রিফর্ম প্যাকেজ ও এনার্জী ফান্ড চালু করেছি। আমাদের পরবর্তী পদক্ষেপ হচ্ছে অধিক সংখ্যক ফুড প্যান্ট্রি খোলা এবং বারার একজন মানুষও যেন ক্ষুধার্ত না থাকে তা নিশ্চিত করতে বিদ্যমান ফুড ব্যাংকগুলোকে সহযোগিতা করে যাওয়া।”

কেবিনেট মেম্বর ফর দ্যা রিসোর্সেস এন্ড দ্যা কন্স-অব-লিভিং, কাউন্সিলর সাইয়েদ আহমদ এ প্রসঙ্গে বলেন, “ফুড প্যান্ট্রি স্কিমের একটি অনন্য বৈশিষ্ট্য হল যে লোকজন এখানে এসে শুধু খাদ্য সামগ্রীই পাবে না, তারা ঋণ ব্যবস্থাপনা, বেনিফিট ইন্স্যু ও কর্নসংস্থানের মত মৌলিক ও গুরুত্বপূর্ণ বিভিন্ন বিষয়ে পেশাদার লোকদের কাছ থেকে কার্যকর পরামর্শ লাভেরও সুযোগ পাবেন।

তিনি বলেন, আমাদের এই ফুড প্যান্ট্রিগুলো বর্জ্যের পরিমাণ কমানোর মাধ্যমে পরিবেশ রক্ষায় অবদান রাখার পাশাপাশি বারার পরিবারগুলো যাতে মান সম্মত তাজা ফল ও সব্জি পেতে পারে, তা নিশ্চিত করতে দ্যা ফেলিসি প্রজেক্টের মত ফুড ডিস্ট্রিবিউশন চ্যারিটিগুলোর সাথেও কাজ করবে।”

এছাড়াও কাউন্সিল ‘হসিডে অ্যাক্টিভিটিজ এন্ড হুড প্রভিশন (এইচএএফ)’ প্রকল্প চালাচ্ছে। এটি একটি স্ক্রি স্ক্রিন বা স্ক্রল হুটির সময় বিনামূল্যে ফুলের খাবার পাওয়ার যোগ্য ১১ বছর পর্যন্ত বয়সীদের জন্য বিভিন্ন কার্যকলাপ ও গরম খাবার প্রদান করে।

আর্থিক সংকটের মুখোমুখি হওয়া বাসিন্দাদের সহযোগিতা ও পরামর্শ সহায়তা দিচ্ছে সিটিজেন এডভাইস ইস্ট এন্ড

Support and assistance on offer to all residents – page 4

আপনি যদি জীবনযাত্রার ব্যয় বৃদ্ধির সংকট নিয়ে উদ্বেগ হন, তাহলে আপনি একা নন। তবে এমন বেশ কিছু উপায় বা বিষয় রয়েছে যা করার মাধ্যমে আপনার এনার্জী বিল কমাতে এবং অর্থ সঞ্চয় করতে পারেন।

কন্স-অব-লিভিং অর্থাৎ জীবনযাত্রার ব্যয় বৃদ্ধির চলমান সংকটের কারণে বিপুল সংখ্যক লোক আর্থিক সাহায্য এবং পরামর্শের জন্য দ্যা সিটিজেন এডভাইস ইস্ট এন্ড এর দ্বারস্থ হচ্ছেন।

সিটিজেন এডভাইস ইস্ট এন্ড একটি জাতীয় চ্যারিটি সংস্থা, যা লোকজনকে তাদের সমস্যার জন্য প্রয়োজনীয় সঠিক সাহায্য ও সহায়তার পরামর্শ দিয়ে থাকে, যাঁর মধ্যে রয়েছে পেশা, ভোক্তা অধিকার, হাউজিং, বেনিফিটস, ঋণ, অর্থ ব্যবস্থাপনার মত বিষয়াদি।

টাওয়ার হ্যামলেটস-এ এই সংস্থার টীম লিভার, আলী হালি বলেন, “সিটিজেন এডভাইস ইস্ট এন্ডে আমরা জীবনযাত্রার ব্যয় বৃদ্ধির সংকট মোকাবিলায় সংক্রমিত বাসিন্দাদের সংখ্যা ক্রমাগত বাড়তে দেখছি। ফুডব্যাঙ্কের ওপর নির্ভরশীল হয়ে পড়া লোকদের সংখ্যাও দ্রুত বাড়ছে, তারা গ্যাস-বিদ্যুতের বিল পরিশোধ সহ অন্যান্য অতিপ্রয়োজনীয় খাতে ব্যয় করতে কঠিন চাপের মুখোমুখি হচ্ছে এবং ঋণ পরিশোধ নিয়ে তারা ভীষণভাবে উদ্বেগ।”

