

HOUSING



350 new homes for
Mayor's Accelerated
Housing Programme
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COUNCIL NEWS



WIN a velodrome ses-
sion as we celebrate a
summer to remember
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COST OF LIVING



School uniform grants
expanded so more
families can benefit
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OUR EAST END



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market pics See more on pages 20-21

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30th Sept
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5:30PM

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Bethnal Green goes bananas as day centre grows tropical fruit



Residents of Russia Lane Day Centre with the banana trees which have started producing fruit

Residents at Russia Lane Day Centre, Bethnal Green, adopted two banana trees as little plants that were being disposed of from Museum Gardens in 2016.

They have been tending to the banana trees as part of their gardening sessions for the last ten years and, due to this year's hot weather, the trees have produced fruit for the first time.

The staff and residents have been amazed to see the plants develop and change to bearing masses of fruit within their enclosed garden area and their newly developed sensory space.

“

It's been an amazing little project

Their green-fingered talents have been recognised by winning a Tower Hamlets in Bloom award for two years in a row.

Lisa Cade, staff member at Russia Lane Day Centre, said: "At Russia Lane we place great importance on gardening because of the benefits to cognitive health, physical health and mental wellbeing.

"People living with dementia find that gardening gives them a sense of purpose.

"It's a place where people can connect, make friendships and nurture all the lovely plants.

"From the moment people arrive, they can see a well-nurtured, well-looked-after, well-loved garden and this gives them a sense of belonging and a place they want to be.

"The residents here have been saying things like, 'Oh wow, bananas in Bethnal Green!' and everybody's been really surprised.

"We've had banana diaries watching them go from flower and watching their fruits grow. It's been an amazing little project."

Blossom Martin, who attends Russia Lane, said: "Banana trees don't grow in every garden in England.

"I was so pleased to see the fruit."

Karen Williams, who also attends the day centre, said: "I don't have a garden at home, I love to be able to be outside here with all of the beautiful colours and smells.

"I love this garden."

Sandy Hannigan, another resident, added: "I love this garden. It's peaceful and it's lovely".

The gardeners have recently started growing hops at the centres as many of the residents have reminisced of childhoods spent hop-picking in Kent.

They hope one day to be able to harvest them to brew their own beer.

A message from your Mayor

Over the past few months, we have been working hard to ensure our promises are translated into effective policy programmes.

More than £250 million has been committed to improving frontline services, ensuring that the council works for the people who matter most: our residents.

We are working hard to establish place-based service centres across the borough, enabling residents to access the help and support they need within their own neighbourhoods.

Housing remains our top priority. To tackle overcrowding and long waiting lists, we launched the Mayor's Accelerated Housing Programme (MAHP), which is now beginning to deliver results. The MAHP will add 3,407 homes to our housing stock, with 9 initial sites currently progressing through the planning application process.

Furthermore, to help alleviate the pressures of the cost-of-living crisis, we have launched the Anti-Poverty Task Force. We are increasing the household income threshold for eligibility across all our cost-of-living support programmes from £50,350 to £60,000. This increase will apply to a range of vital initiatives, including Council Tax Reduction and School Uniform Grants.

We have also expanded eligibility for our School Clothing Grants to include pupils in Reception and Years 3, 7 and 10. This helps alleviate some of the financial pressures facing our residents but also ensures that pupils can attend school with confidence and dignity.

I am immensely proud of the progress we have made, but our ambition for Tower Hamlets does not stop here. Together, we will continue to deliver transformative change and build a borough where every resident can thrive

Lutfur Rahman
Executive Mayor



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Nari Centre's summer fest shows what is on offer at women's centre

COUNCIL NEWS

Laughter, music and the aroma of delicious food set the scene as residents came together for the first-ever Nari Centre Summer Fest.

Organised by Tower Hamlets Council at the newly refurbished women's centre in Whitechapel, the event celebrated community, culture and connection, showcasing the growing impact of the Nari Centre since it opened earlier this year.

Residents enjoyed entertainment, food and a raffle with prizes including a luxury spa package at Be Well Spa, York Hall, a meal at Graam Bangla restaurant, and a beauty hamper. The event also shone a spotlight on local female entrepreneurs.

Attending the celebration were Cllr Maium Talukdar, Deputy Mayor of Tower Hamlets, and Cllr Sabina Akhtar, who presented prizes to the lucky raffle winners.

The Nari Centre was established as a safe, welcoming space where women can learn new skills, build confidence, make connections and access one-to-one welfare and benefits advice, employment

advice, and support services.

The centre includes classrooms, an IT suite, community kitchen, crèche facilities and private rooms for one-to-one support.

Cllr Sabina Akhtar, Cabinet Member for Healthy, Caring and Inclusive Communities, said: "It was wonderful to see so many women coming together and embracing the health and wellbeing opportunities available at the Nari Centre. In a short space of time, the centre has become a valuable community hub, helping women stay active, improve their physical health, and build positive social connections."

"From free exercise classes to healthy eating workshops and mental wellbeing support, the Nari Centre is empowering women to make healthier lifestyle choices and take positive steps towards improving their overall wellbeing."

Nicole, who was visiting the Nari Centre for the first time, said: "Since the COVID-19 pandemic, many of us have faced mental stress, physical weakness, and various personal challenges. Often, we do not feel comfortable talking about these issues or seeking help."

"However, I believe that with the right support and guidance, these challenges can be much easier to overcome. We are very pleased that the Nari Centre can provide this kind of support for the community."

Rochi Archie, a regular visitor to the Nari Centre, said: "There are so many activities here for women and girls. One of the best things about the centre is its convenient location, close to Whitechapel, making it easily accessible for everyone."

"I would encourage all my friends and acquaintances to get involved and take advantage of the opportunities available."



The Nari Centre offers support for women in the borough

The Nari Centre will be offering a range of courses from September including:

Dancercise - A fun and energetic way to improve your fitness, wellbeing and confidence.

Fabric to Fashion: Shalwar Kameez Making - Learn sewing and garment-making skills while creating your own traditional outfit.

Women Only ESOL - Improve your English language skills in a supportive, women-only learning environment.

These courses provide an opportunity to learn new skills, meet other women in the community, and build confidence in a welcoming and inclusive setting.

For more information or to enrol call 07547 349133 and we can help you register.

Places are limited, so early registration is encouraged.

The Nari Centre is open Monday to Friday, 9am to 5pm at 61 Vallance Road, E1 5AB.

Visit www.towerhamlets.gov.uk/nari

**“
The Nari Centre is
empowering women
to make healthier
lifestyle choices and
take positive steps
towards improving
their overall wellbeing**

Are you getting the financial support you are entitled to?

Are you claiming all the benefits and financial support you're entitled to?

Check out the Better Off Benefits Calculator at the Cost of Living Help webpages www.towerhamlets.gov.uk/costofliving to see what extra support you're eligible for.

It can also open the door to other support such as Council Tax reductions and reduced utility tariffs.

A staggering £24billion of financial support and benefits are being unclaimed across the country and over 7million households are missing out on

an average of £3,200 per year.

For Tower Hamlets, figures show over an estimated £186million of support is unclaimed by at least 47,307 eligible claimants, with an average missed claim of nearly £4,000.

The types of extra support local households are missing out on include those managed by central government such as Pension Credit, Universal Credit, Child Benefit and Carer's Allowance.

Under-claimed support administered by local councils include Council Tax Reduction, benefits related Free School Meals, Healthy Start and Housing

Benefit for pensioners.

Energy and utility companies also offer discounts for qualifying customers which would cut bills for water, broadband and TV licences, and provide warm home payments.

Tower Hamlets has been ahead of most councils across the country by providing universal free school meals for all children.

However, families who would routinely qualify for benefits related free school meals should still officially apply as this will open up the possibility of extra support becoming available such as the

Holiday Activities and Food programme (HAF).

Scan the QR code below to go to the benefits checker to make sure you are claiming everything you are entitled to:



More families to be supported with school clothing grants

COST OF LIVING

Tower Hamlets has expanded its funding for school clothing grants to support more families dealing with ongoing cost-of-living pressures.

This year, this grant has been extended for children moving into Years 3 and 10 from September 2026, in addition to those starting primary and secondary school.

The eligible household income has also been extended from £50,350, to £60,000.

Families can claim £50 per child for primary school pupils, and £150 for secondary school pupils.

Since the scheme started last year, it has already supported more than 4,500 pupils (1,591 primary and 2,989 secondary), with a number of new claims being approved and paid every week.

Mohammad Chowdhury, from Bethnal Green, received the grant for his daughter Latifa, who has just started reception class at Bonner Primary School.

He said: "I am so happy to receive the clothing grant which makes a big difference.

"The grant has already helped our

family to buy a school uniform for my daughter as she starts Reception class at her primary school.

"It is really important to let other families know that these grants are available, as they are a very big help for families finding the money to buy new school clothes for their children."

Parents can make an application from when they are notified of their child's school placement, until 30 September.

The grant is part of a wider package of support for young people.

Tower Hamlets was the first local authority to offer universal free school meals to both primary and secondary school pupils. Since rolling out the scheme in secondary schools (2023), more than 4.5 million universal free school meals have been served to secondary school pupils.

The council also re-introduced its Education Maintenance Allowance (EMA) and University Bursaries in 2022, providing young people with £600 or £1,500 grants to help with costs while they study.

It has since supported 3,998 students with an Education Maintenance Allowance and 2,400 students with a University Bursary.

The council's youth service, Young

Tower Hamlets, was insourced in 2023, with an investment of £13.7 million investment into youth services. The service has opened 20 youth centres including a dedicated girls youth centre and has a goal of having a youth centre in every ward.

From information provided by schools, parents and carers have been contacted by the council with details of the scheme and invited to make an application.

However, all local families with a child starting school who feel that they may meet the criteria are encouraged to find out more and to consider making a claim.

Cllr Abu Talha Chowdhury, Cabinet Member for Finance, Assets and Governance, said: "We know that the cost of school uniforms can be a significant expense for families, particularly at key transition points in a child's education.

"By widening eligibility to include all children starting primary school and pupils in Years 3, 7 and 10, and increasing the income threshold to £60,000, we are helping thousands more families give their children the best start to the school year."

Cllr Faysal Ahmed, Cabinet Member for Children, Young People and Life Chances, said: "We want every child to

start the school year feeling confident, prepared and ready to learn, while helping parents and carers manage the ongoing pressures on household budgets.

"This is why we are expanding the schools clothing grants scheme so that more children can benefit, ensuring that families receive the support they need so that every child has the opportunity to succeed."

Families can visit the dedicated webpage www.towerhamlets.gov.uk/SCG for full details on the application process, including who can apply, what proof of income is required and a link to the form itself.

The grant application deadline for this new school year is 30 September 2026.



We want every child to start the school year feeling confident, prepared and ready to learn

Families can claim up to £150 for help towards buying school uniforms



Well done to everyone

Young people celebrate receiving their A-level and GCSE results

ACCELERATE EDUCATION

Tower Hamlets was full of celebrations from students who had received their A-level and GCSE results.

Pupils collecting their A-level results at St Paul's Way Trust School in Bow were joined by Cllr Faysal Ahmed, Cabinet Member for Children, Young People and Life Chances.

Provisionally, 75.6 per cent of students received grades A* to C in their A-levels.

Firdusi Uddin, Head of Secondary and Sixth Form at St Paul's Way School, said: "We're really pleased this year, as always, with the incredible performance of our students.

"Their hard work, their resilience and the support that they've received from all the teachers, their families and the wider community have translated into a fantastic set of results and opened pathways for them to explore some ambitious and exciting next steps."

A total of 74.8 per cent of GCSE

students in Tower Hamlets achieved grades 9-4 (equivalent to the old A* to C grades) in Maths, with 81 per cent achieving grades 9-4 in English.

This follows an impressive set of SATS results for students in Tower Hamlets, showing that the borough's Key Stage 2 pupils are outperforming the national average in all subjects. At Key Stage 1, 81.1 per cent of Year 1 pupils are meeting the expected phonics standard, an improvement on last year and close to the emerging national figure.

Overall, 71.6 per cent of Tower Hamlets SATS pupils reached the expected standard or higher in Reading, Writing and Mathematics combined, well above the national average of 63 per cent.

Kabir Miah, Executive Head Teacher, Swanlea Secondary School: "I'm delighted to say that we've had the best GCSE results in our school's history.

"Today is our favourite day of the year, with our students celebrating their excellent GCSE results with their families, and we're proud to be part of

this journey as a local community school in Tower Hamlets."

Lutfur Rahman, Executive Mayor of Tower Hamlets, said: "I would like to congratulate all students on their A-Level and GCSE results.

"Having the youngest population of any local authority in the country means that providing for the borough's young people is a huge priority.

"We have introduced significant investment to support young people at every stage of their education, including free school meals, school clothing grants, the Education Maintenance Allowance and University Bursaries throughout the borough.

"These results are further proof of the importance of investing in young people and of the hard work and dedication that they have put in throughout the year.

"Thank you also to all the parents, teachers, school and college staff who have supported the students in their journeys."

Cllr Faysal Ahmed, Cabinet Member

for Children, Young People and Life Chances, said: "Congratulations to all our students on their results.

"As Cabinet Member I have seen firsthand the hard work that our young people have put in, as well as the incredible support that they have received from the great educators in our borough.

"This is a time to celebrate success and recognise the talent we have in Tower Hamlets."

“

We have introduced significant investment to support young people at every stage

Cllr Faysal Ahmed, cabinet member for Children, Young People and Life Chances, visited schools as young people got their results



one on your results



Maths at uni

Ibrahim Rashid, A-Level student at St Paul's Way School, said: "I studied Maths, Further Maths, Economics and Computer Science and I got 4 A*s.
"I'm going to study Mathematics in my further education."



Taking gap year

Isaac Scott, A-Level student at St Paul's Way School, said: "I studied History, Art and Maths and got an A* and 2As.
"I'm hopefully going to read Architecture at uni in 2027, so this year I'm taking a gap year.
"I'm going to be working at a church in Belgium for a bit of it."



Dream university

Siyaana Yasmin, A-Level student at St Paul's Way School, said: "I got an A in History, an A in Economics and a B in Politics.
"I feel quite happy.
"I didn't expect to get grades this high and I can get into my dream university so I'm really happy about that!"



Thank you to staff

Ridwaan Ahmod, A-Level student at St Paul's Way School, said: "I did Religious Studies, Politics and Photography and got 2 Bs and a C.
"I'm grateful. I thought I'd do worse but I ended up doing better.
"I'd like to thank my teachers and everyone in this institution who helped me achieve these grades."



Get support for the next steps in your future

Tower Hamlets Young WorkPath, the careers service for young people in the borough, provides careers information, advice and guidance about the next steps available to young people, no matter what their results are.

Young WorkPath provides impartial careers information, advice and guidance to young people between 13 to 19 years or

those up to 25 years if they have special educational needs and an education, health and care plan (EHCP).

Young Workpath offers advice and guidance on careers, aiming to help young people achieve their goals.

This includes:

- making choices about your future
- getting into education (college, sixth

form, university)

- getting into training (study programmes, including pre-apprenticeships and traineeships)
- getting into work (apprenticeships and CVs and interviews) and more.

Young WorkPath Careers Advisers are working across all schools and colleges

in the borough.

For young people who are NEET (not in employment, education or training) the service offers telephone, video or face to face interview appointments.

For more information and to book an interview appointment, you can visit: www.towerhamlets.gov.uk/youngworkpath

School applications are now open



Don't miss the deadlines for admission to secondary, primary and nursery schools.

Secondary admissions For children born between 1 September 2015 and 31 August 2016	31 October 2026
Primary admissions For children born between 1 September 2022 and 31 August 2023	15 January 2027
Nursery admissions For children born between 1 September 2023 and 31 August 2024	14 February 2027

Complete your application online at www.eadmissions.org.uk

For information about how to apply, scan the QR code or visit towerhamlets.gov.uk/schooladmissions

school.admissions@towerhamlets.gov.uk



Secondary Transfer School Visiting Dates for Admission to Year 7 in 2027



We advise that you check the individual schools website for up to date information.