তিনি বলেন, “২০২২ সালের জানুয়ারী থেকে এ পর্যন্ত, আমরা টাওয়ার হ্যামলেটসের বাসিন্দাদের ১৫ হাজার পাউন্ডেরও বেশি জ্বালানী ভান্ডার প্রদান করেছি। যদি আপনি আর্থিকভাবে চরম সংকটে থাকেন, তাহলে আপনি কোন ধরনের বেনিফিট বা আর্থিক

সাহায্য পাওয়ার যোগ্য কিনা তা খুঁজে বের করার মাধ্যমে আপনার আর বাড়তে আমরা সাহায্য করতে পারি। যদি ঋণ পরিশোধ বা ব্যবস্থাপনা করতে আপনাকে আর্থিকভাবে লড়াই করতে হয়, তাহলে সিটিজেন এডভাইস আপনাকে বিশেষজ্ঞ ঋণ পরামর্শও প্রদান করতে পারে।” তিনি বলেন, “আপনি যদি গ্যাস-বিদ্যুতের বিল পরিশোধে চাপের মুখে থাকেন, তাহলে আপনি প্রতিটি জন্য ৪৯ পাউন্ডের ফুলেগ ভান্ডার পেতে পারেন। এটি মূল্যায়নভিত্তিক এবং যদি আপনার গ্রি-পেমেন্ট মিটার থাকে, তাহলে এই ভান্ডার পাবেন। এছাড়াও কিভাবে আপনি এনার্জী এক্সিগিয়েন্ট বা জ্বালানী সাশ্রয়ী হতে পারেন, এবং এনার্জী বিলের ওপর ডিসকাউন্ট পাওয়া যায় - এমন সুযোগগুলো অন্বেষণ করতে পারেন, সেন্সর্সকে আমরা

পরামর্শ দিতে পারি।

“যদি আপনি মৌলিক গৃহস্থালি প্রয়োজনীয় সামগ্রীর ব্যবস্থা করতে অপারগ হন, তাহলে আমরা আসবাবপত্র, হোয়াইট গুড্‌স অথবা ছোট আকারের আর্থিক অনুদান চেয়ে বিভিন্ন ধরনের চ্যারিটিজ ও অর্গানাইজেশনের কাছে আমরা আবেদন করতে পারি”, বলালেন আলী হালি।

যেকোন তথ্য জানতে বা পরামর্শের জন্য সোমবার থেকে শুক্রবার সকাল ১০টা থেকে বিকাল ৪টা পর্যন্ত ০২০৩ ৮৫৫৫ ৪৪৭২ নাম্বারে কল করুন।

কীভাবে অর্থ সাশ্রয় করবেন, সেন্সর্সকে আরও তথ্য এবং টিপসের জন্য সিটিজেন এডভাইস ইস্ট এন্ড-কে অনুসরণ করুন Instagram @eastendcab or Twitter: @EastEnd_CAB

Students celebrate excellent A level results – page 15

কোভিড-১৯ মহামারীর কারণে সেখাপড়ায় ব্যাধাত ঘটা সত্ত্বেও টাওয়ার হ্যামলেটের শিক্ষার্থীরা এ বছর তাদের এ সেভেল এবং ভকেশনাল কোয়ালিফিকেশনের সেভেল প্রিন্টে চমৎকার ফল অর্জন করেছে। টাওয়ার হ্যামলেটে এবার এ সেভেল পরীক্ষার অংশ নেয়া শিক্ষার্থীদের ৭৪.৪ শতাংশ এ*-সি গ্রেড লাভ করেছে। এ* গ্রেড অর্জনকারী ছাত্রছাত্রীদের অনুপাত ২০১৯ এর প্রায় দ্বিগুণ। সেভেল প্রিন্ট ভকেশনালে অংশ গ্রহণকারীদের ৯৮.৫ শতাংশই পাস করেছে।

কেবিনেট মেম্বার কর জবস, ফিলিস এড প্রোফ কাউন্সিলর আবু চৌধুরী (ছবিতে সর্ববামে) এবং বেকনাল গ্রীন ওয়েল্ট এর কাউন্সিলর আমিন রহমান (ছবিতে সর্ববামে) কৃতি শিক্ষার্থীদের অভিনন্দন জানাতে রেজাল্ট এর দিন মালবেরি একাডেমি শর্ডিচ এ উপস্থিত হয়েছিলেন।



এএসবি সপ্তাহে ৪০০ ঘন্টার টহলে ১৬ জন গ্রেফতার

More than 400 hours of patrols during ASB Week – page 29

সমাজবিরাোধী আচরণজনিত কার্যকলাপ সম্পর্কে জনসচেতনতা বাড়াতে এটি-সোশ্যাল বিহেভিয়ার উইক বা সপ্তাহ চলাকালে ৭ দিনে ৪০০ ঘন্টারও বেশি সময় টহল দিয়েছে টাওয়ার হ্যামলেট কাউন্সিল এবং পুলিশ।

বারার অসামাজিক আচরণের (এএসবি) হটস্পট-গুলিকে চিহ্নিত করে সেখানে অধিক নজরদারি এবং বাসিন্দাদের সাথে সম্পৃক্ততা বাড়ানোর লক্ষ্যে নেয়া বিশেষ এই উদ্যোগটি হচ্ছে মেট্রোপলিটান পুলিশ, থিও (টাওয়ার হ্যামলেট এনফোর্সমেন্ট অফিসার), টাওয়ার হ্যামলেটস হোমস, টাওয়ার হ্যামলেটস সেইবারহুড ওয়াক এবং কাউন্সিল কর্মকর্তাদের মধ্যকার অংশিদারিত্বমূলক কাজের ফলাফল।

৪ শ' ঘন্টারও বেশি সময় টহল দেওয়ার সময় অফিসাররা প্রায় ১০০০ বাসিন্দার সাথে কথা বলেন এবং ১৮৬টি ব্যবসা প্রতিষ্ঠান পরিদর্শন করেন। একই সময়ে মানক কেনাবেচা, চুরি এবং আক্রমণাত্মক অস্ত্র সাথে রাখার দায়ে ১৬ জনকে গ্রেফতার করা হয়। এছাড়া ৪৮টি স্টপ এন্ড সার্চ অর্থাৎ সন্দেহভাজনদের তত্ত্বাবধি করা হয় এবং ৭৮টি এএসবি ওয়ার্নিং বা সতর্কীকরণ দোটিশ দেয়া হয়। মানক, চুরি সহ বিভিন্ন অস্ত্র, বেদবল ঘাট ইত্যাদি জব্দ করা হয়।

বারার লেজার সার্ভিসে বিনিয়োগ করা হবে ৩৫ মিলিয়ন পাউন্ড

Council invests £35m in leisure services – page 27

কাউন্সিল তার লেজার সার্ভিসগুলো পরিচালনার দায়িত্ব সরাসরি নিজেদের নিয়ন্ত্রণে নেওয়ার সাথে সাথে এই সার্ভিসের উন্নয়নে আরো ৩৫ মিলিয়ন পাউন্ড বিনিয়োগ করার পরিকল্পনা ঘোষণা করেছে। আগামী ২০২৪ সালের এপ্রিলে বারার লেজার সার্ভিস প্রদানকারী কোম্পানী জিএলএল এর সাথে বর্তমান চুক্তি শেষ হওয়ার পর ৭টি লেজার সেন্টার পরিচালনার ভার নিজেদের হাতে নেয়ার পরিকল্পনা কেবিনেট মিটিংয়ে অনুমোদন লাভ করে।

স্বাস্থ্যকর জীবনব্যাপন এবং সুস্থ থাকার বিষয়টি প্রচারের জন্য এবং সুবিধা গ্রহণ থেকে বঞ্চিত বা দূরে থাকার কন্ট্রোলগুলো, যেমন সংখ্যালঘু সম্প্রদায়ের মহিলা এবং বিশেষ শিক্ষাগত চাহিদামুক্ত শিশুদের কাছে লেজার সার্ভিসের সুফল পৌঁছে দেয়ার উপর অধিকতর দৃষ্টি দেয়া হবে।

যেখানে সারা দেশেই লেজার সেন্টারগুলো বন্ধ হয়ে যাচ্ছে, সেই প্রবণতার বিপরীতে গিয়ে টাওয়ার হ্যামলেটস কাউন্সিল এই সার্ভিসে বিনিয়োগ করছে। সুইমিং পুল, জিম এবং ব্যায়ামের স্টুডিও আধুনিকায়ন শেষে টিচার লেজার সেন্টার গত জানুয়ারি মাসে আবার চালু হয়। ১.৩ মিলিয়ন পাউন্ড ব্যয়ে সংস্কার ও আধুনিকায়ন কাজ সম্পন্ন হওয়ার পর গত জুলাই মাসে চালু হয়েছে ইয়র্ক হল সুইমিং পুল। মহিল এড লেজার সেন্টার, জন অরওয়েল স্পোর্টস সেন্টার এবং হোরাইটচ্যাপল লেজার সেন্টারেরও আধুনিকায়ন করা হয়েছে।