School	Open mornings	Open evenings
Bishop Challoner Catholic School www.bishopchallonerfederation.towerhamlets.sch.uk	Monday 28 September – Friday 9 October. Please arrive by 9.15am	Thursday 24 September, 4pm
Bow School www.bow-school.org.uk	Monday 21st September, Thursday 24th September, Monday 28th September, Thursday 1st October, Tuesday 13th October, Thursday 15th October 9.45 – 10.30am, 11.30-12.15am, 4-5pm Tour	Wednesday 7 October, 4.30pm-7pm
Canary Wharf College Crossharbour www.canarywharfcollege.co.uk	Tuesday 29, Wednesday 30 September, Thursday 1 October and Wednesday 14 October, 9.15am-10.45am	Wednesday 23 September, 5-7pm
Central Foundation Girls' School www.central.towerhamlets.sch.uk	Wednesday 30 September, Thursday 1 & Friday 2 October, 9.30-10.30am	Tuesday 29 September, 4.30-6.30pm
George Green's School www.georgegreens.com	See school website	See school website
Langdon Park School www.langdonparkschool.co.uk	Thursday 17, Friday 18 September, Thursday 8 & Friday 9 October, 9-10.30am	Thursday 1 October, 4.30-7.30pm
London Enterprise Academy www.londonenterpriseacademy.org	Monday 14 – Friday 25 September, 9.15-11.45am Weekend: Saturday 10 October, 10am-1pm	Tuesday 15 September & Thursday 1 October, 4.30-6.30pm
Morpeth School www.morpethschool.org.uk	Monday 14, Friday 18, Tuesday 22 & Thursday 24 September, Wednesday 7 Monday 12 & Thursday 15 October, 9.30-11.15am	Thursday 8 October, 4-7pm Additional Tours: Friday 25 September, Monday 5, Friday 16 & Wednesday 21 October, 9.30-10.30am Book online to attend an additional tour: https://www.morpethschool.org.uk/2166/admissions-2
Mulberry Academy London Dock www.mulberrylondondock.org	Monday 14 – Friday 18 & Monday 21 – Friday 25 September, 9.15am. Please book online via school website	Tuesday 29 September, 4-6.30pm
Mulberry Academy Shoreditch www.mulberryacademyshoreditch.org	Monday 14 – Wednesday 16, Monday 21– Wednesday 23 September, Monday 28 September – Wednesday 30 September 9.15am Weekend: Saturday 10 October, 9.30am	Thursday 1 October, 4-6pm
Mulberry School for Girls www.mulberryschoolforgirls.org	Monday 14 – Wednesday 16 September, 9.30-10.30am	Wednesday 23 September, 4-6pm
Mulberry Stepney Green www.mulberrystepneygreen.org	Friday 4, Thursday 10, Tuesday 15, Thursday 24 September, Friday 2, Tuesday 6, Thursday 15 & Tuesday 20 October, 9-11am	Wednesday 23 September, 4-6.30pm
Mulberry University Technical College (UTC) www.mulberryutc.org	See College website	See College website
Oaklands School www.oaklands.towerhamlets.sch.uk	Thursday 17, Tuesday 22, Monday 28 September, Friday 9 & Thursday 15 October, 9.20-10.30am	Wednesday 23 September, 4-6.30pm
Stepney All Saints CofE Secondary School www.stepneyallsaints.school	Thursday 10, Wednesday 16 & Tuesday 29 September, 9.30-10.45am	Monday 21 September, 4.30-6.30pm Register online to attend at www.stepneyallsaints.school
St Paul's Way Trust School www.spwt.net	For Families: Monday 14 & Tuesday 15 September, 9.30-11am. For primary school tours: Wednesday 16 September Please arrive before 10am to ensure you have time to enjoy a tour of the school	Thursday 17 September, 3.45-6pm Visits are by appointment only. Book online at www.spwt.net/secondary/school-tours
Swanlea School www.swanlea.co.uk	Wednesday 16, Friday 18, Monday 21 & Thursday 24 September, 9.15-10.15am	Wednesday 30 September, 4-6.30pm Family Fun Day: Saturday 12 September, 11am-3pm



Twenty One Pilots headlined at All Points East, alongside Jorja Smith, Tems, Lorde and many others

Top acts play at Victoria Park and summer fun for residents

This year's renowned All Points East Festival returned to Victoria Park for two long summer weekends of performances from world class music headliners including Jorja Smith, Tems, Lorde, Outbreak Fest, Tyler, the Creator, Twenty One Pilots and Maribou State.

The festival wasn't just stage concerts from music stars. During the week, the event site remained open, and Victoria Park came alive with In the Neighbourhood, an eclectic mix of free activities for all ages, including a cinema, live music and entertainment, theatre, dance, sports and wellbeing workshops, family activities and so much more.

In partnership with Tower Hamlets Council, the local community and local organisations, the free programme also provided opportunities for a range of local businesses, operators, suppliers and performance content to become part of the All Points East journey.

There was live music with Trojan Sound System, DJ Yoda's 90s Mixtape Live, Cafe 1001 Stage Takeover, Rich Mix, DJ Kizzi (BBC Asian Network) and Grand Union Orchestra.

Visitors got stuck into free fitness sessions including activities hosted by Be Well leisure services run by Tower

Hamlets Council, OpenMat Pilates, Jess Owen Yoga and more.

Free football sessions were hosted by West Ham FC Foundation, and other multi sports activities promoted physical health and mental wellbeing, including Limehouse Boxing, Tower Hamlets Hockey and Girls Allowed Sports Day.

Boxer Lily Bassett, four-time European Gold medallist hosted boxing sessions at In the Neighbourhood.

"It has been really nice, padding, training, and helping out with the young people," Lily said.

Half Moon Presents, the UK's leading small-scale young people's venue and touring company, and another great local success story treated audiences to live, interactive shows.

Music-inspired activities including Orchestra of Objects – a world of inventing your own musical instruments where creativity meets innovation, was also popular with the crowds of festival goers.

Councillor Minara Khatun, Cabinet Member for Leisure, Culture and Tourism, visited Victoria Park and welcomed visitors on the first day of In the Neighbourhood.

Cllr Khatun said: "This free festival is



In the Neighbourhood fun. Photo: Connor Baker

a fantastic opportunity for residents and visitors to come together, soak up the sunshine, and experience the incredible diversity, creativity and community spirit highlighted by the Love Tower Hamlets campaign.

"With something for everyone, it's the

perfect day out for families, friends, and fun-loving people of all ages. I am delighted that thousands of people came together to celebrate the energy, culture, and community spirit that make our borough one of the most vibrant in the UK."

Thousands enjoy variety of free activities over summer holidays



From family fun days to outdoor theatre, gardening, cooking, arts and crafts, workshops and more, thousands of people joined in this year's Summer of Fun programme across parks, Idea Stores, Best Start Family Hubs, youth centres and other venues in the borough.

The programme gave residents of all ages opportunities to come together, make lasting memories, try something new, get active, explore local history and celebrate everything there is to love about Tower Hamlets.

Residents enjoyed days out in the borough's parks, picking fresh fruit and vegetables, getting creative at the Idea Stores, taking part in sports and youth activities, and discovering hidden local stories.

Ruby, from Limehouse who was visiting a gardening session at Mile End Children's Park, said: "I often come to the park with my son Ilyas, three. We've participated in arts and crafts, pizza making and gardening, which we've enjoyed the most.

"Summer of Fun is a brilliant programme. It's great that the council has made this provision, especially for those of us who are not going on holiday this year."

A parent from Bow said: "We were visiting the park when we came across this gardening activity. We've been away and just got back so, it's exciting to know that there are more activities to enjoy right until the end of the school holidays."

Bhavna, who went along to a family fun day, said: "My child is enjoying all the activities. The Summer of Fun programme is amazing."

Alongside the Summer of Fun programme, there were also free activities organised by Young Tower Hamlets, the council's youth service.

Events included a Summer Takeover at Allen Gardens, where families could enjoy a cycling course, bouncy castles and slides, basketball and football games, face painting and a brand-new climbing wall.

There were also Young Tower Hamlets and NHS staff at advice stands to offer guidance on issues from anti-social behaviour, healthcare and learning community languages.

Executive Mayor Lutfur Rahman and Cllr Faysal Ahmed, Lead Member for Children, Young People and Life Chances, were both in attendance to



Summer of Fun and YTH offered free activities across the summer holidays, which Cllr Minara Khatun joined in with, below left



meet families and young people, as well as see the three new Young Tower Hamlets branded vehicles, secured

through council funding and a central government grant.

The vehicles will be used to transport



young people in Tower Hamlets who are working towards their Duke of Edinburgh Awards.



The Green Flag award celebrates parks in the UK which are managed to a high standard

14 parks given international quality mark

LOVE TOWER HAMLETS

Fourteen parks in Tower Hamlets are amongst those who have raised prestigious Green Flags after achieving and retaining the international quality mark for parks and green spaces.

It comes as the internationally recognised standard for parks and green spaces celebrates its 30th year.

The Tower Hamlets sites are amongst a record breaking 2,391 in the UK to achieve the award this year, a fantastic testament to the hard work, passion and dedication of the teams who care for the borough's green spaces, ensuring they are maintained to a high standard for visitors and residents to enjoy.

Paul Todd MBE, Green Flag Award

Manager at Keep Britain Tidy, said: "Parks are essential public spaces that support our wellbeing, our communities and our economy.

"Yet for millions of people, particularly in the most deprived areas, local parks simply don't feel safe or welcoming.

"With public services under pressure, investing in parks is not a luxury, it's a practical, preventative solution and one of the most visible ways to improve people's quality of life.

"Tower Hamlets has shown what can be achieved when parks are properly supported and managed. As we celebrate 30 years of the Green Flag Award, we want every community to have access to green spaces that are safe, welcoming and maintained to a high standard. Congratulations to everyone involved."

The Green Flag Award scheme,

managed by environmental charity Keep Britain Tidy under contract from the Ministry of Housing, Communities & Local Government, recognises and rewards well-managed parks and green spaces, setting the benchmark standard for the management of green spaces across the United Kingdom and around the world.

Elsewhere, Green Flag Community Awards have been presented to Tower Hamlets Cemetery Park and Ackroyd Drive Greenlink Local Nature Reserve, managed by conservation volunteers The Friends of Tower Hamlets Cemetery Park; Mudchute Park and Farm; and St Leonards Gardens, managed by Spitalfields Crypt Trust.

The 14 award winning parks are:

1. Altab Ali Park
2. Bartlett Park
3. Island Gardens
4. Meath Gardens
5. Mile End Park
6. Millwall Park
7. Poplar Recreation Ground
8. Ropemakers Fields
9. Sir John McDougall Gardens
10. St George's Gardens
11. Stepney Green Park
12. Trinity Square Gardens
13. Victoria Park
14. Weavers Fields

WIN a velodrome taster session

Not sure what to get the thrill seeker in your life for Christmas?

How about a Lee Valley VeloPark experience gift voucher?

There are lots of different options, from BMX to seeing how fast you can go round the iconic velodrome, so there is something for everyone.

The experiences include all equipment and coaches, making them suitable for

beginners or more experienced cyclists.

The velodrome, BMX and mountain bike courses were built for the London 2012 Olympics, giving an unforgettable backdrop to the experience and meaning you can do all four cycling disciplines under one roof.

Buy your tickets and vouchers now at: <https://better.digitickets.co.uk/tickets>

Enter our competition

Which Olympic Games was Lee Valley VeloPark built for?

- A) Beijing 2008
- B) London 2012
- C) Rio 2016

Submit your answer by scanning the code opposite. One winner will be selected at random from all correct

entries to receive a FREE Velodrome Taster session for two.



£143m budget approved to deliver 351 new homes as start of 3,000 housing programme

HOUSING

The council's ambition to deliver thousands of much-needed new homes has taken a major step forward after Cabinet approved the budgets required to progress the first 10 sites within the Mayor's Accelerated Housing Programme (MAHP).

The decision on Wednesday 15 July enables the council to move forward with the delivery of the first phase of 351 new homes, which forms part of the programme to deliver up to 3,300 new homes on 42 council-owned sites across the borough, with a minimum of 51 per cent affordable housing.

The Mayor's Accelerated Housing Programme is one of the largest council-led housing initiatives in the UK and is focused on providing high-quality, genuinely affordable homes while investing in neighbourhoods.

Lutfur Rahman, Executive Mayor of Tower Hamlets, said: "This is an important milestone in delivering on our commitment to provide the genuinely affordable and family-sized homes our residents need. Too many families are waiting for a secure, high-quality home, and the Mayor's Accelerated Housing Programme is a bold response to that challenge.

"By approving funding for these first 10 sites, we are turning our ambition into action. We are not simply building homes; we are investing in neighbourhoods, improving public spaces and creating sustainable communities that will benefit residents



Image of Southern Green proposals (credit: HTA Architects), left, and cllr Saied Ahmed at one of the engagement events, right

for generations to come.

"Community engagement has been at the heart of this programme, and I would like to thank everyone who has taken the time to share their views. Those conversations are helping to shape proposals that respond to local priorities while delivering the homes our borough urgently needs."

Cabinet approved the budget of £143 million, which will be off set by GLA grant funding of £70 million, subject to securing grants from the Mayor of London's Affordable Homes Programme (AHP), and £30.6 million from Right to Buy Receipts.

At the same meeting, a separate budget of £5.7 million was approved to deliver a new Ideas Store and One Stop

Shop as part of the Bethnal Green PDC – a MAHP site that will provide 44 new homes.

Feedback gathered through Community Conversations and online consultation has informed the evolving designs, ensuring local priorities are considered. This can be accessed at talk.towerhamlets.gov.uk/en-GB/projects/mayor-s-accelerated-housing-programme

Further consultation will continue ahead of planning submissions, providing residents and local groups with additional opportunities to review proposals and help shape the future of each site. Residents can subscribe to receive updates.

The Mayor's Accelerated Housing

Programme aims to deliver up to 3,300 new homes, with a minimum of 51 per cent affordable housing by habitable room across the programme as a whole, including a significant proportion of homes for social rent, alongside wider investment in public realm, biodiversity, connectivity and community infrastructure.

Demonstrating the programme's commitment and pace, 8 of the ten sites with approved budgets have now been submitted for planning. This includes five applications submitted in a single week for 203 new homes, including 146 for Social Rent, bringing the programme total to eight applications and 307 homes towards its goal of delivering up to 3,400 new homes across the borough.



The Yard Theatre twice the size after refurb

One of East London's cultural venues has reopened its doors following a major redevelopment.

Founded in 2011, The Yard has grown

into a nationally recognised creative hub. Productions developed at the theatre have gone on to win Olivier Awards, become BAFTA-winning television

programmes and tour internationally.

Now, 15 years after its beginnings, The Yard has returned to the same Hackney Wick site with a purpose-built new home designed specifically for live performance.

The new venue, created in collaboration with RIBA award-winning Takero Shimazaki Architects, features a 220-seat curved auditorium, a dedicated space for young artists and a range of sustainable design elements. More than twice the size of the original building, the redevelopment will allow the organisation to expand its programme while continuing to support local creative talent.

The reopening has been made possible through a redevelopment and investment programme. The project demonstrates

how developer contributions from Tower Hamlets and Hackney councils, alongside the GLA, can support vital cultural infrastructure, helping creative organisations to thrive while ensuring residents continue to benefit from high-quality arts, culture and community spaces.

The theatre launches its new season this autumn, featuring Ian McKellen in *Lear*, a new play by local writer Troy Hunter, and a contemporary stage adaptation of Virginia Woolf's *Mrs Dalloway*.

Residents can also become members of The Yard, with both free and paid membership options.

For more information about performances, memberships and tickets, visit theyardtheatre.com.



Your housing and ne

It is important that you, as our council tenants and leaseholders, are kept informed about the latest news and updates. You can find the latest information specifically for you in this section. Please note that this content does not apply to private renters or homeowners.

Improvement programme underway across our borough

Residents are beginning to see the benefits of Tower Hamlets Council's long-term housing improvement programme, following the announcement in February of the largest investment in council housing improvements in the borough's history.

The council committed to investing £609 million over the next 10 years, including £520 million for capital

improvements, to make council homes safer, warmer, more energy efficient and fit for the future.

Since the investment was approved, work has moved from planning into consultation and delivery, with further programmes being designed and consulted on with residents. The focus is on ensuring council homes and estates benefit from the improvements residents

want to see most, including upgrades to homes, building safety works and major repairs.

Recent work has included the installation of new kitchens and bathrooms in council homes, while wider improvement programmes being mobilised will deliver new roofs, windows, doors, insulation and external repairs to properties.

Over the coming months, residents will see further progress through building and fire safety improvements, energy efficiency upgrades, estate enhancement projects and improvements to communal areas. The programme is designed not only to improve homes but also to create cleaner, safer and more attractive neighbourhoods.



Tenants and leaseholders put residents at heart of new framework

Council tenants and leaseholders came together in June to help shape the future of housing services in Tower Hamlets, taking part in co-creation workshops designed to put resident voices at the heart of a new Competence and Conduct Framework.

The workshops gave residents the opportunity to share what qualities, behaviours and skills they value most in housing staff, from communication and accountability to professionalism, empathy and responsiveness. Their feedback will now help inform a

framework that will apply across Housing services and support the delivery of high-quality services for residents.

The work is taking place in response to new requirements being introduced by the Regulator of Social Housing from October 2026 which mean tenants should be able to meaningfully influence and scrutinise the policies and standards that affect them.

If you didn't get chance to attend, you still have the opportunity to provide your views in September, when the draft policies will be shared.



Neighbourhood news



Residents' feedback drives action across estates

Neighbourhood Action Days are taking place across the borough, giving residents the opportunity to speak directly to housing teams to resolve any issues.

Days have already taken place in Will Crooks Estate, Poplar, and Ocean Estate, Stepney.

Housing teams worked alongside residents, contractors and partner organisations to address issues raised by

the local community.

One of the strongest messages to emerge from the Ocean Estate event was the positive response from residents themselves, with many saying they would like to see more days like this because they "felt heard".

Throughout the day, a range of improvements were delivered across the estate, including repairs in residents' homes and communal areas, bulky

waste removal and recycling education activities for children.

Residents also had the opportunity to speak directly with the council's Anti-Social Behaviour Officer, Tower Hamlets Enforcement Officers, and local police about concerns relating to anti-social behaviour and community safety.

The event forms part of the council's ongoing commitment to listening to residents and responding to the

issues that matter most in their neighbourhoods. As well as seeing improvements carried out on the day, residents were able to share their experiences and raise concerns directly with officers and partners.

More Neighbourhood Days are being organised and dates will be advertised shortly. Keep an eye on the council's social media and housing WhatsApp group for updates.

Improvements to housing satisfaction

More tenants and leaseholders are satisfied with Tower Hamlets Council's housing services, with the latest Tenant Satisfaction Measures showing improvements across most areas measured during 2025/26.

Overall satisfaction increased from 60 per cent to 65 per cent, placing Tower Hamlets above the London median and representing a positive step forward for housing services.

Eight out of 12 satisfaction measures improved compared with last year, with residents reporting higher satisfaction with repairs, complaint handling, neighbourhood services and with how well the council listens to and acts on residents' views.

While the results show that progress is being made, the council recognises there is more to do.

Highlighted areas where residents want to see further improvements include repairs, communication, damp and mould, anti-social behaviour and estate cleanliness.

In response, the council has strengthened repairs processes, introduced a new Damp and Mould Policy, launched a Housing WhatsApp channel and established a Mobile Caretaking Team to help keep estates clean and well maintained.

Sign up to the Housing WhatsApp channel below:



New online enquiry form launched

It is now easier for tenants and leaseholders to access support with the launch of a new online enquiry form.

The changes are designed to make contacting housing simpler, reduce delays and help ensure enquiries reach the right team first time. They also form part of the council's wider commitment to improving services based on resident feedback.

MyHome remains the fastest and easiest way for tenants and leaseholders to report most non-emergency day-to-day repairs, check rent or leasehold accounts, make payments, manage tenancy enquiries and access important information about their home.

For enquiries that cannot be completed through MyHome, residents can now use a new digital enquiry form. The form guides users through their request step

by step, capturing the right information and sending it directly to the appropriate team. This will help reduce repeat contact, minimise delays, and improve response times.

Emergency repairs should continue to be reported by phone as usual by calling 020 7364 5015.

Residents who need help using MyHome or completing the new enquiry form can contact housing for assistance.

To fill in the form, scan the QR code below:



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YEAR 6

OPEN MORNINGS 9AM - 11.00AM

Friday 4th, Thursday 10th, Tuesday 15th and Thursday 24th September 2026
and Friday 2nd, Tuesday 6th, Thursday 15th and Tuesday 20th October 2026

OPEN EVENING 4PM - 6.30PM

Wednesday 23rd September 2026

OFSTED, JANUARY 2026

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“Leaders have developed a curriculum which prepares students to successfully access the next stages of their education or chosen career.”

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“Pupils make positive progress through the curriculum in all key stages.”



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Brick Lane Curry Festival is back for second year of food and fun

Get ready for incredible food, live music, dancing and a celebration of community as the Brick Lane Curry Festival returns on Sunday 20 September.

Following its hugely successful comeback last year, the festival is returning to the heart of Brick Lane and Banglatown for an even bigger celebration.

From 12pm to 7pm, Brick Lane will be transformed into a vibrant street festival packed with free entertainment, family activities and good food.

The celebrations will kick off with a procession through Brick Lane, with traditional lion dancing, dhol drummers and three giant puppets specially created for the festival.

There'll be plenty happening on stage too. Khiyo will headline a programme featuring British-Bangladeshi stars Nish and Mumzy Stranger, alongside IMD Legion, Bolly Flex, Taal Torongo, Showmi Das



Brick Lane will be transformed into a vibrant street festival

Dance Company, Bollywood Brass Band and more.

Across Brick Lane, roaming performers, DJs and pop-up entertainment will keep the festival atmosphere going throughout the afternoon.

Head to The Gaat, the festival's

dedicated family zone, for a packed programme of free activities. Try traditional saree draping and lungi wrapping, join dance workshops with IMD Legion and Bolly Flex, or keep younger festivalgoers entertained with sports, games and bouncy castles.

Register for free before the festival and

you'll receive a code giving you 20% off your bill at participating Brick Lane restaurants across the festival weekend:



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Celebrating 90th anniversary of iconic Battle of Cable Street

LOVE TOWER HAMLETS

Events are being held across the borough to commemorate the 90th anniversary of the Battle of Cable Street.

Ninety years ago, on 4 October 1936, thousands of people came together in Cable Street to stop Oswald Mosley's British Union of Fascists marching through London's East End.

Events to commemorate the anniversary include a march on Sunday 4 October, meeting at 12noon at Tower

Hamlets Town Hall before walking to St George's Garden, Cable Street, where there will be speakers, music and children's fun.

From 1 October to 20 February, the Tower Hamlets Archives and Local History, in Bancroft Road, will host a special exhibition, featuring photographs, newspapers, ephemera and archival documents.

The exhibition is free to visit and has been curated especially for the archives.

For more information, visit www.ideastore.co.uk/local-history/whats-on

No Pasarán: They shall not pass

In 1936, the fascists sought to exploit hardship and division, targeting the East End's Jewish community and using prejudice and hatred to gain support.

Instead, people from many backgrounds, especially Jewish and Irish communities alongside trade unionists, local residents and anti-fascists from across London, stood together.

Thousands filled the streets, formed a human blockade at Gardiners Corner in Aldgate, and built barricades in Cable Street, preventing Mosley's march from passing through the East End.

Their actions became a lasting symbol

of solidarity and collective action against fascism and racism, including antisemitism.

This unity was shown once again in the 1970s, when local communities came together to defeat the National Front as it sought to terrorise the Bangladeshi community.

Ninety years later, the legacy of Cable Street continues to inspire us to stand together against hatred, division and the scapegoating of people because of their faith, ethnicity or background, including migrants and refugees, and to defend the values of inclusion, equality and democracy.



Hundreds of people enjoyed watching the Men's Football World Cup at York Hall

Football fever hits York Hall

As World Cup fever swept the nation, York Hall Leisure Centre welcomed residents, families and football fans for live match screenings, bringing people together and strengthening community

connections.

From the quarter-finals through to the final, visitors gathered to watch the action on York Hall's giant screen, creating a vibrant and inclusive atmosphere for

people of all ages and backgrounds.

Alongside the matches, guests enjoyed family-friendly activities, pre-match games, prize draws and refreshments.

The strong turnout for the screenings

demonstrated the role local leisure centres can act as community hubs, providing spaces for residents to come together around major events.

Through the Lens: ou



Tower Hamlets is a bustling, vibrant place - and we wanted to celebrate that with a new feature called 'Through the Lens' where we showcase your best photos of our borough. The theme for this edition is 'markets'. Which is your favourite? Find out more about our markets: lovetowerhamlets.com/markets



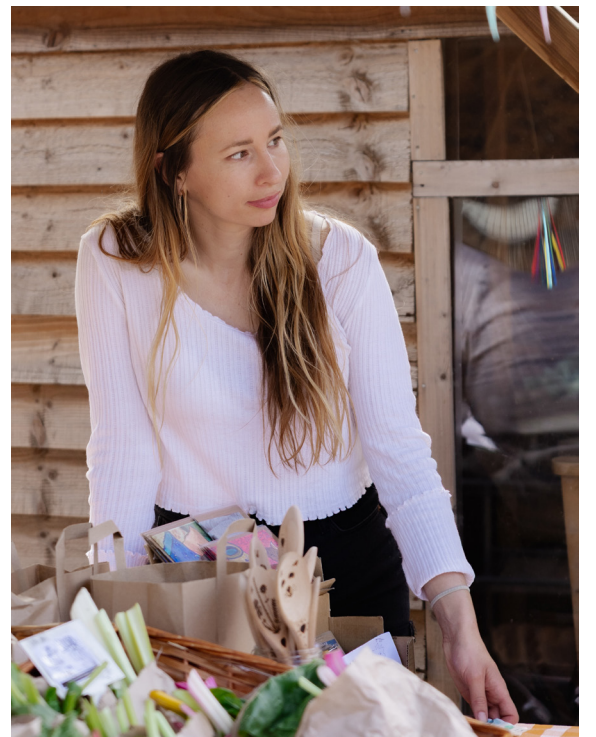
Top left and top right by Kim Dee, bottom left by Vlad Lordache, and bottom right Tasnim Siddiq



ur borough, your pics



Top left: Kim Lee, top middle and top right: Vlad Lordache. Middle left: Saleha Jafrin, middle: Tasnim Siddiq, middle right: Wida Maritz



Bottom left: Krissun Soodin

Bottom right: Hassan Raja



Do something amazing this year by becoming a foster carer

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Learner of the year Lorraine Charles receiving her award from Cllr Minara Khatun

Celebrating the power of adult learning

ACCELERATE EDUCATION

Inspiring stories of people who have embraced learning, developed new skills, achieved personal goals and transformed their futures, were showcased at this year's Idea Store Learning Awards.

The annual event held in July at the town hall in Whitechapel, recognises, rewards and celebrates the incredible achievement of adult learners.

Winners were presented with certificates and awards across four categories: Community Contribution; Into Work; Learner of the Year; and Progression & Achievement were recognised for their incredible achievements and dedication.

African dance student Lorraine Charles was named Learner of the Year. Performing arts tutor George Fiawoo who nominated Lorraine for the award said: "Despite living with learning difficulties, Lorraine has demonstrated an extraordinary commitment to learning, never missing a single African dance class and continually developing her ability to master complex dance techniques, rhythms, and performances."

George attributed Lorraine's success to her exceptional dedication, resilience, and personal growth over the past 12 years.

"The course has had a transformative impact on her life, not only enhancing her skills and confidence but also significantly increasing her independence.

"From initially relying on a carer to accompany her to classes, Lorraine now travels independently and has built strong friendships within the learning community, becoming a valued and supportive member of the group.

"Her determination, consistency, and enthusiasm for learning exemplify the very best of lifelong learning and make her a truly deserving recipient of this award," her tutor said.

Momtaz Rahman Momo was also named Learner of the Year. The digital skills student was recognised for her outstanding determination, achievement, and commitment to supporting others.

Since arriving in the UK from Bangladesh in 2021, Momtaz has worked tirelessly to overcome language and cultural barriers while raising her young son, embracing every opportunity to learn and develop her skills.

Through her studies at the Idea Store, including ESOL, Essential Digital Skills, and Digital MS Office qualifications, she has achieved excellent results, maintained 100 per cent attendance, and built the confidence to pursue her goals.

The impact of learning has extended beyond the classroom, enabling her to volunteer in digital skills classes, helping fellow learners gain confidence, and to serve as a host at the Young V&A Museum, welcoming visitors from diverse backgrounds.

Ready to start your own learning journey? Sign up to courses starting this September: www.ideastore.co.uk/learning



Gabriella Urbina receiving her award

The winners were:

Learner of the Year Award
Lorraine Charles (African Dance)

Learner of the Year Award
Momtaz Rahman Momo (Digital Skills)

Progression & Achievement Award
Kristina (Digital Skills)

Into Work Award
Fumiaki Iwai (Screen Printing and Printmaking)

Into Work Award
Gabriella Urbina Cattafi (FS English)

Community Contribution Award
Shajma Begum (Women's Voice)

40 per cent reduction in air pollution

COUNCIL NEWS

Tower Hamlets has achieved a 37.6 per cent reduction in nitrogen dioxide pollution since 2019, demonstrating the success of the council's programme to create a cleaner, healthier borough for residents.

New air quality monitoring data shows that 95 of 96 monitoring sites across the borough met the national annual air quality objective of $40\mu\text{g}/\text{m}^3$ in 2025.

The achievement comes as the council receives the prestigious Breathe London Local Authority Leadership Award, recognising its innovative and effective approach to tackling air pollution.

A key driver of this success has been

an integrated anti-idling programme led by the council's Regulatory Services Pollution Team, combining education, engagement and enforcement to encourage lasting behavioural change.

The programme has delivered significant impact across the borough, including:

- Installation of 400 anti-idling signs
- 223 targeted enforcement patrols
- Engagement with more than 800 drivers
- Air quality workshops delivered to 239 school pupils
- A social media campaign reaching over 15,000 people

The initiative has led to 70 per cent of surveyed residents reconsidering their

engine-idling behaviour and contributed to a 19 per cent to 27 per cent reduction in nitrogen dioxide levels at two monitored schools.

The council has also invested heavily in wider environmental improvements, including installing 250 electric vehicle charging points, using electric vehicles for the council's fleet, and planting 2,193 trees across the borough.

Cllr Shafi Ahmed, Cabinet Member for a Clean and Green Borough, said: "Our children and residents deserve to live without the dangers of air pollution, which is why reducing pollution across Tower Hamlets remains a key priority for the council.

"Air pollution affects not only people's health but also our local environment

and wildlife. Tackling it requires a collective effort, and we are proud of the progress we have made together.

"I am delighted to see our integrated approach of education, engagement and enforcement delivering such positive results.

"This achievement reflects the hard work of our officers and the support of residents who have embraced the campaign.

"While there is more to do, these results demonstrate that our actions are making a real difference.

"We will continue working with communities, schools and businesses to keep pollution levels low and help create a cleaner, greener borough for all our residents."



Farzana Sheikh and Momota Hussain celebrating with their trophies

Rallying behind Mayor's Badminton Cup winners

Ninety-four enthusiastic players showcased their badminton talents at Mile End Leisure Centre on Thursday 23 July, as part of the inaugural Mayor's Badminton Cup tournament.

The first ever Mayor's Badminton Cup featured fast-paced rallies throughout the day and highlighted both experienced

players and rising stars from across the borough.

The open age women's event was well represented, with 26 participants playing doubles and showcasing their court craft. The winners in two categories were Onyinye Nkemdirim and Phuong Phuong, and Farzana

Sheikh and Momota Hussain.

The junior (boy's & girl's) doubles event was equally exciting, featuring 14 teams in high energy matches.

After much shuttlecock action, Ismail Ahmed and Md Shipar claimed the title. Md Shipar was also named young player of the tournament.

Twenty teams competed for the open age men's title, highlighting great local talent. After an amazing round of tightly fought matches, Tarek Ahmed & Jahed Ahmed become the first open age men's champions.

The Mayor's cricket and football tournaments take place this September.

Housing allocation and bidding system update

Earlier this year, the council introduced a new Housing Allocations and Bidding System. While the new platform is designed to offer a more secure and accessible service, some residents experienced difficulties accessing accounts, viewing information and

placing bids during the transition.

The council apologises for the disruption this caused. All known issues have now been resolved, including those affecting bidding positions, preference dates and banding information.

The system has also been enhanced to provide clearer bidding information and real-time updates.

Residents needing support can access online guidance, contact the Lettings Team or visit a Resident Hub for assistance.

Anti-social behaviour week helps 500 residents

More than 500 residents received help and support on anti-social behaviour during a week of targeted action to show the council's commitment to swiftly dealing with the issue.

A total of 22 events were held, including weapon sweeps, drug searches, action days and engagement stalls.

The council continued its commitment to partnership working, with police and housing providers also taking part in the events.

Alongside this, the council's tenants and leaseholder's ASB hotline has received more than 1,000 calls since it opened in November 2025.

All residents are encouraged to report incidents to the police on 101, or 999 in an emergency.

Council tenants can also report incidents of anti-social behaviour using the 24 hour help line on 020 7364 2332 or you can visit towerhamlets.gov.uk/ASB.



Tackling knife crimes and keeping our young people safe

FIGHT CRIME

Knife amnesty bins, weapon sweeps, enforcement against retailers selling knives to children, expanded youth services and major investment in community safety are among the measures Tower Hamlets Council is taking to remove knives from our streets, tackle knife crime, safeguard young people and reduce violence.

In 2024/25, Tower Hamlets recorded 689 knife crime offences, equivalent to 208 offences per 100,000 residents. The council is working closely with police and partner agencies to drive down serious violence and make communities safer.

Cllr Kabir Ahmed, Cabinet Member for Public Protection and Integrated Enforcement, said: "Knife crime devastates lives, families and communities.

"We are taking decisive action to remove knives from our streets, tackle the causes of violence and keep young people safe.

"Working with our partners, we are committed to reducing serious violence, including knife crime, by 15 per cent by 2028 and ensuring Tower Hamlets remains a borough where everyone can feel safe."

Between January and March 2026, more than 2,000 knives were handed into the borough's six knife amnesty bins, helping to remove dangerous weapons from circulation.

Over the year to June 2026, Tower Hamlets Enforcement Officers (THEOs) also carried out 223 weapon sweeps across the borough.

The council's Trading Standards team is tackling the illegal sale of knives to under 18s. Between June 2025 and June 2026, 12 test purchase operations were carried out. Two illegal sales were identified, resulting in one successful



Cllr Kabir Ahmed with police, ASB officers, THEOs and residents at a recent event

prosecution and a fine of almost £1,000, with a second case progressing through the courts.

Investment in community safety continues through improvements to the borough's CCTV network. Following a £3.7 million upgrade, a further £3.45 million investment will deliver 650 additional cameras across estates, residential blocks, Be Well leisure centres and key locations, alongside upgrades to Automatic Number Plate Recognition (ANPR) technology.

Alongside enforcement, the council is investing in prevention and early

intervention through Young Tower Hamlets. The service operates 20 youth centres, providing safe spaces, positive activities and trusted support for young people. More than 12,000 young people attended the centres last year, accounting for over 105,000 visits, while a further 8,000 attended summer activities.