শেভওয়েলের সেন্ট জর্জস সাইটে ৩৫ মিলিয়ন পাউন্ড ব্যয়ে নতুন একটি লেজার সেন্টার নির্মাণে কেবিনেট সম্মত হয়েছে।

মেয়র মুৎফুর রহমান বলেন, জনস্বাস্থ্যের বিষয়টিকে অগ্রাধিকার দেয়া এবং বাসিন্দাদের পক্ষে পরিচালনা করার জন্য লেজার সার্ভিসগুলোয় ব্যবস্থাপনার দায়িত্বটি নিজেদের হাতে আনার সিদ্ধান্ত নেয়া হয়েছে।

৪ হাজার সাশ্রয়ী ভাড়ার বাড়ি নির্মাণে কাউন্সিলের উচ্চাভিলাষী পরিকল্পনা

Council's ambitious plan to build 4,000 affordable homes – page 9

টাওয়ার হ্যামলেটস কাউন্সিল ৪০০০ একফোর্ডবল হাউজ অর্থাৎ সামর্থ্যহীন বা সাশ্রয়ী ভাড়ার জন্য বাড়ি নির্মাণের উচ্চাভিলাষী পরিকল্পনা গ্রহণ করেছে। এই পরিকল্পনার অংশ হিসেবে বছরে কমপক্ষে এক হাজার বাড়ি নির্মাণ করা হবে।

কেবিনেট মেম্বার কর জবস ইনক্লুসিভ ডেভেলপমেন্ট এন্ড হাউজিংবিভিৎ, কাউন্সিলর কবির আহমদ উচ্চাভিলাষী হাউস বিডিং স্কিমের মাধ্যমে বারার নতুন বাড়ি কিনতে বাসিন্দাদের সাহায্য করার প্রতিশ্রুতি দিয়েছেন। তিনি বলেছেন, “টাওয়ার হ্যামলেটসের বাসিন্দাদের ক্ষমতাশূন্য করতে এমন একটি হাউজিং স্কিম প্রোগ্রাম আমাদের এখন আগের চেয়ে অনেক বেশি দরকার। দীর্ঘ দিন ধরে, সাপোর্ট ছাড়া ভাড়া বৃদ্ধি হতে লেগা হয়েছে, বাড়ি ঘরের দাম ক্রমাগত বাড়ছে, এবং আমাদের যে সকল বাসিন্দা প্রকল্পের পর প্রকল্প ধরে এই বারার বাস করছেন, তাদেরকে টাওয়ার হ্যামলেটস থেকে এমন এলাকার চলে যেতে বাধ্য হতে হচ্ছে যেখানে পরিবার, বন্ধু-বন্ধন বা কোন সহযোগ নেই। এমনটা আর হতে লেগা যার না।”

তিনি বলেন, কাউন্সিলের পুষ্টি-উন্নয়ন, অন্তর্ভুক্তিমূলক উন্নয়ন ও পুনর্নির্মাণ বিষয়ক কেবিনেট মেম্বার

হিসেবে আমি একটি উচ্চাভিলাষী পুনর্নির্মাণ ও রিজেনারেশন প্রোগ্রামে নির্বাহী মেয়র মুৎফুর রহমানের সাথে কাজ করতে পেরে উল্লসিত, যে প্রোগ্রাম বারার জনসাধারণের জন্য মানসম্মত ও সাশ্রয়ী মূল্যের বাড়ি সরবরাহ নিশ্চিত করবে।

তিনি বলেন, “আমাদের নির্বাহী ইশতেহারে, আমাদের প্রথম মেয়াদে ৪ হাজার একফোর্ডবল হাউজ নির্মাণ করার প্রতিশ্রুতি দিয়েছে অ্যানপারার পার্ট। দায়িত্বে থাকাকালীন প্রতি বছর কমপক্ষে ১০০০টি বাড়ি নির্মাণ করার বিষয়টি আমরা নিশ্চিত করবো। আমাদের সর্বশেষ কেবিনেট মিটিংয়ে মেয়র মুৎফুর রহমান ৩৫ মিলিয়ন পাউন্ডে স্ট্যাডওয়েলের সেন্ট জর্জস লেজার সেন্টার পুণর্নির্মাণ প্রকল্পের অংশ হিসেবে ২৭টি নতুন কাউন্সিল বাড়ি তৈরি করার প্রতিশ্রুতি দিয়েছেন। এটি হচ্ছে কেবল শুরু।”