Young Tower Hamlets also works with schools to deliver workshops on knife crime, substance misuse, peer pressure and social media awareness, helping young people make positive choices and stay safe.

The service has also launched London's

first Young Futures Hub, one of eight national pilots.

Based at Haileybury Youth Centre, the hub brings together employability, careers, health and wellbeing support, providing early intervention and helping vulnerable young people access the services they need before problems escalate.

Together, these initiatives are helping to remove weapons from the streets, prevent young people from becoming involved in violence, and build safer communities across Tower Hamlets.

New partnership tackling drug use

There has been a 5.6 per cent reduction in the amount of drug and alcohol-related anti-social behaviour reported in Tower Hamlets, thanks to a new partnership which aims to support individuals to access treatment and other services.

Substance misuse affects individuals, families, and entire neighbourhoods. Tower Hamlets Council created the Combatting Drugs Partnership in 2023 to make sure there was dedicated oversight to break the drug supply in the borough, deliver a world-class treatment and recovery system for individuals struggling with drug and alcohol addiction, and prevent demand for drugs and the harms that they cause to communities.

The approach focuses on prevention of harms, early support and recovery, while ensuring firm and fair action is taken when needed to prevent harm in communities.

Tackling these challenges requires genuine partnership across health, enforcement, community organisations, and local residents.

Following the increased investment by the council:

- 2,330 people have been supported through the council's treatment services in 2025/26
- 62 young people have received interventions in 2025/26
- There has been a 22 per cent reduction in the number of hospital admissions for drug and alcohol related issues, down from 345 in 2024/25 to 269 in 2025/26.



The Executive Mayor Lutfur Rahman and Cllr Kabir Ahmed at a drug misuse event

- 5.6 per cent reduction in the anti-social behaviour calls to the council and the police (drug and alcohol related) in 2025/2026 when compared to 2024/2025
- 96 per cent of those leaving prison are successfully engaging in treatment as per local report.

A service user, who asked to be anonymous, said: "The support that I

received has helped put my life back on track. The daily hunt for money and drugs has been removed. So life is looking brighter now than it has for the past 27 years."

Cllr Kabir Ahmed, Cabinet Member for Public Protection and Integrated Enforcement, said: "Our local approach is clear and balanced.

"We are supporting people into recovery while protecting our

neighbourhoods from harm.

"By focusing on prevention of harms, early help and firm, fair action, we're working with health partners, police, voluntary groups, and local residents to create safer, healthier communities.

"Our message is simple: we stand with those who need support, and we will always act to safeguard the wellbeing and safety of our borough."

Supporting survivors of domestic abuse in one place



The Nari Centre, in Vallance Road, offers support from housing, legal and other experts

Delivering on the council's commitment to tackle Violence Against Women and Girls and support victims of domestic abuse, Tower Hamlets Council has invested in a new Domestic Abuse One Stop Shop at the Nari Centre.

Already, 58 residents have accessed support through the service, which brings together domestic abuse advocates, housing advisors, police and legal specialists under one roof, with translation support available and all services delivered confidentially.

The centre, in Vallance Road, is open on Mondays from 10am to 12noon. No booking required.

This is part of the council's wider commitment to making Tower Hamlets a safer borough, ensuring survivors can access the help they need quickly, safely and close to home.

Need support? Call Solace on 020 3795 5064. In an emergency call 999



Youngsters enjoying one of the Be Well summer events

A summer to remember thanks to Be Well's activities

Hundreds of children and families took part in Be Well's first-ever summer activities programme, an initiative designed to keep young people active and engaged during the school holidays.

Delivered across six leisure centres, the programme offered a wide range of affordable activities, including wet play sessions, fun play with bouncy castles, cricket, swimming, sensory play, structured football, badminton

and cricket courses and multi-sports activities.

Sessions were available for children and young people of all ages, from toddlers attending parent-and-child sessions to teenagers participating in sports camps and coaching programmes.

Dedicated special educational needs and disabilities (SEND) sensory play sessions provided

inclusive opportunities for children with additional needs to participate in a supportive environment.

Cllr Minara Khatun, Cabinet Member for Leisure, Culture and Tourism, said: "This new programme marked a significant milestone for Be Well, representing the first coordinated summer offer delivered across its leisure centres.

"By combining sport, play and

physical activity with opportunities for social interaction, we're championing how community leisure facilities can support children's wellbeing beyond their traditional role as places to exercise.

"Be Well's leisure centres became busy community hubs throughout the summer, providing families with a fun and affordable way to stay active during the holiday break."

More than 200 pupils take part in Tower Hamlets' annual swimming gala



Children cheering on their team mates in the swimming competition

The Tower Hamlets School Swimming Gala returned to Mile End Park Leisure Centre on 10 June.

The annual event, which has been running for more than 60 years, saw 220 pupils from 13 local primary schools compete across 16 races, including backstroke, front crawl, breaststroke, butterfly and relay events.

A huge congratulations to Olga Primary School, who were crowned overall winners of this year's gala.

Participating schools included: Bonner Primary School, Faraday Prep School, St Mary & St Michael Catholic Primary School, Olga Primary School, Culloden Primary Academy, Manorfield

Primary School, Canary Wharf East Ferry, Canary Wharf Glenworth, Globe Primary School, St Saviour's Primary School, St Pauls with St Luke Church of England Primary School, Chisenhale Primary School and The Aldgate School.

Organised by the council and supported by Bethnal Green Sharks Swimming Club and Swim England, the gala celebrates swimming as both a competitive sport and an essential life skill. It also plays a key role in identifying and supporting emerging local talent, with standout swimmers offered opportunities to train with Bethnal Green Sharks Swimming Club.

Make sure you are registered to vote

COUNCIL NEWS

The annual canvass for 2026 has started to ensure that eligible Tower Hamlets electors are entered on the Register of Electors when it's revised and published on 1 December 2026.

The process involves the existing electoral register data being uploaded into a government portal and compared with databases held by the Department of Work and Pensions (DWP) to check residency and ensure that the right

communications are sent to every household in the borough.

The data matching results are then divided into three types of communication:

Route one: properties receive a letter informing the household that the elector details have matched and a response to update the register is not required. However, if any changes need to be made, this can be done online, by telephone or SMS (text message) where electors can be added, deleted or amended. If the council holds an email address for an

individual in the household the council will send an email to confirm if the details held for the occupants of the property are correct. Please then follow the instructions to either confirm that the details are correct, or make any changes required.

Route two: properties receive a letter informing the household that the data held does not match exactly, and a response is required to confirm who is resident. This can be completed in paper form, SMS, telephone, in person or online and information on how this is

completed is included in the letter.

Route three: these are certain properties (such as care homes, residential homes and universities) that have established contacts, and the electoral services team will liaise directly with these establishments rather than send correspondence to ensure the returns are accurate.

Visit www.towerhamlets.gov.uk/annualcanvass for further details, and keep an eye out for the correspondence that you will receive and respond accordingly

Make sure your information is up to date so you can vote at the next elections



Stoptober: Make this October your time to quit

If you've been thinking about quitting smoking, Stoptober is the perfect time to take the first step. Research shows that stopping smoking for 28 days makes you five times more likely to quit for good, and with the right support, you don't have to do it alone.

This year the council is working in partnership with the NHS and seven Northeast boroughs to support routine and manual workers in stopping smoking. As smoking rates tend to be higher in physical trades (around 1 in 4), tailoring a practical plan around heavy

workloads can be essential. Using free local stop smoking services and free Nicotine Replacement Therapy (NRT) can help manage shift patterns and replace traditional tea-and-smoke break triggers.

If smokers prefer to quit independently, free support and NRT is also available through a premium version of the Smoke Free app, giving expert guidance, progress tracking, motivational tools and community support.

Download the Free Smoke Free App today to try it out:



For those looking for face-to-face support, the RISE programme is

available for residents aged 18 and over on their quit journey. Clients receive a personalised 8 to 12-week plan from experienced advisors as well as free NRT. As an added incentive, participants can earn up to £25 as they progress through the programme.

All services are also available for those chewing sada, zarda or paan.

This Stoptober, take the first step towards a healthier, smoke-free future.

Ready to get started? Visit quitrightth.org or call 0207 882 8230 to access free support today.

Get ready for food waste recycling as roll out continues

Food waste collections are expanding across Tower Hamlets, with the service set to reach more blocks of flats and estates in the coming months.

Around 30 per cent of the rubbish thrown away in Tower Hamlets is food waste – everything from fruit and vegetable peelings to leftovers, tea bags, coffee grounds and bones.

Recycling food waste separately helps reduce the amount of rubbish sent for disposal.

Instead, it's taken to specialist processing facilities where it's turned into renewable energy, fertiliser and compost.

If your property is due to receive the service, you'll be provided with everything you need to get started,

including a kitchen food waste caddy, liners and information about how to use your new communal food waste bins.

But the best way to tackle food waste is to create less of it in the first place. Planning meals, storing food properly and making the most of leftovers can help you save money while reducing the amount of food that ends up in the bin.

When using your food waste caddy, remember to recycle food only. Packaging, liquids, cooking oils and plastic bags should be placed in the appropriate recycling or rubbish bins instead.

Keep an eye out for information about when the service is coming to your area, and visit the council website to find out more.



Bean on the move: coffee company shifts into e-cargo gear

When it comes to getting fresh coffee across London, the team at the Columbian Coffee Company has found a faster, cleaner and more flexible way to keep their business moving.

Based on New Goulston Street, the independent coffee roastery has been using cargo bikes to transport coffee between its sites for several years. Now, with support from a Zero Emissions

Network grant, the business has been able to invest in an upgraded electric cargo bike. George Hood, Operations Manager at the Columbian Coffee Company, said: "A cargo bike gives us the flexibility to make deliveries on our own schedule, when we need to, rather than relying on vans or taxis. It's also a much more sustainable way of working, which is really important to us."

For businesses making regular trips around Tower Hamlets and central London, cargo bikes can also help reduce running costs while avoiding the uncertainty of driving in busy urban areas.

The Columbian Coffee Company is one of a growing number of Tower Hamlets businesses choosing cleaner, more sustainable transport

with the help of ZEN grants. Whether it's reducing emissions, cutting costs or making deliveries more efficiently, small changes can make a big difference for both businesses and the local environment.

Applications are closed for the Zero Emissions Network grant, but keep an eye on the council's social media channels for when they reopen.

70 more rapid electric vehicle chargers coming to Tower Hamlets



Cllr Shafi Ahmed with one of the new chargers

CLEAN AND GREEN

More than 70 rapid and ultra-rapid electric vehicle (EV) chargers are being installed at 35 sites across Tower Hamlets, with the first 17 already live.

The new chargers, delivered in partnership with Believ, will give residents, businesses, taxi drivers and other road users more options to charge quickly while out and about.

They build on the council's network of 2,000 lamp column charge points already installed across the borough last year.

With 93 per cent of homes without off-street parking, providing a range of convenient charging options is particularly important.

The new rapid chargers are designed for shorter charging stops and higher-demand users, including taxi drivers, businesses and fleet vehicles.

The first are now live at locations including White Horse Lane, Prusom Street, Plumbers Row, Alfred Street, Stepney Green and Chrisp Street, with more sites to follow.

More than 5,400 plug-in vehicles are now registered in Tower Hamlets.

Expanding the charging network will help support the growing number of electric vehicles while contributing to the council's work to improve air quality, reduce transport emissions and move towards net zero.

Councillor Shafi Ahmed, Cabinet Member for a Clean and Green Borough, said: "With 93 per cent of homes in Tower Hamlets without off-street parking, having an accessible public charging network is essential.

"This latest investment gives residents more options, whether they need to charge overnight near home or get a faster charge while out and about."

For more information about EV chargers, visit www.towerhamlets.gov.uk/lgnl/transport_and_streets/Electric-Vehicles.aspx

Town Hall could be the perfect setting for your happy ever after

COUNCIL NEWS

A free Wedding Fair at Tower Hamlets Town Hall highlighted the growing appeal of the borough's unique civic venues as locations for couples planning their big day.

Held on Saturday 22 August, the event welcomed aspiring newlyweds, families and wedding planners to the historic Town Hall in Whitechapel. Conveniently located directly opposite Whitechapel Station, the fair brought together a range of wedding suppliers, giving visitors the chance to explore ideas and gather inspiration for every stage of their wedding journey.

Exhibitors included décor specialists, caterers, and entertainment providers offering everything from mojito stands to chocolate fountains, and a luxury wedding vehicle company.

Sam Jones, Town Hall Events Manager, said: "Whether attendees were just beginning to imagine their perfect day or putting the finishing touches to long-established plans, the fair offered practical advice, creative inspiration and opportunities to connect with local suppliers."

A highlight of the day was a series of guided tours showcasing the Town Hall's distinctive wedding spaces. Visitors explored the impressive Council Chamber, the open-air Terrace and the atmospheric Old Surgery Theatre, a reminder of the building's former life as part of the Royal London Hospital. The tours gave couples the chance to picture



A special fair highlighted the Town Hall as a venue for weddings

how these unique spaces could provide a memorable backdrop for ceremonies and celebrations.

The event also shone a spotlight on the wider range of wedding venues available through Tower Hamlets Council, encouraging couples to consider local

settings for their special day.

With its blend of historic character, striking architecture and excellent transport links, Tower Hamlets Town Hall proves to be more than just a civic building. For many visitors, the Wedding Fair offered a first glimpse of a venue

that could become the setting for one of the most important days of their lives.

Couples who were unable to attend the fair can still find out more about wedding and ceremony venues across Tower Hamlets at www.towerhamlets.gov.uk/marriages

Exploring new ways of archiving memories



Tower Hamlets Local History and Archives is celebrating 25 years since a pioneering conference was organised to honour the archives created by different communities living in the borough.

Itihash Tower Hamlets Ethnic Minorities Archive conference took place at the Brady Centre 25 years ago.

Reflecting on what has been achieved in East End community heritage practice since the 2001 conference, Itihash ('history' in Bangla) Archive Fest will take place at Tower Hamlets Local History Library & Archives over 10 days later this year.

Alongside examining more traditional, Western approaches to archiving, often centred on material objects and institutional collections, there will be a wider conversation about the many ways

different communities preserve and pass on knowledge, memory and history. Some of these methods may include archives held in the body through dance and movement, storytelling and oral traditions, stitched into textiles, embedded in rituals, and everyday acts of recalling.

These forms of knowledge play a vital role in how communities remember, record and share their histories across generations.

Itihash Archive Fest 2026 aims to create a space for exchanging ideas, celebrating diverse archival practices, and imagining expansive and inclusive futures for community archiving.

It will run from November 26 to December 6 at Tower Hamlets Local History and Archives on Bancroft Road.



Cllr Shenaly Miah speaking at the event which celebrated Connect to Work's first year

New programme celebrates a year of getting people into work

JOBS AND SKILLS

Hundreds of residents have been helped on to the path of employment thanks to a new programme.

Connect to Work is a government-funded supported employment programme that provides support to residents with disabilities, health conditions and other barriers to employment.

Working closely with health services, community organisations, employers and local partners, the programme helps residents build confidence, overcome challenges and secure job opportunities.

Since launching in July 2025, Connect to Work has supported hundreds of

residents across Tower Hamlets.

The programme has seen 313 people begin their Connect to Work journey.

The programme has engaged a diverse range of residents, including 157 people who have experienced long-term unemployment, 80 young adults, 38 carers, 21 people serving community sentences and five residents in recovery from substance misuse.

Many participants face multiple and interconnected challenges, with those supported including people with mental and physical health conditions, neurodivergence and learning disabilities.

Aja Lockhart, a Connect to Work programme participant, said: "When I came to Connect to Work I was not only

looking for a job, but I was looking to rebuild my life from the ground up and I didn't know where to start.

"After my health incident, I was no longer able to do the HR work I used to do and my confidence wasn't the same. From the very beginning, I felt that the person who matched me with my advisor genuinely understood what I needed. She was interested in me as a whole person, not just my employment status.

"Our conversations were not only about finding any job. They were about finding something that fits the vision I have for my life, something I could grow in and genuinely enjoy. She helped me understand the job market here, navigate systems I had never encountered before, and think about what my future could

actually look like, beyond just surviving."

A special celebration event was held at the town hall to mark the programme's one year anniversary, bringing together residents, employers, partners and community organisations from across Tower Hamlets to celebrate the programme's achievements.

Cllr Shenaly Miah, Cabinet Member for Jobs, Enterprise, Skills and Growth, said: "Over the past year, Connect to Work has shown what can be achieved when local government, health services, community organisations and employers work together towards a shared goal.

"I look forward to seeing it continue to create opportunities and improve outcomes for residents across Tower Hamlets in the years ahead."

Become a market trader and join one of our award-winning markets

Are you selling online or looking to turn a hobby into a side hustle? Your next step could be closer than you think. Generations of Londoners have built their businesses at award-winning Tower Hamlets markets.

From food and fashion to handmade crafts, art, gifts and much more, the borough's markets are home to independent traders serving thousands of residents, workers and visitors.

It doesn't matter whether you're taking the first steps towards starting a business, looking to turn your passion

into an income, or already selling online and are now ready to meet your customers face-to-face, there's a place for you at one of the markets.

The council is on the hunt for new traders to join the markets across the borough.

Visit the Tower Hamlets Council website to find out more about trading opportunities and submit an expression of interest form.

Search 'become a market trader' at towerhamlets.gov.uk.



35 countries represented at exhibition

CELEBRATING OUR BOROUGH

More than 500 people visited Tower Hamlets Town Hall during Refugee Week 2026 for Courage Across Cultures, an exhibition celebrating the creativity, experiences and contributions of sanctuary seekers living in the borough.

The exhibition featured work by artists representing 35 countries and explored the theme of courage.

Visitors enjoyed a wide range of

activities and exhibitions, including live music, photography, poetry and film.

Among the highlights was Confiscated Memories, an immersive installation by Ukrainian artist Lada Kopytova, which encouraged visitors to reflect on identity, home and belonging.

Lada said: "Refugee Week events are extremely important in providing a sense of community to displaced individuals and bridging the gap between refugees and locals."

"It was an honour to be involved in the

Courage Across Cultures exhibition, and I will always cherish the conversations and connections I made there."

The exhibition also highlighted work created through local community groups and organisations supporting refugees and asylum seekers.

Hear Me Out, a charity delivering music and creative workshops, performed two original songs developed with people living in Home Office accommodation in the borough.

Twelve-year-old participant Nelson

said: "It is very educational to learn and explore each other's cultures. My involvement in the music sessions has encouraged me to try hobbies that excite me and has made me love singing even more."

Visitors described the exhibition as "a much-needed exhibition in these divisive times" and said it gave them hope by creating opportunities for understanding, connection and welcome. For more information, visit the Family Information Hub.





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OPEN DAYS & TOURS

Open Weekend

Sat Nov 7th **10.30am**
Sat Nov 7th **11.30am**

Open Evenings

Mon Oct 5th **4.30pm**
Mon Oct 5th **5.30pm**
Mon Nov 23rd **4.30pm**
Mon Nov 23rd **5.30pm**

Book a Visit

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Monday **1.45pm**
Friday **9.15am**



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Priority for places at St Paul's Way Secondary School now given to families of SWB.

OPEN DAYS & TOURS

Open Weekend

Sat Oct 3rd **10.30am**
Sat Oct 3rd **11.30am**

Open Evenings

Thur Oct 19th **4.30 pm**
Thur Oct 19th **5.30pm**
Mon Nov 30th **4.30pm**
Mon Nov 30th **5.30pm**

Book a Visit

Twice Per week
Monday **1.45pm**
Friday **9.15am**



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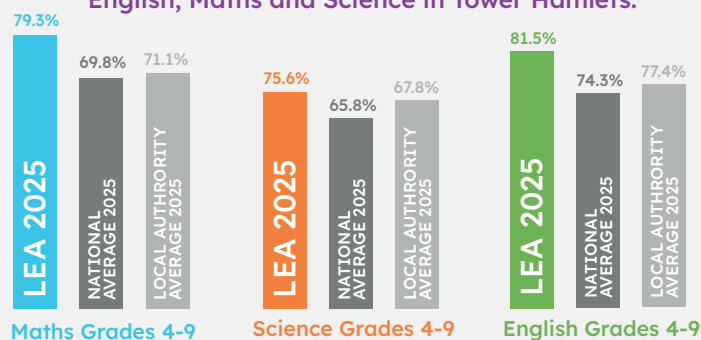
<https://sirwilliamburrough.info/>

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OPEN MORNINGS

Monday 14th to
Friday 25th
September 2026

9:15am to 11:45am

OPEN EVENINGS

Tuesday 15th Sept 2026
and Thursday 1st
October 2026

3:30pm to 4:30pm

FUN DAY

Saturday 10th October 2026
10.00am-1.00pm

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OPEN EVENTS

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THIS AUTUMN**



Open Evening Thursday 8th October, 4 - 7pm

Tour the school and speak to subject teachers directly about our broad and rich curriculum.

Open Mornings, 9.30 - 11.15am

Tour Morpeth with staff during the school day and hear from the headteacher along with current pupils.

September:

Monday 14th, Friday 18th, Tuesday 22nd,
Thursday 24th

October:

Wednesday 7th, Monday 12th, Thursday 15th

No booking required, please drop in!

Additional Tours (led by the Senior Leadership Team), 9.30 - 10.30am

September:

Friday 25th

October:

Monday 5th, Friday 16th, Wednesday 21st

Please note, additional tours must be booked in advance. Scan the QR code below to register:



 www.morpethschool.org.uk  [@MorpethSchool](https://www.instagram.com/MorpethSchool)

 [@morpethschool.bsky.social](https://bsky.app/profile/morpethschool.bsky.social)  [@MorpethSch](https://twitter.com/MorpethSch)



We offer academic excellence in a fun and exciting school

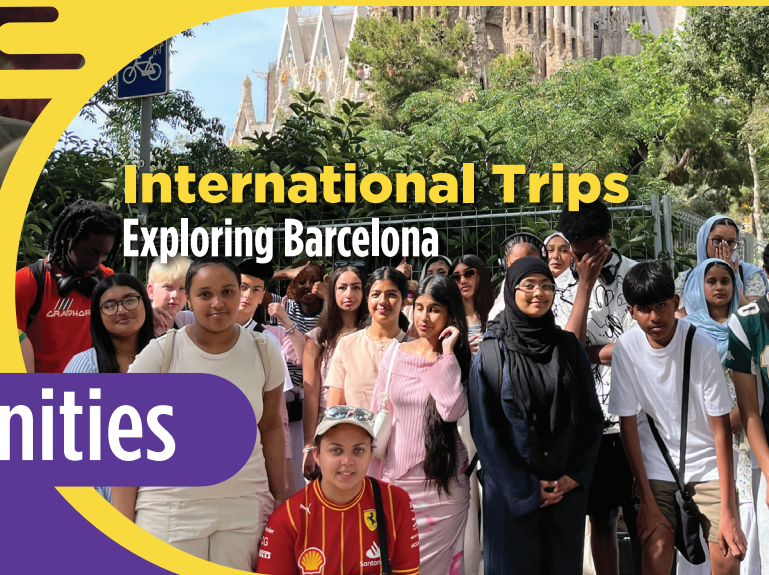


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in Costa Brava



Societies
Launch event



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Amazing enrichment opportunities

Our students enjoy memorable cultural experiences linked to a rich, vibrant and creative curriculum that extends their learning beyond the classroom.

COME AND SEE US!
THREE WEEKS OF OPEN MORNINGS

Please arrive at 9.15am

Mon 14th to Wed 16th September

Mon 21st to Wed 23rd September

Mon 28th September to Wed 30th September

OPEN EVENING

THURSDAY 1st OCTOBER

4.00PM-6.00PM

SATURDAY OPEN DAY

10th OCTOBER

Please arrive at 9.30am



Greenpower race
at Lotus Hethel

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Sixth Form
Open Evening
Thursday 19th November
4.00-6.00pm

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125 St Paul's Way Bow London E3 4FT



The four new community murals at Bethnal Green station, were created by local residents, school pupils and community groups with workshops led by Maud Milton

New murals to celebrate history

HISTORY

Primary school children, food bank users, residents and visitors have helped create four new community murals at Bethnal Green Station.

The murals celebrate the rich history, culture and identity of one of East London's most historic neighbourhoods.

Created through a series of workshops led by artist Maud Milton, the murals were designed and made by participants who ranged in age from babies as young as six months old to residents aged 85, reflecting the diverse community the station serves.

The four ceramic roundels tell the story of Bethnal Green and the Weaver line, celebrating the area's rich textile heritage, from the Huguenot silk weavers who helped shape Spitalfields to the looms, bobbins and shuttles that defined the industry. The murals feature references to local heritage, including curry leaves, Daniel Mendoza - the renowned Jewish boxer - and iconic local bus routes.

The project was delivered through a partnership between First Rail London, Good Shepherd Mission and Young V&A, bringing together local organisations with a shared commitment to celebrating Bethnal Green's heritage and strengthening community connections.

Workshops were held across the local area, including at Good Shepherd Mission, a church and charity that has supported the community for more than 150 years. The sessions were designed to be open and accessible, giving people who may not otherwise have the opportunity to take part in a lasting public art project the chance to leave their mark on the station.

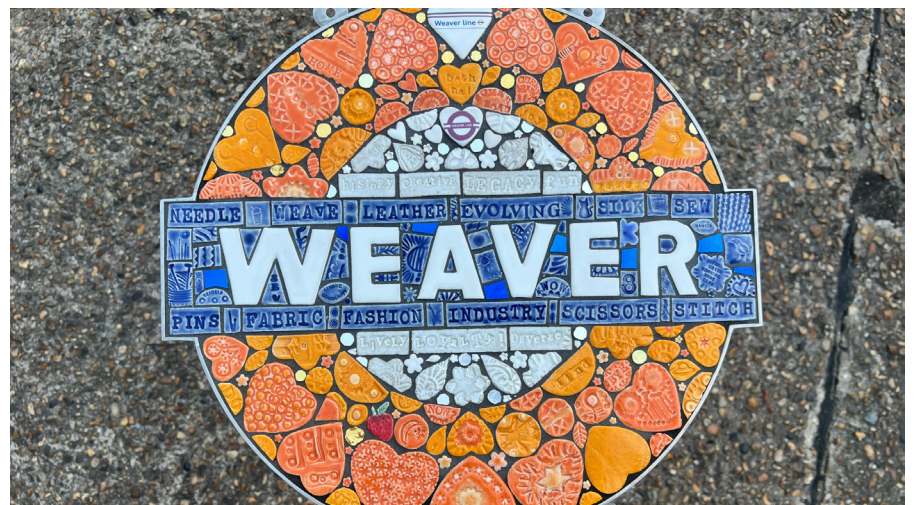
The roundels are installed throughout Bethnal Green station, with two outside the entrance, one just beyond the ticket barriers and one on the platform towards Liverpool Street.

Simone Gordon, customer experience manager at First Rail London, said: "These artworks will become part of the station for many years to come, creating a brighter and more welcoming environment for everyone who passes through."

Maud Milton, artist at Artyface, who led the community workshops, said: "Many of the people who took part in the workshops would not normally have access to art activities, so it was important that anyone could get involved."

"We worked with local schools, food bank families and residents of all ages and abilities. It was a truly open and democratic process, and I think that's what makes the murals so special."

Dr Helen Charman, director of Young V&A, said: "The Weaver line takes its



name from the extraordinary textile history of this part of London - a history shaped over centuries by migration, skill and exchange.

"That legacy is beautifully present in these roundels. What excites me most is that this history is not simply illustrated; it has been pressed into clay.

"The words woven though the roundels tell an equally powerful story: community, belonging, resilience, culture, history, creativity, legacy, diversity - and change. This feels particularly meaningful to us at Young V&A."

The Weaver line was named in 2024 to recognise the area's internationally renowned textile heritage and the

generations of weavers whose craftsmanship helped shape East London.

Bethnal Green and neighbouring Spitalfields became centres of silk weaving after Huguenot refugees settled in the area during the 17th century, bringing specialist skills that transformed the local economy and established a lasting legacy of design, craftsmanship and creativity.

The new community murals celebrate that heritage while recognising the people and cultures that continue to shape Bethnal Green today, ensuring the station reflects both the history of the Weaver line and the community it serves.

Curiosity stirs at A Season of Bangla Drama

A Season of Bangla Drama, our unique and acclaimed theatre festival, returns this November, and this year's theme is curiosity.

Perspectives of curiosity including a strong desire to know, a pursuit of or to learn something, will be explored and celebrated throughout the festival.

Being curious can mean asking open-ended questions, embracing a beginner's mind, making time for exploration, reflecting on interests, and creating safe spaces for inquiry. Productions will showcase the curious mind: why, what if, and how we embrace the unknown with openness and wonder.

Bold new performances will tell stories that resonate with contemporary culture and society and East London audiences, with acts in a mixture of Bangla, Sylheti and English

A Season of Bangla Drama 2026 will include drama and comedy, conversation, music, and songs.

The festival takes place 1-29 November with performances taking place at The



A Season of Bangla Drama returns this November

Brady Arts Centre and Pinter Studios, exhibitions, talks and walks.

QMUL. There is also a fringe programme of events including art workshops,

Tickets go on sale early October. Follow A Season of Bangla Drama

on their social channels or keep an eye on www.towerhamlets.gov.uk/seasonbangladrama.

Celebrate timeless tradition of Bengali theatre



A one-act Bengali drama festival will take place on Saturday 26 September, to celebrate the third anniversary of the Parampara Festival, a milestone that honours the festival organiser's commitment to preserving, promoting and sharing the rich cultural heritage of Bengal.

The special festival presented by Heritage Connect CIC, is dedicated to the timeless tradition of Bengali theatre.

Through the performances of

eight carefully selected one-act plays, audiences will experience an inspiring journey across a range of themes, emotions and storytelling styles that have shaped generations of Bengali drama lovers.

Adding to the festive atmosphere, visitors will also be able to enjoy a delicious selection of authentic Bengali food.

Tickets: www.zeffy.com/en-GB/ticketing/parampara-utsav

Black History Month

October is Black History Month. The theme for Black History Month UK 2026 is "Honouring Our Communities." It invites us to recognise the individuals whose everyday contributions shape, support and sustain Black life across the United Kingdom.

There will be a programme of events and activities taking place across the borough including live music and poetry, craft workshops, exhibitions and community events. Head over to www.towerhamlets.gov.uk/blackhistorymonth for more information.

If you are organising a Black History Month event in Tower Hamlets go to www.towerhamlets.gov.uk/arts to submit your event information.

London Cycling Festival returning to Victoria Park this September

Tower Hamlets Council and the Zero Emission Network are once again bringing their activities to the London Cycling Festival.

The festival will take place at Crown Gate East, Victoria Park on Sunday 20 September.

You can take part in led rides exploring the area as well as activities including Dr Bike, Balance bike trails, or try an accessible cycle with Bike Works.

The festival will also feature games, food from Victoria Park Farmer's Market, stalls and more.

Visit lcc.org.uk/events/festival-hub-victoria-park/ for further information and the full line up of activities.



Events

The Pride Run

The Pride Run 10k is a not-for-profit run organised every year by volunteers from London Frontrunners, an inclusive running club for lesbians, gay and bisexual men and women, transgender, and gay-friendly people.

19 September
Victoria Park, E3 5TB
www.priderun10k.org

Cockney Sing-Song

The Brick Lane Music Hall Company takes you on a trip down memory lane with their legendary Cockney Sing-Song

17-19 September
Brick lane Music Hall, 443 N Woolwich Rd, E16 2DA
Tickets from £45
www.bricklanemusichall.co.uk

Echoes of Nostalgia

Join "MIMO" (Member of Maqsood O' dHAKA) for a special evening of music, memories, and nostalgia in the heart of London.

20 September (5.30pm-doors 5pm)
The Brady Arts Centre, 192-196 Hanbury Street, Whitechapel E1 5HU
Tickets from £15
www.ticketsource.com/chetonai-bangladesh-bijoy-mela-uk/mimo-live-in-london-echoes-of-nostalgia/e-kkyxyo

Arnold Circus Autumn Plant Fair

A plant fair and community planting workshop. Community gardens and specialist plant nurseries will also be showcasing some of the best plants for urban gardens. A charity fundraising event in support of The Friends of Arnold Circus. No step free access.

11 October (12-3.30pm)
Boundary Gardens, Arnold Circus, E2 7JS

Red Run for World AIDS Day

Red Run is an annual 5k/10k charity fun run and walk leading up to World AIDS Day. Participants can raise funds for participating HIV organizations across the UK.

21 November
Victoria Park E3 5TB
You can sign up, register, or support partner charities directly through the World AIDS Day Red Visit www.redrun.org.uk

Urban Makers Christmas Market

The Urban Makers Christmas Markets features 50 different designers each day, including Christmas gifts and decorations, homewares, jewellery, art and more. Urban Makers Feast will offer festive food and drink.

29-30 November (11am -5pm)
12-13 December (11am -5pm)

Free entry
The Ecology Pavilion, Mile End Park, Grove Road E3
www.urbanmakers.co.uk



Urban Makers

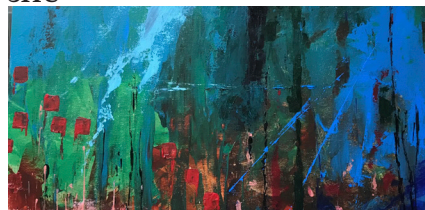
Exhibitions

Timelines

An eclectic mixture of local artist Mira Connolly's recent works including abstracts, Byzantine-inspired series in mixed media and a selection of paintings based on the black and white films of A. Tarkovsky and Béla Tarr.

4-26 September (Mon - Fri, 9am - 7pm, Sat 10am - 4pm Sun - closed)

The Brady Arts Centre, 192-196 Hanbury Street, Whitechapel E1 5HU



Timelines

Knitting the Air

A free exhibition exploring air pollution, place, and community made by 132 knitters from across Poplar, Bow and wider east London.

Until 20 September (Tuesday to Sunday, 10am - 4pm)

Nunnery Gallery, 181 Bow Road, E3 2SJ

Free entry

Travels with my Aunt Adele

Photographs in this collection were taken on Sue Parkhill's travels with her aunt and are a blending of memories, fragmented thoughts and sensory details

2-24 October (Mon-Fri: 9am-7pm, Sat: 10am-4pm, Sun: closed)

The Brady Arts Centre, 192-196 Hanbury Street, Whitechapel E1 5HU

www.sueparkhill.com

Festival of Print

The Festival of Print is East London Printmakers' (ELP) annual exhibition.