তিনি আরও যোগ করেন যে, “জীবনব্যাপী ব্যয় বৃদ্ধির চলমান সংকটের সময় টাওয়ার হ্যামলেটসে বসবাসকারী সবচেয়ে অসহায় ২৬ হাজার বাসিন্দাকে তাদের এলাকাই মিল প্রদানের ক্ষেত্রে সহযোগিতা করতে কাউন্সিল ৩ মিলিয়ন পাউন্ডের একটি তহবিল গঠন করেছে। একইভাবে, জ্বালানীর দাম বৃদ্ধির কাণ্ড বাড়ানোর পূর্বাভাসের প্রেক্ষিতে, মেয়র পয়লা আগট এক

মিলিয়ন পাউন্ডের একটি ইমার্জেন্সি প্যাকেজ ঘোষণা করেন।” কাউন্সিলর কবির আহমদ বলেন, “আমরা এমন একটি কাউন্সিল হব, যেটি তার সকল বাসিন্দাকে দেখাশোনা করে এবং নিশ্চিত করে যে জীবনব্যাপী চলমান সংকটের কারণে সবচেয়ে খারাপ পরিস্থিতির বিরুদ্ধে বাসিন্দারা

সুরক্ষিত।” তিনি বলেন, “একসাথে, আমরা আমাদের বারাকে পুণরায় গড়ে তুলতে পারি এবং পুণর্নির্মাণ করতে পারি আমাদের জীবনব্যয়। এবং টাওয়ার হ্যামলেটসকে আমরা এমন একটি জনপদ হিসেবে গড়ে তুলতে চাই, যা সকল মানুষের জন্য সমানভাবে কাজ করে।”



বাংলা নাট্যোৎসব ‘এ সিজন অব বাংলা ড্রামা’ ৪ নভেম্বর থেকে

Freedom and determination in A Season of Bangla Drama – page 34

আগামী ৪ নভেম্বর থেকে ২৭ নভেম্বর বারার বিভিন্ন স্কেনারিতে অনুষ্ঠিত হবে বার্ষিক বাংলা নাট্যোৎসব ‘এ সিজন অব বাংলা ড্রামা’।

এই উৎসবে মঞ্চায়িত হবে অনেকগুলো নাটক। যেমন, অ্যানা আর্টস এর ‘টেলিগ্রাম’, যা হচ্ছে একজন নারীর দৃষ্টিকোণ থেকে অভিবাসন এবং আত্মনিয়ন্ত্রণের একটি অনুপ্রেরণামূলক গল্প। বাংলা কানেকশন সিআইসি-এর ১৯৭১ সালে বাংলাদেশে সংঘটিত গণহত্যাকে উপজীব্য করে রচিত ‘পিরার আলীর ভাঙ্গা মুখ’। আরো থাকবে সুফি সূপের নাটক ‘হাউ উ ফ্রোম রাইস’, ম্যাসেজ কালচারাল গ্রুপ এর ‘এ ট্রোকেন ড্রিম’, বাংলাদেশ উদীচী শিল্পী শোভিট ইউকে সংসদের

‘অজ্ঞাতনামা: আইডেনটিটি আননোউন’, মার্বেল সিনিউ গিমিটেড এর ‘সার্কাস’।

কুইন মেরি ইউনিভার্সিটি অব লন্ডন এর ডিপার্টমেন্ট অব ইংলিশ এন্ড ড্রামার সাথে পার্টনারশীপে এবং আর্টস কাউন্সিল ইংল্যান্ড এর সহযোগিতা টাওয়ার হ্যামলেটস কাউন্সিল অয়োজিত এই মানব্যাগি বাংলা নাট্যোৎসবে থাকবে প্রদর্শনী, আলোচনা সভা, নাচ, গান, কবিতা আবৃত্তি সহ নানা আয়োজন।

উৎসবের বিস্তারিত তথ্য জানতে হলে ভিজিট করুনঃ www.towerhamlets.gov.uk/seasonbangladrama

টাওয়ার হ্যামলেটস হোমস-এর ভবিষ্যত সম্পর্কে আপনার অভিমত
Your say on future of Tower Hamlets Homes

নতুন মেয়রের ইশতেহারের একটি মূল অংশ ছিল টাওয়ার হ্যামলেটস হোমসকে কাউন্সিলের নিয়ন্ত্রণে ফিরিয়ে আনার ব্যাপারে কনসালটেশন বা গণপরামর্শের আয়োজন করার প্রতিশ্রুতি। কাউন্সিল কী ধরনের হাউজিং ম্যানেজমেন্ট মডেল চায়, সেব্যপারে সিদ্ধান্ত নেয়ার অধিকার ও দায়িত্ব রয়েছে কাউন্সিলের এবং এই বিবেচনাপূর্ণ সিএইচএইচ এর কর্মক্ষমতা সম্পর্কে উদ্বেগের ফলাফল নয়। কনসালটেশন বা পরামর্শের জন্য এখন আমাদের একটি বিস্তৃত প্রত্নাবিত সময়সূচি রয়েছে, যাতে বাসিন্দা, লীজহোল্ডার ও মূল স্টেকহোল্ডারদের অন্তর্ভুক্ত করা হবে। শরতকালে ৮ সপ্তাহ ব্যাপি এই কনসালটেশন চালানোর পরিকল্পনা করা হয়েছে।

Geesiyaal ayaa badbaadiyay noloshada dadka kadib qarax weyn oo ka dhacay dabaqyo - page 7

HARMONY SOMALI NEWS

Koox dhalinyaro muslimiin madow ah ayaa lagu amaanay sida ay dadka deegaanka uga soo badbaadiyeen qaraxii iyo dalkii ka dhacay dabaqi Bentworth Court.

In ka badan 100 ka mid ah shaqaalaha dab damiska ayaa la soo dhoobay goobta uu qaraxu ka dhacay oo murugo ku reebay hal nin oo isbitaal la dhigay xaalad halis ah.

Sakariye Digaale, Zakariya Ibraahim iyo Saacid ayaa markii uu qaraxu dhacayay waxa ay u socdeen Mashruuca Dhalinyarada Madow oo ku yaala xarun dhalinyaro oo ku taal Granby Hall.

Siciid, oo 18 jir ah, ayaa yidhi: "Ma garanayno halka uu qaraxu ka yimid. Muraayadaha ayaa ii qubaystay waxaan arkay alwaax alwaax ah oo ku dhacay saxgaxda agtayda."

"Si toos ah uma aanan gelin maadaama aanan ogeyn in uu dhici doono qarax labaad."

Sakariye, oo 18 jir ah, ayaa sheegay in cabsidu ay tahay waxa ugu horreeya ee ay dareemeen, laakiin duullimaadkaas ama qaabka dagaalku ay soo galeen naxdintii hore.

Waxa uu intaa ku daray: "Saaxiibkay Maxamed Raxmaan ayaa albaabbada oo dhan feedh kaga garaacayay, waxaanu fuulay dabaqa lixaad."

"Waan ogeyn in galitaanka dhismaha ay tahay khatar laakiin waxay ahayd khatar aan diyaar u nahay inaan qaadno si aan rajeyneyno inaan badbaadino dad badan."

"Waxaan isku daynay inaan ka soo saarno dadka ugu badan ee suurtoogalka ah dhismaha, ka dib markii aan maqalnay waxaa jira dad naafo ah oo aan awoodin sidii anaga oo kale waxaan rabnay inaan hubinno inaan soo dejinnay."

Sakariye ayaa dabaqa afaraad garbaha ka soo qaaday nin indho la', halka Sakariye uu ku sitay kursiga



curyaanka.

Kooxdii waxay joojisay dadaalkoodii mar ay Ciidanka Dab-demiska London yimaadeen. Saddexdii ninba waxa kormeeray shaqaalaha caafimaadka.

Koosda gurmadka degdega ah ee Golaha Tower Hamlets waxay si dhow ula shaqaynayeen Guryaha Tower Hamlets si ay u sameeyaan xarun wax ka qabasho degdeg ah Kaniisadda Saint Matthew's halkaas oo 145 degane ay taageero ka heleen.

Mashruuca Ragga Madow ee Da'da yar (Young Black Men Project) waxaa maamula Coffee Afrik CIC oo ah bulsho ku saleysan, dad leh urur diirad saaraya oo ka shaqeeya Hackney, Tower Hamlets iyo Newham.

Xarunta adeegyada dhalinyarada ee Granby Hall waxaa maalgeliya koonsilka meeshana waxaa loo isticmaalaa in lagu marti qaado kooxaha bulshada deegaanka.

Siciid waxa uu intaas ku daray: "Waxaan aad ugu mahad naqayaa Coffee Afrik iyo maareeyaha xarunta Mohammed Faysal Basha oo maalintaas na keenay xarunta Granby."