2 October-11 October, 11am-5pm
Free

The Art Pavilion, Clinton Road, Mile End Park E3 4QY

Bhajan Hunjan: speaking through materials

Solo exhibition Bhajan Hunjan: speaking through materials will, for the first time, bring together works from Hunjan's rich and various career to date, spanning over 40 years of practice.

9 October - 20 December (10am to 4pm)

Nunnery Gallery, 181-183 Bow Road, E3 2SJ
www.bowarts.org

PhotoMonth

PhotoMonth returns in October with the theme of Unity and Community. The exhibition will be accompanied by talks and workshops.

13-26 October (11am-5pm daily)

Free

The Art Pavilion, Clinton Road, Mile End Park E3 4QY

photograph-arts.org

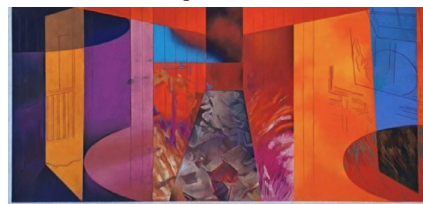
Kerry Andrews

An exhibition by artist Kerry Andrews, who lives and works in Tower Hamlets. The large-scale drawings on show have been made by Kerry over the last eight years.

30 October-8 November (11am-5pm)

Free

The Art Pavilion, Clinton Road, Mile End Park E3 4QY



Kerry Andrews

Rooted - A Common Ground with No Outside

Rooted is a multimedia exhibition which challenges the binary between "city" and "nature," highlighting their entanglement and encouraging a shift from passive observation to a sense of shared responsibility.

12-15 November (11am-5pm daily)

Free

The Art Pavilion, Clinton Road, Mile End Park E3 4QY

noodlelovesdoodle

Hong Kong-born artist and printmaker

Noodle Loves Doodle reinterprets traditional Japanese woodblock prints through hand-cut stencils and spray paint on paper.

4 December 2026-30 January 2027 (Mon-Fri: 9am-7pm, Sat: 10am-4pm, Sun: closed)



Noodlelovesdoodle

The Brady Arts Centre, 192-196 Hanbury Street, Whitechapel E1 5HU
noodlelovesdoodle.bigcartel.com/

Classes

Introduction to Gel Plate Printing

This introductory workshop will explore a variety of techniques including using stencils and masks, mark making with found materials and stamps, and transfers using wax crayons and charcoal.

19 September (10am-4pm)

The Brady Arts Centre, 192-196 Hanbury Street, Whitechapel E1 5HU
£35 for the full day. Booking essential: email Mikeaskew1@gmail.com

Insta: [gelprintlondon](https://www.instagram.com/gelprintlondon)



Gel prints

Watercolour Painting and Drawing Classes

Watercolour painting and drawing sessions for beginners, all levels, and returning artists. Drop-in basis. 20% discount for paying for all ten sessions. Cash payments only.

September 9 - November 18

(Wednesdays, 6.15-8.30pm)

The Brady Arts Centre, 192-196 Hanbury Street, Whitechapel E1 5HU

Brady Printmakers

Printmaking classes with tutor Gerry Cassidy. Classes focus on techniques including on lino cut, little magazine (zine) making, marbling, gelli plate image making. Turn up and pay, no booking required.

September 15-6 October (Tuesdays, 6pm-8pm)

Classes £10/£8 (cash)

bluegas77@gmail.com/gelcoat77

The Brady Arts Centre, 192-196 Hanbury Street, Whitechapel E1 5HU



KNOW YOUR COUNCIL

BETHNAL GREEN EAST



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Tower Hamlets Council has a system of governance in which the elected mayor, Lutfur Rahman (Aspire, right), has personal responsibility and executive powers. Mayor Rahman is responsible for determining and delivering a wide range of policies and priorities. He is advised by his cabinet of councillors and by council officers.



The members of the Cabinet are:

Cllr Maium Talukdar, Statutory Deputy Mayor and Cabinet Member for Tackling Inequalities and the Cost of Living, Improving Customer Services, and Voluntary Sector Engagement
 Cllr Faysal Ahmed, Cabinet Member for Children, Young People and Life Chances
 Cllr Saied Ahmed, Cabinet Member for Homebuilding and Enhancing Council Homes and Neighbourhoods
 Cllr Abu Talha Chowdhury, Cabinet Member for Finance, Assets and Governance
 Cllr Sabina Akhtar, Cabinet Member for Healthy, Caring and Inclusive Communities
 Cllr Kabir Ahmed, Cabinet Member for Safe Communities and Community Cohesion
 Cllr Minara Khatun, Cabinet Member for Leisure, Culture and Tourism
 Cllr Shafi Ahmed, Cabinet Member for a Clean and Green Borough
 Cllr Shenaly Miah, Cabinet Member for Jobs, Enterprise, Skills and Growth

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Kamrul Hussain
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৩,৩০০ নতুন বাড়ি সরবরাহের পথে বড় অগ্রগতি, প্রথম ধাপে অনুমোদন পেলো ৩৫১টি বাড়ি নির্মাণ প্রকল্প

HARMONY
BANGLA & SOMALI NEWS

অত্যন্ত প্রয়োজনীয় হাজার হাজার নতুন বাড়ি নির্মাণের কাউন্সিলের উচ্চাভিলাষী পরিকল্পনা আরও এক ধাপ এগিয়ে গেছে। মেয়রস্ অ্যাসেম্বলারেটেড হাউজিং প্রোগ্রাম (এমএএইচপি) এর আওতায় প্রথম ১০টি প্রকল্প এগিয়ে নিতে প্রয়োজনীয় বাজেট অনুমোদন করেছে কাউন্সিলের ক্যাবিনেট। জুলাই মাসের ১৫ তারিখে অনুষ্ঠিত ক্যাবিনেট মিটিংয়ে এই সিদ্ধান্তের ফলে প্রথম ধাপে ৩৫১টি নতুন বাড়ি নির্মাণের কাজ এগিয়ে নেওয়া সম্ভব হবে। এটি পুরো কর্মসূচির অংশ, যার আওতায় বার্ষিকে কাউন্সিলের মালিকানাধীন ৪২টি সাইটে সর্বোচ্চ ৩,৩০০টি নতুন বাড়ি নির্মাণের পরিকল্পনা রয়েছে। পুরো কর্মসূচিতে অন্তত ৫১ শতাংশ বাড়ি সশ্রমী মূল্যের হবে। মেয়রের অ্যাসেম্বলারেটেড হাউজিং প্রোগ্রাম যুক্তরাজ্যের অন্যতম বৃহৎ কাউন্সিল-নেতৃত্বাধীন আবাসন উদ্যোগ। এর লক্ষ্য হলো উচ্চমানের, সত্যিকার অর্থে সশ্রমী মূল্যের বাড়ি নির্মাণের পাশাপাশি স্থানীয় এলাকাগুলোতে প্রয়োজনীয় বিনিয়োগ করা।

টাওয়ার হ্যামলেটসের এক্সিকিউটিভ মেয়র লুৎফুর রহমান বলেন, “বাসিন্দাদের প্রয়োজন অনুযায়ী সত্যিকার অর্থে সশ্রমী এবং পরিবার-উপযোগী বাড়ি দেওয়ার প্রতিশ্রুতি বাস্তবায়নে এটি একটি গুরুত্বপূর্ণ মাইলফলক। অনেক পরিবার এখনও নিরাপদ ও উন্নতমানের একটি বাড়ির অপেক্ষায় রয়েছে। মেয়রের অ্যাসেম্বলারেটেড হাউজিং প্রোগ্রাম সেই চ্যালেঞ্জের একটি সাহসী উদ্যোগ।

মেয়র বলেন, “প্রথম ১০টি সাইটের জন্য অর্থায়ন অনুমোদনের মাধ্যমে আমরা আমাদের পরিকল্পনাকে বাস্তবে রূপ দিচ্ছি। আমরা শুধু বাড়ি নির্মাণ করছি না; স্থানীয় এলাকাগুলোতে বিনিয়োগ করছি, জনসাধারণের ব্যবহারযোগ্য স্থান উন্নত করছি এবং এমন টেকসই কমিউনিটি গড়ে তুলছি, যা প্রজন্মের পর প্রজন্ম বাসিন্দাদের উপকার করবে।”

তিনি আরও বলেন, “কমিউনিটির মতামত এই কর্মসূচির কেন্দ্রবিন্দুতে রয়েছে। যারা তাঁদের মতামত জানিয়েছেন, তাঁদের সবাইকে আমি ধন্যবাদ জানাই। এসব আলোচনার

351 new homes given green light as start of 3,300 house programme - page13



মাধ্যমে স্থানীয় অগ্রাধিকারগুলো বিবেচনায় নিয়ে প্রস্তাবগুলো তৈরি করা হচ্ছে, পাশাপাশি বারার জরুরি আবাসন চাহিদাও পূরণ করা হচ্ছে।”

ক্যাবিনেট ১৪৩ মিলিয়ন পাউন্ডের বাজেট অনুমোদন করেছে। এর মধ্যে ৭০ মিলিয়ন পাউন্ড লন্ডনের মেয়রের অ্যাক্সেলারেল হোমস প্রোগ্রাম থেকে গ্র্যান্ট হিসেবে পাওয়ার কথা রয়েছে, যা গ্র্যান্ট নিশ্চিত হওয়ার ওপর নির্ভরশীল। এছাড়া রাইট টু বাই রিসিপিটস থেকে ৩০.৬ মিলিয়ন পাউন্ড পাওয়া যাবে।

একই বৈঠকে বেথনাল গ্রিন পিডিসির অংশ হিসেবে একটি নতুন আইডিয়া স্টোর ও ওয়ান স্টপ শপ নির্মাণের জন্য আরও ৫.৭ মিলিয়ন পাউন্ডের বাজেট অনুমোদন করা হয়েছে। এমএএইচপির এই সাইটে ৪৪টি নতুন বাড়ি নির্মাণ করা হবে।

কমিউনিটি কনভারসেশন এবং অনলাইন পরামর্শের মাধ্যমে পাওয়া বাসিন্দাদের মতামত প্রকল্পগুলোর নকশা

তৈরিতে সহায়তা করছে। বিস্তারিত তথ্য পাওয়া যাবেঃ talk.towerhamlets.gov.uk/en-GB/projects/mayor-s-accelerated-housing-programme

পরিকল্পনার আবেদন জমা দেওয়ার আগে আরও পরামর্শ করা হবে। এর মাধ্যমে বাসিন্দা ও স্থানীয় সংগঠনগুলো প্রতিটি প্রকল্পের প্রস্তাব পর্যালোচনা করে ভবিষ্যৎ পরিকল্পনা তৈরিতে মতামত দেওয়ার আরও সুযোগ পাবেন।

মেয়রের অ্যাসেম্বলারেটেড হাউজিং প্রোগ্রামের লক্ষ্য পুরো কর্মসূচির আওতায় সর্বোচ্চ ৩,৩০০টি নতুন বাড়ি নির্মাণ করা। এর মধ্যে বসবাসযোগ্য কক্ষের হিসাবে অন্তত ৫১ শতাংশ হবে সশ্রমী মূল্যের বাড়ি। সামাজিক ভাড়া, জন্য উল্লেখযোগ্য সংখ্যক বাড়ির পাশাপাশি জনপরিসর, জীববৈচিত্র্য, যোগাযোগ ব্যবস্থা এবং কমিউনিটি অবকাঠামো উন্নয়নেও বিনিয়োগ করা হবে।

এখন থেকে আরও বেশি পরিবার পাবে স্কুল পোশাক অনুদান More families to be supported with school clothing grants - page 5

টাওয়ার হ্যামলেটস কাউন্সিল স্কুলের পোশাকের অনুদানের জন্য বরাদ্দ বাড়িয়েছে, যাতে জীবনযাত্রার ব্যয় বৃদ্ধির কারণে আর্থিক চাপের মধ্যে থাকা আরও বেশি পরিবার সহায়তা পেতে পারে।

২০২৬ সালের সেপ্টেম্বর থেকে এই অনুদান প্রাথমিক ও মাধ্যমিক স্কুলে নতুন ভর্তি হওয়া শিশুদের পাশাপাশি ইয়ার ৩ ও ইয়ার ১০ এ উঠতে যাওয়া শিক্ষার্থীদের জন্যও দেওয়া হবে।

এছাড়া অনুদান পাওয়ার যোগ্য পরিবারের বার্ষিক আয়ের সীমা ৫০,৩৫০ পাউন্ড থেকে বাড়িয়ে ৬০,০০০ পাউন্ড করা হয়েছে।

প্রাথমিক স্কুলের প্রতিটি শিক্ষার্থীর জন্য পরিবারগুলো ৫০ পাউন্ড এবং মাধ্যমিক স্কুলের প্রতিটি শিক্ষার্থীর জন্য ১৫০ পাউন্ড করে অনুদান পেতে পারে। গত বছর এই কর্মসূচি চালু হওয়ার পর থেকে ইতোমধ্যে ৪,৫০০-এর বেশি শিক্ষার্থীকে সহায়তা করা হয়েছে। এর মধ্যে ১,৫৯১ জন প্রাথমিক এবং ২,৯০৯ জন মাধ্যমিক স্কুলের শিক্ষার্থী। প্রতি সপ্তাহেই নতুন আবেদন অনুমোদন করে অনুদান দেওয়া হচ্ছে।

বেথনাল গ্রিনের মোহাম্মদ চৌধুরী তাঁর মেয়ে লতিফার জন্য এই অনুদান পেয়েছেন। লতিফা সম্প্রতি বননার প্রাইমারি স্কুলে

রিসেপশন ক্লাসে ভর্তি হয়েছে।

তিনি বলেন, “স্কুলের পোশাকের অনুদান পেয়ে আমি খুবই আনন্দিত। এটি আমাদের পরিবারের জন্য সত্যিই অনেক বড় সহায়তা। আমার মেয়ে প্রাইমারি স্কুলে রিসেপশন ক্লাস শুরু করার সময় এই অনুদান দিয়ে আমরা তার স্কুলের ইউনিফর্ম কিনতে পেরেছি।

“অন্যান্য পরিবারকেও এই অনুদানের বিষয়ে জানানো খুবই গুরুত্বপূর্ণ। সন্তানদের নতুন স্কুলের পোশাক কেনার খরচ বহন করতে হিমশিম খাওয়া পরিবারগুলোর জন্য এটি অনেক বড় সহায়তা।”

টাওয়ার হ্যামলেটস কাউন্সিলই হচ্ছে প্রথম স্থানীয় কর্তৃপক্ষ, যারা প্রাইমারী ও সেকেন্ডারি স্কুলের সব শিক্ষার্থীর জন্য ইউনিভার্সাল ফ্রি স্কুল মিলস চালু করে।

২০২২ সালে কাউন্সিল আবার এডুকেশন মেইনটেন্যান্স অ্যালায়েন্স বা ইএমএ এবং ইউনিভার্সিটি বার্সারি চালু করে। পড়াশোনার সময় খরচ মেটাতে তরুণদের ৬০০ বা ১,৫০০ পাউন্ড করে অনুদান দেওয়া হয়। এ পর্যন্ত ৩,৯৯৮ জন শিক্ষার্থী এডুকেশন মেইনটেন্যান্স অ্যালায়েন্স এবং ২,৪০০ জন ইউনিভার্সিটি বার্সারি পেয়েছে।

কাউন্সিলের ইয়ুথ সার্ভিস ২০২৩ সালে “ইয়াং টাওয়ার হ্যামলেটস” নামে কাউন্সিলের



নিজস্ব ব্যবস্থাপনায় ফিরিয়ে আনা হয়। ইয়ুথ সার্ভিসে ১৩.৭ মিলিয়ন পাউন্ড বিনিয়োগ করা হয়েছে। প্রতিটি ওয়ার্ডে একটি করে ইয়ুথ সেন্টার বা যুবকেন্দ্র গড়ে তোলার যে প্রকল্প কাউন্সিল গ্রহণ করেছিলো, সে অনুযায়ী এরই মধ্যে ২০টি ওয়ার্ডের সবকটিতে একটি করে ইয়ুথ সেন্টার চালু করা হয়েছে।

স্থানীয় যেসব পরিবারের সন্তান নতুন করে স্কুল শুরু করছে এবং যারা মনে করেন তাঁরা যোগ্যতার শর্ত পূরণ করতে পারেন, তাঁদেরও বিস্তারিত জেনে আবেদন করার কথা বিবেচনা করতে উৎসাহিত করা হচ্ছে।

ফাইন্যান্স, অ্যাসেস্টস অ্যান্ড গভর্ন্যান্স বিষয়ক ক্যাবিনেট মেম্বর কাউন্সিলর আবু তালহা চৌধুরী বলেন, “আমরা জানি, স্কুলের ইউনিফর্মের খরচ পরিবারের জন্য একটি বড় ব্যয়ের কারণ হতে পারে, বিশেষ করে সন্তানের শিক্ষাজীবনের গুরুত্বপূর্ণ পরিবর্তনের সময়। স্কুল ক্লোদিং গ্র্যান্ট কর্মসূচি আরও বেশি শ্রেণির শিক্ষার্থীদের জন্য সম্প্রসারণ এবং আয়ের সীমা বাড়ানোর