Duqa Lutfur Rahman ayaa dhalinyarada ku soo dhaweeyay Mulberry Place si uu uga mahadceliyo geesinimadooda.

Waxa uu yidhi: "Nimanka dhallinyarada ahi waxa ay muujiyeen wax kasta oo wanaagsan oo ka jira degmadeena, iyo bini'aadantanimadaba: geesinnimo, daryeel, ixtiraam iyo u fiirsashada dadka walaalhood ah."

"Waxaan markii hore arkay ruuxa bulsheed ee ku dhex yaacay Tower Hamlets oo ku soo yaacay dusha sare, sidii ay samayn jireen jiilal - hadday la dagaalanto faashiistada Cable Street ama ay EDL ka ceysanayaan degmadayada - wayna sii wadi doonaan inay sidaas sameeyaan

inta ay jiraan. dhalinyaro rag iyo dumarba leh sida Sakariye, Zakariya iyo Siciid oo halkan ku nool.

"Runtii aad ayaan u mahadcelinayaa, aad iyo aad ayaan ugu faraxsanahay raggaas dhallinyarada ah. Waxay samaysteen naftooda, qoysaskooda, bulshadooda iyo degmadoodaba ay ku faanaan."

Warbixinadii ugu horeeyay ayaa si khaldan u sheegay in gaaska ugu muhiimsan uu sababay qaraxa, balse baaritaan la sameeyay ayaa lagu ogaaday in gaas ka soo baxay bakhaar ay ku jiraan kiimikooyinka xoogga badan ee warshadaha ay sababeen qaraxa.

Tower Hamlets Homes, oo maamusha dhismaha, ayaa si dhow ula shaqaynaysa golaha si loo maareeyo soo kabashada dhismaha, daryeelka dadka barakacayaasha ah iyo diyaarinta hoy ku meel gaar ah.



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[@towerhamletsnow](https://twitter.com/@towerhamletsnow)



www.towerhamlets.gov.uk/signup

USEFUL INFORMATION SERVICES AND CONTACTS

Advice

Account 3 (welfare and debt advice)

3 Birkbeck Street, E2.
020 7739 7720
www.account3.org.uk

Age UK East London

82 Russia Lane, E2.
Caxton Hall, Caxton
Grove, E3.
Royal London Hospital
14F Wards.
info@ageukeastlondon.
org.uk
www.ageuk.org.uk/
eastlondon
020 8981 7124

Bromley by Bow Centre

St Leonard's Street, E3.
020 8709 9700

Carers Centre Tower Hamlets

21 Brayford Square, E1
OSG
enquiries@ccth.org.uk
www.ccth.org.uk
020 7790 1765

Citizens Advice Bureau

32 Greatorex Street, E1.
020 7247 1050
towerhamlets@eastend-
cab.org.uk
www.eastendcab.org.uk

Island Advice Centre

Island House, Roserton
Street, Isle of Dogs, E14.
020 7987 9379
www.island-advice.org.uk

Legal Advice Centre

University House,
104 Roman Road, E2.
020 8980 4205
www.legaladvicecentre.
london

Limehouse Project

789 Commercial Road,
Unit 2, St Anne Street, E14.
020 7538 0075
www.limehouseproject.
org.uk

Praxis (New Residents) Immigration, benefits and general advice

Pott Street, E2.
General Helpline:
020 7729 7985
Immigration advice:
020 7749 7608
www.praxis.org.uk

Tower Hamlets Community Advice Network

thcan@island-advice.org.
uk
www.thcan.org.uk

Tower Hamlets Law Centre

Unit 1, St Anne's Street,
E14. 020 7538 4909
www.thlc.co.uk

Careers

Adult education services

Shadwell Centre,
455 The Highway, E1.
020 7364 5665

WorkPath

Employment and Skills
Centre, 55 Upper Bank
Street, E14. 020 7364 3727
workpath@towerhamlets.
gov.uk

Young WorkPath/Tower Hamlets Careers Service

40-42 Watney Market, E1.
020 7364 1401
youngworkpath@
towerhamlets.gov.uk

Council

Town Hall

Mulberry Place,
5 Clove Crescent, E14 2BG.
www.towerhamlets.gov.uk
General enquiries
020 7364 5000

Debt

Fair Money Advice

18 Ashwin Street, E8.
020 3475 8811
www.fairfinance.org.uk

Island Advice Centre

Island House, Roserton
Street Isle of Dogs, E14.
020 7987 9379
www.island-advice.org.uk

Toynbee Hall Advice Service

28 Commercial Street, E1.
020 7392 2953
advice@toynbeehall.org.
uk
www.toynbeehall.org.uk

Health & wellbeing

Alzheimer's Society

Robinson Centre, Mile
End Hospital, Bancroft
Road, E1.
020 8121 5626

BYM Bangladesh Youth Movement Women's Centre of Excellence

Whitechapel Centre, Units
1 & 2, Myrdle Street, E1.
020 7377 8668
www.bym.org.uk

Covid vaccine helpline

Tower Hamlets Council
has launched a Covid-19
vaccine helpline, on
020 7464 3030, to support
residents who are eligible
for vaccination to book
their appointment.