মাধ্যমে আমরা টাওয়ার হ্যামলেটসের আরও বেশি পরিবারের কাছে এই সহায়তা পৌঁছে দিচ্ছি।

চিলড্রেন, ইয়াং পিপল অ্যান্ড লাইফ চান্সেস বিষয়ক ক্যাবিনেট মেম্বর কাউন্সিলর ফয়সাল আহমেদ বলেন, “আমরা চাই প্রতিটি শিশু আত্মবিশ্বাসের সঙ্গে, প্রয়োজনীয় প্রস্তুতি নিয়ে এবং শেখার জন্য প্রস্তুত হয়ে নতুন শিক্ষাবর্ষ শুরু করুক। একই সঙ্গে আমরা চাই অভিভাবক ও কেয়ারারদের পারিবারিক বাজেটের ওপর চলমান চাপ কিছুটা কমাতে।”

আবেদনের সম্পূর্ণ প্রক্রিয়া, কারা আবেদন করতে পারবেন, কী ধরনের আয়ের প্রমাণ প্রয়োজন এবং আবেদনপত্রের লিংকসহ বিস্তারিত তথ্য পাওয়া যাবেঃ www.towerhamlets.gov.uk/SCG

নতুন শিক্ষাবর্ষের জন্য স্কুল ক্লোদিং গ্র্যান্টের আবেদনের শেষ তারিখ ৩১ অক্টোবর ২০২৬।

নতুন অনলাইন এনকোয়ারি ফর্ম চালু

New online enquiry form launched - page 15

টেন্যান্ট ও লিজহোল্ডারদের জন্য সহায়তা পাওয়া এখন আরও সহজ হয়েছে। হাউজিং সংক্রান্ত যোগাযোগ আরও সহজ করতে চালু হয়েছে নতুন অনলাইন এনকোয়ারি ফর্ম।

নতুন এই ব্যবস্থা হাউজিংয়ে যোগাযোগের ক্ষেত্রে জটিলতা ও দেরি কমাতে এবং প্রথমবারেই সঠিক টিমের কাছে বাসিন্দাদের এনকোয়ারি পৌঁছাতে সহায়তা করবে।

বেশিরভাগ জরুরি নয় এমন দৈনন্দিন মেরামতের রিপোর্ট করা, ভাড়া বা লিজহোল্ড অ্যাকাউন্ট দেখা, পেমেন্ট করা, টেন্যান্সি সংক্রান্ত এনকোয়ারি পরিচালনা এবং নিজের বাড়ি সম্পর্কে গুরুত্বপূর্ণ তথ্য পাওয়ার জন্য টেন্যান্ট ও লিজহোল্ডারদের কাছে এখনও সবচেয়ে দ্রুত ও সহজ মাধ্যম হলো মাইহোম।

যেসব এনকোয়ারি মাইহোমের মাধ্যমে করা সম্ভব নয়, সেগুলোর জন্য এখন নতুন ডিজিটাল এনকোয়ারি ফর্ম ব্যবহার করা যাবে। ফর্মটি ধাপে ধাপে আপনার অনুরোধের তথ্য সংগ্রহ করবে এবং সরাসরি সংশ্লিষ্ট টিমের কাছে পাঠাবে। এর ফলে একই বিষয়ে বারবার যোগাযোগের প্রয়োজন কমবে, দেরি কমবে এবং দ্রুত উত্তর পাওয়া সম্ভব হবে।

জরুরি মেরামতের ক্ষেত্রে আগের মতোই ফোনে রিপোর্ট করতে হবে। ফোন নম্বর: ০২০ ৭৩৬৪ ৫০১৫।

মাইহোম ব্যবহার বা নতুন এনকোয়ারি ফর্ম পূরণ করতে সহায়তা প্রয়োজন হলে হাউজিং টিমের সঙ্গে যোগাযোগ করতে পারেন। ফর্মটি পূরণ করতে নিচের QR কোড স্ক্যান করুন।



কাউন্সিলের বাড়িগুলোর উন্নয়নে চলছে বড় ধরনের মেরামত কর্মসূচি

Repair programme underway to improve our houses - page 14

টাওয়ার হ্যামলেটস কাউন্সিলের দীর্ঘমেয়াদি আবাসন উন্নয়ন কর্মসূচির সুফল পেতে শুরু করেছেন বাসিন্দারা। গত ফেব্রুয়ারিতে বারার কাউন্সিলের বাড়িগুলোর উন্নয়নে ইতিহাসের সবচেয়ে বড় বিনিয়োগের ঘোষণা দেওয়া হয়।

আগামী ১০ বছরে কাউন্সিলের বাড়িগুলোর উন্নয়নে ৬০৯ মিলিয়ন পাউন্ড বিনিয়োগের প্রতিশ্রুতি দেওয়া হয়েছে। এর মধ্যে ৫২০ মিলিয়ন পাউন্ড ব্যয় হবে মূলধনী উন্নয়ন কাজে। এর লক্ষ্য হলো কাউন্সিলের বাড়িগুলোকে আরও নিরাপদ, উষ্ণ, জ্বালানি সশ্রমী এবং ভবিষ্যতের উপযোগী করে তোলা। বিনিয়োগ অনুমোদনের পর থেকে কাজ এখন পরিকল্পনা থেকে পরামর্শ ও বাস্তবায়নের পর্যায়ে এগিয়েছে। বাসিন্দাদের সঙ্গে আলোচনা করে আরও বিভিন্ন কর্মসূচির পরিকল্পনা করা হচ্ছে। বাড়ির উন্নয়ন, ভবনের নিরাপত্তা এবং বড় ধরনের মেরামতসহ বাসিন্দারা যেসব পরিবর্তন সবচেয়ে বেশি দেখতে চান, সেগুলোকে অগ্রাধিকার দেওয়া হচ্ছে।

সাম্প্রতিক কাজের মধ্যে কাউন্সিলের বাড়িগুলোতে নতুন রান্নাঘর ও বাথরুম স্থাপন করা হয়েছে। পাশাপাশি নতুন ছাদ, জানালা, দরজা, ইনসুলেশন এবং ভবনের বাইরের অংশের মেরামতের জন্য আরও বড় পরিসরের কাজ শুরু হচ্ছে।

আগামী কয়েক মাসে বাসিন্দারা ভবন ও অগ্নিনিরাপত্তা উন্নয়ন, জ্বালানি দক্ষতা বাড়ানোর কাজ, এস্টেট উন্নয়ন এবং কমিউনিটি ব্যবহারের জায়গাগুলোর উন্নয়নসহ আরও কাজ দেখতে পাবেন। এই কর্মসূচির লক্ষ্য শুধু বাড়িগুলোর মান উন্নত করা নয়, বরং আরও পরিচ্ছন্ন, নিরাপদ ও আকর্ষণীয় আবাসিক এলাকা গড়ে তোলা।

ব্রিক লেন কারি ফেস্টিভ্যাল ২০ সেপ্টেম্বর



Brick Lane Curry festival is back for second year of food and fun - page 18

দারুণ খাবার, লাইভ মিউজিক, নাচ এবং কমিউনিটির প্রাণবন্ত উদযাপনের জন্য প্রস্তুত হোন। আগামী ২০ সেপ্টেম্বর, রবিবার, আবারও ফিরছে ব্রিক লেন কারি ফেস্টিভ্যাল।

গত বছর ব্যাপক সাফল্যের সঙ্গে ফিরে আসার পর এবার আরও বড় পরিসরে ব্রিক লেন ও বাংলাটাউনের প্রাণকেন্দ্রে অনুষ্ঠিত হবে এই উৎসব।

দুপুর ১২টা থেকে সন্ধ্যা ৭টা পর্যন্ত ব্রিক লেন পরিণত হবে এক প্রাণবন্ত স্ট্রিট ফেস্টিভ্যালে। থাকবে বিনোদন, পরিবারের জন্য নানা আয়োজন এবং সুস্বাদু খাবার।

ব্রিক লেনজুড়ে শোভাযাত্রার মধ্য দিয়ে উৎসবের সূচনা হবে। এতে থাকবে ঐতিহ্যবাহী সিংহ নাচ, ঢোলবাদক এবং উৎসবের জন্য বিশেষভাবে তৈরি তিনটি বিশাল

পাপেট।

প্রধান আকর্ষণ হিসেবে গান পরিবেশন করবে থিয়ো। পাশাপাশি ব্রিটিশ-বাংলাদেশি তারকা নিশ ও মামজি স্টেজার, আইএমডি লিজিয়ন, বলি ফ্লেস্স, তাল তরঙ্গ, শাওমি দাস ড্যান্স কোম্পানি, বলিউড ব্রাস ব্যান্ডসহ আরও অনেকে অংশ নেবেন।

ব্রিক লেনজুড়ে ঘুরে বেড়ানো শিল্পী, ডিজে এবং বিভিন্ন পপ-আপ বিনোদনের মাধ্যমে পুরো বিকলজুড়ে উৎসবের আমেজ বজায় থাকবে।

পরিবারের জন্য বিশেষ আয়োজন থাকবে উৎসবের নির্ধারিত ফ্যামিলি জোন ‘দ্য ঘাট’-এ। এখানে বিনামূল্যে শাড়ি পরানো ও লুঙ্গি পরানোর ঐতিহ্যবাহী আয়োজন, আইএমডি লিজিয়ন ও বলি ফ্লেস্সের সঙ্গে নাচের কর্মশালা, খেলাধুলা, বিভিন্ন গেম এবং

ঐতিহাসিক ‘ব্যাটল অব ক্যাবল স্ট্রিট’ এর ৯০ বছর পূর্তি

Celebrating 90th anniversary of iconic Battle of Cable Street - page 19

ঐতিহাসিক ‘ব্যাটল অব কেবল স্ট্রিট’-এর ৯০ বছর পূর্তি উপলক্ষে টাওয়ার হ্যামলেটসজুড়ে বিভিন্ন অনুষ্ঠানের আয়োজন করা হয়েছে।

১৯৩৬ সালের ৪ অক্টোবর, হাজার হাজার মানুষ কেবল স্ট্রিটে একত্রিত হয়েছিলেন, যাতে অসওয়াল্ড মোসলির নেতৃত্বাধীন ব্রিটিশ ইউনিয়ন অব ফ্যাসিস্টস লন্ডনের ইস্ট এন্ডের মধ্য দিয়ে মিছিল করতে না পারে।

এই ঐতিহাসিক ঘটনার ৯০ বছর পূর্তি উপলক্ষে ৪ অক্টোবর, রবিবার একটি বিশেষ মিছিল অনুষ্ঠিত হবে। দুপুর ১২টায় টাওয়ার হ্যামলেটস টাউন হল থেকে মিছিল শুরু হয়ে কেবল স্ট্রিটের সেন্ট জর্জ’স গার্ডেনে শেষ হবে। সেখানে থাকবে বক্তৃতা, গান এবং শিশুদের জন্য নানা বিনোদনের আয়োজন।

১ অক্টোবর থেকে ২০ ফেব্রুয়ারি পর্যন্ত ব্যানক্রফট রোডের টাওয়ার হ্যামলেটস আর্কাইভস অ্যান্ড লোকাল হিস্ট্রিতে বিশেষ একটি প্রদর্শনী অনুষ্ঠিত হবে। এতে থাকবে ঐতিহাসিক ছবি, সংবাদপত্র, বিভিন্ন স্মারক ও আর্কাইভের গুরুত্বপূর্ণ নথি।

প্রদর্শনীটি সবার জন্য বিনামূল্যে এবং আর্কাইভসের জন্য বিশেষভাবে আয়োজন ও সংকলন করা হয়েছে।

আরও তথ্য জানতে ভিজিট করুন- www.ideastore.co.uk/local-history/whats-on

বাউন্সি ক্যাসেলের মতো বিনোদন থাকবে ছোটদের জন্য।

উৎসবের আগে বিনামূল্যে রেজিস্ট্রেশন করলে একটি কোড পাওয়া যাবে। এই কোড ব্যবহার করে উৎসবের সপ্তাহান্তে অংশগ্রহণকারী ব্রিক লেনের রেস্তোরাঁগুলোতে খাবারের বিলের ওপর ২০ শতাংশ ছাড় পাওয়া যাবে।

রেজিস্ট্রেশন ও বিস্তারিত তথ্যের জন্য নিচের কিউআর কোড স্ক্যান করুনঃ



আপনি কি আপনার প্রাপ্য সব ধরনের বেনিফিট সহায়তা পাচ্ছেন? Are you getting the financial support you are entitled to? - page 4

আপনি যে সব ভাতা ও আর্থিক সহায়তা পাওয়ার অধিকারী, সেগুলো কি দাবি করছেন?

আপনি আর কী কী অতিরিক্ত সহায়তা পাওয়ার যোগ্য - তা জানতে কস্ট অব লিভিং হেল্প ওয়েবপেজের বোটার অফ বেনিফিটস ক্যালকুলেটর দেখুনঃ www.towerhamlets.gov.uk/costofliving

এর মাধ্যমে কাউন্সিল ট্যাক্স রিডাকশন এবং কম হারে ইউটিলিটি ট্যারিফের মতো অন্যান্য সহায়তা পাওয়ার সুযোগ সম্পর্কেও জানতে পারবেন।

সারা দেশে প্রায় ২৪ বিলিয়ন পাউন্ড আর্থিক সহায়তা ও ভাতা দাবি না করায় অব্যবহৃত থেকে যাচ্ছে।

টাওয়ার হ্যামলেটসে হিসাব অনুযায়ী, অন্তত ৪৭,৩০৭ জন যোগ্য দাবিদার আনুমানিক ১৮৬ মিলিয়ন পাউন্ডের সহায়তা দাবি করছেন না। গড়ে প্রত্যেকের প্রায় ৪,০০০ পাউন্ড করে সহায়তা পাওনা রয়েছে।

স্থানীয় পরিবারগুলো যে অতিরিক্ত সহায়তাগুলো পাচ্ছে না, তার মধ্যে কেন্দ্রীয় সরকারের ব্যবস্থাপনায় থাকা পেনশন ক্রেডিট, ইউনিভার্সাল ক্রেডিট, চাইল্ড বেনিফিট এবং কেয়ারার্স অ্যালাওয়েন্স রয়েছে। স্থানীয় কাউন্সিলের মাধ্যমে দেওয়া যেসব সহায়তা কম দাবি করা হচ্ছে, তার মধ্যে রয়েছেঃ কাউন্সিল ট্যাক্স রিডাকশন, বেনিফিটস-রিলেটেড ফ্রি স্কুল মিলস্, হেলদি স্টার্ট এবং পেনশনভোগীদের জন্য হাউজিং বেনিফিট।

এনার্জি ও ইউটিলিটি কোম্পানিগুলোও যোগ্য গ্রাহকদের জন্য বিভিন্ন ডিসকাউন্ট দিয়ে থাকে। এর মাধ্যমে পানি,



স্টপটোবারঃ এই অক্টোবরেই ধূমপান ছাড়ুন Stoptober: Make this October your time to quit - page 29

আপনি যদি ধূমপান ছাড়ার কথা ভাবছেন, তাহলে স্টপটোবার হতে পারে সেই সিদ্ধান্ত নেওয়ার উপযুক্ত সময়।

গবেষণায় দেখা গেছে, টানা ২৮ দিন ধূমপান থেকে বিরত থাকতে পারলে চিরতরে ধূমপান ছাড়ার সম্ভাবনা পাঁচ গুণ বেড়ে যায়। আর সঠিক সহায়তা পেলে এই পথ আপনাকে একা পাড়ি দিতে হবে না।

এ বছর ধূমপান ছাড়তে রুটিন ও ম্যানুয়াল কাজ নিয়েয়োজিত কর্মীদের সহায়তা করতে কাউন্সিল NHS এবং উত্তর-পূর্ব লন্ডনের সাতটি বরোর সঙ্গে যৌথভাবে কাজ করছে। শারীরিক শ্রমনির্ভর পেশায় ধূমপানের হার তুলনামূলকভাবে বেশি, যেখানে প্রায় প্রতি চারজনের একজন ধূমপান করেন। তাই কাজের ব্যস্ততা ও দীর্ঘ কর্মঘণ্টার সঙ্গে মানিয়ে বাস্তবসম্মত

একটি পরিকল্পনা তৈরি করা অত্যন্ত গুরুত্বপূর্ণ। স্থানীয় বিনামূল্যের ধূমপান ছাড়ার সেবা এবং বিনামূল্যের নিকোটিন রিপ্লেসমেন্ট থেরাপি (NRT) ব্যবহার করলে শিফট অনুযায়ী কাজের সময়সূচি সামলানো এবং চা ও ধূমপানের অভ্যাসজনিত বিরতি কাটিয়ে ওঠা সহজ হতে পারে।

আপনি যদি নিজে নিজেই ধূমপান ছাড়তে চান, সেক্ষেত্রেও বিনামূল্যে সহায়তা এবং NRT পাওয়া যাচ্ছে **Smoke Free** অ্যাপের প্রিমিয়াম সংস্করণের মাধ্যমে। এতে বিশেষজ্ঞদের পরামর্শ, অগ্রগতি পর্যবেক্ষণ, উৎসাহ দেওয়ার বিভিন্ন টুল এবং কমিউনিটি সহায়তা রয়েছে। আজই বিনামূল্যে অ্যাপটি ডাউনলোড করে ব্যবহার করে দেখতে পারেন।