East London Parkinson's Support Group

hello@parkinsons.org.uk
0808 800 0303

Free home fire safety advice

08000 284428

Health hotline

020 7364 5016

Healthwatch Tower Hamlets

Mile End Hospital, Ban-
croft Road, E1.
0800 145 5343
info@healthwatchtower
hamlets.co.uk
www.healthwatchtower
hamlets.co.uk

LinkAge Plus

Toynbee Hall, Commercial
Street, E1.
020 7392 2913

Reset

Tower Hamlets Drug and
Alcohol Service
183 Whitechapel Road, E1.
020 3889 9510
reset.towerhamlets@
cgl.org.uk

Safe East (under-19s)

compass.towerhamlets
yphws@nhs.net
020 3954 0091

Stop Smoking services

www.quitrightth.org
020 7882 8230

Tower Hamlets Advocacy Real

020 7001 2170
hello@real.org.uk

Housing

Choice-based lettings

020 7364 2826

Homeless service

020 7364 7474
Out of hours
020 7364 4079

Homeseekers

www.thhs.org.uk

Housing advice

020 7364 3558

Repairs

0800 376 1637 ext 1

Tower Hamlets Homes

020 7364 5015

Idea Stores and libraries

Bow

Gladstone Place, E3.

Canary Wharf

Churchill Place, E14.

Chrisp Street

Vesey Path, E14.

Whitechapel

321 Whitechapel Road, E1.

Local History Library and Archives

277 Bancroft Road, E1
localhistory@
towerhamlets.gov.uk
Visit www.ideastore.
co.uk/home

Leisure centres

John Orwell Sports Centre

Tench Street, Wapping, E1.
020 7488 9421

Mile End Park Leisure

Centre and Stadium
190 Burdett Road, E3.
020 8709 4420

Poplar Baths

170 East India Dock Road,
E14. 020 3795 0599

St George's Leisure Centre

221 The Highway, Wap-
ping E1. 020 7709 9714

Tiller Leisure Centre

Tiller Road, Isle of Dogs
E14. 020 7987 5211

Whitechapel Sports Centre

55 Durward Street, E1.
020 7247 7538

York Hall Leisure Centre

5-15 Old Ford Road, E2.
020 8980 2243

For the latest information
and updates, including
details of opening hours or
temporary closures, visit
www.towerhamlets.gov.uk
or www.better.org.uk

Parent & child

Family Information Service

30 Greatorex Street, E1.
fis@towerhamlets.gov.uk
020 7364 6495

Multi-Agency Safeguarding Hub (MASH)

If a child is at risk of harm:
020 7364 5006 (option
3, open Mon to Fri, 9am -
5pm)
020 7364 4079 (out of
hours emergency duty
team)

Tower Hamlets National Childbirth Trust

0300 330 0700
www.nct.org.uk

Report it

Anti-fraud (housing and tenancy related fraud)

0800 528 0294

Black Women's Health and Family Support

020 8980 3503

Childline

0800 1111

Domestic Violence Team

0800 279 5434

Environmental

Protection (Noise) Team

020 7364 5000

Haven Whitechapel (sexual assault referral centre)

020 3299 6900 /
020 3299 1599

Karma Nirvana (honour-based abuse helpline)

0800 5999 247

Men's Advice Helpline

0808 8010 327

National LGBT domestic abuse helpline (Galop)

0800 999 5428 /
0300 999 5428

Non-emergency crimes 101 Textphone

18001 101

NSPCC Child Protection Helpline

0800 800 5000

Respect (for perpetrators)

0808 802 4040

Rights of Women

020 7251 6577

Samaritans

116 123

Shelter

0808 800 4444

Tower Hamlets Mediation Service (free service for council tenants and leaseholders)

020 7364 7474

Victim Support Tower Hamlets

0808 168 9291 /
0808 168 9111

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Find out what's on,
get Tower Hamlets
news, take part in
competitions and
receive local offers
straight into your
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Visit www.towerhamlets.gov.uk/signup

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