সরাসরি পরামর্শ ও সহায়তা নিতে চাইলে ১৮ বছর বা তার বেশি বয়সী

বাসিন্দাদের জন্য **RISE** কর্মসূচি রয়েছে। ধূমপান ছাড়ার এই যাত্রায় অভিজ্ঞ পরামর্শদাতারা ব্যক্তির প্রয়োজন অনুযায়ী ৮ থেকে ১২ সপ্তাহের একটি পরিকল্পনা তৈরি করেন এবং বিনামূল্যে NRT সরবরাহ করেন। পাশাপাশি, কর্মসূচিতে অংশ নিয়ে অগ্রগতি অনুযায়ী সর্বোচ্চ ২৫ পাউন্ড পর্যন্ত প্রোদেনাও পাওয়া যেতে পারে।

এইসব সেবা সাদা, জর্দা বা পান চিবানোর অভ্যাস রয়েছে এমন ব্যক্তিদের জন্যও প্রযোজ্য।

এই স্টপটোবারেই একটি স্বাস্থ্যকর, ধূমপানমুক্ত ভবিষ্যতের দিকে প্রথম পদক্ষেপ নিন। শুরু করতে প্রস্তুত? বিনামূল্যে সহায়তা পেতে আজই quitrighttht.org ওয়েবসাইটে যান অথবা ০২০৭ ৮৮২ ৮২৩০ নম্বরে ফোন করুন।

মাদক মোকাবিলায় নতুন অংশীদারিত্ব, কমেছে অসামাজিক আচরণ New partnership tackling drug use - page 27

টাওয়ার হ্যামলেটসে মাদক ও অ্যালকোহলজনিত অসামাজিক আচরণের ঘটনা ৫.৬ শতাংশ কমেছে। মাদকাসক্ত ব্যক্তিদের চিকিৎসা, পুনর্বাসন ও অন্যান্য সহায়তা দিতে নতুন অংশীদারিত্বের মাধ্যমে কাজ করছে কাউন্সিল, স্বাস্থ্যসেবা, পুলিশ, স্বেচ্ছাসেবী সংগঠন ও স্থানীয় কমিউনিটি।

২০২৩ সালে টাওয়ার হ্যামলেটস কাউন্সিলের উদ্যোগে গঠিত কমবাটিং ড্রাগস পার্টনারশিপের লক্ষ্য হলো মাদকের সরবরাহ বন্ধ করা, মাদক ও অ্যালকোহল আসক্তদের উন্নত চিকিৎসা ও পুনর্বাসন নিশ্চিত করা এবং মাদকজনিত ক্ষতি প্রতিরোধ করা।

২০২৫/২৬ সালে কাউন্সিলের চিকিৎসা ও সহায়তা সেবার মাধ্যমে ২,৩৩০ জনকে সহায়তা দেওয়া হয়েছে। একই সময়ে ৬২ জন তরুণ প্রয়োজনীয় হস্তক্ষেপমূলক সহায়তা পেয়েছেন। মাদক ও অ্যালকোহলজনিত কারণে হাসপাতালে

ভর্তি ২২ শতাংশ কমে ২০২৪/২৫ সালের ৩৪৫ থেকে ২০২৫/২৬ সালে ২৬৯-এ নেমেছে। কারাগার থেকে মুক্তি পাওয়া ৯৬ শতাংশ ব্যক্তি চিকিৎসা কার্যক্রমে যুক্ত হয়েছেন।

একজন সেবা গ্রহণকারী বলেন, “আমি যে সহায়তা পেয়েছি, তা আমার জীবনকে আবার সঠিক পথে ফিরিয়ে আনতে সাহায্য করেছে। টাকা ও মাদকের পেছনে প্রতিদিনের ছুটে চলা এখন বন্ধ হয়েছে। গত ২৭ বছরের তুলনায় জীবন এখন অনেক উজ্জ্বল মনে হচ্ছে।”

ক্যাবিনেট মেম্বর ফর পাবলিক প্রোটেকশন অ্যান্ড ইন্টিগ্রেটেড এনফোর্সমেন্ট কাউন্সিলের কবির আহমেদ বলেন, “মাদকাসক্তদের পুনর্বাসনে সহায়তার পাশাপাশি স্থানীয় এলাকাগুলোকে এর প্রভাব থেকে সুরক্ষিত রাখতে কাউন্সিল প্রতিরোধমূলক ব্যবস্থা, দ্রুত সহায়তা এবং প্রয়োজন অনুযায়ী দৃঢ় ও ন্যায্য পদক্ষেপের ওপর গুরুত্ব দিচ্ছে।”



Hubi inaad codsato deeqda dharka iskuulka

HARMONY SOMALI NEWS

Tower Hamlets waxay kordhisay maalgelinta deeqaha dharka iskuulka si loo taageero qoysas badan oo la tacaalaya cadaadiska joogtada ah ee qiimaha maciishadda.

Sannadkan, deeqdan waxaa sidoo kale loo fididay carruurta u gudbaysa fasallada 3aad iyo 10aad laga bilaabo Sebteembar 2026, marka lagu daro kuwa bilaabaya iskuulka hoose iyo iskuulka sare.

Xadka dakhliga qoysaska u qalma ayaa sidoo kale laga kordhiyay £50,350 ilaa £60,000.

Qoysasku waxay dalban karaan £50 ilmo kasta oo dhigta iskuulka hoose iyo

£150 ilmo kasta oo dhigta iskuulka sare.

Tan iyo markii barnaamijku bilaabmay sannadkii hore, wuxuu durba taageeray in ka badan 4,500 oo arday (1,591 dhigta iskuulka hoose iyo 2,989 dhigta iskuulka sare), iyadoo toddobaad kasta la ansixiyo lana bixiyo codsiyo cusub oo badan.

Mohammad Chowdhury, oo ka socda Bethnal Green, ayaa deeqda u helay gabadhiisa Latifa, oo dhowaan bilowday fasalka hordhaca ah ee Bonner Primary School.

Wuxuu yiri: “Aad ayaan ugu faraxsanahay inaan helo deeqda dharka, taas oo wax weyn noo tartay.

“Deeqdu waxay qoyskayaga mar hore ka caawisay inaan gabadhayda u soo iibinno direyska iskuulka, maadaama

ay bilowday fasalka hordhaca ah ee iskuulkeeda hoose.

“Runtii waa muhiim in qoysaska kale la ogeysiyo in deeqahan la heli karo, maadaama ay taageero weyn u yihiin qoysaska ay ku adag tahay inay helaan lacagta ay carruurtooda ugu iibiyaan dhar cusub oo iskuul.”

Waalidiintu waxay codsan karaan laga bilaabo marka lagu wargeliyo iskuulka ilmahooda loo qoondeeyay ilaa 30 Sebteembar.

Iyadoo lagu salaynayo macluumaadka ay bixiyeen iskuulladu, goluhu wuxuu la xiriiray waalidiinta iyo daryeelayaasha, isagoo la wadaagay faahfaahinta barnaamijka kuna martiqaaday inay codsadaan.

Hase yeeshee, dhammaan qoysaska deegaanka ee leh ilmo bilaabaya iskuulka, kuwaas oo u arka inay buuxin karaan shuruudaha, waxaa lagu dhiirrigelinayaa inay macluumaad dheeraad ah raadiyaan oo ay tixgeliyaan inay codsadaan.

Qoysasku waxay booqan karaan bogga internetka ee gaarka ah www.towerhamlets.gov.uk/SCG si ay u helaan faahfaahin buuxda oo ku saabsan habka codsiga, oo ay ku jiraan cidda codsan karta, caddeynta dakhliga ee loo baahan yahay iyo xiriiriyaha foomka codsiga.

Wakhtiga kama dambaysta ah ee codsiga deeqda dharka iskuulka ee sannad-dugsiyeedkan cusub waa 30 Sebteembar 2026.

Ma dalbanaysaa dhammaan gunnooyinka iyo taageerada dhaqaale ee aad xaq u leedahay?

Ka eeg Xisaabiyaha Gunnooyinka Better Off bogagga internetka ee Taageerada Qiimaha Maciishadda www.towerhamlets.gov.uk/costofliving si aad u ogaato taageerada dheeraadka ah ee aad u qalanto.

Waxay sidoo kale kuu sahli kartaa inaad hesho taageerooyin kale, sida dhimista Canshuurta Golaha iyo qiimo-dhimista adeegyada biyaha, korontada iyo gaaska.

Guud ahaan dalka, taageero dhaqaale iyo gunnooyin gaaraya £24 bilyan ayaan la dalban, halka in ka badan 7 milyan oo qoys ay sannad kasta waayaan celcelis

ahaan £3,200.

Tower Hamlets, tirooyinku waxay muujinayaan in taageero lagu qiyaasay in ka badan £186 milyan aysan dalban ugu yaraan 47,307 qof oo u qalma, iyadoo celcelis ahaan qof kasta uu seegayo ku dhowaad £4,000.

Noocyada taageerada dheeraadka ah ee qoysaska deegaanku seegayaan waxaa ka mid ah kuwa ay maamusho dowladda dhexe, sida Gunnada Hawlgabka, Gunnada Universal Credit, Gunnada Carruurta iyo Gunnada Daryeelaha.

Taageerooyinka ay maamulaan golayaasha deegaanka ee aan si buuxda

loo dalban waxaa ka mid ah Dhimista Canshuurta Golaha, Cuntada Bilaashka ah ee Iskuulka ee ku salaysan gunnooyinka, Healthy Start iyo Gunnada Guriyeynta ee dadka hawlgabka ah.

Shirkadaha tamarta iyo adeegyada kale waxay sidoo kale macaamiisha u qalma siiyaan qiimo-dhimis ka yareyn karta biilasha biyaha, internetka, ruqsadaha telefishinka, sidoo kalena waxay bixiyaan lacagta taageerada guriga diirran.

Tower Hamlets waxay ka hormartay inta badan golayaasha dalka, iyadoo

dhammaan carruurta siisa cunto iskuul oo bilaash ah.

Hase yeeshee, qoysaska sida caadiga ah u qalma cuntada bilaashka ah ee iskuulka ee ku salaysan gunnooyinka waa inay weli si rasmi ah u codsadaan, maadaama tani ay u sahli karto inay helaan taageerooyin dheeraad ah, sida Barnaamijka Hawlaha Fasaxyada iyo Cuntada (HAF).

Iskaan garee summadda QR-ka ee hoose si aad u gasho hubiyaha gunnooyinka, una xaqiijiso inaad dalbanayso dhammaan taageerada aad xaq u leedahay.

USEFUL INFORMATION SERVICES AND CONTACTS

Advice

Account 3 (welfare and debt advice)

3 Birkbeck Street, E2.
020 7739 7720
www.account3.org.uk

Age UK East London
82 Russia Lane, E2.
Caxton Hall, Caxton Grove, E3.
Royal London Hospital 14F Wards.
info@ageukeastlondon.org.uk
www.ageuk.org.uk/eastlondon
020 8981 7124

Bromley by Bow Centre
St Leonard's Street, E3.
020 8709 9700

Carers Centre Tower Hamlets
21 Brayford Square, E1 OSG
enquiries@ccth.org.uk
www.ccth.org.uk
020 7790 1765

Citizens Advice Bureau
32 Greatorex Street, E1.
020 7247 1050
towerhamlets@eastendcab.org.uk
www.eastendcab.org.uk

Island Advice Centre
Island House, Roserton Street, Isle of Dogs, E14.
020 7987 9379
www.island-advice.org.uk

Legal Advice Centre
University House, 104 Roman Road, E2.
020 8980 4205
www.legaladvicecentre.london

Limehouse Project
789 Commercial Road, Unit 2, St Anne Street, E14.
020 7538 0075
www.limehouseproject.org.uk

Praxis (New Residents)
Immigration, benefits and general advice
Pott Street, E2.
General Helpline:
020 7729 7985
Immigration advice:
020 7749 7608
www.praxis.org.uk

Tower Hamlets Community Advice Network
thcan@island-advice.org.uk
www.thcan.org.uk

Tower Hamlets Law Centre
Unit 1, St Anne's Street, E14.
020 7538 4909
www.thlc.co.uk

Careers

Adult education services
Shadwell Centre,

455 The Highway, E1.
020 7364 5665

WorkPath
Employment and Skills Centre, 55 Upper Bank Street, E14. 020 7364 3727
workpath@towerhamlets.gov.uk

Young WorkPath/Tower Hamlets Careers Service
Employment and Skills Centre, 55 Upper Bank Street, E14.
youngworkpath@towerhamlets.gov.uk

Council

Town Hall
160 Whitechapel Road, London, E1 1BJ.
www.towerhamlets.gov.uk
General enquiries
020 7364 5000

Debt

Fair Money Advice
18 Ashwin Street, E8.
020 3475 8811
www.fairfinance.org.uk

Island Advice Centre
Island House, Roserton Street Isle of Dogs, E14.
020 7987 9379
www.island-advice.org.uk

Toynbee Hall Advice Service
28 Commercial Street, E1.
020 7392 2953
advice@toynbeehall.org.uk
www.toynbeehall.org.uk

Health & wellbeing

Alzheimer's Society
Robinson Centre, Mile End Hospital, Bancroft Road, E1.
020 8121 5626

BYM Bangladesh Youth Movement Women's Centre of Excellence
Whitechapel Centre, Units 1 & 2, Myrdle Street, E1.
020 7377 8668
www.bym.org.uk

East London Parkinson's Support Group
hello@parkinsons.org.uk
0808 800 0303

Free home fire safety advice
08000 284428
Health hotline
020 7364 5016

Healthwatch Tower Hamlets
Mile End Hospital, Bancroft Road, E1.
0800 145 5343
info@healthwatchtowerhamlets.co.uk
www.healthwatchtowerhamlets.co.uk

LinkAge Plus
Toynbee Hall, Commercial Street, E1.
020 7392 2913

Reset
Tower Hamlets Drug and Alcohol Service
183 Whitechapel Road, E1.
020 3889 9510
reset.towerhamlets@cgl.org.uk

Safe East (under-19s)
compass.towerhamlets
yphws@nhs.net
020 3954 0091

Stop Smoking services
www.quitrightth.org
020 7882 8230

Tower Hamlets Advocacy Real
020 7001 2170
hello@real.org.uk

Housing

Choice-based lettings and housing advice
Phone: 020 7364 7474
Homelessness services
Phone: 020 7364 7474
Out of hours: 020 7364 4079
Homeseekers
www.thhs.org.uk

Housing services, including repairs
Phone: 020 7364 5015
Freephone: 0800 376 1637

Idea Stores and libraries

Bow
Gladstone Place, E3.
Canary Wharf
Churchill Place, E14.
Chrisp Street
Vesey Path, E14.

Whitechapel
321 Whitechapel Road, E1.
Local History Library and Archives
277 Bancroft Road, E1
localhistory@towerhamlets.gov.uk
Visit www.ideastore.co.uk/home

Leisure centres

John Orwell Sports Centre
Tench Street, Wapping, E1.
0207 364 5100
Mile End Park Leisure Centre and Stadium
190 Burdett Road, E3.
0207 364 5100

Poplar Baths
170 East India Dock Road,
0207 364 5100
Tiller Leisure Centre
Tiller Road, Isle of Dogs E14.
0207 364 5100

Whitechapel Sports Centre
55 Durward Street, E1.
0207 364 5100

York Hall Leisure Centre
5-15 Old Ford Road, E2.
0207 364 5100

For the latest information and updates, including details of opening hours or temporary closures, visit
www.towerhamlets.gov.uk or be-well.org.uk

Parent & child

Family Information Service
30 Greatorex Street, E1.
fis@towerhamlets.gov.uk
020 7364 6495

Multi-Agency Safeguarding Hub (MASH)
If a child is at risk of harm:
020 7364 5006 (option 3, open Mon to Fri, 9am - 5pm)
020 7364 4079 (out of hours emergency duty team)
Tower Hamlets National Childbirth Trust
0300 330 0700
www.nct.org.uk

Report it

Anti-fraud (housing and tenancy related fraud)
0800 528 0294

Childline
0800 1111

Domestic Violence Team
0800 279 5434
Environmental Protection (Noise) Team
020 7364 5000

Haven Whitechapel (sexual assault referral centre)

020 3299 6900 /
020 3299 1599

Karma Nirvana (honour-based abuse helpline)
0800 5999 247
Men's Advice Helpline
0808 8010 327

National LGBT domestic abuse helpline (Galop)
0800 999 5428 /
0300 999 5428

Non-emergency crimes 101
Textphone
18001 101

NSPCC Child Protection Helpline
0800 800 5000

Respect (for perpetrators)
0808 802 4040
Rights of Women
020 7251 6577

Samaritans
116 123
Shelter
0808 800 4444

Tower Hamlets Mediation Service (free service for council tenants and leaseholders)
020 7364 7474

Victim Support Tower Hamlets
0808 168 9291 /
0808 168 9111

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Find out what's on, get Tower Hamlets news, take part in competitions and receive local offers straight into your inbox!

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